

### National Athletics Records \_ Top 100, Men \_ 5000m / 30/09/2018

1	ETHIOPIA (ETH)	BEKELE Kenenisa	12:37,35	82	31/05/04	1	Hengelo
2	KENYA (KEN)	KOMEN Daniel	12:39,74	76	22/08/97	1	Bruxelles
3	MOROCCO (MAR)	LAHLAFI Brahim	12:49,28	68	25/08/00	1	Bruxelles
4	BELGIUM (BEL)	MOURHIT Mohammed	12:49,71	70	25/08/00	2	Bruxelles
5	UGANDA (UGA)	KIPSIRO Moses Ndiema	12:50,72	86	14/09/07	3	Bruxelles
6	ALGERIA (ALG)	SAIDI-SIEF Ali	12:50,86	78	30/06/00	1	Roma
7	BAHRAIN (BRN)	ROP Albert	12:51,96	92	19/07/13	2	Monaco
8	QATAR (QAT)	SHAHEEN Saif Saaeed	12:51,98	82	14/07/06	2	Roma
9	GREAT BRITAIN & N.I (GBR)	FARAH Mohamed	12:53,11	83	22/07/11	1	Monaco
10	UNITED STATES (USA)	LAGAT Bernard	12:53,60	74	22/07/11	2	Monaco
11	GERMANY (GER)	BAUMANN Dieter	12:54,70	65	13/08/97	5	Zürich
12	AUSTRALIA (AUS)	MOTTRAM Craig	12:55,76	80	30/07/04	2	London
13	SPAIN (ESP)	BEZABEH Alemayehu	12:57,25	86	04/06/10	7	Oslo
14	SAUDI ARABIA (KSA)	AL-OUTAIBI Moukheld	12:58,58	80	23/07/05	1r1	Heusden-Zolder
15	FRANCE (FRA)	SGHYR Ismail	12:58,83	72	28/07/00	7	Oslo
16	ERITREA (ERI)	TADESSE Zersenay	12:59,27	82	14/07/06	9	Roma
17	TURKEY (TUR)	KAYA Ali	13:00,31	94	04/06/15	7	Roma
18	CANADA (CAN)	AHMED Mohammed	13:01,74	91	28/05/16	3	Eugene
19	PORTUGAL (POR)	PINTO Antonio	13:02,86	66	12/08/98	9	Zürich
20	BURUNDI (BDI)	NIYONGABO Vénuste	13:03,29	73	03/06/96	1	Paris Saint Denis
21	IRELAND (IRL)	CRAGG Alistair Ian	13:03,53	80	16/09/11	5	Bruxelles
22	TANZANIA (TAN)	YUDA John	13:03,62	79	12/07/02	6	Roma
23	SOUTH AFRICA (RSA)	GELANT Elroy	13:04,88	86	22/05/16	4	Hengelo
24	ITALY (ITA)	ANTIBO Salvatore	13:05,59	62	18/07/90	1	Bologna
25	NORWAY (NOR)	BAKKEN Marius	13:06,39	78	02/07/04	11	Roma
26	SWITZERLAND (SUI)	RYFFEL Markus	13:07,54	55	11/08/84	2	Los Angeles
27	MEXICO (MEX)	BARRIOS Arturo	13:07,79	63	14/07/89	1	London
28	JAPAN (JPN)	OSAKO Suguru	13:08,40	91	18/07/15	6r1	Heusden-Zolder
29	AZERBAIJAN (AZE)	IBRAHIMOV Hayle	13:09,17	90	28/08/2014	5	Zürich
30	NEW ZEALAND (NZL)	BLINCOE Adrian	13:10,19	79	20/07/08	11r1	Heusden-Zolder
31	UKRAINE (UKR)	LEBID Sergiy	13:10,78	75	06/09/02	3	Berlin
32	RWANDA (RWA)	NTAWULIKURA Mathias	13:11,29	64	09/06/92	7	Roma
33	RUSSIA (RUS)	ABRAMOV Valeriy	13:11,99	56	09/09/81	2	Rieti
34	NETHERLANDS (NED)	MAASE Kamiel	13:13,06	71	06/09/02	10	Berlin
35	BULGARIA (BUL)	IGNATOV Evgeni	13:13,15	59	31/08/86	4	Stuttgart
36	AUSTRIA (AUT)	WEIDLINGER Günther	13:13,44	78	22/07/05	5	London
37	DJIBOUTI (DJI)	DIRIEH Djamal Abdi	13:13,45	97	22/07/17	8	Heusden

38	TUNISIA (TUN)	BACCOUCHE Fethi	13:13,94	60	04/07/87	5	Oslo
39	ZIMBABWE (ZIM)	HANNECK Phillimon	13:14,50	71	08/06/94	2	Roma
40	ROMANIA (ROU)	FLOROIU Ilie	13:15,0	52	23/07/78	1	Bucuresti
41	FINLAND (FIN)	VIREN Lasse	13:16,3	49	14/09/72	1	Helsinki
42	ESTONIA (EST)	SELLIK Enn	13:17,2	54	28/06/76	1	Podolsk
43	SWEDEN (SWE)	GÄRDERUD Anders	13:17,59	46	05/07/76	4	Stockholm
44	BELARUS (BLR)	FEDOTKIN Aleksandr	13:17,66	55	10/07/79	1	Budapest
45	POLAND (POL)	MALINOWSKI Bronislaw	13:17,69	51	05/07/76	5	Stockholm
46	LITHUANIA (LTU)	ANTIPOV Aleksandr	13:17,9	55	08/06/79	2r1	Sochi
47	SLOVAK REPUBLIC (SVK)	STEFKO Robert	13:19,40	68	01/07/95	8	Paris Saint Denis
48	BRAZIL (BRA)	dos SANTOS Marilson	13:19,43	77	08/06/06	3	Kassel
49	ARGENTINA (ARG)	SILIO Antonio	13:19,64	66	17/07/91	8	Roma
50	JAMAICA (JAM)	CAMPBELL Kemoy	13:20,39	91	02/05/15	7r1	Palo Alto
51	LESOTHO (LES)	NKHASI Namakoe	13:21,68	94	26/06/16	6	Durban
52	VENEZUELA (VEN)	GONZALEZ Freddy	13:22,30	77	03/07/04	8	San Sebastián
53	PERU (PER)	TORRENCE David	13:23,20	85	17/08/16	10h2	Río de Janeiro
54	CHILE (CHI)	DIAZ Mauricio	13:23,68	68	14/07/01	13r1	Heusden-Zolder
55	ECUADOR (ECU)	PIEDRA Bayron	13:23,72	82	22/07/12	4	Ninove
56	CZECH REPUBLIC (CZE)	SYKORA Jiri	13:24,99	54	01/08/80	9	Moskva
57	CHINA (CHN)	XIA Fengyuan	13:25,14	75	23/10/97	1	Shanghai
58	ZAMBIA (ZAM)	MUTANYA Obed	13:25,25	81	18/08/01	8	San Sebastián
59	DENMARK (DEN)	JENSEN Dennis	13:25,39	69	05/08/00	11r1	Heusden-Zolder
60	HUNGARY (HUN)	CSILLAG Balazs	13:26,96	79	20/07/02	10	Heusden-Zolder
61	SUDAN (SUD)	YAGOUB Mohamed	13:27,09	77	23/06/01	2	Solihull
62	GREECE (GRE)	PAPOULIAS Panayiótis	13:28,59	69	11/06/95	1	Turku
63	BOTSWANA (BOT)	MOTSHWARATEU Matthews	13:29,6	58	14/04/78	1	Stellenbosch
64	COLOMBIA (COL)	TIBADUIZA REYES Domingo	13:29,67	49	16/08/78	7	Zürich
65	INDIA (IND)	PRASAD Bahadur	13:29,70	65	27/06/92	2	Birmingham
66	GEORGIA (GEO)	STRIZHAKOV Oleg	13:30,88	63	23/06/84		Kyiv
67	SERBIA (SRB)	KORICA Dane	13:31,2	45	30/06/71	3	Helsinki
68	ISRAEL (ISR)	YOSSEF Gezachw	13:31,45	75	18/07/09	12r2	Heusden-Zolder
69	PUERTO RICO (PUR)	ROSA Joe	13:31,69	93	13/06/14	7	Eugene
70	SOMALIA (SOM)	MOHAMED Ali Mohamed	13:32,39	89	01/08/15	9r1	Ninove
71	SLOVENIA (SLO)	SVET Peter	13:32,8	49	12/06/74	7	Berlin
72	PALESTINE (PLE)	BAKET Mohamed	13:33,41	68	19/07/97	14	Hechtel
73	LATVIA (LAT)	GRUSTINS Juris	13:34,2	47	19/07/71	3	Moskva
74	KIRZIGHISTAN (KGZ)	MOTSCHALOV Vadim	13:34,2	47	13/05/76	5r1	Sochi
75	CYPRUS (CYP)	FILIPPOU Filippus	13:34,29	56	27/08/83	1	Riccione
76	LIBYA (LBA)	EL-ZAIDI Ali Mabruk	13:34,99	74	05/08/00	19r1	Heusden-Zolder
77	KAZAKHSTAN (KAZ)	NAVOLOKIN Sergey	13:35,64	59	22/08/82	5	Podolsk

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78	DOMINICA (DMA)	AGAR Stephen	13:35,86	68	18/04/98	6	Walnut
79	CROATIA (CRO)	BALGAC Dalibor	13:37,76	77	17/04/03	10r2	Walnut
80	LUXEMBURG (LUX)	GLODEN Justin	13:38,51	53	03/06/83	6	Louvain
81	ANGOLA (ANG)	MITI Aurelio	13:40,12		11/08/95	10h2	Göteborg
82	UZBEKISTAN (UZB)	NORMURADOV Ashur	13:41,0	47	19/08/75	4	Podolsk
83	KOREA (SOUTH) (KOR)	BAEK Seung-Ho	13:42,98	90	17/07/10	5	Abashiri
84	SWAZILAND (SWZ)	DLAMINI Sipho	13:43,52		23/04/94	1	Durban
85	CUBA (CUB)	MEDINA Luis	13:44,8	52	21/06/77	2	Praha
86	GUATEMALA (GUA)	PACAY Mario	13:44,93	97	20/04/18	14	Torrance
87	COSTA RICA (CRC)	QUIROS Eric	13:44,99	73	27/05/00		Victoria
88	NAMIBIA (NAM)	SWARTBOOI Lucketz	13:46,91		12/03/94	1	Fullerton
89	MOLDAVA (MDA)	BRASLAVSCHII Igor	13:47,6	59	25/05/83		Chisinau
90	URUGUAY (URU)	GARCÍA Néstor	13:47,6	75	09/05/99	1	Montevideo
91	DEMOC. REP. OF CONGO (COD)	TAMBWÉ Patrick	13:49,69	75	12/07/01		Sotteville
92	UN ARAB EMIRATES (UAE)	AMER Mohamed Ahmed	13:49,74	67	04/12/93	3	Manille
93	ARMENIA (ARM)	MIKOYAN Artashes	13:53,0	50	30/05/76		Munich
94	PARAGUAY (PAR)	AYALA Derlis	13:53,20	90	20/04/18	23	Torrance
95	IRAN (IRI)	SADJADI Hamid	13:53,40	69	11/08/95	9h1	Göteborg
96	KOREA DPR (PRK)	HYON Ryu Ok	13:53,9	65	13/05/87	1	Pyongyang
97	CHINESE TAIPEI (TPE)	WU Wen-Chien	13:54,42	77	10/10/02	6	Busan
98	SOUTH SUDAN (SSD)	KULANG David	13:54,69		26/06/16	15	Durban
99	TURKMENISTAN (TKM)	SOPYEV Marly	13:55,45	73	06/07/95	2	St Petersburg
100	PHILIPPINES (PHI)	BUENAVIDA Eduardo	13:58,43	79	10/10/02	9	Busan

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