National Athletics Records _ Women _ 400m / 31/10/2023

1	GERMANY (GER)	KOCH Marita	47.60		57	06/10/85	1	Canberra (AUS)
2	CZECH REPUBLIC (CZE)	KRATOCHVILOVA Jarmila	47.99		51	10/08/83	1	Helsinki (FIN)
3	BAHRAIN (BRN)	NASER Salwa Eid	48.14		98	03/10/19	1	Doha (QAT)
4	FRANCE (FRA)	PEREC Marie-José	48.25		68	29/07/96	1	Atlanta (USA)
5	UKRAINE (UKR)	BRYZGINA Olga	48.27		63	06/10/85	2	Canberra (AUS)
6	BAHAMAS (BAH)	MILLER-UIBO Shaunae	48.36		94	06/08/21	1f1	Tokyo (JPN)
7	AUSTRALIA (AUS)	FREEMAN Cathy	48.63		73	29/07/96	2	Atlanta (USA)
8	UNITED STATES (USA)	RICHARDS-ROSS Sanya	48.70		85	16/09/06	1	Athína (GRE)
9	DOMINICAN REP (DOM)	PAULINO Marileidy	48.76		96	23/08/23	1	Budapest (HUN)
10	MEXICO (MEX)	GUEVARA Ana	48.89		77	27/08/03	1	Paris Saint-Denis (FRA)
11	NIGERIA (NGR)	OGUNKOYA Falilat	49.10		68	29/07/96	3	Atlanta (USA)
12	RUSSIA (RUS)	NAZAROVA Olga	49.11		65	25/09/88	1s1	Seoul (KOR)
13	NIGER (NIG)	SEYNI Amina	49.19		96	05/07/19	2	Lausanne (SUI)
14	IRELAND (IRL)	ADELEKE Rhasidat	49.20		02	10/06/23	1	Austin (USA)
15	NAMIBIA (NAM)	MBOMA Christine	49.22		03	17/04/21	1	Windhoek (NAM)
16	POLAND (POL)	SZEWINSKA Irena	49.28		46	29/07/76	1	Montréal (CAN)
17	JAMAICA (JAM)	FENTON Lorraine	49.30		73	19/07/02	2	Monaco (MON)
18	BOTSWANA (BOT)	MONTSHO Amantle	49.33		83	19/07/13	1	Monaco (MON)
19	GREAT BRITAIN & N.I (GBR)	COOK Kathy	49.43		60	06/08/84	3	Los Angeles (USA)
20	NETHERLANDS (NED)	BOL Femke	49.44		00	17/08/22	1f1	München (GER)
21	BULGARIA (BUL)	STAMBOLOVA Vania	49.53		83	27/08/06	1	Rieti (ITA)
22	BARBADOS (BAR)	WILLIAMS Sada	49.58		97	21/08/23	2sf3	Budapest (HUN)
23	CUBA (CUB)	QUIROT Ana Fidelia	49.61		63	05/08/91	1	La Habana (CUB)
24	SOUTH AFRICA (RSA)	SEMENYA Caster	49.62		91	08/09/18	2f1	Ostrava (CZE)
25	COLOMBIA (COL)	RESTREPO Ximena	49.64		69	05/08/92	3	Barcelona (ESP)
26	SPAIN (ESP)	MYERS Sandra	49.67		61	06/07/91	1	Oslo (NOR)
27	CHINA (CHN)	YUQIN Ma	49.81		72	11/09/93	1	Beijing (CHN)
28	SENEGAL (SEN)	THIAM Amy Mbacké	49.86		76	07/08/01	1	Edmonton (CAN)
29	ROMANIA (ROU)	TARLEA Ionela	49.88		76	12/07/99	1	Palma de Mallorca (ESP)
30	CANADA (CAN) =	PAYNE Marita	49.91		60	06/08/84	4	Los Angeles (USA)
31	BELGIUM (BEL)	BOLINGO Cynthia	49.96		93	21/08/23	3sf1	Budapest (HUN)
32	FINLAND (FIN)	SALIN Riitta	50.14		50	04/09/74	1	Roma (ITA)
33	GUYANA (GUY)	ABRAMS Aliyah	50.20		97	13/05/23	1f1	Freeport (BAH)
34	ZAMBIA (ZAM)	MUPOPO Kabange	50.22		92	15/09/15	1	Brazzaville (CGO)
35	ITALY (ITA)	GRENOT Libania	50.30		83	02/07/09	1	Pescara (ITA)
36	BELARUS (BLR)	USOVICH Ilona	50.31		82	27/08/07	3s1	Osaka (JPN)
37	CHAD (CHA)	NADJINA Kaltouma	50.38		76	06/08/01	2s2	Edmonton (CAN)

38	KENYA (KEN)	MORAA Mary	50.38	A	00	07/07/23	1	Nairobi (KEN)
39	GREECE (GRE)	BELIMPASAKI Maria	50.45		91	11/08/18	2	Berlin (GER)
40	LITHUANIA (LTU)	MORAUSKAITE Modesta Juste	50.49		95	25/05/22	2f1	Huelva (ESP)
41	UZBEKISTAN (UZB)	SHMONINA Marina	50.52		65	06/07/90	2	Kyiv (UKR)
42	SWITZERLAND (SUI)	SPRUNGER Léa	50.52		90	01/07/18	1f1	La Chaux-de-Fonds (SUI)
43	PORTUGAL (POR)	AZEVEDO Cátia	50.59		94	03/06/21	2f1	Huelva (ESP)
44	AUSTRIA (AUT)	KÄFER Karoline	50.62	A	54	18/06/77	1	Klagenfurt (AUT)
45	BRAZIL (BRA)	FIGUEIREDO Maria Magnolia	50.62		63	21/08/90	1	Rovereto (ITA)
46	GRENADA (GRN)	REGIS Hazel-Ann	50.64		81	16/05/04	1	Oxford (USA)
47	KAZAKHSTAN (KAZ)	ROSLANOVA Tatyana	50.68		80	05/06/04	1	Almaty (KAZ)
48	CAMEROON (CMR)	NGUIMGO Mireille	50.69		76	13/08/00	1r1	La Chaux-de-Fonds (SUI)
49	LATVIA (LAT)	IKAUNIECE Vineta	50.71		62	04/09/88	4	Moskva (RUS)
50	CROATIA (CRO)	GRGIC Danijela	50.78		88	17/08/06	1	Beijing (CHN)
51	INDIA (IND)	DAS Hima	50.79		00	26/08/18	2	Jakarta (INA)
52	CYPRUS (CYP)	ARTYMATA Eleni	50.80		86	04/08/21	5sf1	Tokyo (JPN)
53	ST KITTS & NEVIS (SKN)	PONTEEN Tiandra	50.83		84	11/06/05	2	Sacramento (USA)
54	PUERTO RICO (PUR)	SCOTT Gabby	50.97		97	11/06/22	1	Genève (SUI)
55	GHANA (GHA) *	ADDY Mercy	51.0	h		02/10/89		Accra (GHA)
56	NORWAY (NOR)	JÆGER Henriette	51.03		03	03/09/23	1	Berlin (GER)
57	SRI LANKA (SRI)	DHARSHA K.V.Damayanthi	51.05		75	30/08/00	1	Jakarta (INA)
58	CHILE (CHI)	WEIL Martina	51.07		99	16/07/23	8	Chorzów (POL)
59	SWEDEN (SWE)	HJELMER Moa	51.13		90	29/06/12	1	Helsinki (FIN)
60	SUDAN (SUD)	EL JACK Nawal	51.19		88	15/07/05	1	Marrakech (MAR)
61	KOREA DPR (PRK)	SHIN Keum-Dan	51.2	h	38	21/10/64	1	Pyongyang (PRK)
62	SLOVENIA (SLO)	HORVAT Anita	51.22		96	20/07/18	5	Monaco (MON)
63	HAITI (HAI)	WESH Marlena	51.23	A	91	07/07/12	2	Irapuato (MEX)
64	SAINT VINCENT (VIN)	ALEXANDER Kineke	51.23		86	26/04/14	1r1	San Marcos (USA)
65	SIERRA LEONE (SLE)	BARRIE Maggie	51.36		96	13/05/18	2	Bloomington (USA)
66	MOZAMBIQUE (MOZ)	MUTOLA Maria	51.37		72	02/08/94	8	Monaco (MON)
67	BENIN (BEN)	FERAEZ Fabienne	51.47		76	14/07/06	6r2	Roma (ITA)
68	US VIRGIN ISL. (ISV)	JONES Laverne	51.47		81	21/04/07	2r2	Lawrence (USA)
69	UGANDA (UGA)	SHIDA Leni	51.47		94	26/07/19	1	Kampala (UGA)
70	HUNGARY (HUN) =	PAL Ilona	51.50		54	11/08/80	1	Budapest (HUN)
71	TURKEY (TUR)	SAKA Pinar	51.53		85	30/07/11	1	Ankara (TUR)
72	ECUADOR (ECU)	CAICEDO Nicole	51.53		00	29/07/23	3	São Paulo (BRA)
73	LIBERIA (LBR)	DAVIS Kia	51.55		76	17/05/08	1	Ponce (PUR)
74	MALAWI (MAW)	SIMWAKA Asimenye	51.55		97	07/08/22	6	Birmingham (GBR)
75	NEW ZEALAND (NZL)	ROBERTSON Kim	51.60		57	19/01/80	1	Christchurch (NZL)
76	BRIT. VIRGIN ISL. (IVB)	KELLY Ashley	51.63		91	08/07/17	1	Miami (USA)
77	MOROCCO (MAR)	BIDOUANE Nezha	51.67		69	01/09/98	8	Berlin (GER)

78	JAPAN (JPN)	TANNO CHIBA Asami	51.75		85	03/05/08	2r2	Fukuroi (JPN)
79	KIRZIGHISTAN (KGZ)	KULCHUNOVA Maria	51.80		58	24/06/76	5	Kyiv (UKR)
80	MALAYSIA (MAS)	VALLABOUY Shereen	51.80		98	15/04/23	1f1	Walnut (USA)
81	VIETNAM (VIE)	NGUYEN Thi Tinh	51.83		82	08/12/03	1	Hanoi (VIE)
82	TRINIDAD & TOBAGO (TTO)	BELLILLE Janeil	51.83		89	21/06/14	1r2	Port-of-Spain (TTO)
83	BERMUDA (BER)	BOBB Caitlyn	51.84		03	09/06/22	7sf3	Eugene (USA)
84	SERBIA (SRB)	SALAŠKI Tamara	51.89		88	09/06/16	2	Stara Zagora (BUL)
85	FIJI (FIJ)	BATIMALA Makelesi	51.89		77	26/06/04	1	Brisbane (AUS)
86	ESTONIA (EST)	ULJAS Egle	51.91		84	21/08/04	5h4	Athína (GRE)
87	VENEZUELA (VEN)	SOTO Nercely	51.94		90	26/11/13	1	Trujillo (PER)
88	SLOVAK REPUBLIC (SVK)	CERCHLANOVA Jozefína	51.98		52	27/07/74		Edinburgh (GBR)
89	MOLDAVA (MDA)	COJUHARI Olesea	52.00		92	15/06/12	1	Bucureşti (ROU)
90	SURINAM (SUR)	VRIESDE Letitia	52.01		64	12/07/97	1	Papendal (NED)
91	IVORY COAST (CIV)	N'DRIN Célestine	52.04		63	24/09/88	4q4	Seoul (KOR)
92	MADAGASCAR (MAD)	RATSIMBAZAFY Ony Paule	52.05		76	19/07/98	1	Paris (FRA)
93	ISRAEL (ISR)	TKACH Anna	52.06		75	24/08/03	5h2	Paris Saint-Denis (FRA)
94	ETHIOPIA (ETH)	MAGISO Fantu	52.09		92	13/05/11	1	Gaborone (BOT)
95	TURKMENISTAN (TKM)	PETROVA Alyona	52.10		79	24/06/01	1	Almaty (KAZ)
96	GEORGIA (GEO)	AZARASHVILI Maja	52.13		64	11/06/88	6r1	Leningrad (RUS)
97	MALI (MLI)	DANTÉ Djénébou	52.16		89	16/07/17	3	Marseille (FRA)
98	CAYMAN ISLANDS (CAY)	WRAY Shalysa	52.17		99	14/05/22	2h4	Lubbock (USA)
99	SAINT LUCIA (LCA)	LESFORIS VernetTa	52.21		75	25/06/99	1	Bridgetown (BAR)
100	TUNISIA (TUN)	BEN HASSINE Awatef	52.22		80	08/08/02	3	Tunis (TUN)
=	CANADA (CAN)	RICHARDSON Jillian	49.91		65	25/09/88	5s1	Seoul (KOR)
	HUNGARY (HUN)	PETRAHN Barbara	51.50	A	78	13/05/06	3	Xalapa (MEX)
*	GHANA (GHA)	OBENG-AKROFI Akua	51.82		96	25/05/18	4qf1	Tampa (USA)