

National Athletics Records _ Women _ 400H / 31/10/2021

1	UNITED STATES (USA)	McLAUGHLIN Sydney	51.46		99	04/08/21	1f1	Tokyo (JPN)
2	NETHERLANDS (NED)	BOL Femke	52.03		00	04/08/21	3f1	Tokyo (JPN)
3	RUSSIA (RUS)	PECHONKINA Yuliya	52.34		78	08/08/03	1	Tula (RUS)
4	JAMAICA (JAM)	WALKER Melaine	52.42		83	20/08/09	1	Berlin (GER)
5	GREAT BRITAIN & N.I (GBR)	GUNNELL Sally	52.74		66	19/08/93	1	Stuttgart (GER)
6	GREECE (GRE)	HALKIA Faní	52.77		79	22/08/04	1s2	Athína (GRE)
7	CZECH REPUBLIC (CZE)	HEJNOVÁ Zuzana	52.83		86	15/08/13	1	Moskva (RUS)
8	CUBA (CUB)	PERNIA Daimi	52.89		76	25/08/99	1	Sevilla (ESP)
9	MOROCCO (MAR)	BIDOUANE Nezha	52.90		69	25/08/99	2	Sevilla (ESP)
10	UKRAINE (UKR)	RYZHYKOVA Anna	52.96		89	04/07/21	3	Stockholm (SWE)
11	BELARUS (BLR)	LEDOVSKAYA Tatyana	53.11		66	29/08/91	1	Tokyo (JPN)
12	AUSTRALIA (AUS)	FLINTOFF-KING Debbie	53.17		60	28/09/88	1	Seoul (KOR)
13	TRINIDAD & TOBAGO (TTO)	LUCAS Josanne	53.20		84	20/08/09	3	Berlin (GER)
14	FRANCE (FRA)	PEREC Marie-Jose	53.21		68	16/08/95	2	Zürich (SUI)
15	GERMANY (GER)	BUSCH Sabine	53.24		62	21/08/87	1	Potsdam (GER)
16	ROMANIA (ROU)	TIRLEA-MANOLACHE Ionela	53.25		76	07/07/99	2	Roma (ITA)
17	BARBADOS (BAR)	BLACKETT Andrea	53.36		76	25/08/99	4	Sevilla (ESP)
18	DENMARK (DEN)	PETERSEN Sara Slott	53.55		87	18/08/16	2	Río de Janeiro (BRA)
19	BULGARIA (BUL)	STAMBOLOVA Vania	53.68		83	05/06/11	1	Rabat (MAR)
20	SOUTH AFRICA (RSA)	BOTHMA Myrtle	53.74	A	64	18/04/86	1	Johannesburg (RSA)
21	POLAND (POL)	JESIEN Anna	53.86		78	28/08/07	1s3	Osaka (JPN)
22	CHINA (CHN) =	HAN Qing	53.96		70	09/09/93	1	Beijing (CHN)
23	LITHUANIA (LTU)	AMBRAZIENE Anna	54.02		55	11/06/83	1	Moskva (RUS)
24	HUNGARY (HUN)	SZEKERES Judit	54.02	A	66	23/01/98	1	Roodepoort (RSA)
25	SWITZERLAND (SUI)	SPRUNGER Léa	54.06		90	04/10/19	4f1	Doha (QAT)
26	BAHRAIN (BRN)	ADEKOYA Oluwakemi	54.12		93	04/07/15	3	Paris Saint-Denis (FRA)
27	SWEDEN (SWE)	SKOGLUND Ann-Louise	54.15		62	29/08/86	4	Stuttgart (GER)
28	PANAMA (PAN)	WOODRUFF Gianna	54.20		93	21/08/21	3	Eugene (USA)
29	SLOVAK REPUBLIC (SVK)	ZAPLETALOVÁ Emma	54.28		00	10/07/21	1f1	Tallinn (EST)
30	IRELAND (IRL)	SMITH-WALSH Susan	54.31		71	12/08/98	7	Zürich (SUI)
31	CANADA (CAN)	WATSON Sage	54.32		94	02/10/19	2sf1	Doha (QAT)
32	ICELAND (ISL)	ARNARDOTTIR Gudrun	54.37		71	05/08/00	2	London (GBR)
33	NIGERIA (NGR)	ODUMOSU Muizat Ajoke	54.40		87	06/08/12	1sf3	London (GBR)
34	UZBEKISTAN (UZB)	ZUBOVA Tatyana	54.43		58	22/06/84	3	Kyiv (UKR)
35	BELGIUM (BEL)	COUCKUYT Paulien	54.47		97	02/08/21	3sf1	Tokyo (JPN)
36	KAZAKHSTAN (KAZ)	TORSHINA Natalya	54.50		68	27/05/00	1	Vila Real de S. António (POR)
37	ITALY (ITA)	PEDROSO Yadisleidy	54.54		87	18/05/13	3	Shanghai (CHN)

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38	FINLAND (FIN)	HELANDER Tuija	54.62		61	03/09/87	5	Roma (ITA)
39	NORWAY (NOR)	IUEL Amalie Hammild	54.72		94	01/10/19	1h4	Doha (QAT)
40	SENEGAL (SEN)	DIOUF Mame Tacko	54.75		76	16/06/99	3	Athína (GRE)
41	CYPRUS (CYP)	SIALOU Androula	54.76		73	04/07/04	5	Iráklio (GRE)
42	SUDAN (SUD)	JABIR AHMED Mona	54.93		87	22/07/07	1	Alger (ALG)
43	PUERTO RICO (PUR)	HARRISON Yvonne	55.03		75	29/06/03	2	Poznań (POL)
44	TURKEY (TUR)	KARADERE Nagihan	55.09		84	31/07/11	1	Ankara (TUR)
45	MEXICO (MEX)	RODRIGUEZ Zudikey	55.11		87	31/07/18	2	Barranquilla (COL)
46	BRAZIL (BRA)	da SILVA Chayenne	55.15		00	25/06/21	1f1	São Paulo (BRA)
47	SPAIN (ESP)	GALLEGO Sara	55.20		00	10/07/21	2f1	Tallinn (EST)
48	PORTUGAL (POR)	BARBOSA Vera	55.22		89	05/08/12	3h3	London (GBR)
49	VIETNAM (VIE)	QUACH Thi Lan	55.30		95	27/08/18	2	Jakarta (INA)
50	COLOMBIA (COL)	GONZALEZ Melissa	55.32		94	31/07/21	2h1	Tokyo (JPN)
51	JAPAN (JPN)	KUBOKURA Satomi	55.34		82	26/06/11	1r2	Osaka (JPN)
52	INDIA (IND)	USHA Pillavulakandi T.	55.42		64	08/08/84	4	Los Angeles (USA)
53	LATVIA (LAT)	JEKABSONE Lana	55.46		74	09/06/96	1	Tallinn (EST)
54	BURKINA FASO (BUR)	SOULAMA Aïssata	55.49		79	22/07/07	2	Alger (ALG)
55	LIBERIA (LBR)	LUOGON Kou	55.55		84	01/05/09	3	Baie Mahault (FRA)
56	TURKS & CAICOS (TKS)	HAYE-SMITH Yanique	55.58		90	08/06/19	2f1	Montverde (USA)
57	BAHAMAS (BAH)	SEYMOUR Katrina	55.69		93	10/04/18	5h1	Gold Coast (AUS)
58	CHINESE TAIPEI (TPE)	HSU Pei-Ching	55.71		73	17/12/98	2	Bangkok (THA)
59	KENYA (KEN)	KOKI Francisca	55.82	A	92	11/07/15	1	Nairobi (KEN)
60	NEW ZEALAND (NZL)	BING Portia	55.86		93	07/04/19		Sydney (AUS)
61	ARGENTINA (ARG)	CHIAPPE Fiorella	55.88		96	08/07/18	2	Bruxelles (BEL)
62	SLOVENIA (SLO)	ZUPIN Agata	55.96		98	23/07/17	2	Grosseto (ITA)
63	MALAYSIA (MAS)	MOHD KHALID Noraseela	56.02		79	17/06/06	1	Regensburg (GER)
64	CAMEROON (CMR)	KABOUD MEBAM Carole	56.03		78	05/07/08	2r1	Chambéry (FRA)
65	ISRAEL (ISR)	LENSKIY Irina	56.09		71	18/06/00	2	Kyiv (UKR)
66	MOLDAVA (MDA)	DUDINA Natalya	56.11		66	05/07/88	4	Tallinn (EST)
67	KIRZIGHISTAN (KGZ)	PEDAN Galina	56.16		83	15/07/04	2	Almaty (KAZ)
68	COSTA RICA (CRC)	SCOTT Sharolyn	56.19		83	28/05/12	1r2	Rehlingen (GER)
69	THAILAND (THA)	WATANASIN Reawadee	56.25		67	14/10/94	4	Hiroshima (JPN)
70	CROATIA (CRO)	HORVAT Nikolina	56.28		86	05/07/08	1	Villach (AUT)
71	URUGUAY (URU)	RODRIGUEZ Deborah	56.30		92	23/08/15	6h3	Beijing (CHN)
72	ST KITTS & NEVIS (SKN)	RICHARDS Reandra	56.31		99	24/05/19	1qf2	Jacksonville (USA)
73	IVORY COAST (CIV)	WOMPLOU Marie	56.39		69	12/07/94	3	Bondoufle (FRA)
74	SRI LANKA (SRI)	MERRILL Christine Sonali	56.45		87	08/06/13	2	Chula Vista (USA)
75	ALBANIA (ALB)	SHALA Klodiana	56.48		79	29/06/05	3h1	Almería (ESP)
76	MADAGASCAR (MAD)	RAZAIARIMALALA Cendrino	56.49		78	01/07/01	2r1	Saint-Étienne (FRA)
77	ECUADOR (ECU)	JARAMILLO Lucy	56.50		83	23/06/12	1r1	Cali (COL)

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78	ESTONIA (EST)	MÄGI Maris	56.56		87	28/07/13	1	Tallinn (EST)
79	VENEZUELA (VEN)	MENDOZA Magdalena	56.65		90	13/06/15	2	Lima (PER)
80	ALGERIA (ALG)	MOUSSA Houria	56.66		82	22/06/06	1	El-Djezair (ALG)
81	BENIN (BEN)	AYEDOU Bimbo Miel	56.66		91	24/07/11	1	Ouagadougou (BUR)
82	AUSTRIA (AUT)	HAAS Gerda	56.86		65	27/06/87		Athína (GRE)
83	HAITI (HAI)	GELIBERT Jessica	56.87		94	29/05/14	1h4	Jacksonville (USA)
84	SYRIA (SYR)	MOHAMMAD Ghofrane	56.89		89	05/07/16	2	Almaty (KAZ)
85	UGANDA (UGA)	KYALISIMA Ruth	57.02		55	06/08/84		Los Angeles (USA)
86	DOMINICAN REP (DOM)	OSANA Yolanda	57.08	A	87	26/10/11	1	Guadalajara (MEX)
87	BRIT. VIRGIN ISL. (IVB)	WARNER Lakeisha	57.21		97	24/05/19	5qf3	Jacksonville (USA)
88	GAMBIA (GAM)	CEESAY Nusrat	57.24		81	20/04/12		Azusa (USA)
89	SIERRA LEONE (SLE)	NAIBE-WEY Aisha	57.25		93	15/06/18	1f2	Ried im Innkreis (AUT)
90	KOREA (SOUTH) (KOR)	JO Eun-Ju	57.34		89	03/05/13	1h1	Ansan (KOR)
91	MACEDONIA (MKD)	ISLAMI Drita	57.53		96	19/06/21	1f2	Limassol (CYP)
92	US VIRGIN ISL. (ISV)	HYACINTH Flora	57.55		66	30/06/86		Santiago (DOM)
93	SERBIA (SRB)	ANDRIC Mila	57.55		90	26/07/09	2	Novi Sad (SRB)
94	PHILIPPINES (PHI)	MUROS Elma	57.57		67	04/08/91		Singapore (SGP)
95	ETHIOPIA (ETH)	MARIAM Zewde Haile	57.60	A		08/08/87		Nairobi (KEN)
96	CHILE (CHI)	ERRAZURIZ Javiera	57.68		90	22/02/14	1	Santiago de Chile (CHI)
97	TUNISIA (TUN)	KEBAOUI Hend	57.69		69	28/07/95		Lindau (GER)
98	BOTSWANA (BOT)	BABOLAYI Oarabile	57.96		92	30/08/19	5	Rabat (MAR)
99	COMOROS (COM)	DJAMALIDINE Salhate	57.97		78	25/07/03	6r1	Narbonne (FRA)
100	ARMENIA (ARM)	SHAROYAN Amaliya	57.97		88	12/08/13	7h2	Moskva (RUS)
=	CHINA (CHN)	SONG Yinglan	53,96		75	22/11/01	1	Guangzhou (CHN)