

National Athletics Records _ Women _ 400m / 30/09/2021

1	GERMANY (GER)	KOCH Marita	47.60	57	06/10/85	1	Canberra (AUS)
2	CZECH REPUBLIC (CZE)	KRATOCHVILOVA Jarmila	47.99	51	10/08/83	1	Helsinki (FIN)
3	BAHRAIN (BRN)	NASER Salwa Eid	48.14	98	03/10/19	1	Doha (QAT)
4	FRANCE (FRA)	PEREC Marie-José	48.25	68	29/07/96	1	Atlanta (USA)
5	UKRAINE (UKR)	BRYZGINA Olga	48.27	63	06/10/85	2	Canberra (AUS)
6	BAHAMAS (BAH)	MILLER-UIBO Shaunae	48.36	94	06/08/21	1f1	Tokyo (JPN)
7	AUSTRALIA (AUS)	FREEMAN Cathy	48.63	73	29/07/96	2	Atlanta (USA)
8	UNITED STATES (USA)	RICHARDS-ROSS Sanya	48.70	85	16/09/06	1	Athína (GRE)
9	MEXICO (MEX)	GUEVARA Ana	48.89	77	27/08/03	1	Paris Saint-Denis (FRA)
10	NIGERIA (NGR)	OGUNKOYA Falilat	49.10	68	29/07/96	3	Atlanta (USA)
11	RUSSIA (RUS)	NAZAROVA Olga	49.11	65	25/09/88	1s1	Seoul (KOR)
12	NIGER (NIG)	SEYNI Amina	49.19	96	05/07/19	2	Lausanne (SUI)
13	DOMINICAN REP (DOM)	PAULINO Marileidy	49.20	96	06/08/21	2f1	Tokyo (JPN)
14	NAMIBIA (NAM)	MBOMA Christine	49.22	03	17/04/21	1	Windhoek (NAM)
15	POLAND (POL)	SZEWINSKA Irena	49.28	46	29/07/76	1	Montréal (CAN)
16	JAMAICA (JAM)	FENTON Lorraine	49.30	73	19/07/02	2	Monaco (MON)
17	BOTSWANA (BOT)	MONTSHO Amantle	49.33	83	19/07/13	1	Monaco (MON)
18	GREAT BRITAIN & N.I (GBR)	COOK Kathy	49.43	60	06/08/84	3	Los Angeles (USA)
19	BULGARIA (BUL)	STAMBOLOVA Vania	49.53	83	27/08/06	1	Rieti (ITA)
20	CUBA (CUB)	QUIROT Ana Fidelia	49.61	63	05/08/91	1	La Habana (CUB)
21	SOUTH AFRICA (RSA)	SEMENYA Caster	49.62	91	08/09/18	2f1	Ostrava (CZE)
22	COLOMBIA (COL)	RESTREPO Ximena	49.64	69	05/08/92	3	Barcelona (ESP)
23	SPAIN (ESP)	MYERS Sandra	49.67	61	06/07/91	1	Oslo (NOR)
24	CHINA (CHN)	YUQIN Ma	49.81	72	11/09/93	1	Beijing (CHN)
25	SENEGAL (SEN)	THIAM Amy Mbacké	49.86	76	07/08/01	1	Edmonton (CAN)
26	ROMANIA (ROU)	TARLEA Ionela	49.88	76	12/07/99	1	Palma de Mallorca (ESP)
27	CANADA (CAN) =	PAYNE Marita	49.91	60	06/08/84	4	Los Angeles (USA)
28	BARBADOS (BAR)	WILLIAMS Sada	50.11	97	04/08/21	3sf3	Tokyo (JPN)
29	FINLAND (FIN)	SALIN Riitta	50.14	50	04/09/74	1	Roma (ITA)
30	ZAMBIA (ZAM)	MUPOPO Kabange	50.22	92	15/09/15	1	Brazzaville (CGO)
31	BELGIUM (BEL)	BOLINGO Cynthia	50.29	93	05/07/21	1	Tomblaine (FRA)
32	ITALY (ITA)	GRENOT Libania	50.30	83	02/07/09	1	Pescara (ITA)
33	BELARUS (BLR)	USOVICH Ilona	50.31	82	27/08/07	3s1	Osaka (JPN)
34	NETHERLANDS (NED)	BOL Femke	50.37	00	19/06/21	1f1	Cluj-Napoca (ROU)
35	CHAD (CHA)	NADJINA Kaltouma	50.38	76	06/08/01	2s2	Edmonton (CAN)
36	GREECE (GRE)	BELIMPASAKI Maria	50.45	91	11/08/18	2	Berlin (GER)
37	UZBEKISTAN (UZB)	SHMONINA Marina	50.52	65	06/07/90	2	Kyiv (UKR)

38	SWITZERLAND (SUI)	SPRUNGER Léa	50.52		90	01/07/18	1f1	La Chaux-de-Fonds (SUI)
39	PORTUGAL (POR)	AZEVEDO Cátia	50.59		94	03/06/21	2f1	Huelva (ESP)
40	AUSTRIA (AUT)	KÄFER Karoline	50.62	A	54	18/06/77	1	Klagenfurt (AUT)
41	BRAZIL (BRA)	FIGUEIREDO Maria Magnolia	50.62		63	21/08/90	1	Rovereto (ITA)
42	GRENADA (GRN)	REGIS Hazel-Ann	50.64		81	16/05/04	1	Oxford (USA)
43	KAZAKHSTAN (KAZ)	ROSLANOVA Tatyana	50.68		80	05/06/04	1	Almaty (KAZ)
44	CAMEROON (CMR)	NGUIMGO Mireille	50.69		76	13/08/00	1r1	La Chaux-de-Fonds (SUI)
45	LATVIA (LAT)	IKAUNIECE Vineta	50.71		62	04/09/88	4	Moskva (RUS)
46	GUYANA (GUY)	POMPEY Aliann	50.71		78	16/08/09	4s1	Berlin (GER)
47	IRELAND (IRL)	CUDDIHY Joanne	50.73		84	27/08/07	4s1	Osaka (JPN)
48	CROATIA (CRO)	GRGIC Danijela	50.78		88	17/08/06	1	Beijing (CHN)
49	INDIA (IND)	DAS Hima	50.79		00	26/08/18	2	Jakarta (INA)
50	CYPRUS (CYP)	ARTYMATA Eleni	50.80		86	04/08/21	5sf1	Tokyo (JPN)
51	ST KITTS & NEVIS (SKN)	PONTEEN Tiandra	50.83		84	11/06/05	2	Sacramento (USA)
52	LITHUANIA (LTU)	ŠERKŠNIENĖ Agnė	50.99		93	01/07/18	3f1	La Chaux-de-Fonds (SUI)
53	GHANA (GHA) *	ADDY Mercy	51.0	h		02/10/89		Accra (GHA)
54	SRI LANKA (SRI)	DHARSHA K.V.Damayanthi	51.05		75	30/08/00	1	Jakarta (INA)
55	KENYA (KEN)	SYOMBUA Hellen	51.09	A	97	22/06/19	1	Nairobi (KEN)
56	SWEDEN (SWE)	HJELMER Moa	51.13		90	29/06/12	1	Helsinki (FIN)
57	SUDAN (SUD)	EL JACK Nawal	51.19		88	15/07/05	1	Marrakech (MAR)
58	KOREA DPR (PRK)	SHIN Keum-Dan	51.2	h	38	21/10/64	1	Pyongyang (PRK)
59	SLOVENIA (SLO)	HORVAT Anita	51.22		96	20/07/18	5	Monaco (MON)
60	HAITI (HAI)	WESH Marlena	51.23	A	91	07/07/12	2	Irapuato (MEX)
61	SAINT VINCENT (VIN)	ALEXANDER Kineke	51.23		86	26/04/14	1r1	San Marcos (USA)
62	SIERRA LEONE (SLE)	BARRIE Maggie	51.36		96	13/05/18	2	Bloomington (USA)
63	MOZAMBIQUE (MOZ)	MUTOLA Maria	51.37		72	02/08/94	8	Monaco (MON)
64	PUERTO RICO (PUR)	RODRIGUEZ Carol	51.39		85	03/05/08	1	Los Angeles (USA)
65	BENIN (BEN)	FERAEZ Fabienne	51.47		76	14/07/06	6r2	Roma (ITA)
66	US VIRGIN ISL. (ISV)	JONES Laverne	51.47		81	21/04/07	2r2	Lawrence (USA)
67	UGANDA (UGA)	SHIDA Leni	51.47		94	26/07/19	1	Kampala (UGA)
68	HUNGARY (HUN) =	PAL Ilona	51.50		54	11/08/80	1	Budapest (HUN)
69	TURKEY (TUR)	SAKA Pinar	51.53		85	30/07/11	1	Ankara (TUR)
70	LIBERIA (LBR)	DAVIS Kia	51.55		76	17/05/08	1	Ponce (PUR)
71	NEW ZEALAND (NZL)	ROBERTSON Kim	51.60		57	19/01/80	1	Christchurch (NZL)
72	BRIT. VIRGIN ISL. (IVB)	KELLY Ashley	51.63		91	08/07/17	1	Miami (USA)
73	NORWAY (NOR)	IUEL Amalie	51.64		94	09/09/21	1	Zürich (SUI)
74	MOROCCO (MAR)	BIDOUANE Nezha	51.67		69	01/09/98	8	Berlin (GER)
75	JAPAN (JPN)	TANNO CHIBA Asami	51.75		85	03/05/08	2r2	Fukuroi (JPN)
76	KIRZIGHISTAN (KGZ)	KULCHUNOVA Maria	51.80		58	24/06/76	5	Kyiv (UKR)
77	VIETNAM (VIE)	NGUYEN Thi Tinh	51.83		82	08/12/03	1	Hanoi (VIE)

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78	TRINIDAD & TOBAGO (TTO)	BELLILLE Janeil	51.83		89	21/06/14	1r2	Port-of-Spain (TTO)
79	SERBIA (SRB)	SALAŠKI Tamara	51.89		88	09/06/16	2	Stara Zagora (BUL)
80	FIJI (FIJ)	BATIMALA Makelesi	51.89		77	26/06/04	1	Brisbane (AUS)
81	ESTONIA (EST)	ULJAS Egle	51.91		84	21/08/04	5h4	Athína (GRE)
82	VENEZUELA (VEN)	SOTO Nercely	51.94		90	26/11/13	1	Trujillo (PER)
83	SLOVAK REPUBLIC (SVK)	CERCHLANOVA Jozefína	51.98		52	27/07/74		Edinburgh (GBR)
84	MOLDAVA (MDA)	COJUHARI Olesea	52.00		92	15/06/12	1	București (ROU)
85	SURINAM (SUR)	VRIESDE Letitia	52.01		64	12/07/97	1	Papendal (NED)
86	IVORY COAST (CIV)	N'DRIN Célestine	52.04		63	24/09/88	4q4	Seoul (KOR)
87	MADAGASCAR (MAD)	RATSIMBAZAFY Ony Paule	52.05		76	19/07/98	1	Paris (FRA)
88	ISRAEL (ISR)	TKACH Anna	52.06		75	24/08/03	5h2	Paris Saint-Denis (FRA)
89	ETHIOPIA (ETH)	MAGISO Fantu	52.09		92	13/05/11	1	Gaborone (BOT)
90	TURKMENISTAN (TKM)	PETROVA Alyona	52.10		79	24/06/01	1	Almaty (KAZ)
91	GEORGIA (GEO)	AZARASHVILI Maja	52.13		64	11/06/88	6r1	Leningrad (RUS)
92	MALI (MLI)	DANTÉ Djénébou	52.16		89	16/07/17	3	Marseille (FRA)
93	CAYMAN ISLANDS (CAY)	MOTHERSILL-MODIBO Cydonie	52.18		78	16/05/09	1	Ponce (PUR)
94	SAINT LUCIA (LCA)	LESFORIS VernetTa	52.21		75	25/06/99	1	Bridgetown (BAR)
95	TUNISIA (TUN)	BEN HASSINE Awatef	52.22		80	08/08/02	3	Tunis (TUN)
96	ANTIGUA (ANT)	CHARLES Afia	52.49		92	12/05/13	1	Houston (USA)
97	ARGENTINA (ARG)	CONTE Olga Beatriz	52.50		66	22/03/97	1h1	Buenos Aires (ARG)
98	TOGO (TOG)	THIEBAUT-KANGNI Sandrine	52.50		76	24/08/03	6h1	Paris Saint-Denis (FRA)
99	TURKS & CAICOS (TKS)	HAYE-SMITH Yanique	52.50		90	10/04/21	2f1	Greensboro (USA)
100	URUGUAY (URU)	RODRIGUEZ Deborah	52.53		92	03/10/14	1	Montevideo (URU)
=	CANADA (CAN)	RICHARDSON Jillian	49.91		65	25/09/88	5s1	Seoul (KOR)
	HUNGARY (HUN)	PETRAHN Barbara	51.50	A	78	13/05/06	3	Xalapa (MEX)
*	GHANA (GHA)	OBENG-AKROFI Akua	51.82		96	25/05/18	4qf1	Tampa (USA)
# Rule 32.2 (A)								
	KENYA (KEN)	ZAKARY Joyce	50.71		86	24/08/15	2h3	Beijing