

National Athletics Records _ Women _ 3000st / 31/10/2021

1	KENYA (KEN)	CHEPKOECH Beatrice	8:44,32	91	20/07/18	1	Monaco (MON)
2	BAHRAIN (BRN)	JEBET Ruth	8:52,78	96	27/08/16	1	Paris Saint-Denis (FRA)
3	UNITED STATES (USA)	FRERICHS Courtney	8:57,77	93	21/08/21	2	Eugene (USA)
4	RUSSIA (RUS)	GALKINA Gulnara	8:58,81	78	17/08/08	1	Beijing (CHN)
5	UGANDA (UGA)	CHEMUTAI Peruth	9:01,45	99	04/08/21	1f1	Tokyo (JPN)
6	ETHIOPIA (ETH)	ABEBE Mekides	9:02,52	01	28/05/21	2	Doha (QAT)
7	GERMANY (GER)	KRAUSE Gesa Felicitas	9:03,30	92	30/09/19	3f1	Doha (QAT)
8	TUNISIA (TUN)	GHRIBI Habiba	9:05,36	84	11/09/15	1	Bruxelles (BEL)
9	SPAIN (ESP)	DOMINGUEZ Marta	9:09,39	75	25/07/09	1	Barcelona (ESP)
10	NORWAY (NOR)	BJERKELI GRØVDAL Karoline	9:13,35	90	26/08/17	1	Sandnes (NOR)
11	DENMARK (DEN)	MØLLER Anna Emilie	9:13,46	97	30/09/19	7f1	Doha (QAT)
12	TURKEY (TUR)	MINGIR Gülcan	9:13,53	89	09/06/12	1	Sofia (BUL)
13	JAMAICA (JAM)	PRAUGHT Aisha	9:14,09	89	31/08/18	8	Bruxelles (BEL)
14	AUSTRALIA (AUS)	LACAZE Genevieve	9:14,28	89	27/08/16	6	Paris Saint-Denis (FRA)
15	SLOVENIA (SLO)	MIŠMAŠ-ZRIMŠEK Maruša	9:14,84	94	04/08/21	6f1	Tokyo (JPN)
16	BELARUS (BLR)	TUROVA Alesya	9:16,51	79	27/07/02	1	Gdansk (POL)
17	ROMANIA (ROU)	CASANDRA Cristina	9:16,85	77	17/08/08	5	Beijing (CHN)
18	POLAND (POL)	FRANKIEWICZ Wioletta	9:17,15	77	03/07/06	1	Athína (GRE)
19	PORTUGAL (POR)	AUGUSTO Jessica	9:18,54	81	09/06/10	2	Huelva (ESP)
20	GREAT BRITAIN & N.I (GBR)	BIRD Elizabeth	9:19,68	94	04/08/21	9f1	Tokyo (JPN)
21	INDIA (IND)	BABAR Lalita Shivaji	9:19,76	89	13/08/16	4h2	Río de Janeiro (BRA)
22	ALBANIA (ALB)	GEGA Luiza	9:19,93	88	30/09/19	9f1	Doha (QAT)
23	CHINA (CHN)	ZHANG Xinyan	9:20,32	94	08/04/21	1	Shaoxing (CHN)
24	MOROCCO (MAR)	ELOUALI ALAMI Salima	9:20,64	83	17/07/15	7	Monaco (MON)
25	SWITZERLAND (SUI)	SCHLUMPF Fabienne	9:21,65	90	15/06/17	3	Oslo (NOR)
26	CANADA (CAN)	LALONDE Geneviève	9:22,40	91	04/08/21	11f1	Tokyo (JPN)
27	SWEDEN (SWE)	FOUGBERG Charlotta	9:23,96	85	12/07/14	4	Glasgow (GBR)
28	FINLAND (FIN)	ERIKSSON Sandra	9:24,70	89	12/07/14	6	Glasgow (GBR)
29	FRANCE (FRA)	DUARTE Sophie	9:25,62	81	10/07/09	6	Roma (ITA)
30	ALGERIA (ALG)	BETICHE Amina	9:25,90	87	17/05/17	2	Baku (AZE)
31	ARGENTINA (ARG)	CASSETTA Belén	9:25,99	94	11/08/17	11	London (GBR)
32	HUNGARY (HUN)	KÁCSER Zita	9:26,59	88	31/08/19	1	Budapest (HUN)
33	LATVIA (LAT)	JELIZAROVA Polina	9:27,21	89	04/08/12	4h1	London (GBR)
34	UKRAINE (UKR)	GORPYNICH Valentyna	9:27,26	83	07/06/08	1	Yalta (UKR)
35	NETHERLANDS (NED)	van der REIJKEN Irene	9:27,38	93	03/06/21	3	Huelva (ESP)
36	ITALY (ITA)	ROMAGNOLO Elena	9:27,48	82	15/08/08	5h3	Beijing (CHN)
37	IRELAND (IRL)	McGETTIGAN Roisín	9:28,29	80	28/07/07	3	Heusden-Zolder (BEL)

38	BELGIUM (BEL)	DEJAEGHERE Veerle	9:28,47	73	02/06/07	3	Neerpelt (BEL)
39	ISRAEL (ISR)	COHEN Adva	9:29,74	96	12/08/18	5	Berlin (GER)
40	LITHUANIA (LTU)	TROUP Rasa	9:30,21	77	15/08/08	8h3	Beijing (CHN)
41	GREECE (GRE)	KOKKINARÍOU Irini	9:30,72	81	13/07/08	5	Athína (GRE)
42	NEW ZEALAND (NZL)	McILLROY Kate	9:32,54	81	22/07/06	5	Heusden-Zolder (BEL)
43	BULGARIA (BUL)	DANEKOVA Silviya	9:33,41	83	01/08/15	1	Pitesti (ROU)
44	JAPAN (JPN)	HAYAKARI Minori	9:33,93	72	20/07/08	4	Heusden-Zolder (BEL)
45	AZERBAIJAN (AZE)	ABDULLAYEVA Layes	9:34,75	91	30/07/10	6	Barcelona (ESP)
46	BRAZIL (BRA)	da SILVA Tatiane Raquel	9:36,43	90	01/08/21	7h2	Tokyo (JPN)
47	MOLDAVA (MDA)	JURAVEL Oxana	9:36,63	86	15/08/09	6h3	Berlin (GER)
48	PUERTO RICO (PUR)	RAMOS Beverly	9:39,33	87	10/07/12	5	Sotteville-lès-Rouen (FRA)
49	CZECH REPUBLIC (CZE)	LUSTIGOVA Marcela	9:41,73	82	13/06/11	5	Praha (CZE)
50	COLOMBIA (COL)	FIGUEROA Ángela	9:42,71	84	20/05/12	3	Río de Janeiro (BRA)
51	VIETNAM (VIE)	NGUYEN Thi Oanh	9:43,83	95	27/08/18	3	Jakarta (INA)
52	MADAGASCAR (MAD)	SAHOLINIRINA Eliane	9:44,50	82	26/06/16	4	Durban (RSA)
53	DOMINICAN REP (DOM)	MANCEBO Maria	9:45,84	93	01/08/14	1	São Paulo (BRA)
54	SRI LANKA (SRI)	RATHNAYAKE Uda Kuburalage Nilani	9:46,76	90	03/08/18	1	Colombo (SRI)
55	PANAMA (PAN)	BELL Rolanda	9:47,16	87	13/06/15	9	New York (USA)
56	SUDAN (SUD)	MUNA KALAMEYA Durka	9:47,41	88	19/07/08	4	Barcelona (ESP)
57	AUSTRIA (AUT)	MAYR Andrea	9:47,61	79	02/07/08	2	Jambes (BEL)
58	MEXICO (MEX)	NARVAEZ Ana Cristina	9:48,33	91	14/05/15	5	Los Angeles (USA)
59	INDONESIA (INA)	BUDIARTI Rini	9:49,46	83	27/09/14	5	Incheon (KOR)
60	ESTONIA (EST)	PATJUK Jekaterina	9:50,15	83	21/06/14	3	Tallinn (EST)
61	PERU (PER)	ARENAS Zulema	9:52,32	95	23/11/17	1	Santa Marta (COL)
62	ZIMBABWE (ZIM)	MARAKURWA Letiwe	9:52,98	78	13/06/03	4	Sacramento (USA)
63	SOUTH AFRICA (RSA)	MASEHLA Tebogo	9:54,19	79	04/06/11	2	Oordegem (BEL)
64	CUBA (CUB)	OCAMPO Yorlín	9:58,7	90	30/05/09	1	La Habana (CUB)
65	CROATIA (CRO)	HENDEL Kristina	10:02,20	96	26/05/18	7	Oordegem (BEL)
66	SERBIA (SRB)	JOVIC Biljana	10:02,24	85	13/07/07	2h2	Debrecen (HUN)
67	KOREA DPR (PRK)	RO Hyo Gyong	10:04,7	99	18/10/18	1	Pyongyang (PRK)
68	ECUADOR (ECU)	TISALEMA Katherine Ruth	10:06,74	96	10/08/19	6	Lima (PER)
69	KOREA (SOUTH) (KOR)	CHO Ha-Rim	10:09,87	96	08/10/19	1	Seoul (KOR)
70	BOLIVIA (BOL)	CHÁVEZ Tania	10:11,01	90	25/08/18	1	Trujillo (PER)
71	GEORGIA (GEO)	GELASHVILI Natia	10:13,69	94	24/07/19	11	Joensuu (FIN)
72	BOSNIA-HERZEGOVINA (BIH)	CVIJANOVIC Biljana	10:16,80	88	28/06/13	8	Mersin (TUR)
73	ICELAND (ISL)	KOLBEINSDÓTTIR Andrea	10:21,26	99	10/07/18	6h2	Tampere (FIN)
74	VENEZUELA (VEN)	BREA Joselyn Daniely	10:21,93	94	09/07/16		Palencia (ESP)
75	PHILIPPINES (PHI)	BARNARD Jessica	10:22,49	90	01/05/16	10r3	Palo Alto (USA)
76	ERITREA (ERI)	ZEMUY Yohana	10:25,2	95	03/04/11		Asmara (ERI)
77	KAZAKHSTAN (KAZ)	NEROZNAK Tatyana	10:25,56	92	23/04/19	11	Doha (QAT)

athlestats all-time

78	HONG KONG (HKG)	CHING Yiu Kit	10:25,81	88	09/10/13	4	Tianjin (CHN)
79	BERMUDA (BER)	BERRY Ashley	10:27,50	92	16/05/14	2	Atlanta (USA)
80	LIBYA (LBA)	ALI SALEM Najla Aqdeir	10:30,66	94	09/09/18	4	Pescara (ITA)
81	BOTSWANA (BOT)	DINTWE Onneile	10:32,15	85	09/04/11	5	Durban (RSA)
82	UZBEKISTAN (UZB)	MOROZ Irina	10:32,89	87	27/09/14	8	Incheon (KOR)
83	CHINESE TAIPEI (TPE)	CHEN Chao-Chun	10:33,02	92	22/10/19		Taoyuan (TPE)
84	SLOVAK REPUBLIC (SVK)	PROTICOVA Kristina	10:34,02		30/05/04	2	Louisville (USA)
85	URUGUAY (URU)	FERNÁNDEZ María Pía	10:37,12	95	23/03/19	3	Montevideo (URU)
86	EL SALVADOR (ESA)	PORTILLO Zuna	10:38,25	89	21/04/12	1	Baton Rouge (USA)
87	PARAGUAY (PAR)	CABALLERO María	10:39,2	87	27/07/13	1	Asunción (PAR)
88	CHILE (CHI)	GALLOSO Ingrid	10:39,82	86	06/09/08	3	Lima (PER)
89	MONTENEGRO (MNE)	PERUNOVIC Slađana	10:40,1	84	08/06/13		Bar (UKR)
90	CYPRUS (CYP)	CHRISTOPHOROU Stella	10:40,79	92	23/04/11		Athens, GA (USA)
91	SAO TOME & PRINCIPE (STP)	SOARES Celma Bonfim	10:42,48	77	31/05/08		Lisboa (POR)
92	UN ARAB EMIRATES (UAE)	ALI SALEM Halima	10:48,06		28/10/11		Al-Ain (UAE)
93	GUATEMALA (GUA)	MARROQUIN Evonne	10:51,55	81	30/07/10		Mayagüez (PUR)
94	MYANMAR (MYA)	KHIN Mar Se	10:52,75	91	12/06/15		Singapore (SGP)
95	MALTA (MLT)	CAMILLERI Mona Lisa	10:54,25	91	30/06/19	1	Marsa (MLT)
96	MALAYSIA (MAS)	KAUR Melinder	10:55,31	88	17/06/10		Melaka (MAS)
97	ANGOLA (ANG)	SILVA Lilian	10:56,77	82	29/05/10		Póvoa de Varzim (POR)
98	TRINIDAD & TOBAGO (TTO)	NERO Scarla	10:57,0	90	14/05/11		Cedar Falls (USA)
99	LUXEMBURG (LUX)	HANSEN Véronique	10:58,58	80	13/06/08		Düdelingen (LUX)
100	CAPE VERDE ISL (CPV)	LOPES Sonia	10:58,77	75	19/05/07		Marcon (ITA)