

### National Athletics Records \_ Top 100, Men \_ 5000m / 31/10/2021

1	UGANDA (UGA)	CHEPTEGEI Joshua	12:35,36	96	14/08/20	1	Monaco (MON)
2	ETHIOPIA (ETH)	BEKELE Kenenisa	12:37,35	82	31/05/04	1	Hengelo (NED)
3	KENYA (KEN)	KOMEN Daniel	12:39,74	76	22/08/97	1	Bruxelles (BEL)
4	CANADA (CAN)	AHMED Mohammed	12:47,20	91	10/07/20	1	Portland (USA)
5	NORWAY (NOR)	INGEBRIGTSEN Jakob	12:48,45	00	10/06/21	1	Firenze (ITA)
6	MOROCCO (MAR)	LAHLAFI Brahim	12:49,28	68	25/08/00	1	Bruxelles (BEL)
7	BELGIUM (BEL)	MOURHIT Mohammed	12:49,71	70	25/08/00	2	Bruxelles (BEL)
8	SPAIN (ESP)	KATIR Mohamed	12:50,79	98	10/06/21	4	Firenze (ITA)
9	ALGERIA (ALG)	SAIDI-SIEF Ali	12:50,86	78	30/06/00	1	Roma (ITA)
10	BAHRAIN (BRN)	ROP Albert	12:51,96	92	19/07/13	2	Monaco (MON)
11	QATAR (QAT)	SHAHEEN Saif Saeed	12:51,98	82	14/07/06	2	Roma (ITA)
12	GREAT BRITAIN & N.I (GBR)	FARAH Mohamed	12:53,11	83	22/07/11	1	Monaco (MON)
13	UNITED STATES (USA)	LAGAT Bernard	12:53,60	74	22/07/11	2	Monaco (MON)
14	GERMANY (GER)	BAUMANN Dieter	12:54,70	65	13/08/97	5	Zürich (SUI)
15	AUSTRALIA (AUS)	MOTTRAM Craig	12:55,76	80	30/07/04	2	London (GBR)
16	SAUDI ARABIA (KSA)	AL-OUTAIBI Moukheld	12:58,58	80	23/07/05	1r1	Heusden-Zolder (BEL)
17	FRANCE (FRA)	SGHYR Ismail	12:58,83	72	28/07/00	7	Oslo (NOR)
18	ERITREA (ERI)	TADESSE Zersenay	12:59,27	82	14/07/06	9	Roma (ITA)
19	TURKEY (TUR)	KAYA Ali	13:00,31	94	04/06/15	7	Roma (ITA)
20	ITALY (ITA)	CRIPPA Yemaneberhan	13:02,26	96	08/09/20	3	Ostrava (CZE)
21	PORTUGAL (POR)	PINTO Antonio	13:02,86	66	12/08/98	9	Zürich (SUI)
22	BURUNDI (BDI)	NIYONGABO Vénuste	13:03,29	73	03/06/96	1	Paris Saint-Denis (FRA)
23	IRELAND (IRL)	CRAGG Alistair Ian	13:03,53	80	16/09/11	5	Bruxelles (BEL)
24	TANZANIA (TAN)	YUDA John	13:03,62	79	12/07/02	6	Roma (ITA)
25	SOUTH AFRICA (RSA)	GELANT Elroy	13:04,88	86	22/05/16	4	Hengelo (NED)
26	SWITZERLAND (SUI)	RYFFEL Markus	13:07,54	55	11/08/84	2	Los Angeles (USA)
27	MEXICO (MEX)	BARRIOS Arturo	13:07,79	63	14/07/89	1	London (GBR)
28	JAPAN (JPN)	OSAKO Suguru	13:08,40	91	18/07/15	6r1	Heusden-Zolder (BEL)
29	AZERBAIJAN (AZE)	IBRAHIMOV Hayle	13:09,17	90	28/08/14	5	Zürich (SUI)
30	GUATEMALA (GUA)	GRIJALVA Luis	13:10,09	99	06/08/21	12	Tokyo (JPN)
31	NEW ZEALAND (NZL)	BLINCOE Adrian	13:10,19	79	20/07/08	11r1	Heusden-Zolder (BEL)
32	UKRAINE (UKR)	LEBID Sergiy	13:10,78	75	06/09/02	3	Berlin (GER)
33	RWANDA (RWA)	NTAWULIKURA Mathias	13:11,29	64	09/06/92	7	Roma (ITA)
34	RUSSIA (RUS)	NIKITIN Vladimir	13:11,95	92	24/07/21	1	Dolgoprudny (RUS)
35	NETHERLANDS (NED) =	MAASE Kamiel	13:13,06	71	06/09/02	10	Berlin (GER)
36	BULGARIA (BUL)	IGNATOV Evgeni	13:13,15	59	31/08/86	4	Stuttgart (GER)
37	AUSTRIA (AUT)	WEIDLINGER Günther	13:13,44	78	22/07/05	5	London (GBR)

38	DJIBOUTI (DJI)	DIRIEH Djamal Abdi	13:13,45	97	22/07/17	8	Heusden-Zolder (BEL)
39	TUNISIA (TUN)	BACCOUCHE Fethi	13:13,94	60	04/07/87	5	Oslo (NOR)
40	ZIMBABWE (ZIM)	HANNECK Phillimon	13:14,50	71	08/06/94	2	Roma (ITA)
41	ROMANIA (ROU)	FLOROIU Ilie	13:15,0	52	23/07/78	1	București (ROU)
42	FINLAND (FIN)	VIREN Lasse	13:16,3	49	14/09/72	1	Helsinki (FIN)
43	ESTONIA (EST)	SELLIK Enn	13:17,2	54	28/06/76	1	Podolsk (RUS)
44	SWEDEN (SWE)	GÄRDERUD Anders	13:17,59	46	05/07/76	4	Stockholm (SWE)
45	BELARUS (BLR)	FEDOTKIN Aleksandr	13:17,66	55	10/07/79	1	Budapest (HUN)
46	POLAND (POL)	MALINOWSKI Bronislaw	13:17,69	51	05/07/76	5	Stockholm (SWE)
47	LITHUANIA (LTU)	ANTIPOV Aleksandr	13:17,9	55	08/06/79	2r1	Sochi (RUS)
48	SLOVAK REPUBLIC (SVK)	STEFKO Robert	13:19,40	68	01/07/95	8	Paris Saint-Denis (FRA)
49	BRAZIL (BRA)	dos SANTOS Marilson	13:19,43	77	08/06/06	3	Kassel (GER)
50	ARGENTINA (ARG)	SILIO Antonio	13:19,64	66	17/07/91	8	Roma (ITA)
51	JAMAICA (JAM)	CAMPBELL Kemoy	13:20,39	91	02/05/15	7r1	Palo Alto (USA)
52	COLOMBIA (COL)	GIRALDO VILLA Gerarld	13:21,31	89	02/05/19	8f1	Palo Alto (USA)
53	LESOTHO (LES)	NKHASI Namakoe	13:21,68	94	26/06/16	6	Durban (RSA)
54	VENEZUELA (VEN)	GONZALEZ Freddy	13:22,30	77	03/07/04	8	San Sebastián (ESP)
55	PERU (PER)	TORRENCE David	13:23,20	85	17/08/16	10h2	Río de Janeiro (BRA)
56	CHILE (CHI)	DIAZ Mauricio	13:23,68	68	14/07/01	13r1	Heusden-Zolder (BEL)
57	ECUADOR (ECU)	PIEDRA Bayron	13:23,72	82	22/07/12	4	Ninove (BEL)
58	CZECH REPUBLIC (CZE)	SYKORA Jiri	13:24,99	54	01/08/80	9	Moskva (RUS)
59	CHINA (CHN)	XIA Fengyuan	13:25,14	75	23/10/97	1	Shanghai (CHN)
60	ZAMBIA (ZAM)	MUTANYA Obed	13:25,25	81	18/08/01	8	San Sebastián (ESP)
61	DENMARK (DEN)	JENSEN Dennis	13:25,39	69	05/08/00	11r1	Heusden-Zolder (BEL)
62	SERBIA (SRB)	BIBIC Elzan	13:26,56	99	08/09/20	8	Ostrava (CZE)
63	HUNGARY (HUN)	CSILLAG Balazs	13:26,96	79	20/07/02	10	Heusden-Zolder (BEL)
64	SUDAN (SUD)	YAGOUB Mohamed	13:27,09	77	23/06/01	2	Solihull (GBR)
65	GREECE (GRE)	PAPOULIAS Panayiótis	13:28,59	69	11/06/95	1	Turku (FIN)
66	MALTA (MLT)	GUSMAN Jordan	13:29,17	94	03/07/21	5f1	Heusden-Zolder (BEL)
67	BOTSWANA (BOT)	MOTSHWARATEU Matthews	13:29,6	58	14/04/78	1	Stellenbosch (RSA)
68	INDIA (IND)	PRASAD Bahadur	13:29,70	65	27/06/92	2	Birmingham (GBR)
69	GEORGIA (GEO)	STRIZHAKOV Oleg	13:30,88	63	23/06/84		Kyiv (UKR)
70	ISRAEL (ISR)	YOSSEF Gezachw	13:31,45	75	18/07/09	12r2	Heusden-Zolder (BEL)
71	PUERTO RICO (PUR)	ROSA Joe	13:31,69	93	13/06/14	7	Eugene (USA)
72	SOMALIA (SOM)	MOHAMED Ali Mohamed	13:32,39	89	01/08/15	9r1	Ninove (BEL)
73	SLOVENIA (SLO)	SVET Peter	13:32,8	49	12/06/74	7	Berlin (GER)
74	PALESTINE (PLE)	BAKET Mohamed	13:33,41	68	19/07/97	14	Hechtel (BEL)
75	LATVIA (LAT)	GRUSTINS Juris	13:34,2	47	19/07/71	3	Moskva (RUS)
76	KIRZIGHISTAN (KGZ)	MOTSCHALOV Vadim	13:34,2	47	13/05/76	5r1	Sochi (RUS)
77	CYPRUS (CYP)	FILIPPOU Filippos	13:34,29	56	27/08/83	1	Riccione (ITA)

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78	LIBYA (LBA)	EL-ZAIDI Ali Mabruk	13:34,99	74	05/08/00	19r1	Heusden-Zolder (BEL)
79	KAZAKHSTAN (KAZ)	NAVOLOKIN Sergey	13:35,64	59	22/08/82	5	Podolsk (RUS)
80	DOMINICA (DMA)	AGAR Stephen	13:35,86	68	18/04/98	6	Walnut (USA)
81	CROATIA (CRO)	BALGAC Dalibor	13:37,76	77	17/04/03	10r2	Walnut (USA)
82	LUXEMBURG (LUX)	GLODEN Justin	13:38,51	53	03/06/83	6	Leuven (BEL)
83	ANGOLA (ANG)	MITI Aurelio	13:40,12		11/08/95	10h2	Göteborg (SWE)
84	UZBEKISTAN (UZB)	NORMURADOV Ashur	13:41,0	47	19/08/75	4	Podolsk (RUS)
85	ICELAND (ISL)	ANDRÉSSON Hlynur	13:41,06	93	17/07/21	6f1	Ninove (BEL)
86	THAILAND (THA)	TUNTIVATE Kieran	13:42,75	97	29/05/21	4f2	Portland (USA)
87	KOREA (SOUTH) (KOR)	BAEK Seung-Ho	13:42,98	90	17/07/10	5	Abashiri (JPN)
88	SWAZILAND (SWZ)	DLAMINI Sipho	13:43,52		23/04/94	1	Durban (RSA)
89	CUBA (CUB)	MEDINA Luis	13:44,8	52	21/06/77	2	Praha (CZE)
90	COSTA RICA (CRC)	QUIROS Eric	13:44,99	73	27/05/00		Victoria (CAN)
91	IRAN (IRI)	ABOOTORABI Mohammad Reza	13:45,44	89	03/07/21	2f2	Heusden-Zolder (BEL)
92	NAMIBIA (NAM)	SWARTBOOI Lucketz	13:46,91		12/03/94	1	Fullerton (USA)
93	MOLDAVA (MDA)	BRASLAVSCHII Igor	13:47,6	59	25/05/83		Chişinău (MDA)
94	URUGUAY (URU)	GARCÍA Néstor	13:47,6	75	09/05/99	1	Montevideo (URU)
95	DEMOC. REP. OF CONGO (COD)	TAMBWÉ Patrick	13:49,69	75	12/07/01		Sotteville-lès-Rouen (FRA)
96	UN ARAB EMIRATES (UAE)	AMER Mohamed Ahmed	13:49,74	67	04/12/93	3	Manila (PHI)
97	ARMENIA (ARM)	MIKOYAN Artashes	13:53,0	50	30/05/76		München (GER)
98	PARAGUAY (PAR)	AYALA Derlis	13:53,20	90	20/04/18	23	Torrance (USA)
99	KOREA DPR (PRK)	HYON Ryu Ok	13:53,9	65	13/05/87	1	Pyongyang (PRK)
100	CHINESE TAIPEI (TPE)	WU Wen-Chien	13:54,42	77	10/10/02	6	Busan (KOR)
=	NETHERLANDS (NED)	FOPPEN Mike	13:13,06	96	14/08/20	4	Monaco (MON)