

AT Men end 2019 AM sud & Cent.

		4224
	Limit	Nb
100	10.22	220
200	20.59	218
400	45.75	209
800	1:48.38	205
1500	3:45.58	208
5000	13:59.99	208
10000	29:16.71	210
Marathon	2:15:58	214
3000st	8:57.98	205
110H	13.95	213
400H	50.54	205
HJ	2.14	223
PV	4.80	233
LJ	7.80	216
TJ	16.23	211
SP	16.72	213
Discus	52.30	210
Hammer	57.79	208
Javelin	67.44	208
Deca	6818	207

AT Women end 2019 AM sud & Cent.

		3815
	Limit	Nb
100	11.40	189
200	23.24	190
400	52.43	191
800	2:06.38	190
1500	4:25.89	188
5000	16:39.60	191
10000	34:57.88	190
Marathon	2:43:56	191
3000st	11:13.12	189
100H	13.58	195
400H	58.46	190
HJ	1.79	188
PV	3.45	185
LJ	6.29	195
TJ	13.03	196
SP	14.75	190
Discus	48.70	191
Hammer	52.54	192
Javelin	46.77	191
Hepta	4975	193