

National Athletics Records _ Top 100, Men _ 10000m / 31/10/2021

1	UGANDA (UGA)	CHEPTEGEI Joshua	26:11,00	96	07/10/20	1	Valencia (ESP)
2	ETHIOPIA (ETH)	BEKELE Kenenisa	26:17,53	82	26/08/05	1	Bruxelles (BEL)
3	KENYA (KEN)	TERGAT Paul	26:27,85	69	22/08/97	1	Bruxelles (BEL)
4	ERITREA (ERI)	TADESSE Zersenay	26:37,25	82	25/08/06	2	Bruxelles (BEL)
5	MOROCCO (MAR)	HISSOU Salah	26:38,08	72	23/08/96	1	Bruxelles (BEL)
6	QATAR (QAT)	ABDULLAH Ahmad Hassan *	26:38,76	81	05/09/03	3	Bruxelles (BEL)
7	UNITED STATES (USA)	RUPP Galen	26:44,36	86	30/05/14	1	Eugene (USA)
8	GREAT BRITAIN & N.I (GBR)	FARAH Mohamed	26:46,57	83	03/06/11	1	Eugene (USA)
9	BELGIUM (BEL)	MOURHIT Mohammed	26:52,30	70	03/09/99	2	Bruxelles (BEL)
10	CANADA (CAN)	AHMED Mohammed	26:59,35	91	06/10/19	6f1	Doha (QAT)
11	TANZANIA (TAN)	YUDA MSURI John	27:06,17	79	30/08/02	7	Bruxelles (BEL)
12	BAHRAIN (BRN)	BALEW Birhanu	27:07,49	96	19/05/21	2	Ostrava (CZE)
13	MEXICO (MEX)	BARRIOS Arturo	27:08,23	63	18/08/89	1	Berlin (GER)
14	ITALY (ITA)	CRIPPA Yemaneberhan	27:10,76	96	06/10/19	8f1	Doha (QAT)
15	PORTUGAL (POR)	PINTO António	27:12,47	66	30/07/99	3	Stockholm (SWE)
16	SPAIN (ESP)	RONCERO Fabian	27:14,44	70	04/04/98	1r1	Lisboa (POR)
17	THAILAND (THA)	TUNTIVATE Kieran	27:17,14	97	20/02/21	5	San Juan Capistrano (USA)
18	SWITZERLAND (SUI)	WANDERS Julien	27:17,29	96	17/07/19	9	Hengelo (NED)
19	JAPAN (JPN)	AIZAWA Akina	27:18,75	97	04/12/20	1	Osaka (JPN)
20	BURUNDI (BDI)	NIZIGAMA Aloÿs	27:20,38	66	07/07/95	1	London (GBR)
21	GERMANY (GER)	BAUMANN Dieter	27:21,53	65	05/04/97	1r1	Barakaldo (ESP)
22	RWANDA (RWA)	DISI Dieudonné	27:22,28	80	14/09/07	6	Bruxelles (BEL)
23	AUSTRALIA (AUS)	TIERNAN Patrick	27:22,55	94	05/12/20	2r1	San Juan Capistrano (USA)
24	FRANCE (FRA)	MARTINS Antonio	27:22,78	63	04/07/92	3	Oslo (NOR)
25	TURKEY (TUR)	KAYA Ali	27:24,09	94	02/05/15	1	Mersin (TUR)
26	NORWAY (NOR)	MOEN Sondre Nordstad	27:24,78	91	31/08/19	1f1	Kristiansand (NOR)
27	NETHERLANDS (NED)	MAASE Kamiel	27:26,29	71	30/08/02	10	Bruxelles (BEL)
28	BRAZIL (BRA)	dos SANTOS Marilson	27:28,12	77	02/06/07	4r1	Neerpelt (BEL)
29	SOUTH AFRICA (RSA)	RAMAALA Hendrick	27:29,94	72	22/02/99	1	Port Elizabeth (RSA)
30	NEW ZEALAND (NZL)	ROBERTSON Zane	27:30,90	89	13/04/18	5	Gold Coast (AUS)
31	FINLAND (FIN)	VAINIO Martti	27:30,99	50	29/08/78	1	Praha (CZE)
32	LITHUANIA (LTU)	ANTIPOV Aleksandr	27:31,50	55	29/08/78	3	Praha (CZE)
33	SAUDI ARABIA (KSA)	AL-OUTAIBI Moukheld	27:31,61	80	09/06/12	1	Radès (MAR)
34	ECUADOR (ECU)	PIEDRA Bayron	27:32,59	82	01/05/11	13r1	Palo Alto (USA)
35	AUSTRIA (AUT)	WEIDLINGER Günther	27:36,46	78	04/05/08	2r1	Palo Alto (USA)
36	ARGENTINA (ARG)	SILIO Antonio	27:38,72	66	03/09/93	7	Bruxelles (BEL)
37	IRELAND (IRL)	CRAGG Alistair	27:39,55	80	29/04/07	4r1	Palo Alto (USA)

38	ROMANIA (ROU)	FLOROIU Ilie	27:40,06	52	29/08/78	7	Praha (CZE)
39	ESTONIA (EST)	SELLIK Enn	27:40,61	54	29/08/78	8	Praha (CZE)
40	BELARUS (BLR)	FEDOTKIN Aleksandr	27:41,89	55	04/09/79	4	Bruxelles (BEL)
41	SLOVAK REPUBLIC (SVK)	STEFKO Robert	27:42,98	68	29/06/97	2	Villeneuve d' Ascq (FRA)
42	CZECH REPUBLIC (CZE)	PESAVA Jan	27:47,90	72	08/06/98	2	Praha (CZE)
43	BOTSWANA (BOT)	MOTSHWARATEU Matthews	27:48,2	58	07/05/79	1	Stellenbosch (RSA)
44	COLOMBIA (COL)	TIBADUIZA Domingo	27:53,02	49	11/06/78	2	Wien (AUT)
45	RUSSIA (RUS)	IVANOV Sergey	27:53,12	79	17/07/08	1	Kazan (RUS)
46	PERU (PER)	OSTOS Luis	27:53,58	92	05/05/17	7	Stanford (USA)
47	POLAND (POL)	KOWOL Jerzy	27:53,61	51	29/08/78	10	Praha (CZE)
48	TUNISIA (TUN)	GAMOUDI Mohamed	27:54,69	38	31/08/72	1h2	München (GER)
49	DENMARK (DEN)	JÖRGENSEN Carsten	27:54,76	70	04/04/98	11r1	Lisboa (POR)
50	SWEDEN (SWE)	DANIELSON Jonny	27:55,74	64	07/06/89	1	Södertälje (SWE)
51	BULGARIA (BUL)	IGNATOV Evgeni	27:56,26	59	02/07/88	10	Oslo (NOR)
52	ZIMBABWE (ZIM)	NYASANGO Cuthbert	27:57,34	82	28/07/07	2	Avilés (ESP)
53	ALGERIA (ALG)	AGGOUNE Khoudir	27:58,03	81	06/06/08	4	Saint-Maur (FRA)
54	SERBIA (SRB)	KORICA Dane	27:58,39	45	10/08/71	4	Helsinki (FIN)
55	KAZAKHSTAN (KAZ)	BODRANKOV Anatoliy	27:58,9	41	03/11/78	1	Tashkent (UZB)
56	UKRAINE (UKR)	ANDREYEV Pavel	27:59,8	44	10/07/73	2	Moskva (RUS)
57	ZAMBIA (ZAM)	MULINGA Charles	28:00,33	68	14/04/95	1	Walnut (USA)
58	KIRZIGHISTAN (KGZ)	MOCHALOV Vadim	28:00,9	47	10/07/73	3	Moskva (RUS)
59	HUNGARY (HUN)	KALDY Zoltan	28:01,88	69	06/07/91	15	Oslo (NOR)
60	INDIA (IND)	KUMAR SINGH Surendra	28:02,89	78	12/07/08	4	Vigo (ESP)
61	PALESTINE (PLE)	BAKET Mohamed	28:04,76	68	24/08/96	1	Troisdorf (GER)
62	CHILE (CHI)	DIAZ Mauricio	28:05,61	68	22/09/00	13h2	Sydney (AUS)
63	LESOTHO (LES)	NKHASI Namakoe	28:06,33	94	22/06/16	3	Durban (RSA)
64	JAMAICA (JAM)	CAMPBELL Kemoy	28:06,40	91	31/03/17	3	Stanford (USA)
65	SOMALIA (SOM)	ABDIRAHMAN Abdihakem	28:06,65	77	05/07/99	5	Stanford (USA)
66	GREECE (GRE)	ANDRIOPOULOS Spyros	28:07,17	62	29/08/87	7	Roma (ITA)
67	CHINA (CHN)	REN Longyun	28:08,67	87	01/11/07	1	Wuhan (CHN)
68	ISRAEL (ISR)	ALMEYA Aimeru	28:09,42	90	18/01/15	2	Tel Aviv (ISR)
69	GEORGIA (GEO)	STRISCHAKOV Oleg	28:16,15	63	25/07/90	10	Seattle (USA)
70	MOLDAVA (MDA)	NIKOLAJEV Vasili	28:16,4	49	18/07/78	7	Vilnius (LTU)
71	DJIBOUTI (DJI)	SALAH Ahmed	28:17,4	56	12/07/84	2	Rabat (MAR)
72	SUDAN (SUD)	JOUDA Musa Ahmed	28:20,26	57	03/08/84	8h3	Los Angeles (USA)
73	KOREA (SOUTH) (KOR)	JEON Eunhoi	28:23,62	88	23/10/10	2r9	Yokohama (JPN)
74	CROATIA (CRO)	PETROVIC Slavko	28:24,32	80	02/04/05	5	Barakaldo (ESP)
75	LATVIA (LAT)	KLISTOVŠ Genadijs	28:25,8	44	03/06/73	3	Moskva (RUS)
76	KOREA DPR (PRK)	OK-HYON Ryu	28:26,86	65	09/06/90	2	Moskva (RUS)
77	CYPRUS (CYP)	KASSIANIDIS Marios	28:26,87	54	19/06/81	16	Praha (CZE)

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78	PUERTO RICO (PUR)	RIOS Carmelo	28:27,1	59	28/04/84	15	Walnut (USA)
79	GUATEMALA (GUA)	PACAY Mario	28:29,50	97	28/03/19	1f1	Hayward (USA)
80	ANGOLA (ANG)	N'TYAMBA João	28:31,09	68	24/08/99	13	Sevilla (ESP)
81	VENEZUELA (VEN)	BLANCO Marvin	28:31,14	88	06/12/15	1	Sacramento (USA)
82	SLOVENIA (SLO)	ROZMAN Stan	28:32,86	60	30/06/83	6	Lausanne (SUI)
83	BOLIVIA (BOL)	BASCO Vidal	28:34,37	96	09/08/19	4	Lima (PER)
84	MALTA (MLT)	GUSMAN Jordan	28:35,77	94	14/12/19		Melbourne (AUS)
85	ICELAND (ISL)	ANDRÉSSON Hlynur	28:36,80	93	05/06/21	2f2	Birmingham (GBR)
86	MADAGASCAR (MAD)	RANDRIANARIVELO Jules	28:42,0	56	21/07/79	20	Moskva (RUS)
87	LUXEMBURG (LUX)	GLODEN Justin	28:46,4	53	15/06/84	4	Leuven (BEL)
88	COSTA RICA (CRC)	PEREZ Rafael	28:48,4	46	08/05/76	1	Knoxville (USA)
89	UZBEKISTAN (UZB)	IBRAGIMOV Abdirahman	28:48,4	60	09/08/80	1	Kharkov (UKR)
90	LIBYA (LBA)	MABROUK Ali Zayed	28:48,53	74	14/06/99	7	Praha (CZE)
91	CUBA (CUB)	CUBA Ignacio Alberto	28:48,96	62	10/02/89	1	La Habana (CUB)
92	TURKMENISTAN (TKM)	KAKADSHANOV Rashid	28:50,0	56	18/07/78	15	Vilnius (LTU)
93	URUGUAY (URU)	GARCÍA Néstor	28:52,34	75	21/05/98	5	São Leopoldo (BRA)
94	AZERBAIJAN (AZE)	KIPLAGAT Evans	28:55,82	88	20/05/17	5	Baku (AZE)
95	PARAGUAY (PAR)	AYALA Derlis	28:56,39	90	19/04/18	4f1	Torrance (USA)
96	DEMOC. REP. OF CONGO (COD)	KASSAP Danny Tshindind	28:57,28	82	06/07/03	3	Hamilton (NZL)
97	PHILIPPINES (PHI)	BUENAVISTA Eduardo	29:02,36	79	07/10/02	8	Busan (KOR)
98	NIGERIA (NGR)	CHOOOLON Itsifamus	29:04,5		07/06/98		Lagos (NGR)
99	IRAN (IRI)	ABOUTORABI Mohammad Reza	29:08,96	89	23/06/20	5f1	Stockholm (SWE)
100	CAPE VERDE ISL (CPV)	CRUZ Nelson	29:09,51	77	28/06/08	3	Lisboa (POR)