

AT Men end 2019 Asia		
		6015
	Limit	Nb
100	10.36	302
200	20.96	303
400	46.63	302
800	1:49.24	301
1500	3:44.60	300
5000	13:43.02	300
10000	28:25.12	300
Marathon	2:11:37	300
3000st	8:49.24	300
110H	14.03	301
400H	50.78	300
High jump	2.19	301
Pole vault	5.20 *	300
Long jump	7.84	301
Triple jump	16.24	300
Shot	17.46	304
Discus	53.70	300
Hammer	63.46	300
Javelin N	73.26	300
Javelin O/N		
Deca	7061	300

\* end 2002

AT Women end 2019 Asia		
		4005
	Limit	Nb
100	11.59	200
200	23.72	200
400	53.38	200
800	2:04.89	200
1500	4:15.46	200
5000	15:30.70	200
10000	32:10.46	200
Marathon	2:28:47	200
3000st	10:28.47	200
100H	13.58	202
400H	58.20	200
High jump	1.83 *	200
Pole vault	3.80 **	202
Long jump	6.38	201
Triple jump	13.42	200
Shot	16.18	200
Discus	53.93	200
Hammer	56.08	200
Javelin N	52.85	200
Javelin O/N		
Hepta	5290	200

\* end 1990

\*\* end 2011