

### National Athletics Records \_ Women \_ 5000m / 30/09/2018

1	ETHIOPIA (ETH)	DIBABA Tirunesh	14:11,15	85	06/06/08	1	Oslo
2	KENYA (KEN)	OBIRI Hellen Onsando	14:18,37	89	08/06/17	1	Roma
3	NETHERLANDS (NED)	HASSAN Sifan	14:22,34	93	13/07/18	2	Rabat
4	RUSSIA (RUS)	SHOBUKHOVA Liliya	14:23,75	77	19/07/08	1	Kazan
5	TURKEY (TUR)	ABEYLEGESSE Elvan	14:24,68	82	11/06/04	1	Bergen
6	CHINA (CHN)	JIANG Bo	14:28,09	77	23/10/97	1	Shanghai
7	GREAT BRITAIN & N.I (GBR)	RADCLIFFE Paula	14:29,11	73	20/06/04	1	Bydgoszcz
8	ROMANIA (ROU)	SZABO Gabriela	14:31,48	75	01/09/98	1	Berlin
9	MOROCCO (MAR)	OUAZIZ Zahra	14:32,08	69	01/09/98	2	Berlin
10	UNITED STATES (USA)	HOULIHAN Shelby	14:34,45	93	21/07/18	1	Heusden-Zolder
11	PORTUGAL (POR)	RIBEIRO Fernanda	14:36,45	69	22/07/95	1	Hechtel
12	NORWAY (NOR)	KRISTIANSEN Ingrid	14:37,33	56	05/08/86	1	Stockholm
13	IRELAND (IRL)	O'SULLIVAN Sonia	14:41,02	69	25/09/00	2	Sydney
14	GERMANY (GER)	MIKITENKO Irina	14:42,03	72	07/09/99	3	Berlin
15	TANZANIA (TAN)	MRISHO Zakia	14:43,87	84	13/08/05	6	Helsinki
16	FRANCE (FRA)	MAURY Margaret	14:43,90	74	03/09/04	2	Bruxelles
17	SOUTH AFRICA (RSA)	MEYER Elana	14:44,05	66	22/07/95	2	Hechtel
18	ITALY (ITA)	BRUNET Roberta	14:44,50	65	16/08/96	2	Köln
19	SPAIN (ESP)	VAQUERO Julia	14:44,95	70	05/07/96	3	Oslo
20	NEW ZEALAND (NZL)	SMITH Kimberley	14:45,93	81	11/07/08	4	Roma
21	AUSTRALIA (AUS)	JOHNSON Benita	14:47,60	79	06/09/02	3	Berlin
22	LATVIA (LAT)	PROKOPCUKA Jelena	14:47,71	76	01/08/00	5	Stockholm
23	BELARUS (BLR)	KRAVTSOVA Olga	14:47,75	81	13/08/05	10	Helsinki
24	SWEDEN (SWE)	BAHTA Meraf	14:49,95	89	22/05/16	7	Rabat
25	BAHRAIN (BRN)	JAMAL Maryam Yusuf	14:51,68	84	29/05/05	2	Hengelo
26	JAPAN (JPN)	FUKUSHI Kayoko	14:53,22	82	08/07/05	12	Roma
27	CANADA (CAN)	BABCOCK Courtney	14:54,98	72	30/08/03	8	Saint-Denis
28	FINLAND (FIN)	SANDELL Annemari	14:56,22	77	08/07/96	4	Stockholm
29	BULGARIA (BUL)	YORDANOVA Daniela	14:56,95	76	25/09/00	10	Sydney
30	UKRAINE (UKR)	BERKUT Natalya	14:59,26	75	12/06/04	1	Moskva
31	SWITZERLAND (SUI)	WEYERMANN Anita	14:59,28	77	05/06/96	5	Roma
32	KIRZIGHISTAN (KGZ)	MASLOVA Daria	15:00,42	95	18/05/17	3	Baku
33	UN ARAB EMIRATES (UAE)	MOHAMMED Alia Saeed	15:00,45	91	18/05/17	4	Baku
34	HUNGARY (HUN)	SZENTGYÖRGYI Katalin	15:02,00	79	02/06/02	2	Hengelo
35	MOLDAVA (MDA)	GUSKOVA Svetlana	15:02,12	59	21/06/86	1	Tallinn
36	GREECE (GRE)	PROTOPAPPA María	15:04,03	73	25/08/06	14	Bruxelles
37	MEXICO (MEX)	FERNANDEZ Adriana	15:04,32	71	17/05/03	4	Portland

38	POLAND (POL)	CHOJECKA Lidia	15:04,88	77	06/09/02	11	Berlin
39	UGANDA (UGA)	INZIKURU Dorcus	15:05,30	82	31/07/04	1	Heusden-Zolder
40	UZBEKISTAN (UZB)	ULMASOVA Svetlana	15:05,50	53	08/07/86	2	Moskva
41	ALGERIA (ALG)	AÏT SALEM Souad	15:07,49	79	08/07/06	12	Saint-Denis
42	JAMAICA (JAM)	GRAHAM Yvonne	15:07,91	65	01/09/95	6	Berlin
43	DENMARK (DEN) *	OLAFSSON Loa	15:08,8	58	30/05/78		Rundforbi
44	BELGIUM (BEL)	BELETE Almensh	15:10,24	89	07/08/12	11h2	London
45	AUSTRIA (AUT)	PUMPER Susanne	15:10,54	70	22/07/01	6	London
46	SERBIA (SRB)	JEVTIC Olivera	15:11,25	77	22/09/00	6h3	Sydney
47	SLOVENIA (SLO)	JAVORNIK Helena	15:15,40	66	07/08/99	3	Hechtel
48	INDIA (IND)	SREEDHARAN Preeja	15:15,89	82	26/11/10	2	Guangzhou
49	ERITREA (ERI)	SULTAN Simret	15:16,25	84	19/08/08	8h1	Beijing
50	KAZAKHSTAN (KAZ)	SOROKIVSKAYA Natalya	15:16,83	62	05/09/88	2	Moskva
51	ISRAEL (ISR)	SALPETER Lonah Chemtai	15:17,81	88	14/07/18	1	Kortrijk
52	BRAZIL (BRA)	da SILVA Simone	15:18,85	84	20/05/11	1	São Paulo
53	COLOMBIA (COL)	CONEO Muriel	15:26,18	87	10/08/17	13h2	London
54	LITHUANIA (LTU)	JUODEŠKIENE Inga	15:28,66	71	05/08/00	11	Heusden
55	AZERBAIJAN (AZE)	ABDULLAYEVA Layes	15:29,47	91	17/07/11	1	Ostrava
56	PERU (PER)	MELCHOR Inès	15:30,63	86	28/11/13		Trujillo
57	ESTONIA (EST)	KUKK Ille	15:30,84	57	01/08/85	7	Leningrad
58	CZECH REPUBLIC (CZE)	MÄKI Kristiina	15:31,15	91	23/06/16	1	Sligo
59	KOREA (SOUTH) (KOR)	KIM Doyeon	15:34,17	93	13/07/17	11r1	Abashiri
60	RWANDA (RWA)	NYIRARUKUNDO Salome	15:34,91	97	02/06/17	5	Nijmegen
61	CUBA (CUB)	CENTENO Yesenia	15:34,94	71	07/06/03	7	Sevilla
62	MALAWI (MAW)	CHIKWAKWA Agnes Catherine	15:36,22	85	13/07/04	2	Grosseto
63	KOREA DPR (PRK)	HAM Bong-Sil	15:37,5	74	30/04/02	1	Pyongyang
64	ZIMBABWE (ZIM)	MOYO Samukeliso	15:40,43	74	08/03/00	5	Adelaïde
65	BURUNDI (BDI)	NAHIMANA Cavatine	15:41,94	97	23/06/17	3	Carquefou
66	LUXEMBURG (LUX)	KABER Danièle	15:42,38	60	05/09/86	6	Bruxelles
67	ARGENTINA (ARG)	GODOY Rosa	15:43,46	82	02/06/11	2	Buenos Aires
68	SLOVAK REPUBLIC (SVK)	MOCÁRIOVÁ Alena	15:43,67	64	21/06/88	2	Grudziadz
69	NAMIBIA (NAM)	JOHANNES Helalia	15:44,53	80	02/06/13		Gaborone
70	HONG KONG (HKG)	MAN YEE Chan-Ropper	15:45,87	75	03/05/02	3	Stanford
71	PUERTO RICO (PUR)	RAMOS Beverly	15:46,65	87	04/04/14	13r1	Palo Alto
72	ALBANIA (ALB)	GEGA Luiza	15:46,89	88	11/06/14	1	Tirane
73	ZAMBIA (ZAM)	KAUMBA Miriam	15:47,58	83	01/05/05	4r2	Stanford
74	NIGERIA (NGR)	OLOWORA Aminat	15:47,6	94	23/06/16	10	Portland
75	ECUADOR (ECU)	CALLE María-Elena	15:49,33	89	14/06/15	1	Lima
76	GEORGIA (GEO)	ZHANDAROVA Valeriya	15:49,39	94	16/06/18	2	Carquefou
77	CHILE (CHI)	OLIVERA Erika	15:51,45	76	21/05/00	5	Rio de Janeiro

athlestats all-time

78	BOSNIA-HERZEGOVINA (BIH)	BURIC-ADAM Mirsada	15:53,45		14/04/95		Walnut
79	INDONESIA (INA)	TRIYANNIGISH	15:54,32		08/12/07	1	Nakhon Ratchasima
80	ICELAND (ISL)	ERNSTSDOTTIR Martha	15:55,91	64	30/07/94		Hechtel
81	CROATIA (CRO)	STUBLIC Lisa	15:59,48	84	02/03/13		Pula
82	TUNISIA (TUN)	BOUGUERRA Soulef	15:59,98	77	12/07/03	1	Radès
83	SUDAN (SUD)	ROKO MUSA Hind	16:01,25	86	24/06/04	3	El Djezair
84	ANGOLA (ANG)	PAULINO Ernestino	16:02,0	84	03/08/08		Luanda
85	MYANMAR (MYA)	PHYU War Thet	16:06,01	85	17/12/13		Nay Pyi Taw
86	MONGOLIA (MGL)	MUNKHZAYA Bayartsogt	16:11,10	93	02/10/14	13	Incheon
87	VIETNAM (VIE)	DOAN Nu Truc Van	16:12,73	82	10/12/03		Hanoi
88	CYPRUS (CYP)	AVRAAM Andri	16:13,25	63	14/08/88		Hengelo
89	PARAGUAY (PAR)	MARTINEZ Carmen Patricia	16:13,28	82	03/08/14	6	São Paulo
90	VENEZUELA (VEN)	BREA Joselyn Daniely	16:13,80	94	24/07/16	4	Gijón
91	BOLIVIA (BOL)	MANCILLA Niusha	16:14,03	71	29/04/00		Santiago de Chile
92	MALAYSIA (MAS)	YUAN Yu Fang	16:18,12	76	13/10/97		Jakarta
93	PALESTINE (PLE)	AL-SAYAD Mayada	16:18,34	92	29/04/17	6	Berlin
94	TRINIDAD & TOBAGO (TTO)	NERO Tonya	16:19,17	88	16/04/11	1	Wichita
95	MADAGASCAR (MAD)	RASOARIZAY Clarisse	16:20,30	71	13/08/98	2	Saint-Paul-de-la-Réunion
96	SRI LANKA (SRI)	JAYASENA Sujeewa Nilmani	16:21,18	72	25/07/03	1	Colombo
97	DOMINICAN REP (DOM)	MANCEBO María	16:22,28	93	11/04/14	1	Ponce
98	BOTSWANA (BOT)	DINTWE Oneile	16:24,10	85	06/02/09	4	Durban
99	JORDAN (JOR)	ARMOUSH Tamara	16:25,20	92	11/08/18	6	Milton Keynes
100	PANAMA (PAN)	BELL Rolanda	16:24,75	87	24/04/14	4	Philadelphia

\* Mixed race / Course mixte