

### National Athletics Records \_ Top 100, Women \_ Discus / 31/10/2021

1	GERMANY (GER)	REINSCH Gabriele	76.80	63	09/07/88	1	Neubrandenburg (GER)
2	CZECH REPUBLIC (CZE)	SILHAVÁ Zdenka	74.56	54	26/08/84	1	Nitra (SVK)
3	ROMANIA (ROU)	COSTIAN Daniela	73.84	65	30/04/88	1	Bucureşti (ROU)
4	RUSSIA (RUS)	SAVINKOVA Galina	73.28	53	08/09/84	1	Donetsk (UKR)
5	BULGARIA (BUL)	KHRISTOVA Tsvetanka	73.22	62	19/04/87	1	Kazanlak (BUL)
6	LITHUANIA (LTU)	MURASHOVA Galina	72.14	55	17/08/84	2	Praha (CZE)
7	CHINA (CHN)	XIAO Yanling	71.68	68	14/03/92	1	Beijing (CHN)
8	BELARUS (BLR)	ZVEREVA Ellina	71.58	60	12/06/88	1	Leningrad (RUS)
9	CROATIA (CRO)	PERKOVIC Sandra	71.41	90	18/07/17	1	Bellinzona (SUI)
10	UNITED STATES (USA)	ALLMAN Valarie	71.16	95	12/09/21	1	Berlin (GER)
11	CUBA (CUB)	RAMOS Hilda Elisa	70.88	64	08/05/92	1	La Habana (CUB)
12	UKRAINE (UKR)	MIKHALCHENKO Larisa	70.80	63	18/06/88	1	Kharkov (UKR)
13	NETHERLANDS (NED) #	van KLINKEN Jorinde	70.22	00	22/05/21	1	Tucson (USA)
14	NORWAY (NOR)	BERGMANN Mette	69.68	62	27/05/95	1	Florø (NOR)
15	AUSTRALIA (AUS)	STEVENS Dani	69.64	88	13/08/17	2	London (GBR)
16	ARMENIA (ARM)	MELNIK Faina	69.48	45	07/09/73	1	Edinburgh (GBR)
17	NEW ZEALAND (NZL)	FAUMUINA Beatrice	68.52	74	04/07/97	1	Oslo (NOR)
18	KAZAKHSTAN (KAZ)	LESOVAYA Tatyana	68.18	56	23/09/82	1	Almaty (KAZ)
19	GREECE (GRE)	VOGGOLI Ekaterini	67.72	70	10/06/04	1	Athína (GRE)
20	GREAT BRITAIN & N.I (GBR)	RITCHIE Meg	67.48	52	26/04/81	1	Walnut (USA)
21	JAMAICA (JAM)	LAWRENCE Shadae	67.05	95	22/05/21	2	Tucson (USA)
22	FINLAND (FIN)	LUNDHOLM Ulla	67.02	57	23/08/83	1	Helsinki (FIN)
23	FRANCE (FRA)	ROBERT-MICHON Mélina	66.73	79	16/08/16	2	Río de Janeiro (BRA)
24	INDIA (IND)	KAUR Kamalpreet	66.59	96	21/06/21	1	Patiala (IND)
25	HUNGARY (HUN)	BACSKAI Marta	66.48	60	11/08/86	3	Budapest (HUN)
26	PORTUGAL (POR)	CÁ Liliana	66.40	86	06/03/21	1	Leiria (POR)
27	POLAND (POL)	KATEWICZ Renata	66.18	65	07/08/88	1	Łódź (POL)
28	BRAZIL (BRA)	de MORAIS Andressa	65.98	90	06/08/19	2	Lima (PER)
29	TADJIKISTAN (TJK)	STYEPUSHINA Valentina	65.38	50	23/06/76	Q	Kyiv (UKR)
30	LATVIA (LAT)	LANGE Malda	65.06	61	11/09/88	1	Valmiera (LAT)
31	ESTONIA (EST)	KUBI Elju	65.00	51	26/08/87	1	Tallinn (EST)
32	SOUTH AFRICA (RSA)	NAUDE Elizna	64.87	78	02/03/07	1	Stellenbosch (RSA)
33	SWEDEN (SWE)	SÖDERBERG Anna	64.54	73	31/07/99	1	Aremark (NOR)
34	MOLDAVA (MDA)	EMILIANOV Alexandra	64.40	99	28/06/21	1	Kiev (UKR)
35	TURKEY (TUR)	ANDRSINA Oksana	64.25	73	30/05/99	2	Krasnodar (RUS)
36	GEORGIA (GEO)	LABADZE Natalya	64.20	55	06/09/80	1	Dnepropetrovsk (UKR)
37	AZERBAIJAN (AZE)	KOSHKARYOVA Galina	64.06	61	31/05/83	1	Tbilisi (GEO)

38	SLOVAK REPUBLIC (SVK)	HANULAKOVA Gabriela	64.00	57	26/08/84	4	Nitra (SVK)
39	ITALY (ITA) =	MAFFEIS Agnese	63.66	65	12/06/96	1	Milano (ITA)
40	SERBIA (SRB)	TOMASEVIC Dragana	63.63	82	08/08/06	Q	Göteborg (SWE)
41	NIGERIA (NGR)	ONYEKWERE Chioma	63.30	94	24/04/21	1	Chula Vista (USA)
42	AUSTRIA (AUT)	WEBER Ursula	63.28	60	03/06/90	2	Schwechat (AUT)
43	ARGENTINA (ARG)	COMBA Rocío	62.77	87	12/05/13	1	Belém (BRA)
44	CANADA (CAN)	IONESCU Carmen	62.72	51	23/08/79	1	Montréal (CAN)
45	KIRZIGHISTAN (KGZ)	YELIZAROVA Lyubov	62.22	56	13/02/83	1	Yalta (UKR)
46	THAILAND (THA)	INSAENG Subenrat	61.97	94	19/07/18	1	Kolín (CZE)
47	SPAIN (ESP)	ASENJO Sabina	61.89	86	25/06/16	2	Bilbao (ESP)
48	TUNISIA (TUN)	KARI Monia	61.74	71	01/05/96	1	Tunis (TUN)
49	BELGIUM (BEL)	GELDHOF Marie-Paule	61.40	69	30/04/94	1	Eeklo (BEL)
50	CHILE (CHI)	GALLARDO Karen	61.10	84	02/08/15	2	Castellón (ESP)
51	BAHAMAS (BAH)	BROWN Serena	60.92	98	28/06/21	1	Nassau (BAH)
52	SWITZERLAND (SUI)	PFISTER Rita	60.60	52	06/06/76	2	Dortmund (GER)
53	DENMARK (DEN)	BEBE Kathrine	60.43	91	02/08/20	1	Hvidovre (DEN)
54	CHINESE TAIPEI (TPE)	LI Wen-Hua	60.23	89	25/05/12	1	Taipei City (TPE)
55	JORDAN (JOR)	KAWAR Nada M.	60.11	75	28/03/98	6	La Jolla (USA)
56	SLOVENIA (SLO)	DOMJAN Veronika	60.11	96	06/07/16	6q2	Amsterdam (NED)
57	ISRAEL (ISR)	JEAN Sivan	59.92	85	16/02/08	1	Tel Aviv (ISR)
58	IVORY COAST (CIV)	KRAGBE Kazai Suzanne	59.61	81	27/06/14	6	Tomblaine (FRA)
59	UZBEKISTAN (UZB)	MEZENTSEVA Valentina	59.46	48	26/05/80		Tashkent (UZB)
60	CYPRUS (CYP)	LADA Androniki	59.18	91	25/02/20	2	Potchefstroom (RSA)
61	JAPAN (JPN)	KORI Nanaka	59.03	97	23/03/19	1	Kitakyushu (JPN)
62	TRINIDAD & TOBAGO (TTO)	ALEXANDER Annie	58.58	87	28/05/11	1	Bloomington (USA)
63	COLOMBIA (COL)	URRUTIA Maria Isabel	58.50	65	26/06/92	1	Valencia (VEN)
64	MONTENEGRO (MNE)	RAKOCEVIC Kristina	58.30	98	16/04/16	1	Split (CRO)
65	COOK ISLANDS (COK)	TAPOKI Tereapii	57.61	84	11/11/06	1	Auckland (NZL)
66	IRELAND (IRL)	WALSH Patricia	57.60	60	07/07/84	1	Dublin (IRL)
67	KOREA (SOUTH) (KOR)	SIN Yu-Jin	57.39	02	07/07/21	1	Goseong (KOR)
68	MOROCCO (MAR)	LAAYOUNI Zoubida	56.94		20/03/94		Meknès (MAR)
69	HAITI (HAI)	OCTAVIEN Dayana	56.62	82	21/03/08	1	Tampa (USA)
70	US SAMOA (ASA)	MORGAN Alexandra	56.45	91	11/04/19	5	Chula Vista (USA)
71	TOGO (TOG)	DJIBRIL Alifatou	56.16	80	28/02/04	3	Sydney (AUS)
72	PUERTO RICO (PUR)	GALARZA Sylvia	56.06	85	05/06/16	1	West Long Branch (USA)
73	MEXICO (MEX)	POLLORENA Alma	56.03	98	18/05/19	3	Tucson (USA)
74	ZIMBABWE (ZIM)	van HEERDEN Mariette	55.70		25/03/84		Harare (ZIM)
75	ALBANIA (ALB)	RUKAJ Silvana	55.58		27/06/91		Tirana (ALB)
76	VENEZUELA (VEN)	CUBILLÁN María	55.57	81	03/07/09	4	La Habana (CUB)
77	GHANA (GHA)	ABABIO Claudia	55.08	96	08/04/17	1	Charlottesville (USA)

athlestats all-time

78	PANAMA (PAN)	MIDDLETON Aixa	55.00	88	27/06/15	1	Managua (NCA)
79	MONGOLIA (MGL)	DASHZEVEG Nanjilma	54.90		13/05/72		Ulaanbaatar (MGL)
80	PHILIPPINES (PHI)	VINA Josephine	54.71	46	10/07/71		Bakersfield (USA)
81	ICELAND (ISL)	KRISTIÁNSDÓTTIR Thelma Lind	54.69	97	19/07/18		Borgarnes (ISL)
82	EGYPT (EGY)	ABOU ZAGHARI H.M.	53.88	70	18/04/01		El Maadi (EGY)
83	TONGA (TGA)	UHI Melehifo	53.82	79	28/01/06	2	Christchurch (NZL)
84	ALGERIA (ALG)	DAHMOUS Aicha	53.54	58	25/06/87		El-Djezaïr (ALG)
85	DOMINICAN REP (DOM)	MATOS Maria	53.20	87	10/05/09	1	Philadelphia (USA)
86	WESTERN SAMOA (SAM)	SATUPAI-AVA Margaret	52.67	92	11/03/11		Sydney (AUS)
87	BOSNIA-HERZEGOVINA (BIH)	STOJKOVIC Kosa	52.58	47	17/07/77		București (ROU)
88	LIBYA (LBA)	SANAH Salem Rijaj	52.04	98	04/06/16		Radès (MAR)
89	BARBADOS (BAR)	NICHOLLS Shernelle	52.00	84	29/03/08		Columbia (USA)
90	GUINEA-BISSAU (GBS)	INCHUDE Jessica	51.98	96	26/06/19	1	Leiria (POR)
91	SENEGAL (SEN)	GAYE Ndoumbé	51.62	74	29/05/99		Wiesbaden (GER)
92	MAURITIUS (MRI)	FOURNIER Caroline	51.54	76	26/06/96		Montreuil-sous-Bois (FRA)
93	CAYMAN ISLANDS (CAY)	BARNES Lacey	51.52	99	09/04/21		College Station (USA)
94	IRAN (IRI)	KARDAN Jaleh	51.49	90	24/04/19	7	Doha (QAT)
95	BRIT. VIRGIN ISL. (IVB)	GUMBS Tynelle	51.43	96	22/04/17	1	Ada (USA)
96	BAHRAIN (BRN)	JASSEM Noora Salem	51.19	96	30/08/18	6	Jakarta (INA)
97	KOREA DPR (PRK)	JA PAK Chun	51.04		27/03/70		Pyongyang (PRK)
98	INDONESIA (INA)	RATNAWATI Dwi	50.68	82	27/04/08		Bangkok (THA)
99	CAMEROON (CMR)	MINYEMECK Jeanne Ngo	50.56	69	05/06/88		Reims (FRA)
100	MYANMAR (MYA)	NWE Aye Aye	50.46	65	04/02/94		Madras (IND)
=	ITALY (ITA)	OSAKUE Daisy	63.66	96	31/07/21	3q2	Tokyo (JPN)

# In 2016, Ria STALMAN confessed to having used doping in the last two years of her career.

NED	STALMAN Ria	71.22	51	15/07/84	1	Walnut
-----	-------------	-------	----	----------	---	--------