

AT Men end 2023 Africa		
		5335
	Limit	Nb
100	10.30	275
200	20.76	271
400	45.99/45.8	269
800	1:45.95	267
1500	3:36.46	278
5000	13:12.56	278
10000	27:35.77	276
Marathon	2:06:47	276
3000st	8:28.20	270
110H	14.34/14.1	271
400H	51.13/50.9	275
HJ	2.10 *a	272
PV	4.40 *b	270
LJ	7.68	278
TJ	15.77	278
SP	15.60 *c	254
Discus	49.00 *d	258
Hammer	51.02 *e	237
Javelin	64.90	265
Deca	6131	217

*a 2.10 : up to end 2014

*b 4.49 to 4.40 : no info RSA / 4.40 : up to end 97

*c 15.99 to 15.60 : no info RSA

*d 49.99 to 49.20 : no info RSA

*e 52.99 to 51.00 : no info RSA

AT Women end 2023 Africa		
		3973
	Limit	Nb
100	11.58	222
200	23.61/23.3	221
400	53.12	221
800	2:03.79	219
1500	4:11.58	220
5000	15:14.20	221
10000	32:17.66	221
Marathon	2:24:12	225
3000st	10:17.80	220
100H	14.10	201
400H	59.98	204
HJ	1.75	176
PV	3.35	96
LJ	6.03	215
TJ	12.37	213
SP	13.50	190
Discus	44.54	185
Hammer	46.03	196
Javelin	44.19	169
Hepta	4431	138