

ASIA all-time end 2024

5000

1	ROP Albert Kibichii	BRN	12:51,96			92	19/07/13	2	Monaco (MON)
2	SHAHEEN Saif Saaeed	QAT	12:51,98			82	14/07/06	2	Roma (ITA)
3	BALEW Birhanu	BRN	12:56,26			96	06/06/19	4	Roma (ITA)
4	AL-OUTAIBI Moukheld	KSA	12:58,58			80	23/07/05	1r1	Heusden-Zolder (BEL)
5	JAWHER Mushir Salem	BRN	12:59,79			78	01/07/05	6	Paris Saint-Denis (FRA)
6	KAYA Ali	TUR	13:00,31			94	04/06/15	7	Roma (ITA)
7	ABDULLAH Ahmad Hassan	QAT	13:02,03			81	27/07/04	2	Stockholm (SWE)
8	C'KURUI James Kwalia	QAT	13:04,70			84	20/07/08	4r1	Heusden-Zolder (BEL)
9	AYALEW Aweke	BRN	13:05,00			93	09/06/13	2	Rabat (MAR)
10	ARIKAN Polat Kemboi	TUR	13:05,98			90	16/09/11	7	Bruxelles (BEL)
11	SHUGI Bilisuma	BRN	13:06,73			89	23/07/11	3	Río de Janeiro (BRA)
12	SALEM Gamal Belal	QAT	13:06,81			78	22/07/06	3r1	Heusden-Zolder (BEL)
13	ZAMAN Sultan Khamis	QAT	13:07,57			85	20/07/08	9r1	Heusden-Zolder (BEL)
14	RASHED Essa Ismail	QAT	13:08,02			86	20/07/08	10r1	Heusden-Zolder (BEL)
15	OSAKO Suguru	JPN	13:08,40			91	18/07/15	6r1	Heusden-Zolder (BEL)
16	IBRAHIMOV Hayle	AZE	13:09,17			90	28/08/14	5	Zürich (SUI)
17	SATOH Keita	JPN	13:09,45			04	26/01/24	10f1	Boston (i USA)
18	KEMBOI Nicholas	QAT	13:10,36			83	04/09/05	7	Berlin (GER)
19	FIKADU Dawit	BRN	13:10,40			95	05/07/19	12	Lausanne (SUI)
20	ENDO Hyuga	JPN	13:10,69			98	04/05/22	1f2	Nobeoka (JPN)
21	RAMZI Rashid	BRN	13:10,72			80	13/07/08	1	Tanger (MAR)
22	ALJOUD Abdullah Abdulaziz	KSA	13:11,61			75	27/05/12	7	Rabat (MAR)
23	ALHAMDAR Hussain Jamaan	KSA	13:11,64			83	23/05/09	3	Rabat (MAR)
24	SINGH Gulveer	IND	13:11,82			98	28/09/24	1	Niigata (JPN)
25	YOROIZAKA Tetsuya	JPN	13:12,63			90	18/07/15	12r1	Heusden-Zolder (BEL)
26	MATSUMIYA Takayuki	JPN	13:13,20			80	28/07/07	5r1	Heusden-Zolder (BEL)
27	TAKAOKA Toshinari	JPN	13:13,40			70	01/08/98	5	Hechtel (BEL)
28	WARSAMA Ahmed Ibrahim	QAT	13:13,52			66	05/08/00	3r1	Heusden-Zolder (BEL)
29	ITO Tatsuhiko	JPN	13:13,56			98	28/06/24	1	Niigata (JPN)
30	SATO Yuki	JPN	13:13,60			86	13/07/13	8r1	Heusden-Zolder (BEL)
31	SUZUKI Mebuki	JPN	13:13,80			01	28/09/24	2	Niigata (JPN)
32	AOUAD Zouhair	BRN	13:14,16			89	30/06/16	3	Barcelona (ESP)
33	SHINOHARA Kotaro	JPN	13:15,70			02	28/09/24	3	Niigata (JPN)
34	KIBORE Felix Kikwai	QAT	13:16,11			88	20/07/08	14r1	Heusden-Zolder (BEL)
35	AL-GARNI Mohamad	QAT	13:16,28			92	27/05/23	7f1	Oordegem (BEL)
36	SHIOJIRI Kazuya	JPN	13:16,53			96	10/12/21	3	Kyoto (JPN)
37	MORI Nagiya	JPN	13:16,76			99	28/06/24	2	Niigata (JPN)
38	BACHA Zelalem	BRN	13:17,89			88	27/06/13	7	Ostrava (CZE)
39	BEKELE Alemu	BRN	13:18,00			90	09/06/13	8	Rabat (MAR)
40	ELGORCHE ZAKARIA Abdelhak	BRN	13:18,19			74	08/07/03	3	Sotteville-lès-Rouen (FRA)
41	MITSUYA Yu	JPN	13:18,32			84	26/05/07	5r4	Nobeoka (JPN)
42	BANDO Yuta	JPN	13:18,49			96	04/12/20	1	Osaka (JPN)
43	TURUKAWA Masaya	JPN	13:18,51			02	28/06/24	4	Niigata (JPN)
44	AL-QAHTANI Alyan Sultan	KSA	13:18,69			71	06/07/96	1	Hechtel (BEL)
45	MAHBOOB Hasan	BRN	13:18,98			81	20/07/08	17r1	Heusden-Zolder (BEL)
46	TAKEZAWA Kensuke	JPN	13:19,00			86	28/07/07	11r1	Heusden-Zolder (BEL)
47	KHAMIS Aadam Ismail	BRN	13:19,27			89	07/07/07	1	Pergine Valsugana (ITA)
48	SABLE Avinash Mukund	IND	13:19,30			94	06/05/23	12	Walnut (USA)
49	EL-ABBASSI EL Hassan	BRN	13:19,36			84	09/07/16	5	Barcelona (ESP)
50	MURAYAMA Kota	JPN	13:19,62			93	09/05/15	2r3	Nobeoka (JPN)
51	AL-AMRI Tariq Ahmed	KSA	13:19,70			90	16/06/19	7	Rabat (MAR)
52	SUNAOKA Takuma	JPN	13:19,96			00	10/12/21	4	Kyoto (JPN)
53	OTA Tomoki	JPN	13:20,11			97	08/07/23	2f1	Abashiri (JPN)

ASIA all-time end 2024

54	REGASSA Dejene	BRN	13:20,43			89	22/07/12	1	Ninove (BEL)
55	SHIMIZU Kanta	JPN	13:21,18			96	01/06/23	3	Osaka (JPN)
56	UENO Yuichiro	JPN	13:21,49			85	28/07/07	3r2	Heusden-Zolder (BEL)
57	TAMURA Kazuki	JPN	13:21,56			95	28/06/24	6	Niigata (JPN)
58	AOKI Ryoma	JPN	13:21,81			97	26/09/21	2f3	Osaka (JPN)
59	KOSODE Hideto	JPN	13:22,01			98	28/06/24	7	Niigata (JPN)
60	YOSHII Shunsuke	JPN	13:22,01			03	30/09/23	1	Niigata (JPN)
61	IRIFUNE Satoshi	JPN	13:22,12			75	14/07/01	11r1	Heusden-Zolder (BEL)
62	KOBAYASHI Ayumu	JPN	13:22,17			98	28/06/24	8	Niigata (JPN)
63	TAZAWA Ren	JPN	13:22,60			00	09/04/22	5f5	Kumamoto (JPN)
64	TANAKA Hideyuki II	JPN	13:22,72			90	20/07/19	8f1	Heusden-Zolder (BEL)
65	SATO Keita	JPN	13:22,91			04	04/05/22	15f2	Nobeoka (JPN)
66	YONESHIGE Shuichi	JPN	13:22,97			61	08/07/88	4	London (GBR)
67	YOSHIOKA Hiroto	JPN	13:22,99			04	13/11/22	3f27	Yokohama (JPN)
68	WATANABE Kazuya	JPN	13:23,15			87	28/05/11	1r5	Nobeoka (JPN)
69	HANADA Katsuhiko	JPN	13:23,49			71	03/07/99	2	Maia (POR)
70	TAMURA Yusuke	JPN	13:23,74			98	28/06/24	9	Niigata (JPN)
71	NAKANO Shota	JPN	13:24,11			01	17/06/23	5f8	Wien (AUT)
72	IKEDA Yohei	JPN	13:24,14			98	17/06/23	6f8	Wien (AUT)
73	SULEIMAN Mohamed	QAT	13:24,22			69	05/08/00	10r1	Heusden-Zolder (BEL)
74	KOECH Charles	QAT	13:24,26			89	11/08/07	3	Ninove (BEL)
75	SEKO Toshihiko	JPN	13:24,29			56	11/07/86	1	London (GBR)
76	MATSUEDA Hiroki	JPN	13:24,29			93	18/07/20	5f1	Chitose (JPN)
77	SHIOZAWA Kiseki	JPN	13:24,44			98	01/06/23	6	Osaka (JPN)
78	SHINTAKU Masanari	JPN	13:24,69			57	24/09/82	2	Tokyo (JPN)
79	IMAE Yuto	JPN	13:25,09			98	23/09/24	5f3	Yamaguchi (JPN)
80	XIA Fengyuan	CHN	13:25,14			75	23/10/97	1	Shanghai (CHN)
81	MAEDA Kazuhiro	JPN	13:25,24			81	20/07/08	5r2	Heusden-Zolder (BEL)
82	JAWHER Abel Yagout	KEN	13:25,34			84	02/09/03	6	Liège (BEL)
83	KAMATA Toshiaki	JPN	13:25,41			51	05/07/77	5	Stockholm (SWE)
84	YOSHIDA Keita	JPN	13:25,50			98	19/05/24	9	Tokyo (JPN)
85	KAMAL Abubaker Ali	QAT	13:25,51			83	02/08/14	2	Ninove (BEL)
86	SHIMIZU Daisuke	JPN	13:25,54			82	07/07/12	3r2	Heusden-Zolder (BEL)
87	IKEGAYA Hiroyuki	JPN	13:25,72			75	05/08/00	12r1	Heusden-Zolder (BEL)
88	YOSHII Yamato	JPN	13:25,87			02	04/12/20	3	Osaka (JPN)
89	BAYRAK Selim	TUR	13:26,14			87	04/06/08	1	Izmir (TUR)
90	TOKUMOTO Kazuyoshi	JPN	13:26,19			79	10/05/03	9	Osaka (JPN)
91	WATANABE Yasuyuki	JPN	13:26,53			73	15/07/94	11	London (GBR)
92	MORIGUCHI Tatsuya	JPN	13:26,55			56	26/06/81	4	Oslo (NOR)
93	ÖZTÜRK Zeki	TUR	13:26,77			65	15/08/90	11	Zürich (SUI)
94	IWASA Toshihiro	JPN	13:26,78			76	02/08/03	12	Heusden-Zolder (BEL)
95	MIURA Ryuji	JPN	13:26,78			02	14/07/21	1f1	Kitami (JPN)
96	HIRATSUKA Jun	JPN	13:26,80			69	15/07/94	12	London (GBR)
97	SETO Tomohiro	JPN	13:26,84			76	10/05/03	10	Osaka (JPN)
98	TAJIRI Yuichi	JPN	13:27,22			71	27/06/98	4	Cork (IRL)
99	NISHIKAWA Yuichiro	JPN	13:27,28			97	20/07/24	5f1	Chitose (JPN)
100	FUJIMOTO Taku	JPN	13:27,34			89	26/09/20	2f4	Toyota (JPN)
101	KITA Hideki	JPN	13:27,44			52	05/07/77	6	Stockholm (SWE)
102	IGAWA Ryuto	JPN	13:27,71			00	01/06/24	3f1	Yokohama (JPN)
103	ICHIDA Takashi	JPN	13:27,73			92	09/05/21	1	Tokyo (JPN)
104	AKASAKI Akira	JPN	13:27,79			98	08/07/23	3f1	Abashiri (JPN)
105	TOSEN Taiga	JPN	13:27,98			04	13/04/24	3	Yokohama (JPN)
106	NAKAO Yusei	JPN	13:28,16			84	18/07/09	7r2	Heusden-Zolder (BEL)
107	SUN Ripeng	CHN	13:28,17			74	23/10/97	2	Shanghai (CHN)
108	HANAOKA Hisaya	JPN	13:28,18			03	29/04/24	4f1	Hiroshima (JPN)
109	OSAWA Yosuke	JPN	13:28,21			67	10/07/92	12	London (GBR)

ASIA all-time end 2024

110	TAMEIKE Itta	JPN	13:28,29			03	20/07/24	6f1	Chitose (JPN)
111	HASEGAWA Shu	JPN	13:28,30			97	15/07/20	3f1	Abashiri (JPN)
112	AKKAS Halil	TUR	13:28,39			83	02/02/06	3	Stockholm (i SWE)
113	DAIROKUNO Shuho	JPN	13:28,61			92	18/07/15	2r2	Heusden-Zolder (BEL)
114	CHANI Hassan	BRN	13:28,67			91	19/06/15	5r1	Carquefou (FRA)
115	ITO Taishi	JPN	13:28,67			03	29/04/24	5f1	Hiroshima (JPN)
116	KAWASE Shoya	JPN	13:28,70			98	04/12/20	4	Osaka (JPN)
117	ORITA Sota	JPN	13:28,78			05	24/09/23	6	Yokohama (JPN)
118	YAGISAWA Motoki	JPN	13:28,79				29/09/13	2r42	Yokohama (JPN)
119	HANYU Takuya	JPN	13:28,82			97	26/09/21	13f3	Osaka (JPN)
120	ICHIKAWA Takanori	JPN	13:28,91			90	02/04/16	7r4	Kumamoto (JPN)
121	AL-DAWOODI Ali Saadoun	QAT	13:29,05			84	11/08/07	4	Ninove (BEL)
122	HATTORI Hazuma	JPN	13:29,19			95	01/06/24	4f2	Yokohama (JPN)
123	ISHIHARA Shotaro	JPN	13:29,21			02	16/07/22	6	Chitose (JPN)
124	SUZUKI Takato	JPN	13:29,21			97	29/04/23	3f1	Hiroshima (JPN)
125	YONEI Shouya	JPN	13:29,29			97	13/04/24	6f3	Kumamoto (JPN)
126	URANO Yuhei	JPN	13:29,37			97	10/12/22	2	Kyoto (JPN)
127	AIZAWA Akira	JPN	13:29,47			97	09/05/21	3	Tokyo (JPN)
128	UGACHI Tsuyoshi	JPN	13:29,50			87	07/04/12	4r1	Kumamoto (JPN)
129	KURODA Asahi	JPN	13:29,56			04	01/06/24	5f1	Yokohama (JPN)
130	SAKAGUCHI Ryohei	JPN	13:29,61			97	28/02/20	4f2	Boston (i USA)
131	PRASAD Bahadur	IND	13:29,70			65	27/06/92	2	Birmingham (GBR)
132	ITO Kunimitsu	JPN	13:29,86			55	24/06/81	6	Paris (FRA)
133	KIKUCHI Shunya	JPN	13:29,88			98	01/06/24	6f2	Yokohama (JPN)
134	HAYATA Toshiyuki	JPN	13:30,11			68	10/05/97	7	Osaka (JPN)
135	NAGATA Koichiro	JPN	13:30,12			78	03/05/00	6r2	Shizuoka (JPN)
136	OGIKUBO Tomoya	JPN	13:30,13			97	04/05/23	2f1	Nobeoka (JPN)
137	YAMAGUCHI Tomonori	JPN	13:30,19			03	01/06/24	9f2	Yokohama (JPN)
138	YOSHIDA Reishi	JPN	13:30,30			02	01/06/24	7f1	Yokohama (JPN)
139	KAJIWARA Aritaka	JPN	13:30,56			88	04/05/23	3f1	Nobeoka (JPN)
140	ICHIDA Hiroshi	JPN	13:30,76			92	05/06/22	9	Yokohama (JPN)
141	YOSHIDA Yuya	JPN	13:30,91			97	01/06/24	12f2	Yokohama (JPN)
142	ICHIMURA Tomoki	JPN	13:30,93			99	15/07/23	3f2	Chitose (JPN)
143	ZHANG Guowei	CHN	13:31,01			59	11/07/86	8	London (GBR)
144	MOGI Keijiro	JPN	13:31,08			95	09/05/21	5	Tokyo (JPN)
145	SHIGENO Seiya	JPN	13:31,08			96	14/11/21	9f30	Yokohama (JPN)
146	SUZUKI Katsuhiko	JPN	13:31,14			96	30/09/23	4	Niigata (JPN)
147	YAMAGUCHI Kosei	JPN	13:31,24			91	16/05/21	2f1	Gifu (JPN)
148	KONDO Kotaro	JPN	13:31,33			01	29/04/24	7f1	Hiroshima (JPN)
149	YOKOTE Ken	JPN	13:31,35			93	01/04/17	5r4	Kumamoto (JPN)
150	TAKAHASHI Yuta	JPN	13:31,37			87	16/04/10	9r1	Walnut (USA)
151	YOSSEF Gezachw	ISR	13:31,45			75	18/07/09	12r2	Heusden-Zolder (BEL)
152	OGATA Tsuyoshi	JPN	13:31,46			73	10/05/03	14	Osaka (JPN)
153	MATSUNAGA Nobuya	JPN	13:31,51			74	05/08/00	15r1	Heusden-Zolder (BEL)
154	MARUYAMA Tatsuya	JPN	13:31,59			94	26/09/21	14f3	Osaka (JPN)
155	YOKOTA Kyuma	JPN	13:31,60			01	04/05/23	1f4	Nobeoka (JPN)
156	HAMAGUCHI Yamato	JPN	13:31,62			06	10/11/24	5	Yokohama (JPN)
157	NAKAMURA Yuki	JPN	13:31,67			81	22/06/03	1r1	Abashiri (JPN)
158	TAKEUCHI Hayate	JPN	13:31,73			96	16/05/21	3f1	Gifu (JPN)
159	AYABE Kenji	JPN	13:31,74			68	19/07/89	5	Pescara (ITA)
160	KOECH John Kibet	BRN	13:31,76			95	29/06/16	5	Turku (FIN)
161	AKUTSU Kozo	JPN	13:32,16			60	08/07/88	13	London (GBR)
162	NODA Michitane	JPN	13:32,20			75	11/06/00	1r3	Tottori (JPN)
163	KAKUAGE Hiromitsu	JPN	13:32,22			90	13/07/13	4r2	Heusden-Zolder (BEL)
164	OMORI Terukazu	JPN	13:32,26			79	27/07/04	19	Stockholm (SWE)
165	HONG Bo	CHN	13:32,28			73	15/09/94	4	Tokyo (JPN)

ASIA all-time end 2024

166	KAWAMURA Kazuki	JPN	13:32,36			97	10/12/21	8	Kyoto (JPN)
167	SHIMIZU Sodai	JPN	13:32,41			98	10/06/23	6	Yokohama (JPN)
168	YAMAUCHI Kento	JPN	13:32,48			01	06/07/24	1f1	Kitami (JPN)
169	KAWAUCHI Katsuhiko	JPN	13:32,51			73	31/07/93	10	Hechtel (BEL)
170	FUJIMOTO Tamaki	JPN	13:32,58			01	06/06/21	5f13	Yokohama (JPN)
171	KARASAWA Takumi	JPN	13:32,58			01	10/07/21	6f1	Abashiri (JPN)
172	MORIYAMA Shingo	JPN	13:32,59			98	09/06/22	5	Osaka (JPN)
173	ONO Ryuji	JPN	13:32,67			85	09/07/08	2r1	Abashiri (JPN)
174	DOMOTO Naohiro	JPN	13:32,72			89	18/04/15	8r1	Hiroshima (JPN)
175	WANG Helin	CHN	13:32,79			65	07/05/89	3	Hamamatsu (JPN)
176	HAN Zongmin	CHN	13:32,89			70	09/09/93	2	Beijing (CHN)
177	HATTORI Daiki	JPN	13:32,98			99	15/05/22	1f1	Gifu (JPN)
178	SAWAKI Keisuke	JPN	13:33,0			43	03/07/68	3	Stockholm (SWE)
179	AL-AMEERI Abdulaziz	QAT	13:33,18			82	02/08/03	3r2	Heusden-Zolder (BEL)
180	FUKATSU Takuya	JPN	13:33,34			87	07/04/12	7r1	Kumamoto (JPN)
181	OTA Naoki	JPN	13:33,34			99	15/07/23	7f2	Chitose (JPN)
182	SAITO Shoya	JPN	13:33,39			03	01/06/24	10f1	Yokohama (JPN)
183	BAKET Mohamed	PLE	13:33,41			68	19/07/97	14	Hechtel (BEL)
184	HORIO Kensuke	JPN	13:33,51			96	11/11/18	2f38	Yokohama (JPN)
185	SATO Atsushi	JPN	13:33,62			78	29/04/04	4r1	Hiroshima (JPN)
186	NAKAMURA Takao	JPN	13:33,7			58	23/06/79	1	Bremen (GER)
187	YURDADÖN Mehmet	TUR	13:33,70			54	15/07/82	1	Lappeenranta (FIN)
188	NIINAE Yutaro	JPN	13:33,73			01	01/06/24	11f1	Yokohama (JPN)
189	ABE Hiroki	JPN	13:33,74			97	04/05/22	5f1	Nobeoka (JPN)
190	SATO Hidekazu	JPN	13:33,86			86	20/07/08	16r2	Heusden-Zolder (BEL)
191	ISHIZUKA Haruto	JPN	13:33,86			02	01/07/23	1f1	Shibetsu (JPN)
192	NOMURA Akimu	JPN	13:33,88			02	01/06/24	12f1	Yokohama (JPN)
193	SAITO Ryo	JPN	13:33,99			98	04/05/24	1f4	Nobeoka (JPN)
194	OKADA Kaisei	JPN	13:34,09			05	01/06/24	13f1	Yokohama (JPN)
195	MINATOYA Haruki	JPN	13:34,10			96	20/09/20	10f4	Kumagaya (JPN)
196	IDE Kenji	JPN	13:34,11			59	28/06/83	14	Oslo (NOR)
197	MOTSCHALOV Vadim	KGZ	13:34,2			47	13/05/76	5r1	Sochi (RUS)
198	IIDA Kaito	JPN	13:34,20			05	25/11/23	4	Yokohama (JPN)
199	KIHARA Masato	JPN	13:34,21			86	01/05/10	3r1	Palo Alto (USA)
200	OBATA Masayuki	JPN	13:34,32			80	06/07/05	2r1	Sapporo (JPN)
201	TAKABAYASHI Yusuke	JPN	13:34,38			87	06/08/11	2	Ninove (BEL)
202	ZHANG Fukui	CHN	13:34,41			70	09/09/93	3	Beijing (CHN)
203	YAMAGUCHI Yoji	JPN	13:34,42			75	09/06/02	4	Kanazawa (JPN)
204	HAYASHIDA Hiroto	JPN	13:34,51			01	13/07/24	4f1	Shibetsu (JPN)
205	MURAYAMA Kenta	JPN	13:34,53			93	10/05/14	1r1	Nobeoka (JPN)
206	MATUMURA Jinnosuke	JPN	13:34,53			95	04/12/20	5	Osaka (JPN)
207	TAKAO Kenji	JPN	13:34,55			75	23/05/98	1r1	Nobeoka (JPN)
208	MORITA Keisuke	JPN	13:34,57			95	04/12/20	6	Osaka (JPN)
209	YAMAGUCHI Syunpei	JPN	13:34,59			06	25/11/23	5	Yokohama (JPN)
210	SHITARA Yuta	JPN	13:34,68			91	18/04/15	10r1	Hiroshima (JPN)
211	HASEGAWA Yusuke	JPN	13:34,70			88	24/09/11	4	Naruto (JPN)
212	MURASAWA Akinobu	JPN	13:34,85			91	13/09/11	8	Rovereto (ITA)
213	YAMAMOTO Ayumu	JPN	13:34,85			02	08/07/23	5f1	Abashiri (JPN)
214	KAJITANI Ryuya	JPN	13:34,94			96	16/07/22	12f1	Chitose (JPN)
215	NAKAMURA Shinichiro	JPN	13:35,02			93	04/05/23	3f4	Nobeoka (JPN)
216	GETAHON Tadesse	ISR	13:35,14			97	25/04/24	1f1	Tel Aviv (ISR)
217	KIKUCHI Masato	JPN	13:35,18			90	10/05/14	6r3	Nobeoka (JPN)
218	KAMEDA Jinichiro	JPN	13:35,26			01	29/09/24	8	Yokohama (JPN)
219	ÖZBILEN Kaan Kigen	TUR	13:35,31			86	11/08/18	14	Berlin (GER)
220	KANAI Yutaka	JPN	13:35,34			59	07/07/87	6	Cork (IRL)
221	MATSUOKA Yuki	JPN	13:35,37			86	03/05/10	7	Fukuroi (JPN)

ASIA all-time end 2024

222	ISHIKAWA Takuya	JPN	13:35,38			87	09/04/11	6	Kumamoto (JPN)
223	NOBUTO Jun	JPN	13:35,44			91	18/07/20	8f1	Chitose (JPN)
224	MATSUOKA Tatsuya	JPN	13:35,51			00	10/07/24	7f1	Abashiri (JPN)
225	NAKAMURA Tomoya	JPN	13:35,52			97	13/07/22	4f1	Abashiri (JPN)
226	KIPLAGAT Linus	BRN	13:35,53			94	16/05/17	7	Baku (AZE)
227	MATONO Ryota	JPN	13:35,63			92	04/12/20	8	Osaka (JPN)
228	NAVOLOKIN Sergey	KAZ	13:35,64			59	22/08/82	5	Podolsk (RUS)
229	IWAI Yuki	JPN	13:35,67			82	03/05/10	8	Fukuroi (JPN)
230	LAKSHAMAN Govindan	IND	13:35,69			90	09/08/17	15h1	London (GBR)
231	ABOOTORABI Mohammad Reza	IRI	13:35,71			89	21/05/22	4f1	Stockholm (SWE)
232	KOYUNCU Kemal	TUR	13:35,72			85	10/07/10	2r2	Heusden-Zolder (BEL)
233	MIYAWAKI Chihiro	JPN	13:35,74			91	28/05/11	1r1	Nobeoka (JPN)
234	BANDO Tsuyoshi	JPN	13:35,74			96	13/07/24	5f1	Shibetsu (JPN)
235	NAKAMURA Taisei	JPN	13:35,78			98	10/06/23	8	Yokohama (JPN)
236	SEKI Hayato	JPN	13:35,81			97	22/07/17	9r2	Heusden-Zolder (BEL)
237	NONAKA Masashi	JPN	13:35,94			95	03/07/21	7f1	Shibetsu (JPN)
238	TANAKA Hideyuki	JPN	13:36,08			84	29/04/16	8	Hiroshima (JPN)
239	KONDO Shunichi	JPN	13:36,19			95	30/09/20	2f2	Tokorozawa (JPN)
240	MIURA Takuro	JPN	13:36,19			99	16/07/22	13f1	Chitose (JPN)
241	KOMATSU Yohei	JPN	13:36,28			97	16/07/22	14f1	Chitose (JPN)
242	OKAWA Hisayuki	JPN	13:36,34			71	03/05/95	5	Hamamatsu (JPN)
243	MIKITENKO Leonid	KAZ	13:36,4			44	04/09/67	2	Kyiv (UKR)
244	OISHI Minato	JPN	13:36,40			88	02/07/14	4	Kitami (JPN)
245	TODA Masaki	JPN	13:36,42			93	16/07/15	3	Abashiri (JPN)
246	KAWATA Akihito	JPN	13:36,44			00	25/11/23	8	Yokohama (JPN)
247	SULEIMAN Nasser	QAT	13:36,51			79	14/07/01	1r2	Heusden-Zolder (BEL)
248	TAKADA Koki	JPN	13:36,55			93	18/07/20	2f2	Chitose (JPN)
249	KITAMURA Satoru	JPN	13:36,56			86	18/07/09	1r1	Heusden-Zolder (BEL)
250	ANDO Daiki	JPN	13:36,70			99	04/05/22	9f1	Nobeoka (JPN)
251	KAI Torazo	JPN	13:36,75			98	15/07/23	9f2	Chitose (JPN)
252	HATTORI Yuma	JPN	13:36,76			93	12/07/15	4	Kitami (JPN)
253	YAMATANI Masaya	JPN	13:36,77			00	08/05/22	4f11	Yokohama (JPN)
254	MISHIRO Naoki	JPN	13:36,79			77	08/10/00	3	Rifu (JPN)
255	IKEDA Katsumi	JPN	13:36,83			67	06/05/91	2	Shizuoka (JPN)
256	HORIKAWA Yoshinari	JPN	13:36,89			75	02/07/03	2r1	Sapporo (JPN)
257	ISHIDA Kosuke	JPN	13:36,89			02	18/07/20	3f2	Chitose (JPN)
258	SAIFELDIN Khamis Abdulla	QAT	13:36,93			76	07/08/99	18r1	Hechtel (BEL)
259	IETANI Kazuo	JPN	13:36,93			77	13/06/06	5r1	Abashiri (JPN)
260	AOKI Yuto	JPN	13:36,93			97	26/09/21	16f3	Osaka (JPN)
261	ISHII Yuki	JPN	13:36,94			97	13/05/23	1f3	Tokushima (JPN)
262	YASUHARA Taiyo	JPN	13:37,01			01	13/07/22	5f1	Abashiri (JPN)
263	OKAMOTO Yudai	JPN	13:37,04			91	10/07/21	10f1	Abashiri (JPN)
264	HAMANO Takeshi	JPN	13:37,23			74	21/05/05	4r9	Fukuroi (JPN)
265	MAEDA Takashi	JPN	13:37,24			77	14/07/01	3r2	Heusden-Zolder (BEL)
266	YAGI Yuki	JPN	13:37,25			89	10/05/14	2	Nobeoka (JPN)
267	HU Gangjun	CHN	13:37,29			70	09/09/93	4	Beijing (CHN)
268	AL-DAWOODI Hassan Sedam	QAT	13:37,34			86	16/04/04	1	Qatif (KSA)
269	SHIMAZU Yudai	JPN	13:37,35			00	10/07/24	1f2	Abashiri (JPN)
270	KAWAI Daiji	JPN	13:37,37			91	18/07/20	4f2	Chitose (JPN)
271	DESHMUKH Prakashrao	IND	13:37,39			99	30/07/24	2	Trivandrum (IND)
272	RAM Kheta	IND	13:37,40			86	27/09/14	7	Incheon (KOR)
273	NAMBA Takashi	JPN	13:37,45			99	16/07/22	15f1	Chitose (JPN)
274	NAGASHIMA Sonata	JPN	13:37,46			04	04/05/22	2f3	Nobeoka (JPN)
275	MATSUZAKI Sakito	JPN	13:37,48			00	10/07/24	11f1	Abashiri (JPN)
276	OSHIMA Kenta	JPN	13:37,49			79	31/07/04	10r2	Heusden-Zolder (BEL)
277	KOIKE Riki	JPN	13:37,54			04	04/05/24	3f1	Nobeoka (JPN)

ASIA all-time end 2024

278	OZDEMIR Ramazan	TUR	13:37,58			91	16/05/17	9	Baku (AZE)
279	KUMAGAI Katsuhito	JPN	13:37,59			70	10/07/91	11	Lausanne (SUI)
280	ARAI Nanami	JPN	13:37,60			94	10/12/22	7f3	Kyoto (JPN)
281	URUSHIBATA Atsuki	JPN	13:37,62			01	01/06/24	14f1	Yokohama (JPN)
282	NISHIJIMA Yushin	JPN	13:37,63			97	24/04/22	4f22	Yokohama (JPN)
283	MORISHITA Koichi	JPN	13:37,64			67	06/05/91	3	Shizuoka (JPN)
284	HATTORI Shota	JPN	13:37,64			91	28/04/13	1r3	Hiroshima (JPN)
285	KUMAR Kartik	IND	13:37,64			99	17/05/24	16f2	Los Angeles (USA)
286	OKAMOTO Naoki	JPN	13:37,71			84	18/07/09	2r1	Heusden-Zolder (BEL)
287	DATE Hideaki	JPN	13:37,72			85	21/05/06	2	Yokohama (JPN)
288	HASHIZUME Taisei	JPN	13:37,75			97	07/07/18	2	Kitami (JPN)
289	KUNICHIKA Tomoaki	JPN	13:37,78			73	03/05/98	2r2	Shizuoka (JPN)
290	UCHITOMI Yasunori	JPN	13:37,80			72	14/07/01	4r2	Heusden-Zolder (BEL)
291	ISHIGE Toyoshi	JPN	13:37,89			75	23/05/98	3r1	Nobeoka (JPN)
292	NAKAGAWA Chiharu	JPN	13:37,90			86	12/07/15	5	Kitami (JPN)
293	NISHIIKE Kazuto	JPN	13:37,93			93	29/09/13	8f42	Yokohama (JPN)
294	MEKATA Masahiro	JPN	13:37,93			01	05/06/22	4f19	Yokohama (JPN)
295	KISHIMOTO Hironori	JPN	13:37,96			00	05/06/22	5f19	Yokohama (JPN)
296	IWAMIZU Yoshitaka	JPN	13:37,99			79	21/05/05	5r9	Fukuroi (JPN)
297	ASAOKA Mitsunori	JPN	13:38,05			93	08/07/20	13f1	Fukagawa (JPN)
298	NAKATANI Keisuke	JPN	13:38,08			95	10/05/14	3	Nobeoka (JPN)
299	OHISI Takumi	JPN	13:38,09			96	16/07/22	17f1	Chitose (JPN)
300	HOSOYA Kyohei	JPN	13:38,14			95	17/07/21	8f2	Chitose (JPN)
301	SATO Toshiya	JPN	13:38,22			98	06/07/19	2f2	Chitose (JPN)
302	TAKEI Ryuji	JPN	13:38,24			71	02/07/92	3	Aarhus (DEN)
303	INOUE Hiroto	JPN	13:38,44			93	05/05/18	1f1	Nobeoka (JPN)
304	NAKANISHI Taiga	JPN	13:38,45			00	13/07/22	7f1	Abashiri (JPN)
305	HOSHI Sota	JPN	13:38,46			88	02/07/14	6	Kitami (JPN)
306	NAKAMURA Akira	JPN	13:38,47			67	15/07/93	2	Nurmijärvi
307	NAKANISHI Riki	JPN	13:38,48			95	20/09/20	12f4	Kumagaya (JPN)
308	KAZAOKA Eikichi	JPN	13:38,48			95	09/07/22	4f1	Kitami (JPN)
309	ONIZUKA Shota	JPN	13:38,58			97	22/07/17	12r2	Heusden-Zolder (BEL)
310	IBRAIMOV Anatoliy	KGZ	13:38,6			48	19/08/75	1	Podolsk (RUS)
311	KITA Kaido	JPN	13:38,60			92	09/05/15	5r2	Nobeoka (JPN)
312	TSUBOTA Tomoo	JPN	13:38,64			77	27/06/02	3	Ludvika (SWE)
313	TAIRA Kazuma	JPN	13:38,65			94	11/07/16	5f1	Abashiri (JPN)
314	YAMATO Atsushi	JPN	13:38,65			97	02/04/22	3f2	Toyota (JPN)
315	AYELE Derebe	ISR	13:38,69			02	22/06/24	20f1	Wien (AUT)
316	TOMITA Shumpei	JPN	13:38,73			00	15/07/23	1f3	Chitose (JPN)
317	LIN Xiangqian	CHN	13:38,77			87	26/10/09	1	Jinan (CHN)
318	WAKAKURA Kazuya	JPN	13:38,78			62	14/06/87	2	Tokyo (JPN)
319	WATANABE Shota	JPN	13:38,83			98	16/07/22	9f2	Chitose (JPN)
320	TAKEUCHI Daichi	JPN	13:38,88			96	24/04/22	6f22	Yokohama (JPN)
321	NAKAMURA Shogo	JPN	13:38,93			92	25/09/16	2f1	Osaka (JPN)
322	KOYAMA Naoki	JPN	13:38,94			96	10/04/21	4f5	Kumamoto (JPN)
323	BADRANKOV Anatoliy	KAZ	13:39,0			41	16/06/73	3	Leningrad (RUS)
324	TSUETAKI Hironori	JPN	13:39,00			93	06/06/21	1f2	Niigata (JPN)
325	OKAWA Ayumu	JPN	13:39,00			01	16/07/22	10f2	Chitose (JPN)
326	SUZUKI Naoto	JPN	13:39,01			65	06/05/91	5	Shizuoka (JPN)
327	MUTA Yuki	JPN	13:39,02			93	11/07/16	6f1	Abashiri (JPN)
328	CHIGIRA Ryunosuke	JPN	13:39,04			00	24/06/21	8	Osaka (JPN)
329	TAGO Yasuhiro	JPN	13:39,13			83	05/04/08	6f4	Kumamoto (JPN)
330	SETOGUCHI Kenichiro	JPN	13:39,23			80	02/07/03	6r1	Sapporo (JPN)
331	BARWAL Sawan	IND	13:39,26			98	25/05/24	13f2	Bruxelles (BEL)
332	HIGASHI Yuma	JPN	13:39,26			95	07/07/18	4	Kitami (JPN)
333	UCHIDA Shunta	JPN	13:39,26			00	24/04/22	7f22	Yokohama (JPN)

ASIA all-time end 2024

334	URATA Haruo	JPN	13:39,29			62	18/06/88	1	Tokyo (JPN)
335	AYAZ Necdet	TUR	13:39,31			58	06/07/82	13	Stockholm (SWE)
336	ENDO Tsukasa	JPN	13:39,33			61	08/07/86	13	Cork (IRL)
337	NAKANISHI Genki	JPN	13:39,33			93	14/11/21	13f30	Yokohama (JPN)
338	ABURAYA Shigeru	JPN	13:39,38			77	25/05/02	2r1	Nobeoka (JPN)
339	DEGUCHI Kazuya	JPN	13:39,40			88	12/05/12	1f2	Nobeoka (JPN)
340	KOGA Kiyoshi	JPN	13:39,43			96	04/05/24	5f4	Nobeoka (JPN)
341	NISHIMOTO Kazuya	JPN	13:39,47			62	08/05/88	7	Hamamatsu (JPN)
342	KUWATA Syunsuke	JPN	13:39,47			05	29/09/24	9	Yokohama (JPN)
343	TIAN Mengxu	CHN	13:39,53			89	26/10/09	2	Jinan (CHN)
344	AIBA Naoki	JPN	13:39,57			91	01/06/24	15f1	Yokohama (JPN)
345	SATO Yusuke	JPN	13:39,59			90	05/05/18	4f1	Nobeoka (JPN)
346	SHPAR Voldemar	KAZ	13:39,6			46	04/06/73	7	Moskva (RUS)
347	JIANG Bing	CHN	13:39,61			89	26/10/09	3	Jinan (CHN)
348	ISSHIKI Tadashi	JPN	13:39,65			94	26/06/16	4	Nagoya (JPN)
349	YOKOYAMA Tetsu	JPN	13:39,67			98	01/06/24	16f1	Yokohama (JPN)
350	TSUMURAI Akihiko	JPN	13:39,71			84	16/07/15	5	Abashiri (JPN)
351	TOCHIGI Wataru	JPN	13:39,74			95	06/07/22	4f1	Fukagawa (JPN)
352	TAKAI Kazuharu	JPN	13:39,76			84	12/05/12	3	Nobeoka (JPN)
353	HIRABAYASHI Itsuki	JPN	13:39,77			02	04/05/24	1f5	Nobeoka (JPN)
354	WISHNITZER Yuval	ISR	13:39,8			47	13/08/74	5	Goteborg (SWE)
355	FUKUSHIMA Tadashi	JPN	13:39,8			64	28/05/94	3	Nobeoka (JPN)
356	FUKUSHIMA Yuichiro	JPN	13:39,8			70	28/05/94		Nobeoka (JPN)
357	SUZUKI Ken-ichi	JPN	13:39,85			67	06/10/91		Gifu (JPN)
358	SUZUKI Rui	JPN	13:39,85			06	31/07/24	2	Fukuoka (JPN)
359	YOSHIDA Hibiki	JPN	13:39,94			02	17/07/24	2f2	Fukagawa (JPN)
360	MIKITENKO Aleksandr	KAZ	13:39,95			70	26/07/94	7	Sankt-Peterburg (RUS)
361	YOSHIOKA Ryoto	JPN	13:39,95			98	13/07/24	8f1	Shibetsu (JPN)
362	ONO Hiroyuki	JPN	13:39,98			86	06/07/14	1r2	Abashiri (JPN)
363	SASAKI Tetsu	JPN	13:40,02			06	10/11/24	13	Yokohama (JPN)
364	MAKABE Takeshi	JPN	13:40,04			82	20/07/08	4r1	Heusden-Zolder (BEL)
365	GEDIKLIOGLU Abdurrahman	TUR	13:40,06			98	22/05/24	6f1	Nerja (ESP)
366	KINIWA Akira	JPN	13:40,08			76	29/04/97	1	Nobeoka (JPN)
367	BUNGO Tomoaki	JPN	13:40,11			86	05/04/08	8r4	Kumamoto (JPN)
368	BABA Keita	JPN	13:40,13			86	10/05/14	7	Nobeoka (JPN)
369	ZHENG Kai	CHN	13:40,16			80	23/11/01	1	Guangzhou (CHN)
370	GODA Ryo	JPN	13:40,18			99	29/09/24	10	Yokohama (JPN)
371	SHITARA Keita	JPN	13:40,32			91	02/07/14	8	Kitami (JPN)
372	TEFERI Maru	ISR	13:40,37			92	20/07/19	1f3	Heusden-Zolder (BEL)
373	MIKHOU Sadik	BRN	13:40,37			90	20/06/21	2	Radès (TUN)
374	MATSUYAMA Takashi	JPN	13:40,38			74	10/05/03	3	Miyoshi (JPN)
375	ISOMATSU Daisuke	JPN	13:40,44			73	14/07/01	7r2	Heusden-Zolder (BEL)
376	SINGH Kumar Surendra	IND	13:40,45			78	27/05/09	1	Kunshan (CHN)
377	ONISHI Tomoya	JPN	13:40,46			87	27/07/13	6	Ninove (BEL)
378	ICHINOSE Susumu	JPN	13:40,49			75	05/07/00	3	Arnhem (NED)
379	NOMURA Yusaku	JPN	13:40,49			01	16/07/22	21f1	Chitose (JPN)
380	FUJIMAGARI Hiroto	JPN	13:40,50			97	09/07/22	7f1	Kitami (JPN)
381	NISHI Masayuki	JPN	13:40,51			64	06/05/91		Shizuoka (JPN)
382	IJICHI Kenzo	JPN	13:40,51			01	16/07/23	1	Abashiri (JPN)
383	AL-ASMARI Sa'ad Shaddad	KSA	13:40,52			68	27/05/96	1	Zofingen (SUI)
384	IMAKUGI Nagatoshi	JPN	13:40,58			57	26/06/81	8	Oslo (NOR)
385	SAZAK Metin	TUR	13:40,60			73	31/05/98	1	Beograd (SRB)
386	KINAME Ryo	JPN	13:40,62			91	21/07/12	9	Ninove (BEL)
387	TANAKA Keisuke	JPN	13:40,65			88	09/05/15	6r2	Nobeoka (JPN)
388	SAKATA Masatoshi	JPN	13:40,67			94	03/07/21	9f1	Shibetsu (JPN)
389	YAMANO Chikara	JPN	13:40,68			00	10/07/24	2f2	Abashiri (JPN)

ASIA all-time end 2024

390	MATSUDA Yuta	JPN	13:40,68			88	16/07/15	6	Abashiri (JPN)
391	OBA Yasunari	JPN	13:40,70			69	03/05/96	2r2	Numazu (JPN)
392	SOH Shigeru	JPN	13:40,8			53	22/06/78	7	Köln (GER)
393	LI Zicheng	CHN	13:40,88			90	26/10/09	4	Jinan (CHN)
394	KANG Yanwei	CHN	13:40,95			77	23/11/01	2	Guangzhou (CHN)
395	OSHIRO Yoshiki	JPN	13:40,98			98	04/05/23	3f5	Nobeoka (JPN)
396	SATO Joji	JPN	13:40,99			03	03/10/21	17f20	Yokohama (JPN)
397	KURENKEYEV Beken	KAZ	13:41,0			49	27/04/75	1	Alma-Ata (KAZ)
398	NORMURADOV Ashur	UZB	13:41,0			47	19/08/75	4	Podolsk (RUS)
399	NOMURA Hayato	JPN	13:41,04			01	06/07/24	4f1	Kitami (JPN)
400	KUSHIBE Seiji	JPN	13:41,1			71	10/04/99	3	Musashino (JPN)
401	NOGUCHI Kenji	JPN	13:41,11			75	14/07/01	10r2	Heusden-Zolder (BEL)
402	KUBOTA Shinobu	JPN	13:41,14			91	29/04/14	9	Hiroshima (JPN)
403	YOKOTA Shungo	JPN	13:41,16			00	13/07/24	10f1	Shibetsu (JPN)
404	KOYAMA Takaharu	JPN	13:41,2			48	26/08/71	3	Oslo (NOR)
405	YONEMITSU Ren	JPN	13:41,20			98	04/05/23	8f4	Nobeoka (JPN)
406	USUI Kenta	JPN	13:41,21			99	16/07/22	11f2	Chitose (JPN)
407	SUGIYAMA Kaisei	JPN	13:41,23			99	15/07/23	4f3	Chitose (JPN)
408	SHIRAYANAGI Tomoya	JPN	13:41,24			81	13/06/06	9	Abashiri (JPN)
409	NISHIZAWA Yoshihiro	JPN	13:41,29			92	14/07/16	7f1	Kitami (JPN)
410	MALEDE Bukayawe	ISR	13:41,31			97	27/04/23	2f1	Tel Aviv (ISR)
411	TAKAYA Masahiro	JPN	13:41,32			86	09/07/15	5	Fukagawa (JPN)
412	WAKABAYASI Hiroki	JPN	13:41,32			02	10/04/21	1f1	Kumamoto (JPN)
413	MIZOGUCHI Jin	JPN	13:41,33			01	16/07/22	12f2	Chitose (JPN)
414	FUJIWARA Arata	JPN	13:41,35			81	13/06/06	10	Abashiri (JPN)
415	SHIRAI Yusuke	JPN	13:41,40			03	24/04/22	9f22	Yokohama (JPN)
416	LI Zhuhong	CHN	13:41,44			83	23/11/01	3	Guangzhou (CHN)
417	YANG Guocai	CHN	13:41,49			75	09/09/93	5	Beijing (CHN)
418	MORIMASA Tatsumi	JPN	13:41,53			76	10/05/03	5	Miyoshi (JPN)
419	FUJITA Koichi	JPN	13:41,57			66	30/07/94	9	Hechtel (BEL)
420	PAL Abhishek	IND	13:41,57			97	09/06/24	3f1	Portland (USA)
421	NIIZUMA Haruki	JPN	13:41,68			07	30/11/24	7	Yokohama (JPN)
422	OTSUKA Masami	JPN	13:41,7			60	22/04/84	1	Shizuoka (JPN)
423	OSAKI Sakae	JPN	13:41,70			64	27/05/95	1	Nobeoka (JPN)
424	KATAKAWA Yudai	JPN	13:41,72			02	12/07/23	7f1	Kitami (JPN)
425	TOYODA Takashi	JPN	13:41,77			84	04/05/07	3r2	Toyama (JPN)
426	SHEINBREKHER Boris	KAZ	13:41,8			48	27/04/75	2	Alma-Ata (KAZ)
427	SAITO Hayato	JPN	13:41,80			89	07/04/12	1r2	Kumamoto (JPN)
428	TSUJIMOTO Satoshi	JPN	13:41,90			67	18/07/92	5	Hechtel (BEL)
429	SATO Nobuyuki	JPN	13:41,97			72	25/05/02	1r2	Nobeoka (JPN)
430	SIRIK Yuriy	KGZ	13:42,0			55	08/06/79	5r2	Sochi (RUS)
431	AL-THUBAITI Saeed Musaed	KSA	13:42,00			80	31/05/03	4	Rabat (MAR)
432	MUAURA Joel	JPN	13:42,01			99	29/04/16	1r2	Hiroshima (JPN)
433	OIKE Tatsuya	JPN	13:42,03			90	02/04/22	5f2	Toyota (JPN)
434	KONDO Ryota	JPN	13:42,08			99	13/07/24	11f1	Shibetsu (JPN)
435	KOBAYASHI Masayuki	JPN	13:42,09			74	03/05/95	8	Hamamatsu (JPN)
436	YUFU Ikuto	JPN	13:42,09			91	29/04/11	4	Hiroshima (JPN)
437	YANAGI Toshiyuki	JPN	13:42,10			93	07/05/16	1f1	Nobeoka (JPN)
438	YAMAMOTO Shuhei	JPN	13:42,17			91	07/07/12	3	Abashiri (JPN)
439	OTSU Makoto	JPN	13:42,25			80	25/05/02	3r2	Nobeoka (JPN)
440	WAKAMATSU Yoshihiro	JPN	13:42,26			86	15/04/12	5	Yokohama (JPN)
441	TAKEI Yasumasa	JPN	13:42,28			72	12/04/98	2	Konosu (JPN)
442	KUMAR Suresh	IND	13:42,28			91	27/09/14	9	Incheon (KOR)
443	SOH Takeshi	JPN	13:42,3			53	23/06/79	9	Bremen (GER)
444	ISHIMARU Junna	JPN	13:42,30			03	29/09/24	11	Yokohama (JPN)
445	OIKAWA Ruon	JPN	13:42,35			01	04/05/22	1f4	Nobeoka (JPN)

ASIA all-time end 2024

446	SUN Wenyong	CHN	13:42,39			78	26/10/09	5	Jinan (CHN)
447	TAKAHASHI Ken-ichi	JPN	13:42,4			73	10/04/99	4	Musashino (JPN)
448	IBATA Osamu	JPN	13:42,47			78	11/06/08	2	Fukagawa (JPN)
449	KANAGAWA Shinji	JPN	13:42,57			82	06/06/09	1	Sapporo (JPN)
450	HIROSE Daiki	JPN	13:42,59			91	09/05/15	8r2	Nobeoka (JPN)
451	SAHO Nozomi	JPN	13:42,6			73	27/05/95	3	Nobeoka (JPN)
452	HAYASHI Keisuke	JPN	13:42,61			96	05/06/22	19f20	Yokohama (JPN)
453	ISHIKAWA Suehiro	JPN	13:42,64			79	08/06/03	6	Yokohama (JPN)
454	ODA Yoshinori	JPN	13:42,67			80	22/07/07	1	Lapinlahti (FIN)
455	HARAGUCHI Hideaki	JPN	13:42,7			76	27/05/95	4	Nobeoka (JPN)
456	YUNOKAWA Sou	JPN	13:42,78			03	16/07/23	2	Abashiri (JPN)
457	ONO Chihiro	JPN	13:42,81			99	26/09/21	3f2	Osaka (JPN)
458	TERAUCHI Masato	JPN	13:42,90			93	04/05/19	3f2	Nobeoka (JPN)
459	KAWASHIMA Shinji	JPN	13:42,91			66	29/04/97	2	Nobeoka (JPN)
460	BAEK Seung-Ho	KOR	13:42,98			90	17/07/10	5	Abashiri (JPN)
461	IWASA Yoshiaki	JPN	13:43,02			63	14/09/85	4	Seoul (KOR)
462	NAMIKI Neo	JPN	13:43,03			01	10/07/24	3f2	Abashiri (JPN)
463	IBI Yuji	JPN	13:43,03			79	29/04/04	8	Hiroshima (JPN)
464	MORITA Homare	JPN	13:43,10			96	06/07/19	9f1	Chitose (JPN)
465	UEDA Yuya	JPN	13:43,14			97	04/05/22	6f3	Nobeoka (JPN)
466	SAIKI Masato	JPN	13:43,17			95	08/07/23	5f2	Abashiri (JPN)
467	ARIMURA Yuki	JPN	13:43,20			92	29/06/13	6f1	Fukagawa (JPN)
468	YOKOKAWA Takumi	JPN	13:43,24			98	05/12/21	1f41	Yokohama (JPN)
469	SUZUKI Yuki	JPN	13:43,25			95	27/03/21	2f3	Setagaya (JPN)
470	SHINJO Shota	JPN	13:43,27			92	24/05/15	2f15	Yokohama (JPN)
471	OTA Takashi	JPN	13:43,36			76	10/06/07	5	Abashiri (JPN)
472	SUZUKI Kiyoto	JPN	13:43,38			99	04/05/23	10f4	Nobeoka (JPN)
473	HOSOKAWA Michitaka	JPN	13:43,4			76	06/10/01	2	Hiroshima (JPN)
474	KUBOTA Toru	JPN	13:43,40			01	16/07/23	3	Abashiri (JPN)
475	DONG Guojian	CHN	13:43,47			87	26/10/09	6	Jinan (CHN)
476	KURODA Masayoshi	JPN	13:43,49			81	06/07/05	7	Sapporo (JPN)
477	SADAKATA Toshiki	JPN	13:43,49			92	04/05/22	2f4	Nobeoka (JPN)
478	TOMITA Ryotaro	JPN	13:43,49			98	08/07/23	6f1	Abashiri (JPN)
479	OHAMA Takuma	JPN	13:43,50			05	01/06/24	17f1	Yokohama (JPN)
480	SEKIGUCHI Kenta	JPN	13:43,56			01	13/07/24	1f2	Shibetsu (JPN)
481	SHIINO Shura	JPN	13:43,59			99	02/10/22	13f18	Yokohama (JPN)
482	KATO Atsushi	JPN	13:43,61			98	13/09/20	4	Niigata (JPN)
483	MA Jifu	CHN	13:43,64			85	26/10/09	7	Jinan (CHN)
484	NISHI Kento	JPN	13:43,66			98	04/05/22	7f3	Nobeoka (JPN)
485	IYODA Tatsuya	JPN	13:43,71			00	10/04/21	3f1	Kumamoto (JPN)
486	MATSUMOTO Kentaro	JPN	13:43,76			91	22/06/11	6f1	Abashiri (JPN)
487	SHIBATA Daichi	JPN	13:43,77			04	20/07/24	1f4	Chitose (JPN)
488	KIZU Masao	JPN	13:43,78			94	17/07/21	18f1	Chitose (JPN)
489	AKATSU Yushin	JPN	13:43,79			01	08/07/23	1f3	Abashiri (JPN)
490	KURATA Shuhei	JPN	13:43,81			92	03/07/21	11f1	Shibetsu (JPN)
491	OZAWA Daiki	JPN	13:43,81			00	04/05/22	14f1	Nobeoka (JPN)
492	NOMIMURA Daiki	JPN	13:43,83			99	26/11/22	10f26	Yokohama (JPN)
493	YAZAWA Yo	JPN	13:43,84			90	19/04/10	4f1	Yokohama (JPN)
494	HARADA Yoshiaki	JPN	13:43,85			80	14/11/04	1	Yokohama (JPN)
495	SATO Tatsuya	JPN	13:43,98			91	27/10/13	5f19	Yokohama (JPN)