

National Lists Top 50 / Rankings _ 800, 1500 & 5000 2023

800

1500

5000

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1	KENYA	1:43,16
2	UNITED STATES	1:44,11
3	GREAT BRITAIN & N/I	1:44,65
4	GERMANY	1:45,29
5	FRANCE	1:45,45
6	SPAIN	1:45,53
7	SOUTH AFRICA	1:45,74
8	MOROCCO	1:45,77
9	RUSSIA	1:45,85
10	AUSTRALIA	1:45,92
11	ITALY	1:46,01
12	ALGERIA	1:46,14
13	POLAND	1:46,14
14	BRAZIL	1:46,36
15	CANADA	1:46,48
16	ETHIOPIA	1:46,49
17	NETHERLANDS	1:46,58
18	BELGIUM	1:46,59
19	JAMAICA	1:47,01
20	IRELAND	1:47,02
21	UKRAINE	1:47,21
22	CZECH REPUBLIC	1:47,24
23	SWEDEN	1:47,26
24	JAPAN	1:47,31
25	FINLAND	1:47,40
26	NORWAY	1:47,46
27	SWITZERLAND	1:47,49
28	HUNGARY	1:47,57
29	BELARUS	1:47,91
30	NEW ZEALAND	1:47,92
31	PORTUGAL	1:48,00
32	ROMANIA	1:48,05
33	INDIA	1:48,09
34	MEXICO	1:48,22

1	KENYA	3:30,42
2	UNITED STATES	3:33,20
3	GREAT BRITAIN & N.I	3:33,69
4	MOROCCO	3:34,03
5	SPAIN	3:34,24
6	FRANCE	3:34,28
7	ETHIOPIA	3:34,50
8	GERMANY	3:35,54
9	AUSTRALIA	3:35,60
10	ALGERIA	3:36,91
11	SOUTH AFRICA	3:37,13
12	BELGIUM	3:37,22
13	ITALY	3:37,33
14	CANADA	3:37,61
15	IRELAND	3:37,80
16	RUSSIA	3:37,83
17	POLAND	3:38,10
18	NETHERLANDS	3:38,38
19	NEW ZEALAND	3:38,76
20	NORWAY	3:39,12
21	SWEDEN	3:39,14
22	PORTUGAL	3:39,16
23	JAPAN	3:39,47
24	HUNGARY	3:39,87
25	UKRAINE	3:40,05
26	FINLAND	3:40,17
27	SWITZERLAND	3:40,38
28	CZECH REPUBLIC	3:40,48
29	QATAR	3:41,42
30	BRAZIL	3:41,63
31	MEXICO	3:41,63
32	ROMANIA	3:42,10
33	BELARUS	3:42,13
34	CHINA	3:42,14

1	KENYA	12:54,38
2	ETHIOPIA	12:56,58
3	UNITED STATES	13:06,34
4	MOROCCO	13:09,59
5	SPAIN	13:15,54
6	GREAT BRITAIN & N.I	13:16,20
7	FRANCE	13:19,90
8	JAPAN	13:21,98
9	GERMANY	13:22,02
10	AUSTRALIA	13:22,20
11	ITALY	13:25,24
12	ERITREA	13:25,70
13	UGANDA	13:26,00
14	BELGIUM	13:26,96
15	CANADA	13:27,85
16	SOUTH AFRICA	13:29,05
17	IRELAND	13:29,66
18	PORTUGAL	13:30,05
19	RUSSIA	13:30,72
20	MEXICO	13:31,55
21	NEW ZEALAND	13:31,76
22	NORWAY	13:32,55
23	ALGERIA	13:35,68
24	NETHERLANDS	13:35,94
25	FINLAND	13:36,84
26	SWEDEN	13:37,37
27	TANZANIA	13:39,52
28	POLAND	13:39,76
29	UKRAINE	13:43,95
30	CHINA	13:45,64
31	SWITZERLAND	13:45,81
32	BURUNDI	13:47,40
33	BRAZIL	13:47,50
34	CZECH REPUBLIC	13:48,07

35	QATAR	1:48,23
36	UGANDA	1:48,29
37	CHINA	1:48,44
38	GREECE	1:48,60
39	CUBA	1:48,63
40	BOTSWANA	1:48,89
41	PUERTO RICO	1:48,92
42	AUSTRIA	1:48,93
43	VENEZUELA	1:49,06
44	DENMARK	1:49,09
45	LATVIA	1:49,27
46	TRINIDAD & TOBAGO	1:49,46
47	SERBIA	1:49,47
48	SLOVENIA	1:49,52
49	BULGARIA	1:49,55
50	TUNISIA	1:49,57
51	KOREA (SOUTH)	1:49,63
52	SLOVAK REPUBLIC	1:49,65
53	LITHUANIA	1:49,69
54	TURKEY	1:49,74
55	ESTONIA	1:49,78
56	CHILE	1:50,01
57	ARGENTINA	1:50,03
58	IRAN	1:50,12
59	SRI LANKA	1:50,23
60	ISRAEL	1:51,39
61	IRAQ	1:51,66

35	UGANDA	3:42,29
36	TUNISIA	3:42,55
37	GREECE	3:42,64
38	DENMARK	3:42,65
39	AUSTRIA	3:42,88
40	INDIA	3:43,32
41	SERBIA	3:43,47
42	BULGARIA	3:44,66
43	ERITREA	3:44,99
44	TURKEY	3:44,99
45	LITHUANIA	3:45,42
46	CUBA	3:45,53
47	LATVIA	3:45,63
48	SLOVAK REPUBLIC	3:45,82
49	ESTONIA	3:46,05
50	SLOVENIA	3:46,11
51	ARGENTINA	3:46,28
52	JAMAICA	3:48,97
53	IRAQ	3:53,26

35	HUNGARY	13:49,30
36	DENMARK	13:50,92
37	TUNISIA	13:51,11
38	ROMANIA	13:53,45
39	INDIA	13:54,05
40	TURKEY	13:55,61
41	AUSTRIA	13:57,09
42	BELARUS	13:57,93
43	SERBIA	13:58,14
44	ISRAEL	14:00,04
45	GREECE	14:00,75
46	KOREA (SOUTH)	14:02,50
47	ARGENTINA	14:02,78
48	LITHUANIA	14:03,77
49	ESTONIA	14:05,94
50	BULGARIA	14:07,14
51	SLOVAK REPUBLIC	14:10,29
52	PERU	14:10,95
53	LATVIA	14:12,75
54	CUBA	14:13,85
55	SLOVENIA	14:14,53