

National Athletics Records _ Women _ 5000m / 30/09/2021

1	ETHIOPIA (ETH)	GIDEY Letesenbet	14:06,62	98	07/10/20	1	Valencia (ESP)
2	KENYA (KEN)	OBIRI Hellen Onsando	14:18,37	89	08/06/17	1	Roma (ITA)
3	NETHERLANDS (NED)	HASSAN Sifan	14:22,12	93	21/07/19	3	London (GBR)
4	RUSSIA (RUS)	SHOBUKHOVA Liliya	14:23,75	77	19/07/08	1	Kazan (RUS)
5	UNITED STATES (USA)	HOULIHAN Shelby	14:23,92	93	10/07/20	1	Portland (USA)
6	TURKEY (TUR)	ABEYLEGESSE Elvan	14:24,68	82	11/06/04	1	Bergen (NOR)
7	BURUNDI (BDI)	NIYONSABA Francine	14:25,34	93	03/09/21	1	Bruxelles (BEL)
8	GERMANY (GER)	KLOSTERHALFEN Konstanze	14:26,76	97	03/08/19	1	Berlin (GER)
9	CHINA (CHN)	JIANG Bo	14:28,09	77	23/10/97	1	Shanghai (CHN)
10	GREAT BRITAIN & N.I (GBR)	McCOLGAN Eilish	14:28,55	90	01/07/21	4	Oslo (NOR)
11	ROMANIA (ROU)	SZABO Gabriela	14:31,48	75	01/09/98	1	Berlin (GER)
12	MOROCCO (MAR)	OUAZIZ Zahra	14:32,08	69	01/09/98	2	Berlin (GER)
13	PORTUGAL (POR)	RIBEIRO Fernanda	14:36,45	69	22/07/95	1	Hechtel (BEL)
14	NORWAY (NOR)	KRISTIANSEN Ingrid	14:37,33	56	05/08/86	1	Stockholm (SWE)
15	IRELAND (IRL)	O'SULLIVAN Sonia	14:41,02	69	25/09/00	2	Sydney (AUS)
16	AUSTRALIA (AUS)	HULL Jessica	14:43,80	96	14/08/20	4	Monaco (MON)
17	TANZANIA (TAN)	MRISHO Zakia	14:43,87	84	13/08/05	6	Helsinki (FIN)
18	FRANCE (FRA)	MAURY Margaret	14:43,90	74	03/09/04	2	Bruxelles (BEL)
19	SOUTH AFRICA (RSA)	MEYER Elana	14:44,05	66	22/07/95	2	Hechtel (BEL)
20	CANADA (CAN)	DEBUES-STAFFORD Gabriela	14:44,12	95	06/09/19	7	Bruxelles (BEL)
21	ITALY (ITA)	BRUNET Roberta	14:44,50	65	16/08/96	2	Köln (GER)
22	SPAIN (ESP)	VAQUERO Julia	14:44,95	70	05/07/96	3	Oslo (NOR)
23	NEW ZEALAND (NZL)	SMITH Kimberley	14:45,93	81	11/07/08	4	Roma (ITA)
24	LATVIA (LAT)	PROKOPCUKA Jelena	14:47,71	76	01/08/00	5	Stockholm (SWE)
25	BELARUS (BLR)	KRAVTSOVA Olga	14:47,75	81	13/08/05	10	Helsinki (FIN)
26	SWEDEN (SWE)	BAHTA Meraf	14:49,95	89	22/05/16	7	Rabat (MAR)
27	BAHRAIN (BRN)	JAMAL Maryam Yusuf	14:51,68	84	29/05/05	2	Hengelo (NED)
28	JAPAN (JPN)	HIRONAKA Ririka	14:52,84	00	02/08/21	9f1	Tokyo (JPN)
29	ISRAEL (ISR)	TEFERI Selamawit	14:53,43	94	30/07/21	8h1	Tokyo (JPN)
30	ERITREA (ERI)	DANIEL Rahel	14:55,56	01	08/06/21	9	Hengelo (NED)
31	FINLAND (FIN)	SANDELL Annemari	14:56,22	77	08/07/96	4	Stockholm (SWE)
32	BULGARIA (BUL)	YORDANOVA Daniela	14:56,95	76	25/09/00	10	Sydney (AUS)
33	UKRAINE (UKR)	BERKUT Natalya	14:59,26	75	12/06/04	1	Moskva (RUS)
34	SWITZERLAND (SUI)	WEYERMANN Anita	14:59,28	77	05/06/96	5	Roma (ITA)
35	MEXICO (MEX)	GALVÁN RODRÍGUEZ Laura Esther	15:00,16	91	30/07/21	11h1	Tokyo (JPN)
36	KIRZIGHISTAN (KGZ)	MASLOVA Daria	15:00,42	95	18/05/17	3	Baku (AZE)
37	UN ARAB EMIRATES (UAE)	MOHAMMED Alia Saeed	15:00,45	91	18/05/17	4	Baku (AZE)

38	UGANDA (UGA)	CHELANGAT Sarah	15:00,61	01	15/06/19	2	Nijmegen (NED)
39	HUNGARY (HUN)	SZENTGYÖRGYI Katalin	15:02,00	79	02/06/02	2	Hengelo (NED)
40	MOLDAVA (MDA)	GUSKOVA Svetlana	15:02,12	59	21/06/86	1	Tallinn (EST)
41	GREECE (GRE)	PROTOPAPPA María	15:04,03	73	25/08/06	14	Bruxelles (BEL)
42	POLAND (POL)	CHOJECKA Lidia	15:04,88	77	06/09/02	11	Berlin (GER)
43	UZBEKISTAN (UZB)	ULMASOVA Svetlana	15:05,50	53	08/07/86	2	Moskva (RUS)
44	ALGERIA (ALG)	AÏT SALEM Souad	15:07,49	79	08/07/06	12	Paris Saint-Denis (FRA)
45	JAMAICA (JAM)	PRAUGHT-LEER Aisha	15:07,50	89	16/05/19	2	Eagle Rock (USA)
46	DENMARK (DEN)	MØLLER Anna Emilie	15:07,70	97	14/07/19	1	Gävle (SWE)
47	BELGIUM (BEL)	BELETE Almensch	15:10,24	89	07/08/12	11h2	London (GBR)
48	AUSTRIA (AUT)	PUMPER Susanne	15:10,54	70	22/07/01	6	London (GBR)
49	SERBIA (SRB)	JEVTIC Olivera	15:11,25	77	22/09/00	6h3	Sydney (AUS)
50	NAMIBIA (NAM)	JOHANNES Helalia	15:14,23	80	24/10/19	1	Wuhan (CHN)
51	SLOVENIA (SLO)	JAVORNIK Helena	15:15,40	66	07/08/99	3	Hechtel (BEL)
52	INDIA (IND)	SREEDHARAN Preeja	15:15,89	82	26/11/10	2	Guangzhou (CHN)
53	KAZAKHSTAN (KAZ)	SOROKIVSKAYA Natalya	15:16,83	62	05/09/88	2	Moskva (RUS)
54	BRAZIL (BRA)	da SILVA Simone	15:18,85	84	20/05/11	1	São Paulo (BRA)
55	VENEZUELA (VEN)	BREA Joselyn Daniely	15:21,41	94	15/04/21	1	Barinas (VEN)
56	COLOMBIA (COL)	CONEO Muriel	15:26,18	87	10/08/17	13h2	London (GBR)
57	LITHUANIA (LTU)	JUODEŠKIENE Inga	15:28,66	71	05/08/00	11	Heusden-Zolder (BEL)
58	AZERBAIJAN (AZE)	ABDULLAYEVA Layes	15:29,47	91	17/07/11	1	Ostrava (CZE)
59	PERU (PER)	MELCHOR Inès	15:30,63	86	28/11/13		Trujillo (PER)
60	ESTONIA (EST)	KUKK Ille	15:30,84	57	01/08/85	7	Leningrad (RUS)
61	CZECH REPUBLIC (CZE)	MÄKI Kristiina	15:31,15	91	23/06/16	1	Sligo (IRL)
62	GEORGIA (GEO)	ZHANDAROVA Valeriya	15:33,10	94	21/06/19	5	Carquefou (FRA)
63	ARGENTINA (ARG)	BORELLI Florencia	15:33,71	92	15/05/21	1	Mar del Plata (ARG)
64	KOREA (SOUTH) (KOR)	KIM Doyeon	15:34,17	93	13/07/17	11r1	Abashiri (JPN)
65	RWANDA (RWA)	NYIRARUKUNDO Salome	15:34,91	97	02/06/17	5	Nijmegen (NED)
66	CUBA (CUB)	CENTENO Yesenia	15:34,94	71	07/06/03	7	Sevilla (ESP)
67	MALAWI (MAW)	CHIKWAKWA Agnes Catherine	15:36,22	85	13/07/04	2	Grosseto (ITA)
68	ALBANIA (ALB)	GEGA Luiza	15:36,62	88	11/08/19	1	Skopje (MKD)
69	KOREA DPR (PRK)	HAM Bong-Sil	15:37,5	74	30/04/02	1	Pyongyang (PRK)
70	ZIMBABWE (ZIM)	MOYO Samukeliso	15:40,43	74	08/03/00	5	Adelaide (AUS)
71	LUXEMBURG (LUX)	KABER Danièle	15:42,38	60	05/09/86	6	Bruxelles (BEL)
72	SLOVAK REPUBLIC (SVK)	MOCÁRIOVÁ Alena	15:43,67	64	21/06/88	2	Grudziadz (POL)
73	CROATIA (CRO)	BJELJAC Bojana	15:43,73	89	29/05/19	2	Regensburg (GER)
74	HONG KONG (HKG)	MAN YEE Chan-Ropper	15:45,87	75	03/05/02	3	Stanford (USA)
75	PUERTO RICO (PUR)	RAMOS Beverly	15:46,65	87	04/04/14	13r1	Palo Alto (USA)
76	ZAMBIA (ZAM)	KAUMBA Miriam	15:47,58	83	01/05/05	4r2	Stanford (USA)
77	NIGERIA (NGR)	OLOWORA Aminat	15:47,6	94	23/06/16	10	Portland (USA)

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78	ECUADOR (ECU)	CALLE María-Elena	15:49,33	89	14/06/15	1	Lima (PER)
79	CHILE (CHI)	OLIVERA Erika	15:51,45	76	21/05/00	5	Río de Janeiro (BRA)
80	BOSNIA-HERZEGOVINA (BIH)	BURIC-ADAM Mirsada	15:53,45		14/04/95		Walnut (USA)
81	INDONESIA (INA)	TRIYANNIGISH	15:54,32		08/12/07	1	Nakhon Ratchasima (THA)
82	ICELAND (ISL)	ERNSTSDOTTIR Martha	15:55,91	64	30/07/94		Hechtel (BEL)
83	DJIBOUTI (DJI)	AHMED Habon	15:57,06	01	08/06/21	15	Hengelo (NED)
84	TUNISIA (TUN)	BOUGUERRA Soulef	15:59,98	77	12/07/03	1	Radès (MAR)
85	SUDAN (SUD)	ROKO MUSA Hind	16:01,25	86	24/06/04	3	El-Djezair (ALG)
86	ANGOLA (ANG)	PAULINO Ernestino	16:02,0	84	03/08/08		Luanda (ANG)
87	MYANMAR (MYA)	PHYU War Thet	16:06,01	85	17/12/13		Naypyidaw (MYA)
88	CYPRUS (CYP)	PANAGIOTOU Meropi	16:09,90	94	27/06/21	4	Smederevo (SRB)
89	CHINESE TAIPEI (TPE)	HSIEH Chien-Ho	16:10,20	87	02/06/19		Yokohama (JPN)
90	MONGOLIA (MGL)	MUNKHZAYA Bayartsogt	16:11,10	93	02/10/14	13	Incheon (KOR)
91	VIETNAM (VIE)	DOAN Nu Truc Van	16:12,73	82	10/12/03		Hanoi (VIE)
92	BOLIVIA (BOL)	MANCILLA Niusha	16:13,14	96	30/05/21	5	Guayaquil (ECU)
93	PARAGUAY (PAR)	MARTINEZ Carmen Patricia	16:13,28	82	03/08/14	6	São Paulo (BRA)
94	SRI LANKA (SRI)	WIJAYARATNE Hiruni Kesara	16:17,51	90	15/08/20	15	Nashville (USA)
95	MALAYSIA (MAS)	YUAN Yu Fang	16:18,12	76	13/10/97		Jakarta (INA)
96	PALESTINE (PLE)	AL-SAYAD Mayada	16:18,34	92	29/04/17	6	Berlin (GER)
97	TRINIDAD & TOBAGO (TTO)	NERO Tonya	16:19,17	88	16/04/11	1	Wichita (USA)
98	MADAGASCAR (MAD)	RASOARIZAY Clarisse	16:20,30	71	13/08/98	2	Saint-Paul/Réunion (FRA)
99	DOMINICAN REP (DOM)	MANCEBO María	16:22,28	93	11/04/14	1	Ponce (PUR)
100	BOTSWANA (BOT)	DINTWE Oneile	16:24,10	85	06/02/09	4	Durban (RSA)