

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

/60

30:43,49

1	ETHIOPIA						
1	GIDEY Letesenbet	29:01,03		98	08/06/21	1	Hengelo (NED)
2	AYANA Almaz	29:17,45		91	12/08/16	1	Río de Janeiro (BRA)
3	TSEGAY Gudaf	29:29,73		97	23/06/23	1	Nerja (ESP)
4	DIBABA Tirunesh	29:42,56		85	12/08/16	3	Río de Janeiro (BRA)
5	MELKAMU Meselech	29:53,80		85	14/06/09	1	Utrecht (NED)
6	TAYE Ejgayehu	29:57,45		00	23/06/23	2	Nerja (ESP)
7	ALEM Mizan	29:59,03		02	20/05/23	1	London (GBR)
8	HAILU Lemlem	29:59,15		01	23/06/23	3	Nerja (ESP)
9	DEFAR Meseret	29:59,20		83	11/07/09	1	Birmingham (GBR)
10	ADERE Berhane	30:04,18		73	23/08/03	1	Paris Saint-Denis (FRA)
11	GEBRESELAMA Tsigie	30:04,45		00	03/06/23	3	Hengelo (NED)
12	KIDANE Werknesh	30:07,15		81	23/08/03	2	Paris Saint-Denis (FRA)
13	AYALEW Wude	30:11,87		87	14/06/09	3	Utrecht (NED)
14	TULU Derartu	30:17,49		72	30/09/00	1	Sydney (AUS)
15	MULATE Bosena	30:17,77		01	16/07/22	8f1	Eugene (USA)
16	DIBABA Ejgayehu	30:18,39		82	28/06/05	2	Sollentuna (SWE)
17	GEMECHU Tsehay	30:19,29		98	08/06/21	3	Hengelo (NED)
18	YEHUALAW Yalemzerf	30:20,77		99	08/06/21	4	Hengelo (NED)
19	WAMI Getenesh	30:22,48		74	30/09/00	2	Sydney (AUS)
20	GEBRZIHAIIR Girmawit	30:23,69		01	23/06/23	5	Nerja (ESP)
21	BURKA Gelete	30:26,66		86	12/08/16	8	Río de Janeiro (BRA)
22	OLJIRA Belemnesh	30:26,70		90	01/06/12	3	Eugene (USA)
23	YESHANEH Ababel	30:35,91		90	27/06/13	4	Ostrava (CZE)
24	GUDETA Netsanet	30:36,75		91	29/06/16	4	Hengelo (NED)
25	YALEW Genet	30:37,38		92	29/06/16	5	Hengelo (NED)
26	TUFA Mestawet	30:38,33		83	26/06/08	1	Nijmegen (NED)
27	TEFERI Senbere	30:40,59		95	29/06/16	6	Hengelo (NED)
28	YIMER Zeineba	30:46,24		98	17/07/19	4	Hengelo (NED)
29	KEBEDE Aberu	30:48,26		89	14/06/09	5	Utrecht (NED)
30	TESFAY Fotyen	30:49,48		98	23/06/23	7	Nerja (ESP)
31	HAROYE Alemitu	30:50,83		95	17/06/15	2	Hengelo (NED)
32	DIDA Dera	30:51,86		96	17/07/19	5	Hengelo (NED)
33	ALEMAYEHU Gete	30:53,32		98	17/07/19	7	Hengelo (NED)
34	BEKELE Tadelech	30:54,61		91	29/06/16	9	Hengelo (NED)
35	UTURA Sule	30:55,50		90	27/06/13	5	Ostrava (CZE)
36	DASKA Mamitu	30:55,56		83	17/06/15	4	Hengelo (NED)
37	GETACHEW Senayet	30:59,39		05	23/06/23	8	Nerja (ESP)
38	HASHIM Merima	30:59,92		81	05/08/00	3	Heusden-Zolder (BEL)
39	AZIMERAW Degitu	31:03,32		99	17/07/19	11	Hengelo (NED)
40	FEYSA Hawi	31:03,32		99	06/06/22	11	Hengelo (NED)
41	ALEMU Derebe	31:04,49		83	03/07/04	1	Uden (NED)
42	TUSA Rahma	31:05,14		93	10/06/17	5	Hengelo (NED)
43	KIROS Aheza	31:06,93		85	12/06/08	5	Ostrava (CZE)
44	GODFAY Afera	31:08,23		91	27/06/13	2	Sollentuna (SWE)
45	KEBEDE Sutume Asefa	31:09,56		94	08/06/21	7	Hengelo (NED)
46	BEKELE Bezunesh	31:10,68		83	17/06/05	3	Utrecht (NED)
47	MINSEWO Abersh	31:13,53		01	06/06/22	14	Hengelo (NED)
48	ERKASSO Teyiba	31:13,67		82	17/05/07	2	Utrecht (NED)
49	GEBRESLASE Gotytom	31:14,52		95	29/06/16	10	Hengelo (NED)
50	KIROS Tigist	31:20,38		92	31/05/11	4	Ostrava (CZE)
51	KUMA Eyerusalem	31:25,46		81	18/06/04	2	Utrecht (NED)
52	GELANA Tiki	31:27,80		87	12/06/08	9	Ostrava (CZE)
53	DEBEBE Zinash	31:29,71			10/06/17	8	Hengelo (NED)
54	DENBOBA Merima	31:32,63		74	13/06/99	3	Villeneuve d'Ascq (FRA)
55	DIRIBA Buze	31:33,27		94	02/05/15	2r1	Palo Alto (USA)
56	KIDANE Etalemahu	31:33,49		83	26/06/07	2	Valkenswaard (NED)
57	ALEMA Kidsan	31:35,20		95	08/06/21	9	Hengelo (NED)
58	WORKU Ayelech	31:38,08		79	17/06/01	2	Villeneuve d'Ascq (FRA)
59	AWOKE Asnakesh	31:39,67		95	08/06/21	10	Hengelo (NED)
60	KASIM Ashu	31:46,05		84	17/05/07	5	Utrecht (NED)

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30:52,11

2 **KENYA**



1	CHERUIYOT Vivian Jepkemoi	29:32,53		83	12/08/16	2	Río de Janeiro (BRA)
2	NAWOWUNA Grace Loibach	29:47,42		03	03/06/23	2	Hengelo (NED)
3	NAWOWUNA Alice Aprot	29:53,51		94	12/08/16	4	Río de Janeiro (BRA)
4	SAINA Betsy	30:07,78		88	12/08/16	5	Río de Janeiro (BRA)
5	OBIRI Hellen	30:10,02		89	16/07/22	2f1	Eugene (USA)
6	KIPKEMBOI Margaret Chelimo	30:10,07		93	16/07/22	3f1	Eugene (USA)
7	KIPLAGAT Florence Jebet	30:11,53		87	14/06/09	2	Utrecht (NED)
8	KAVEKE Pauline	30:20,07		94	13/07/22	1	Abashiri (JPN)
9	TIROP Agnes Jebet	30:25,20		95	28/09/19	3f1	Doha (QAT)
10	KIPYEGO Sally Jepkosgei	30:26,37		85	03/08/12	2	London (GBR)
11	BUSIENEI Selah	30:26,40		91	03/06/23	4	Hengelo (NED)
12	MASAI Linet Chepkwemai	30:26,50		89	15/08/08	4	Beijing (CHN)
13	CHELANGAT Betty	30:27,94		03	03/06/23	5	Hengelo (NED)
14	CHERONO Gladys	30:29,23		83	27/06/13	2	Ostrava (CZE)
15	MASAI Edith	30:30,26		67	06/08/05	5	Helsinki (FIN)
16	LOROUPE Tegla	30:32,03		73	26/08/99	3	Sevilla (ESP)
17	WANJIRU Rosemary Monica	30:35,75		94	28/09/19	4f1	Doha (QAT)
18	KIMAIIS Irine Jepchumba	30:37,24		98	06/06/21	2	Hengelo (NED)
19	CHEROTICH Daisy	30:37,31		97	06/06/21	3	Hengelo (NED)
20	WANGUI Lucy	30:39,96		83	15/08/08	7	Beijing (CHN)
21	CHEPTAI Irine Chepet	30:44,00		92	07/08/21	6f1	Tokyo (JPN)
22	CHEPKIRUI Sheila	30:45,81		90	04/05/21	1	Stockholm (SWE)
23	MELLY Joan Chelimo	30:46,51		90	04/05/21	2	Stockholm (SWE)
24	MUGE Emily Chebet	30:47,02		86	11/08/13	4	Moskva (RUS)
25	KIBET Sylvia Jebiwott	30:47,20		84	14/06/09	4	Utrecht (NED)
26	CHERONO Eva	30:49,23		96	04/05/21	3	Stockholm (SWE)
27	KWAMBAI Irene	30:55,67		78	17/06/05	2	Utrecht (NED)
28	KIMELI Dorcas Jepchumba	30:55,90		97	04/05/21	6	Stockholm (SWE)
29	CHERONO Priscah Jepleting	30:56,43		80	27/08/11	4	Daegu (KOR)
30	MALOT Leah	30:57,70		72	05/08/00	2	Heusden-Zolder (BEL)
31	ARUSEI Peninah	30:57,8		79	18/07/08	1	Steenwijk (NED)
32	TELE Joyce Chepkemoi	30:59,01		95	06/06/21	4	Hengelo (NED)
33	WANJIKU Jane	31:04,34		79	25/04/04	1	Kobe (JPN)
34	KORIKWIANG Pauline Chemning	31:06,29		88	27/05/10	2	Ostrava (CZE)
35	WANJIRU Veronica Nyaruai	31:07,56		89	10/06/17	6	Hengelo (NED)
36	CHIRCHIR Evaline	31:08,09		98	10/10/20	4	Hengelo (NED)
37	MOMANYI Grace Kwamboka	31:08,24		81	12/06/08	6	Ostrava (CZE)
38	CHEPKURUI Vibian	31:09,42		94	04/05/21	8	Stockholm (SWE)
39	CHEMUTAI Fancy	31:10,20		95	04/05/21	9	Stockholm (SWE)
40	CHELANGAT Sheila	31:10,27		98	19/06/21	3	Nairobi
41	LOKEDI Sharon	31:11,07			05/12/20	4f2	San Juan Capistrano (USA)
42	CHEPTOO Violah	31:11,09		89	04/05/21	10	Stockholm (SWE)
43	JELAGAT Nancy	31:11,11		86	19/06/21	4	Nairobi
44	KITE Gloriam	31:13,04		98	06/06/21	5	Hengelo (NED)
45	NGANGA Evelyn Wambui	31:14,08		86	26/09/08	1r2	Yamagata (JPN)
46	BAROSIO Sally	31:15,38		78	21/08/93	3	Stuttgart (GER)
47	KIPTOO Jane	31:15,79		82	12/06/08	8	Ostrava (CZE)
48	KIPKIRUI Caroline Chepkoech	31:16,38		94	01/05/16	2r1	Palo Alto (USA)
49	KIMWEI Everline	31:16,50		87	21/10/06	1	Kobe (JPN)
50	KIMANZI Grace Mbuthye	31:17,28		92	08/12/18	2f2	Yamaguchi (JPN)
51	KAMAU Tabitajieri	31:17,40		00	23/09/22	1f2	Gifu (JPN)
52	ONGORI Philes Moora	31:18,85		86	30/09/06	2r2	Oita (JPN)
53	KEBASO Winfridah	31:19,92		85	30/09/06	3r2	Oita (JPN)
54	KAPTICH Selly Chepyego	31:22,11		85	11/08/13	7	Moskva (RUS)
55	LOBUN Hellen Ekarare	31:22,89		99	24/04/22	1	Kobe (JPN)
56	TIMBILILI Alice Jemeli	31:23,99		83	18/06/04	1	Utrecht (NED)
57	CHEPKURUI Lineth	31:24,20		88	01/05/11	4r1	Palo Alto (USA)
58	CHEPKIRUI Joyce	31:26,10		88	10/12/11	1	Melbourne (AUS)
59	CHEPNGENO Jackline	31:27,73		93	25/06/16	2	Durban (RSA)
60	KOSGEI Salina	31:27,83		76	30/07/02	1	Manchester (GBR)

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

31:18,81

### 3 UNITED STATES



1	MONSON Alicia	30:03,82		98	04/03/23	2	San Juan Capistrano
2	HUDDLE Molly	30:13,17		84	12/08/16	6	Río de Janeiro (BRA)
3	CRANNY Elise	30:14,66		96	06/03/22	1	San Juan Capistrano
4	SCHWEIZER Karissa	30:18,05		96	16/07/22	9f1	Eugene
5	FLANAGAN Shalane	30:22,22		81	15/08/08	3	Beijing (CHN)
6	HENES Elly	30:48,26		98	04/03/23	3	San Juan Capistrano
7	ROGERS Natasha	30:48,69		91	04/03/23	4	San Juan Capistrano
8	SISSON Emily	30:49,57		91	29/03/19	1	Palo Alto
9	KASTOR Deena	30:50,32		73	03/05/02	2	Palo Alto
10	O'KEEFFE Fiona	30:52,77		98	06/05/23	1	Walnut
11	GOUCHER Kara	30:55,16		78	15/08/08	10	Beijing (CHN)
12	KELATI FREZGHI Weini	31:04,16		96	20/05/23	2	London (GBR)
13	HALL Marielle	31:05,71		92	28/09/19	8f1	Doha (QAT)
14	INFELD Emily	31:08,57		90	20/02/21	4	San Juan Capistrano
15	SCHNEIDER Rachel	31:09,79		91	05/12/20	1f2	San Juan Capistrano
16	HASTINGS Amy	31:10,69		84	03/08/12	11	London (GBR)
17	KURGAT Ednah	31:12,10		91	20/05/23	8	London (GBR)
18	CHEROBON-BAWCOM Janet	31:12,68		78	03/08/12	12	London (GBR)
19	UHL Lisa	31:12,80		87	03/08/12	13	London (GBR)
20	BEGLEY Amy	31:13,78		78	15/08/09	6	Berlin (GER)
21	TAYLOR Kellyn	31:15,65		86	05/12/20	6f2	San Juan Capistrano
22	RHINES Jennifer	31:17,31		74	29/04/07	1	Palo Alto
23	RUDOLPH Amy	31:18,96		73	01/05/05	1	Palo Alto
24	JENNINGS Lynn	31:19,89		60	07/08/92	3	Barcelona (ESP)
25	PALADINO Millie	31:19,92		95	06/03/22	5	San Juan Capistrano
26	McGREGOR Katie	31:21,20		77	06/08/05	14	Helsinki (FIN)
27	LANCASTER Sarah	31:21,75		87	06/03/22	6	San Juan Capistrano
28	HALL Sara	31:21,90		83	14/05/21	3	Irvine
29	DRYER Elva	31:21,92		71	01/05/05	3	Palo Alto
30	STONER Paige	31:22,55		96	06/03/22	7	San Juan Capistrano
31	SHANAHAN Danielle	31:22,86		94	05/12/20	7f2	San Juan Capistrano
32	FRERICHS Courtney	31:23,13		93	06/03/22	8	San Juan Capistrano
33	BRUCE Stephanie	31:24,47		84	05/12/20	8f2	San Juan Capistrano
34	LIPARI Emily	31:24,82		92	06/03/22	9	San Juan Capistrano
35	MORLEY Makena	31:25,19		96	14/05/21	4	Irvine
36	LARRIEU-SMITH Francie	31:28,92		52	04/04/91	1	Austin (USA)
37	KIPYEGO Sally	31:30,25		85	14/05/21	8	Irvine
38	PETERS Annette	31:30,89		65	24/04/97	1	Philadelphia
39	DURGIN Emily	31:33,83		94	06/05/22	4	San Juan Capistrano
40	O'NEILL Kate	31:34,37		80	30/04/04	3	Palo Alto
41	RUSSELL Blake	31:35,25		75	24/06/05	2	Carson
42	SLANEY Mary	31:35,3		58	16/07/82	1	Eugene
43	KEMP Erika	31:35,63		95	05/12/20	9f2	San Juan Capistrano
44	CONLEY Kim	31:35,88		86	05/05/17	6	Palo Alto
45	DAVILA Desiree	31:37,14		83	23/06/11	4	Eugene
46	LAUCK Anne Marie	31:37,26		69	21/08/93	8	Stuttgart (GER)
47	VERDON Carrie	31:37,26		94	06/03/22	11	San Juan Capistrano
48	ST. HILAIRE Judi	31:38,04		59	07/08/92	8	Barcelona (ESP)
49	HASAY Jordan	31:39,67		91	04/05/14	4	Palo Alto
50	HICKMAN Libbie	31:41,33		65	26/06/99	1	Eugene
51	LEHANE Lesley	31:42,8		63	11/06/88	1	Dedham
52	DIMOFF Carrie	31:42,88		83	02/05/19	5	Palo Alto
53	COSTELLO Elizabeth	31:43,79		88	01/05/16	10r1	Palo Alto
54	TABB Elaina	31:45,27		91	05/12/20	10f2	San Juan Capistrano
55	VENTERS Emily	31:48,35		99	31/03/23	1	Stanford
56	LEWY-BOULET Magdalena	31:48,58		73	23/06/11	5	Eugene
57	PRATT Olivia	31:48,72		94	05/12/20	11f2	San Juan Capistrano
58	GRABILL Molly	31:49,01		92	27/05/22	10	Eugene
59	HURLEY Lauren	31:49,46		88	06/03/22	1	San Juan Capistrano
60	WILLIAMS Alisha	31:49,99		82	02/05/15	13r1	Palo Alto

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31:25,30

4 **JAPAN**



1	NIIYA Hitomi	30:20,44		88	04/12/20	1	Osaka
2	HIRONAKA Ririka	30:39,71		00	16/07/22	12f1	Eugene (USA)
3	FUWA Seira	30:45,21		03	11/12/21	1	Kyoto
4	SHIBUI Yoko	30:48,89		79	03/05/02	1	Palo Alto (USA)
5	FUKUSHI Kayoko	30:51,81		82	08/10/02	2	Busan (KOR)
6	TAKASHIMA Yuka	30:57,26		88	10/12/23	2	Tokyo
7	KOKAI Haruka	30:57,67		03	10/12/23	3	Tokyo
8	GOSHIMA Rino	30:58,83		97	10/12/23	4	Tokyo
9	KAWAKAMI Yuko	31:09,46		75	01/07/00	2	Brunswick (USA)
10	ICHIYAMA Mao	31:11,56		97	04/12/20	2	Osaka
11	HATORI Tomoko	31:15,34		81	25/04/04	3	Kobe
12	AKABA Yukiko	31:15,34		79	27/06/08	2	Kawasaki
13	YAMANOUCHI Minami	31:16,48		92	08/12/18	1f2	Yamaguchi
14	SUZUKI Ayuko	31:18,16		91	01/05/16	3r1	Palo Alto (USA)
15	ANDO Yuka	31:18,18		94	03/05/21	2	Fukuroi
16	SUZUKI Hiromi	31:19,40		68	09/06/96	1	Osaka
17	CHIBA Masako	31:20,46		76	09/06/96	3	Osaka
18	NOGUCHI Mizuki	31:21,03		78	25/04/04	4	Kobe
19	KOBAYASHI Narumi	31:22,34		00	10/07/21	1	Abashiri
20	HIROYAMA Harumi	31:22,72		68	05/10/97	1	Tokyo
21	SEKINE Hanami	31:22,92		96	24/06/16	2	Nagoya
22	ASOSHINA Terumi	31:23,55		82	24/04/05	2	Kobe
23	OGOSHI Kazue	31:24,00		81	27/09/03	3r2	Okayama
24	HARA Yumiko	31:24,33		82	24/04/05	3	Kobe
25	TAKAHASHI Chiemi	31:27,57		76	16/05/98	1	Sendai
26	OKAMOTO Harumi	31:28,20		98	08/12/18	3f2	Yamaguchi
27	YOSHIKAWA Mika	31:28,71		84	08/06/12	1	Osaka
28	NABESHIMA Rina	31:28,81		93	08/12/18	4f2	Yamaguchi
29	SATO Sayaka	31:30,19		94	04/12/20	3	Osaka
30	YOSHIMOTO Hikari	31:30,92		90	25/04/10	2	Kobe
31	KATAOKA Junko	31:31,12		70	07/05/95	2	Mito
32	NAKAMURA Yurika	31:31,95		86	27/04/08	3	Kobe
33	YAMANAKA Miwako	31:32,10		78	27/09/03	4r2	Okayama
34	OSHIMA Megumi	31:34,01		75	04/06/04	2	Tottori
35	OZAKI Mari	31:34,15		75	24/04/05	4	Kobe
36	SUGIHARA Kayo	31:34,35		83	01/05/11	6r1	Palo Alto (USA)
37	YADA Mikuni	31:34,39		99	04/12/20	5	Osaka
38	MAEDA Honami	31:34,94		96	08/07/20	1	Fukagawa
39	OMINAMI Hiromi	31:35,18		75	02/06/05	3	Tokyo
40	KINUKAWA Megumi	31:35,27		89	22/04/07	2	Kobe
41	HOSODA Ai	31:35,44		93	13/07/22	2	Abashiri
42	HAGITANI Kaede	31:35,67		00	07/05/22	2	Tokyo (JPN)
43	HAGIWARA Ayumi	31:36,04		92	04/12/20	6	Osaka
44	TSUTSUI Sakiho	31:36,19		96	04/12/20	7	Osaka
45	MIYAI Hitomi	31:37,24		85	02/06/05	4	Tokyo
46	SUZUKI Yuka	31:37,88		99	07/12/19	4f2	Yamaguchi
47	HORI Yuka	31:38,63		96	07/12/19	5f2	Yamaguchi
48	UEHARA Miyuki	31:38,80		95	01/05/16	7r1	Palo Alto (USA)
49	WAKITA Akane	31:39,32		87	22/04/07	5	Kobe
50	MATSUDA Mizuki	31:39,41		95	23/06/17	1	Osaka
51	KASEDA Rika	31:39,86		99	04/12/20	9	Osaka
52	MAKI Izumi	31:40,38		68	03/05/92	1	Kobe
53	KOTORIDA Takako	31:41,32		77	22/04/01	1	Kobe
54	SAITO Yuki	31:41,49		80	04/06/04	5	Tottori
55	MATSUOKA Noriko	31:41,90		79	27/06/08	4	Kawasaki
56	OHIRA Miki	31:43,02		81	24/04/05	8	Kobe
57	YANO Shiori	31:44,13		95	08/12/18	5f2	Yamaguchi
58	KIYOTA Mao	31:44,79		93	02/05/15	9r1	Palo Alto (USA)
59	MATSUZAKI Riko	31:44,86		92	16/07/15	1r1	Abashiri
60	ICHIKAWA Yoshiko	31:44,87		76	06/05/02	2	Mito

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31:47,87

5 RUSSIA



1	ZHILYAYEVA Alla	30:23,07	69	23/08/03	5	Paris Saint-Denis (FRA)
2	BOGOMALOVA Galina	30:26,20	77	23/08/03	6	Paris Saint-Denis (FRA)
3	SHOBUKHOVA Liliya	30:29,36	77	23/07/09	1	Cheboksary
4	KONOVALOVA Mariya	30:31,03	74	23/07/09	2	Cheboksary
5	ABITOVA Inga	30:31,42	82	07/08/06	1	Göteborg (SWE)
6	GRIGORYEVA Lidiya	30:32,72	74	07/08/06	3	Göteborg (SWE)
7	BONDARENKO Olga	30:57,21	60	30/08/86	2	Stuttgart (GER)
8	BIKTASHEVA Lyudmila	31:04,00	74	06/08/02	3	München (GER)
9	ARYASOVA Tatyana	31:04,88	79	17/07/08	3	Kazan
10	GRECHISHNIKOVA Elizaveta	31:07,88	83	11/06/12	1	Moskva
11	AGAFONOVA Kseniya	31:08,53	83	23/07/09	3	Cheboksary
12	SAMOKHVALOVA Yelena	31:12,57	80	14/06/05	2	Tula
13	KLIMINA Viktoriya	31:13,50	76	17/07/08	4	Kazan
14	ZAKHAROVA Galina	31:15,00	56	24/06/84	2	Kyiv (UKR)
15	IVANOVA Marina I	31:19,54	82	17/07/08	5	Kazan
16	SADREYDINOVA Raisa	31:27,58	50	07/09/83	1	Odessa (UKR)
17	BARANOVA Lyudmila	31:35,01	50	29/05/83	1	Krasnodar
18	PETROVA Lyudmila	31:36,76	68	02/05/03	4	Palo Alto (USA)
19	MATVEYEVA Lyudmila	31:38,02	57	02/08/88	1	Kyiv (UKR)
20	TIMOFEYEVA Irina	31:40,14	70	26/07/00	4	Tula
21	ROMANOVA Yelena	31:46,83	63	31/08/90	1	Split (CRO)
22	POZDNYAKOVA Tatyana (UKR/RUS)	31:48,94	56	07/09/83	3	Odessa (UKR)
23	SOKOLOVA Yelena	31:49,47	79	23/07/09	7	Cheboksary
24	TURSUNOVA Zhanna	31:53,53	57	24/06/84	3	Kyiv (UKR)
25	POPKOVA Natalya	31:55,83	88	11/06/12	2	Moskva
26	KASHAPOVA Klara	31:55,99	70	13/08/94	8	Helsinki (FIN)
27	KONYUKHOVA Lyubov	31:56,01	56	24/06/84	4	Kyiv (UKR)
28	ARTYOMOVA Natalya	31:56,33	63	02/08/88	6	Kyiv (UKR)
29	PROKOPEVA Alina	31:57,38	85	11/06/12	4	Moskva
30	FAZLITDINOVA Gulshat	32:01,83	92	11/06/13	1	Moskva
31	PUCHKOVA Natalya	32:02,67	87	11/06/13	2	Moskva
32	VASILEVSKAYA Lidiya	32:02,86	73	26/07/00	7	Tula
33	NAGOVITSYNA Elena	32:02,99	82	11/06/13	4	Moskva
34	GALYAMOVA Nadezhda	32:03,07	59	31/08/90	6	Split (CRO)
35	NAZARKINA Olga	32:05,76	70	26/07/90	3	Seattle (USA)
36	TOLSTOGUZOVA Yelena	32:06,41	62	26/07/90	4	Seattle (USA)
37	IVANOVA Galina	32:07,38	76	23/07/09	9	Cheboksary
38	GALIMOVA Valentina	32:07,82	86	11/06/12	5	Moskva
39	ILYINA Nadezhda	32:09,46	64	07/07/93	2	Warstein (GER)
40	IVANOVA Alevtina	32:10,57	75	11/06/12	6	Moskva
41	ALEKSANDROVA Galina	32:11,52	76	06/08/02	11	München (GER)
42	KULYATINA Alla	32:12,70	90	22/06/16	1	Cheboksary
43	SEDOVA Yelena	32:13,44	90	22/06/16	2	Cheboksary
44	TRUSHENKO Viktoriya	32:13,79	84	17/07/08	8	Kazan
45	PERMITINA Irina	32:14,01	68	17/07/08	9	Kazan
46	BURYKINA Yelena	32:14,87	73	11/07/02	3	Cheboksary
47	KOROBKINA Yelena	32:16,01	90	27/07/19	1	Cheboksary
48	BOBOROVA Natalya	32:16,50	59	02/08/88	7	Kyiv (UKR)
49	SIPATOVA Yelena	32:17,19	55	19/09/81	1	Moskva
50	PETROVA Tatyana	32:17,49	83	14/06/05	6	Tula
51	SOLOMINSKAYA Natalya	32:17,74	61	02/08/88	9	Kyiv (UKR)
52	PENTUKOVA Tatyana	32:19,96	65	18/06/94	1	Voronezh
53	SULTANOVA Firiya	32:21,7	61	25/06/96	3	Moskva
54	SKVORTSOVA Silviya	32:21,89	74	25/06/04	6	Tula
55	BELYAYEVA Marina	32:22,63	58	08/06/86	7	Leningrad
56	VINOKUROVA Yuliya	32:28,35	72	14/07/07	7	Zhukovskiy
57	LEBEDEVA Lyudmila	32:28,45	90	27/07/19	3	Cheboksary
58	ROMANOVA Olga	32:28,91	80	03/08/03	7	Tula
59	MAYOROVA Albina	32:29,62	77	09/07/14	3	Yerino
60	BELYAYEVA Lucia	32:29,97	57	19/07/87	6	Bryansk

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31:50,75

6 CHINA \*



1	SUN Yingjie	30:07,20		77	23/08/03	3	Paris Saint-Denis (FRA)
2	XING Huina	30:24,36		84	27/08/04	1	Athina (GRE)
3	WANG Junxia	30:49,30		73	21/08/93	1	Stuttgart (GER)
4	LI Ji	31:06,94		79	30/09/00	7	Sydney (AUS)
5	ZHOU Chunxiu	31:09,03		78	17/10/05	2	Nanjing
6	ZHONG Huandi	31:12,55		67	21/08/93	2	Stuttgart (GER)
7	REN Xiujian	31:13,21		74	08/05/96	2	Nanjing
8	HE Wuga	31:14,94		98	06/05/23	3	Walnut (USA)
9	ZHANG Yingning	31:17,30		90	02/11/07	1	Wuhan
10	BAI Xue	31:17,62		88	26/10/09	1	Jinan
11	XIE Fang	31:21,25		89	02/11/07	2	Wuhan
12	CHEN Huirong	31:23,07		88	02/11/07	3	Wuhan
13	WANG Xiuting	31:27,00		65	29/11/87	1	Guangzhou
14	BAO Guiying	31:27,35		86	17/10/05	3	Nanjing
15	HOU Juhua	31:27,99		67	29/11/87	2	Guangzhou
16	DONG Li	31:31,08		73	15/10/94	2	Hiroshima (JPN)
17	WANG Mingxia	31:31,14		71	08/05/96	3	Nanjing
18	XI Qihong	31:31,64		84	17/10/05	5	Nanjing
19	DONG Xiaogin	31:31,87		83	04/05/08	8r1	Palo Alto (USA)
20	WANG Jiali	31:38,15		86	08/09/11	1	Hefei
21	CHEN Rong	31:39,77		88	08/09/11	2	Hefei
22	SONG Xiaoxue	31:39,84		87	02/11/07	5	Wuhan
23	ZHU Yingying	31:44,28		88	26/10/09	2	Jinan
24	WANG Qinghuan	31:44,73		66	29/11/87	3	Guangzhou
25	JIA Chaofeng	31:45,67		88	26/10/09	3	Jinan
26	DING Changqin	31:53,09		91	27/09/14	2	Incheon (KOR)
27	LIU Min	31:53,78		83	19/11/01	3	Guangzhou
28	ZHU Xiaolin	31:53,96		84	22/05/08	4	Beijing
29	WEI Yanan	31:54,86		81	19/11/01	4	Guangzhou
30	WANG Xueqin	31:55,31		91	08/09/11	3	Hefei
31	CAO Mojie	31:55,66		92	11/09/13	1	Shenyang
32	CHEN Qingmei	31:55,67		63	08/10/88	4	Tokyo (JPN)
33	ZHENG Guixia	31:56,47		73	29/09/01	3r2	Kanazawa (JPN)
34	LIU Ruihuan	31:56,80		92	11/09/13	2	Shenyang
35	JIANG Xiaoli	31:58,34		89	11/09/13	3	Shenyang
36	LIU Lijuan	32:00,05		88	02/11/07	6	Wuhan
37	WANG Yanrong	32:06,02		76	29/09/01	9r2	Kanazawa (JPN)
38	WANG Xiaoxia	32:08,75		76	08/05/96	7	Nanjing
39	MA Ningning	32:09,94		76	02/06/93	2	Jinan
40	ZHANG Deshun	32:12,78		96	25/08/18	3	Jakarta (INA)
41	WANG Hongxia	32:12,88		75	22/04/01	7	Kobe (JPN)
42	YING Liang	32:14,02		77	10/05/98	1	Gifu (JPN)
43	LIMEI Ju	32:14,14		78	19/11/01	6	Guangzhou
44	XIAO Huimin	32:16,77		92	11/09/13	5	Shenyang
45	MA Xiuzhen	32:17,41		00	06/05/23	5	Walnut (USA)
46	WEI Xiaojie	32:17,78		89	11/09/13	6	Shenyang
47	ZHANG Meixia	32:18,86		91	11/09/13	7	Shenyang
48	SUN Wenqin	32:19,48		81	17/10/05	7	Nanjing
49	ZHANG Yang	32:20,48		83	19/11/01	7	Guangzhou
50	SUN Weiwei	32:21,30		85	26/10/09	5	Jinan
51	SUN Guanghong	32:22,67		80	26/10/95	4	Nanjing
52	DAI Yanyan	32:23,45		80	15/04/00	2	Nanjing
53	JIANG Chengcheng	32:24,17		86	13/04/08	2	Hangzhou
54	CUI Guomei	32:24,45		79	15/04/00	5	Nanjing
55	ZHANG Chong	32:25,82		86	13/04/08	3	Hangzhou
56	XUE Fei	32:29,12		89	20/09/07	1	Ürümqi
57	ZHANG Yuhong	32:32,62		83	19/11/01	9	Guangzhou
58	WANG Xiaoming	32:33,00		85	19/11/01	10	Guangzhou
59	LI Meihua	32:33,69		77	19/11/01	11	Guangzhou
60	XIE Lihua	32:34,17		65	29/11/87	4	Guangzhou

\* Without the Chinese performances in Sept.93 and Oct.97  
 Sans les performances chinoises de sep.93 et oct.97

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32:01,72

## 7 GREAT BRITAIN &amp; N.I



1	McCOLGAN Eilish	30:00,86		90	04/03/23	1	San Juan Capistrano (USA)
2	RADCLIFFE Paula	30:01,09		73	06/08/02	1	München (GER)
3	JUDD Jessica	30:35,93		95	16/07/22	11f1	Eugene (USA)
4	PAVEY Joanne	30:53,20		73	03/08/12	7	London
5	BLEASDALE Julia	30:55,63		81	03/08/12	8	London
6	McCOLGAN Elizabeth	30:57,07		64	25/06/91	1	Hengelo (NED)
7	HUNTER Jill	31:07,88		66	30/06/91	2	Frankfurt (GER)
8	TWELL Stéphanie	31:08,13		89	06/07/19	1f1	London
9	HARRISON Samantha	31:11,40		95	20/05/23	7	London
10	NEALE Amy-Eloise	31:17,81		95	20/05/23	10	London
11	REED Kate	31:35,77		82	04/05/08	9r1	Palo Alto (USA)
12	ANDREWS Jess	31:35,92		92	12/08/16	16	Rio de Janeiro (BRA)
13	BUTLER Kathy	31:36,90		73	12/06/04	1	Watford
14	INGLIS Sarah	31:39,60		91	14/05/22	4	London
15	AVERY Kate	31:41,44		91	02/05/15	7r1	Palo Alto (USA)
16	OCKENDEN Verity	31:43,70		91	05/06/21	3f1	Birmingham (GBR)
17	YELLING Hayley	31:45,14		74	12/06/04	2	Watford
18	WOOTTON Katrina	31:45,63	mx	85	03/09/17	10	Catford
19	YAMAUCHI Mara	31:49,40		73	21/03/06	3	Melbourne (AUS)
20	SLY Wendy	31:53,36		59	08/10/88	3	Tokyo (JPN)
21	TOOBY Angela	31:55,30		60	04/09/87	9	Roma (ITA)
22	WRIGHT Alice	31:56,52		94	02/05/19	12	Palo Alto (USA)
23	MURRAY Yvonne	31:56,97		64	24/08/94	1	Victoria (CAN)
24	YELLING Liz	31:58,39		74	30/07/02	4	Manchester
25	POTTER Beth	32:03,45		91	01/04/16	4r1	Palo Alto (USA)
26	PURDUE Charlotte	32:03,55		91	29/04/12	11r1	Palo Alto (USA)
27	DONNELLY Abbie	32:10,16		96	20/05/23	12	London
28	CLITHEROE Helen	32:11,29		74	04/06/11	4	Oslo (NOR)
29	TAYLOR Charlotte	32:11,80		94	31/03/17	4r1	Palo Alto (USA)
30	HARVEY Natalie	32:14,01		75	12/06/04	4	Watford
31	ARTER Charlotte	32:15,71		91	19/05/18	3f1	London
32	KIRK Elinor	32:17,05		89	04/04/14	2r1	Palo Alto (USA)
33	PARTRIDGE Lillian	32:20,77		91	11/04/15	3	Huelva (ESP)
34	TOOBY Susan	32:20,95		60	02/07/88	10	Oslo (NOR)
35	WALLACE Andrea	32:21,61		66	06/06/92	1	Sheffield
36	AUCKLAND Rhona	32:22,79		93	10/07/15	2	Tallinn (EST)
37	MURRAY Freya	32:23,44		83	05/06/10	6	Marseille (FRA)
38	CREHAN Susan	32:24,63		56	04/07/87	7	Oslo (NOR)
39	IRWIN Hannah	32:25,34		98	14/05/22	5	London
40	HEYES Lauren	32:26,26		90	14/05/22	6	London
41	GIBBON Jessica	32:27,95		96	14/05/22	7	London
42	GOODALL Alice	32:29,71		01	20/05/23	14	London
43	DAGNE Birhan	32:30,4		78	22/07/00	2	Watford
44	MCPHERSON Vikki	32:32,42		71	15/07/93	4	Buffalo (USA)
45	BOWDEN Philippa	32:33,10		95	19/05/18	5f1	London
46	WILKINSON Sarah	32:34,7		70	22/07/00	4	Watford
47	SMALL Louise	32:34,73		92	19/05/18	7f1	London (GBR)
48	STEEL Gemma	32:34,81		85	03/06/12	9	Bilbao (ESP)
49	STOCKTON Stevie	32:35,26		89	19/05/18	8f1	London (GBR)
50	WALDRON Sarah	32:36,07		88	06/04/12	4	Stanford (USA)
51	TITTERINGTON Helen	32:36,09		69	09/08/89	4	Duisburg (GER)
52	MURRAY Rebecca	32:36,32		94	20/05/23	18	London
53	NESBITT Jennifer	32:38,45		95	19/05/18	10f1	London (GBR)
54	SAMUELS Sonia	32:39,36		79	04/05/14	19	Palo Alto (USA)
55	GORECKA Emelia	32:39,37		94	19/05/18	11f1	London (GBR)
56	GILL Victoria	32:41,17		80	30/04/04	11	Stanford (USA)
57	CLAGUE Jennifer	32:41,29		73	20/06/93	5	Hengelo (NED)
58	COULSON Jess	32:41,59		90	16/05/15	2	London (GBR)
59	SHIELDS Jane	32:42,0		60	24/08/88	2	Battersea (GBR)
60	HULLEY Angela	32:42,84		62	06/08/89	3	Gateshead (GBR)

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32:27,27

### 8 AUSTRALIA



1	JOHNSON Benita	30:37,68		79	23/08/03	8	Paris Saint-Denis (FRA)
2	ONDIEKI Lisa	31:11,72		60	30/06/92	1	Helsinki (FIN)
3	WELLINGS Eloise	31:14,94		82	12/08/16	10	Río de Janeiro (BRA)
4	DAVIES Rose	31:18,54		99	06/05/22	3	San Juan Capistrano (USA)
5	PASHLEY Ellie	31:18,89		88	28/09/19	13f1	Doha (QAT)
6	DIVER Sinead	31:25,49		77	28/09/19	14f1	Doha (QAT)
7	POWER Susie	31:26,34		75	06/12/01	1	Melbourne
8	BATT-DOYLE Isobel	31:40,10		95	14/05/22		London (GBR)
9	HILLS Madeline	31:41,10		87	05/05/17	7	Palo Alto (USA)
10	McGREGOR Hayley	31:43,14		79	04/12/03	1	Melbourne
11	POMPEANI Leanne	31:45,90		96	06/05/23	4	Walnut (USA)
12	SULLOHERN Celia	31:50,75		92	09/04/18	6	Gold Coast
13	RISK Kylie	31:51,71		73	01/06/96	1	Abbotsford (CAN)
14	HOBSON Susan	31:54,57		58	06/05/96	3	Mito (JPN)
15	SCHUWALOW Carolyn	31:54,95		65	10/12/91	1	Melbourne
16	FEARNLEY Clair	31:55,65		75	24/02/00	2	Sydney
17	McCANN Kerryn	31:55,94		67	06/12/99	1	Melbourne
18	LUND Jenny	31:56,35		61	10/12/91	2	Melbourne
19	TAMSETT Lara	32:01,60		88	29/04/12	9r1	Palo Alto (USA)
20	GREGSON Genevieve	32:06,32		89	26/01/21	3	Melbourne
21	HARVEY Natalie	32:07,44		75	03/06/00	2	Sandefjord (NOR)
22	MAZZA-DOWNIE Amelia	32:07,62		99	13/04/23	3	Azusa (USA)
23	RYAN Lauren	32:09,82		98	04/03/23	1	San Juan Capistrano (USA)
24	STANTON Krishna	32:17,37		66	10/12/91	4	Melbourne
25	TRENGOVE Jessica	32:17,67		87	02/05/15	5r2	Palo Alto (USA)
26	WEIGHTMAN Lisa Jane	32:20,14		79	10/12/09	2	Melbourne
27	PLUCK-BRICHACEK Emily	32:22,38		90	13/12/18	4	Melbourne
28	LOWE Rebecca	32:24,70		88	10/12/09	4	Melbourne
29	PERKINS Jacqueline	32:26,34		65	12/12/87	2	Melbourne
30	THOMPSON Anna	32:27,74		76	21/03/06	5	Melbourne
31	CHAPPLE Nicole	32:29,92		81	10/12/09	5	Melbourne
32	SMEE Ruby	32:30,60		00	31/03/23	5	Stanford (USA)
33	DILLON Michelle	32:35,40		73	16/12/93	2	Melbourne
34	O'BRIEN Clare	32:36,96		99	10/06/21	6	Eugene (USA)
35	ANDERSON Kate	32:38,27		73	14/12/95	3	Melbourne
36	CAMPBELL Paige	32:39,16		96	13/12/18	6	Melbourne
37	MILLER Elizabeth Rose	32:41,01		63	17/08/00	2	Sydney
38	PALM Tara	32:42,37		85	24/10/20	3	Adelaide
39	MALAXOS Sue	32:46,90		61	14/12/95	5	Melbourne
40	CROSS Anne	32:48,79		65	24/02/00	4	Sydney
41	CAMPBELL Holly	32:54,94		96	02/12/23	2	Melbourne
42	RUCKLE Tani	32:56,44		62	13/12/90	2	Melbourne
43	SWORDS Katie	32:56,63		76	29/05/96	1	Eugene (USA)
44	DELANEY Bridey	33:04,72		89	08/12/16	2	Melbourne
45	CARNEY Clare	33:06,88		74	15/12/94	5	Melbourne
46	TERRY Joy	33:09,4	mx	68	02/11/89		Canberra
47	RULE Natalie	33:10,38		96	15/12/22	6	Melbourne
48	GALLAGHER Jackie	33:14,16		67	17/12/92	1	Melbourne
49	TURLAND Heather	33:14,40		60	15/12/94	6	Melbourne
50	MICHELSSON Susan	33:14,64		72	17/08/00	5	Sydney
51	FIEN Cassie	33:16,16		85	10/12/09	6	Melbourne
52	ADAMS Caitlin	33:18,25		97	15/12/22	7	Melbourne
53	CARNEY Emma	33:18,53		71	15/12/94	8	Melbourne
54	VERNON Melinda	33:22,70		85	10/12/09	7	Melbourne
55	RAINES-WHITE Angela	33:22,97		74	15/12/94	9	Melbourne
56	OZANNE-JAQUES Clio	33:23,86		99	10/06/21	17	Eugene (USA)
57	CLARK Milly	33:24,89		89	11/12/14	7	Melbourne
58	CONNOLLY Carole	33:27,20		68	08/12/89	4	Melbourne
59	PIERSON Sally	33:28,1		63	14/02/84	2	Melbourne
60	CLAYTON Lynn	33:28,58		57	10/12/91	5	Melbourne



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32:34,17

## 9 GERMANY



1	KLOSTERHALFEN Konstanze	31:01,71		97	27/02/21	1	Austin (USA)
2	WESSEL Kathrin	31:03,62		67	30/06/91	1	Frankfurt
3	DATKE Miriam	31:10,21		98	20/05/23	6	London (GBR)
4	MOCKENHAUPT Sabrina	31:14,21		80	15/08/08	13	Beijing (CHN)
5	BRUNS Ulrike	31:19,76		53	30/08/86	3	Stuttgart
6	REH Alina	31:19,87		97	08/06/19	1	Essen
7	PIPPIG Uta	31:21,36		65	28/05/92	2	Jena
8	MIKITENKO Irina	31:29,55		72	07/04/01	2	Barakaldo (ESP)
9	BIBA-PÖSCHL Iris	31:52,09		64	01/07/89	2	Oslo (NOR)
10	WASSILUK Petra	31:52,2		69	27/06/00	2	Strasbourg (FRA)
11	PRESSLER Kerstin	31:55,51		62	19/07/90	1	Dortmund
12	LOKAR Claudia	31:57,90		64	09/08/95	1	Minden
13	TESKE Charlotte	32:00,26		49	04/09/83	2	Knarvik (NOR)
14	STEINRUCK Katharina	32:03,88		89	28/05/22	3f1	Pacé (FRA)
15	KRAUS Melanie	32:12,40		74	04/09/99	7r2	Troisdorf
16	MAYER Domenika	32:14,34		90	06/05/23	1	Mittweida
17	JERSCHABEK Birgit	32:14,75		69	27/06/90	6	Helsinki (FIN)
18	VEITH Gabriele	32:17,22		56	30/08/86	13	Stuttgart
19	DIETERICH Eva	32:17,75		99	06/05/23	2	Mittweida
20	GEHRING Anna	32:20,37		96	23/06/18	2	Regensburg
21	SCHÄFER Monika	32:27,2		59	03/10/91	1	Wetzlar
22	HARRER Corinna	32:27,75		91	03/05/14	1	Aicbach
23	METZNER Claudia	32:29,86		66	10/06/94	8	Paris (FRA)
24	HECKEL Emma	32:31,42		02	31/03/23	6	Stanford (USA)
25	MÖLLER Michaela	32:31,91		73	27/05/00	3	Troisdorf
26	BIBERNELL Ines	32:32,28		65	01/06/86	3	Erfurt
27	ZAITUC Luminita	32:35,90		68	19/05/01	1r1	Kandel
28	TANNER Natalie	32:36,15		95	30/03/18	8	Palo Alto (USA)
29	OBEREM Sonja	32:39,50		73	24/05/97	3	Osnabrück
30	SCHÄNING Anke	32:39,78		70	02/06/90	3	Potsdam
31	SCHULZ Melanie	32:40,09		79	11/05/02	2	Dessau
32	DREHER Claudia	32:41,90		71	24/08/96	1	Troisdorf
33	SCHÖNEBORN Rabea	32:45,81		94	06/05/23	3	Mittweida
34	KÖSTER Dörte	32:46,63		73	16/05/96	5	Koblenz
35	WESSINGHAGE Ellen	32:52,93		48	05/07/86	12	Oslo (NOR)
36	RIEMANN Gabriele	32:54,99		62	24/09/82	2	Tokyo (JPN)
37	MAI Christina Angela	32:55,18		61	05/06/91	3	Potsdam
38	KERRES Maria	32:58,65		96	07/05/22	5	Pliezhausen
39	DÖRRE Juana Katrin	33:00,0		61	30/05/84	1	Leipzig
40	SOETHOUT Jana Janine	33:02,02		89	12/06/14	8	Eugene (USA)
41	SCHÖNEBORN Deborah	33:02,87		94	01/05/21	2	Mainz
42	WINKELMANN Antje	33:03,20		65	12/10/88	1	Wildeck-Obersuhl
43	RESTLE Simret	33:06,8		84	01/05/10	2	Ohrdruf
44	KALINOWSKI Tanja	33:08,36		68	28/05/92	8	Jena
45	HERZBERG Kerstin	33:08,4		66	20/08/93		Lübeck
46	PINGPANK Svenja	33:08,72		96	07/05/22	6	Pliezhausen
47	HOFMANN Elvira	33:11,3		61	20/07/83	1	Bad Mergentheim
48	BORGESCHULZE Claudia	33:11,96		64	12/06/87	4	Essen
49	WULSCH Sigrid Elisabeth	33:12,05		53	12/06/87	5	Essen
50	KOCK Maren	33:14,32		90	03/05/14	3	Aicbach
51	JAMROZY Ute	33:14,83		64	04/06/86	4	Indianapolis (USA)
52	GROSSERT Doris	33:16,8		61	05/10/94	1	Unterlüß
53	HOLZSCHUH Andrea	33:19,38		63	24/05/97	7	Osnabrück
54	KLEY Kathrin	33:19,67		68	18/07/86	1	Athen (GRE)
55	BONDARENKO Olga	33:19,68		60	12/09/97	1	Aichach
56	RITTER Susanne	33:19,82		78	01/10/04	1	Neuhofen (AUT)
57	RENZ Sylvia	33:20,0		69	06/08/98		Berlin
58	KLEINMANN Larissa	33:20,05		78	27/05/00	7	Troisdorf
59	KNETSCH Sabine	33:20,52		66	10/07/87	3	Gelsenkirchen
60	SCHMIDT Astrid	33:22,30		63	03/06/86	3	Essen

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32:40,54

10 SPAIN



1	DOMINGUEZ Marta	30:51,69		75	07/08/06	7	Göteborg (SWE)
2	VAQUERO Julia	31:14,51		70	05/04/97	1	Barakaldo
3	RECIO Teresa	31:43,80		63	26/08/99	8	Sevilla
4	LARRAGA Maria Luisa	31:45,85		70	06/04/02	3r1	Camaioire (ITA)
5	GONZALEZ Griselda	31:46,4		65	12/08/00	3	Gijón
6	CENTENO Yesenia	31:49,58		71	20/07/03	2	Pontevedra
7	MORATO Rosa María	31:54,16		79	13/03/10	1	Manresa
8	BARRACHINA Gema	31:54,64		86	13/03/10	2	Manresa
9	GEBRE Trihas	31:55,01		90	13/04/19	1f1	Burjassot
10	RIOS Rocio	32:00,11		69	06/04/96	5	Leiria (POR)
11	ABEL Maria	32:02,2		74	12/08/00	5	Gijón
12	BARREIRO Isabel	32:03,37		99	25/03/23	1	Burjassot
13	HERRERO Paula	32:05,35		96	25/03/23	2	Burjassot
14	CHECA Isabel	32:07,78		82	12/07/08	1	Vigo
15	MELERO Maitane	32:08,57		83	28/05/22	5f1	Pacé (FRA)
16	RUIZ Cristina	32:08,70		99	25/03/23	3	Burjassot
17	SANTIAGO Beatriz	32:12,6		68	12/08/00	6	Gijón
18	CARDAMA Carmela	32:16,13		96	10/06/21	1	Eugene (USA)
19	CHECA Dolores	32:22,21		82	29/03/14	3	Lisboa (POR)
20	SANCHEZ-ESCRIBANO Irene	32:22,58		92	09/04/22	2f1	Faro (POR)
21	PIEDRA Amaia	32:23,08		72	12/04/03	8	Athína (GRE)
22	ALVAREZ Beatriz	32:25,82		94	09/04/22	3f1	Faro (POR)
23	FUENTES Carmen	32:26,66		65	11/06/95	2	Basel (SUI)
24	ALONSO Ana Isabel	32:28,7		63	30/07/88	1	Vigo
25	NAVARRETE Esther	32:34,23		90	25/03/23	5	Burjassot
26	RODRIGUEZ Lidia	32:38,25		86	29/03/14	5	Lisboa (POR)
27	AGUILAR Alessandra	32:42,49		78	12/04/03	13	Athína (GRE)
28	MORENO Maria Elena	32:46,60		79	16/07/06	2	Avilés
29	PRIEGO Laura	32:49,90		98	25/03/23	7	Burjassot
30	MARTIN Diana	32:50,06		81	29/03/14	6c1	Lisboa (POR)
31	PONT Mónica	32:51,33		69	15/07/93	6	Buffalo (USA)
32	LUGUEROS Nuria	32:52,89		88	07/04/18	2f1	Braga (POR)
33	SOLER Meritxell	32:54,28		92	28/05/22	17f1	Pacé (FRA)
34	BEJARANO Sonia	32:55,27		81	06/04/13	4	Mataró
35	GONZALEZ Paula	32:56,13		85	29/03/14	9c1	Lisboa (POR)
36	ESTEVEZ María Estela	32:56,93		65	09/04/94	3	Braga (POR)
37	MUÑOZ María Luisa	32:57,49		59	06/07/96	1	Gijón
38	MARTIN Jacqueline	32:59,93		74	05/06/10	14	Marseille (FRA)
39	FERNANDEZ de CASTRO Marta	33:00,03		71	01/04/00	20c1	Lisboa (POR)
40	DIAZ Azucena	33:03,36		82	06/04/13	5	Mataró
41	CARRETERO Tania	33:04,43		91	19/05/18	19f1	London (GBR)
42	PASTOR Nuria	33:05,90		66	06/04/96	14	Leiria (POR)
43	FERNANDEZ Blanca	33:07,58		92	13/04/19	6f1	Burjassot
44	PULIDO María Dolores	33:08,75		74	02/04/05	7	Barakaldo
45	NAVASCUES Estela	33:10,68		81	02/04/11	5	Pontevedra
46	GALIMANY Marta	33:11,41		85	10/04/21	2f1	Torre Vieja
47	MARTIN Gema	33:11,67		87	13/04/19	7f1	Burjassot
48	TARRAGA Rosalía	33:15,28		96	09/04/22	5f1	Faro (POR)
49	MARTINEZ María Isabel	33:16,00		72	06/04/96	16	Leiria (POR)
50	GARCIA Alba	33:20,19		83	29/03/14	11c1	Lisboa (POR)
51	SILVESTRE Marta	33:20,39		82	03/06/12	20	Bilbao
52	CALLEJA Mercedes	33:20,68		58	30/08/86	24	Stuttgart (GER)
53	URBINA María Teresa	33:21,36		85	13/04/19	8f1	Burjassot
54	PEREZ María José	33:22,78		92	07/04/18	4f1	Braga (POR)
55	ARRIBAS Patricia	33:23,01		77	30/07/99	3	Göteborg (SWE)
56	PULIDO María Teresa	33:27,66		74	13/07/02	7	Barakaldo
57	RODRIGUEZ Angelines	33:28,99		69	11/05/91	3	Vigo
58	MARTINEZ Rocío	33:29,85		75	20/07/03	8	Pontevedra
59	PETITE María Cristina	33:32,5		72	12/08/00	9	Gijón
60	VEIGA Vanesa	33:34,56		79	04/06/11	19	Oslo (NOR)

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32:50,71

11 ITALY

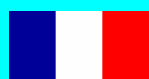


1	VICECONTE Maura	31:05,57			67	05/08/00	5	Heusden-Zolder (BEL)
2	BATTOCLETTI Nadia	31:06,42			00	20/05/23	3	London (GBR)
3	SOMMAGGIO Silvia	31:24,12			69	05/08/00	6	Heusden-Zolder (BEL)
4	GUIDA Maria	31:27,82			66	09/08/95	4	Göteborg (SWE)
5	INGLESE Veronica	31:37,43			90	06/07/16	6	Amsterdam (NED)
6	EJJAFINI Nadia	31:45,14			77	03/06/12	5	Bilbao (ESP)
7	BALSAMO Agata	31:56,49			70	31/05/00	2	Trento
8	DANDOLO Nadia	32:02,37			62	31/08/90	5	Split (CRO)
9	CURATOLO Maria	32:04,34			63	30/08/86	10	Stuttgart (GER)
10	MUNEROTTO Rosanna	32:05,75			62	27/08/91	14h1	Tokyo (JPN)
11	WEISSTEINER Silvia	32:09,26			79	07/08/06	14	Göteborg (SWE)
12	ARNAUDO Anna	32:09,54			00	28/05/22	7f1	Pacé (FRA)
13	BRUNET Roberta	32:12,13			65	05/05/96	2	Pietrasanta
14	STRANEO Valeria	32:15,87			76	03/06/12	6	Bilbao (ESP)
15	VARRONE Sabrina	32:20,56			72	10/04/99	13r1	Barakaldo (ESP)
16	FERRARI Sara	32:25,44			77	05/08/00	8	Heusden-Zolder (BEL)
17	MARCONI Gloria	32:28,65			68	12/04/03	9	Athina (GRE)
18	DOSSENA Sara	32:30,47			84	06/07/19	10f1	London (GBR)
19	EPIS Giovanna	32:34,01			88	28/05/22	12f1	Pacé (FRA)
20	TISI Patrizia	32:34,04			71	03/04/04	5	Maribor (SLO)
21	ANDREUCCI Lucilla	32:36,34			69	27/06/97	6	Reims (FRA)
22	MATTUZZI Isabel	32:36,50			95	18/05/19	1	Monselice
23	SCAUNICH Emma	32:37,2			54	18/05/91	2	Roma
24	RUNGGER Renate	32:38,17			79	07/08/06	18	Göteborg (SWE)
25	RABOUR Allison	32:38,96			67	29/08/89	5	Duisburg (GER)
26	ROMAGNOLO Elena	32:39,12			82	03/07/12	10	Bilbao (ESP)
27	TOMASINI Cristina	32:40,22			58	05/06/86	6	Oslo (NOR)
28	CONSOLE Rosaria	32:47,70			79	04/07/11	8s1	Oslo (NOR)
29	MANCIA Tullia Orietta	32:54,9			68	18/05/91	3	Roma
30	dal RI Federica	32:55,12			80	05/07/10	12	Marseille (FRA)
31	CRUCIATA Silvana	33:02,0			53	02/05/81	1p	Roma
32	PINNA Claudia	33:02,37			77	03/07/12	12	Bilbao (ESP)
33	PALMERO Elisa	33:02,48			99	03/06/23	12	Pacé (FRA)
34	NESTOLA Sara	33:05,54			01	03/06/23	14	Pacé (FRA)
35	MARAOUI Fatna	33:05,79			77	07/04/07	6	Ferrara
36	RAGNO Patrizia	33:05,9			72	13/09/97	1	Reggio Calabria
37	ROTA GELPI Rosita	33:08,34			73	06/04/02	3s1	Camaioire
38	QUAGLIA Emma	33:13,8			80	02/10/10	1	Belluno
39	VIOLA Simona	33:14,1			71	20/04/96	1	Roma
40	LONEDO Rebecca	33:15,86			96	28/05/22	3f2	Pacé (FRA)
41	FIACCONI Franca	33:17,85			65	08/05/99	2	Sulmona
42	INCERTI Anna	33:19,01			80	11/05/03	2	Lumezzane
43	SICARI Vincenza	33:28,44			79	11/05/03	3	Lumezzane
44	GALIMBERTI Sara	33:29,48			91	02/05/15	25s2	Palo Alto (USA)
45	SCURTI Annalisa	33:29,65			69	13/09/90	2	Pescara
46	MARCHISIO Rita	33:29,68			50	29/08/84	2	Rovereto
47	GAVIGLIO Flavia	33:30,32			63	07/04/01	14	Barakaldo
48	REA Elisa	33:32,40			68	05/05/96	5	Pietrasanta
49	YAREMCHUK Sofii	33:33,50			94	11/04/21	1	Lanuvio
50	MOLTENI Cristina	33:33,92			00	25/05/23	27h1	Sacramento (USA)
51	GENOVESE Bruna	33:36,03			76	15/05/05	3	Vigna di Valle
52	VASARI Giorgia	33:37,83			87	06/06/09	12	Ribeira Brava
53	POSSAMAI Agnese	33:39,02			53	13/09/90		
54	BOTTICELLI Silvia	33:44,64			68	23/06/92		
55	COLLI Gaia	33:44,90			99	09/07/21	4f1	Tallinn (EST)
56	TONIOLO Deborah	33:46,51			77	15/05/05	4	Vigna di Valle
57	CASCAVILLA Maria Chiara	33:47,00			95	06/07/19	14f2	London (GBR)
58	SELVA Giovanna	33:47,41			00	28/05/22	11f2	Pacé (FRA)
59	SOUFYANE Laila	33:49,18			83	17/04/11	4	Rieti
60	CURTI Nives	33:50,28			69	04/05/97	8r2	Torino

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32:51,52

12 FRANCE



1	DAUNAY Christelle	31:35,81			74	03/06/12	3	Bilbao (ESP)
2	MURCIA Rosario	31:42,83			64	25/04/92	2	Lommel (BEL)
3	YVELAIN Fatima	31:43,29			69	01/04/00	1r1	Lisboa (POR)
4	SERGENT Annette	31:51,68			62	31/08/90	3	Split (CRO)
5	CALVIN Clémence	31:52,86			90	07/06/14	1r1	Skopje (MKD)
6	BITZNER Blandine	31:53,38			65	10/04/99	8r1	Barakaldo (ESP)
7	MARAOUI-QUETIER Rakiya	31:56,1			67	27/06/00	3	Strasbourg
8	FATES Farida	31:58,63			62	06/04/96	4	Leiria (POR)
9	MAURY Margaret	32:01,01			74	03/04/04	1r1	Maribor (SLO)
10	WESTPHAL Liv	32:02,38			93	06/07/19	4f1	London (GBR)
11	BELKACEM Yamna	32:05,98			74	17/06/01	11	Villeneuve d'Ascq
12	DÄLLENBACH Chantal	32:06,99			62	16/06/96	3	La Celle Saint-Cloud
13	OHIER Odile	32:09,13			63	03/07/91	2	Reims
14	DAHMANI Zahia	32:10,21			72	27/06/97	2	Reims
15	WOLDU Mekdes	32:11,72			92	28/05/22	8f1	Pacé
16	LEVEQUE Nicole	32:12,07			51	13/08/94	11	Helsinki (FIN)
17	PRASAD Nadia	32:24,96			67	13/07/94	2	Saint-Maur
18	LOISEAU Christine	32:25,99			60	30/08/86	15	Stuttgart (GER)
19	TRABY Leila	32:26,03			79	12/08/14	3	Zürich (SUI)
20	BOURGAILH-HADDIOUI Saadia	32:26,91			72	06/06/08	2r2	Saint-Maur
21	MOROIANU Rodica Daniela	32:27,81			80	06/04/02	8r1	Camaione (ITA)
22	ZARBO Alessia	32:28,57			01	13/05/22	2	Eugene (USA)
23	JEPTOOO Susan	32:31,80			87	05/06/21	3f1	Birmingham (GBR)
24	GADI Hafida	32:32,84			74	13/07/02	2	Barakaldo (ESP)
25	DUARTE Sophie	32:34,07			81	19/05/18	6f1	London (GBR)
26	MEZEGHRANE Samira	32:37,35			79	29/08/20	1	Pacé
27	LELUT Maria	32:38,88			56	13/08/88	2	Tours
28	FAHROUN Hana	32:39,75			74	16/06/06	4	Saint-Maur
29	BARDELLE Christine	32:42,82			74	06/06/09	7	Ribeira Brava (POR)
30	KLILECH-FAUVEL Fatiha	32:46,73			75	16/06/06	5	Saint-Maur
31	CHEBILI Rkia	32:47,38			74	05/04/97	7	Bilbao (ESP)
32	VILLETON Jocelyne	32:51,37			54	13/08/88	3	Tours
33	BONNET Françoise	32:55,73			57	13/08/88	4	Tours
34	HAJJAMI Fatima	32:56,6			66	27/06/00	8	Strasbourg
35	BORNET Sylvie	32:56,67			60	01/07/89	10	Oslo (NOR)
36	LINSOLAS Muriel	32:57,83			65	17/07/98	1	Niort
37	CLOUVEL Annick	33:01,66			63	13/07/94	3	Saint-Maur
38	JULIEN Mélody	33:07,25			99	29/08/21	9f1	Pacé
39	DELANIS Emeline	33:07,85			97	29/03/19	25	Palo Alto (USA)
40	SIERACKI Margaux	33:09,80			99	28/05/22	21f1	Pacé
41	TEJERA-BERNARD Nathalie	33:14,4			68	16/04/94	2	La Flèche
42	ALLIER Melanie	33:18,75			99	22/04/23	1	Pace
43	OLIVERAS Carmen	33:21,45			71	05/06/02	1	Marseille
44	HADJI Leila	33:21,59			98	16/04/22	2	Pacé
45	OHIER Marie-helene	33:25,05			61	27/06/90	4	Reims
46	ROLLIN Méline	33:28,05			98	28/05/22	7f2	Pacé
47	SÉNÉCHAL Mathilde	33:32,93			98	16/04/22	4	Pacé
48	LEDHEM Fadouwa	33:35,75			87	11/06/22		Leiden (NED)
49	OPPLIGER-BOUCHONNEAU Martine	33:42,5			57	28/08/82		Hamm
50	SALORD Aude	33:47,41			88	19/05/17		Uster
51	DAVIS Cassandra	33:48,71			61	13/08/89		Tours
52	CHAUVEL Valerie	33:49,04			69	26/07/91		Dijon
53	de la BRUYERE Emily	33:51,87			93	16/04/22	5	Pace
54	KOROTCHANSKY Aude	33:56,59			91	22/04/23	2	Pace
55	CHAIGNEAU Camille	33:57,29			87	29/08/20		Pace
56	BLEUNVEN Laetitia	33:58,77			92	22/04/23	3	Pace
57	FUSEAU-CHESIERE Christelle	33:58,97			71	10/06/92		Saint-Maur
58	GUERIN Aurore	34:02,25			90	27/04/16		Paris
59	KUSTER Line	34:04,28			67	13/07/94		Saint-Maur
60	LORAIN Eugenie	34:04,56			00	12/06/21		Leiden (NED)

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32:55,69

13 CANADA



1	SECCAFIEN Andrea	31:13,94		90	14/05/21	1	Irvine (USA)
2	WODAK Natasha	31:41,59		81	02/05/15	8r1	Palo Alto (USA)
3	BABCOCK Courtney	31:44,74		72	02/05/03	5	Palo Alto (USA)
4	MARCHANT Lanni	31:46,94		84	02/05/15	11r1	Palo Alto (USA)
5	LEE-FRENCH Susan	31:50,51		60	30/09/88	8	Seoul (KOR)
6	CLIFF Rachel	31:54,88		88	02/05/19	10	Palo Alto (USA)
7	ROUILLARD Carole	31:56,74		60	27/08/91	8h1	Tokyo (JPN)
8	MONTGOMERY Carole	32:11,79		66	14/04/00	2r2	Walnut (USA)
9	ROOKS-TINARI Nancy	32:14,05		59	30/09/88	13	Seoul (KOR)
10	CONNELLY Tina	32:21,27		70	14/04/00	6r2	Walnut (USA)
11	BUSSIÈRES Lizanne	32:28,38		61	29/09/89	3	Duisburg (GER)
12	GROVE Andrea	32:29,69		73	04/05/08	15r1	Palo Alto (USA)
13	MIDDLETON Kinsey	32:30,82		92	29/03/19	16	Palo Alto (USA)
14	SEXTON Leslie	32:31,89		87	14/05/22	1	Burnaby
15	LARKIN Gracelyn	32:32,61		01	31/03/23	7	Stanford (USA)
16	HANNAH Rachel	32:36,17		86	02/05/15	24r1	Palo Alto (USA)
17	PROUSE Charlotte	32:38,81		97	13/05/21	1	Clovis (USA)
18	WRIGHT Megan	32:40,40		82	01/05/11	11	Stanford (USA)
19	HARVEY Lisa	32:40,47		70	30/05/93	4	Coquitlam
20	LABEAUD Natasha	32:43,14		87	04/05/14	23	Palo Alto (USA)
21	BERENDA Susan	32:43,49		61	20/06/86	4	Ottawa
22	QUINN-SMITH Tara	32:43,54		79	01/05/05	12	Stanford (USA)
23	SMITH Lucille	32:46,84		67	30/04/04	13	Stanford (USA)
24	ALLISON Katrina	32:47,15		94	02/05/15	12r2	Palo Alto (USA)
25	MARQUETTE Ulla	32:48,24		58	29/05/94	4	Vancouver
26	MOTA Jacqueline	32:50,36		66	01/06/96	6	Richmond (USA)
27	DUPRE Sarah	32:52,86		76	30/04/04	14	Stanford (USA)
28	SETLACK Emily	32:56,83		80	13/06/19	3	Burnaby
29	GOLLISH Sasha	32:56,89		81	14/05/22	2	Burnaby
30	BATTERINK Laura	33:00,89		84	06/12/15	9	Sacramento (USA)
31	COATES Victoria	33:01,13		91	09/06/18	6	Portland (USA)
32	BOYD Cleo	33:02,29		93	11/08/21	1	Ottawa
33	ELMORE Malindi	33:08,66		80	18/06/21	1	Burnaby
34	BROWN Megan	33:10,47		85	08/05/11	1	London (GBR)
35	AYERS Kate	33:11,72		95	23/06/23	2	Langley
36	EVANOFF Elena	33:12,1		64	26/04/86	5	Walnut (USA)
37	MACROW Anne Marie	33:12,60		60	24/09/82	4	Tokyo (JPN)
38	COMEAU Anne-Marie	33:13,89		96	14/05/22	3	Burnaby
39	MACDOUGALL Branna	33:14,21		98	13/05/18	1	London (CAN)
40	SCOTT Briana	33:14,99		90	18/06/21	2	Burnaby
41	PRESEDO Lisa	33:15,35		65	26/07/91	2	Montréal
42	HOWELL Sarah	33:16,01		69	27/06/97		Reims (FRA)
43	ALEXEEFF Lioudmila	33:19,72		65	20/04/96	13	Walnut (USA)
44	LEGAULT Élissa	33:19,94		94	14/05/22	4	Burnaby
45	LAPIERRE Odette	33:22,21		55	20/06/86	6	Ottawa
46	DOETZEL Danette	33:23,22		86	03/05/09	1	Philadelphia
47	KING Michelle	33:26,49		69	26/06/99	2	Winnipeg
48	JOHNS Rhiannon	33:29,99		90	30/03/13	16	Stanford
49	WIGHTMAN Beth	33:30,52		81	10/06/07	1	Abbotsford
50	NUKURRI Diane	33:31,69		84	31/03/07	11s1	Palo Alto
51	KROSHUS Emily	33:32,45		83	16/04/04	3	Walnut
52	ALLISON May	33:35,93		64	28/07/94	6	Victoria
53	HOWE Carol	33:37,94		65	03/06/00	9	Burnaby
54	TUCK Lilly	33:39,54		01	23/03/23	14	Raleigh (USA)
55	CAMPBELL Anita	33:40,22		87	28/03/09	7	Palo Alto (USA)
56	WILEY Kate	33:41,05		62	20/06/86	7	Ottawa
57	MYRAND Melanie	33:42,66		85	22/08/20	1	Quebec City
58	BECKER Alex	33:44,63		87	28/03/09	8	Palo Alto (USA)
59	WOOD Charlotte	33:45,95		00	31/03/23	16r2	Stanford (USA)
60	SUMNER Claire	33:47,76		95	11/06/17	6	Portland (USA)

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32:57,55

14 PORTUGAL



1	RIBEIRO Fernanda	30:22,88		69	30/09/00	3	Sydney (AUS)
2	MOREIRA Sara	31:12,93		85	11/04/15	1	Huelva (ESP)
3	MONTEIRO Inês	31:13,58		80	05/06/10	1	Marseille (FRA)
4	FERREIRA Maria Conceição	31:16,42		62	30/06/92	2	Helsinki (FIN)
5	FÉLIX Ana Dulce	31:19,03		82	06/07/16	2	Amsterdam (NED)
6	AUGUSTO Jessica	31:19,15		81	27/05/10	3	Ostrava (CZE)
7	CUNHA Aurora	31:29,41		59	05/07/86	2	Oslo (NOR)
8	DIAS Maria Albertina	31:33,03		65	21/08/93	7	Stuttgart (GER)
9	DIAS Ana	31:38,48		74	02/04/03	3	Athína (GRE)
10	BASTOS Marina	31:41,38		71	10/04/99	4r1	Barakaldo (ESP)
11	SAMPAIO Helena	31:43,22		75	10/04/99	5r1	Barakaldo (ESP)
12	MACHADO Albertina	31:46,61		61	04/09/87	7	Roma (ITA)
13	MARQUES Fernanda	31:53,12		66	13/08/94	7	Helsinki (FIN)
14	ROCHA Carla Salomé	32:05,82		90	21/05/16	4	London (GBR)
15	MACHADO Manuela	32:09,1		63	20/07/94	1	Maia
16	RIBEIRO Sara Catarina	32:21,19		90	02/06/18	4	Maia
17	ROSA Mónica	32:22,25		78	07/04/01	3	Barakaldo (ESP)
18	GAMA Monica	32:26,41		70	25/08/89	2	Varaždin (CRO)
19	OLIVEIRA Ana Paula	32:27,66		70	10/06/94	6	Paris (FRA)
20	MOTA Rosa	32:33,51		58	27/07/85	6	Oslo (NOR)
21	SENA Felicidade	32:33,94		59	27/07/91	4	Maia
22	CORREIA Ana	32:35,01		67	05/04/97	5	Barakaldo (ESP)
23	ROSA Analia	32:44,93		76	15/04/06	9	Antalya (TUR)
24	NUNES Teresa	32:49,96		67	05/04/97	8	Barakaldo (ESP)
25	SILVA Fátima	32:51,90		70	06/04/96		Leiria
26	DIAS Manuela	32:52,15		63	23/05/92		Maia
27	NEVES Fátima	32:52,84		63	02/05/93		Barakaldo (ESP)
28	OLIVEIRA Rosa	33:01,98		66	02/05/93		Barakaldo (ESP)
29	MOTA Jackie	33:03,82		66	06/04/96		Leiria
30	BARROS Marisa	33:04,58		80	06/06/09		Ribeira Brava
31	CARNEIRO Leonor	33:05,92		78	01/07/12		Helsinki (FIN)
32	CUNHA Daniela	33:07,20		90	22/06/06	3	Braga
33	PEREIRA Cláudia	33:10,12		76	29/03/14		Lisboa
34	CARVALHO Lucília Soares	33:11,79		62	19/05/90		Lisboa
35	ELIAS Adélia	33:12,21		74	06/04/02		Camaione (ITA)
36	CABRAL Fátima	33:17,00		72	06/04/96		Leiria
37	PEIXOTO Doroteia	33:20,37		83	24/03/12		Lisboa
38	SANTOS LEITÃO Cátia	33:21,98		92	19/05/18	25f1	London (GBR)
39	GODINHO Susana	33:23,31		92	13/04/19	9f1	Burjassot (ESP)
40	FERREIRA Ana Mafalda	33:29,47		88	13/04/19	11f1	Burjassot (ESP)
41	SILVA Mónica	33:32,55		83	02/04/11		Pontevedra (ESP)
42	GUIMARÃES Luzia Dias	33:37,87		70	09/04/94		Braga
43	FRANCISCO Susana	33:42,38		91	13/04/19	12f1	Burjassot (ESP)
44	LEMOS Lia	33:47,66		01	04/06/22	2	Maia
45	TORRE Analídia	33:50,17		76	10/04/00		Lisboa
46	PISOEIRO Emilia	33:52,59		86	10/04/21	2	Coimbra
47	DUARTE Sara	33:46,72		99	20/05/23	31	London (GBR)
48	CUNHA Susana	33:53,38		88	13/04/19	13f1	Burjassot (ESP)
49	MACHADO Olga	33:54,02		78	28/06/02		Braga
50	COSTA Filomena	33:59,92		85	02/04/11		Pontevedra (ESP)
51	MINEIRO La Salette	34:00,68		68	02/05/93		Barakaldo
52	MOREIRAS Lucinda	34:02,91		68	21/03/98		Maia
53	MACHADO Carla	34:05,74		70	02/05/93		Barakaldo
54	FERREIRA Joana	34:06,47		97	10/04/21	5	Coimbra
55	BORRALHO Rita	34:13,45		54	24/05/85		La Coruña (ESP)
56	MACHADO Ercília	34:17,07		86	29/03/14		Lisboa
57	MARTINS Marta	34:17,64		92	06/04/13		Mataró
58	LOBO Helena	34:34,35		68	27/07/91		Maia
59	SOUSA Daniela	34:51,37		93	23/03/19	1	Ribeira Brava
60	MARTINHO Carla	35:00,52		76	25/03/23	18	Burjassot (ESP)

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33:06,21

15 UKRAINE



1	BERKUT Natalya	31:08,89			75	25/06/04	3	Tula (RUS)
2	VYAZOVA Yelena	31:09,40			60	04/09/87	2	Roma (ITA)
3	DOMORADSKAYA Anna	31:48,23			53	27/07/82	1	Kyiv
4	SKRYPAK Olha	31:51,32			90	01/07/12	3	Helsinki (FIN)
5	ZINENKO Valeriya	31:55,60			95	15/08/22	7	München (GER)
6	GOLOVCHENKO Tatyana	31:59,98			80	07/04/07	2	Ferrara (ITA)
7	LAGUNKOVA Natalya	32:17,58			59	02/08/88	8	Kyiv
8	SHEVCHENKO Tatyana	32:20,5			63	01/10/86	1	Alushta
9	DZHABRAYLOVA Tatyana	32:23,20			65	01/06/88	1	Sochi (RUS)
10	KOZEL Olga	32:26,37			70	10/06/02	2	Donetsk
11	MYKHAYLOVA Darya	32:27,41			89	06/07/19	8f1	London (GBR)
12	NEKHOROSH Svitlana	32:29,6			73	08/07/01	4	Tula (RUS)
13	KOBA Tamara	32:34,95			57	23/06/92	5	Moskva (RUS)
14	KLYUKINA Mariya	32:37,40			49	19/09/81	4	Moskva (RUS)
15	KALYUZHNA Viktoriya	32:39,63			94	09/09/22	2	Lutsk
16	PLASTININA Yelena	32:42,69			63	02/08/88	13	Kyiv
17	DANILYUK Marina	32:46,56			60	19/09/81	6	Moskva (RUS)
18	PROKOFYEVA Yevheniya	32:46,95			95	24/04/21	2	Cherkasy
19	SERDYUK Olena	32:48,54			81	19/07/18	1	Lutsk
20	PEDAN Anna	32:48,80			61	08/06/86	13	Leningrad (RUS)
21	HAMERA-SHMYRKO Tetyana	32:50,13			83	01/06/12	11	Eugene (USA)
22	KOVRIZHKINA Nina	32:54,20			65	23/07/94	2	Kyiv
23	SHMATENKO Yuliya	32:57,31			91	19/05/18	17f1	London (GBR)
24	VASILYUK Mariya	32:59,72			62	09/06/85	9	Moskva (RUS)
25	SEMYONOVA Bohdana	33:01,55			99	15/08/20	3	Lutsk
26	KOTOVSKA Olha	33:01,96			83	06/07/19	22f1	London (GBR)
27	VASILYEVA Yelena	33:03,0			48	13/08/81	1	Leningrad (RUS)
28	GORBULYA Olena	33:09,22			65	21/06/91	3	Kyiv
29	YAGODINA Irina	33:10,2			64	16/09/90	2	Wroclaw (POL)
30	SKLYARENKO Oksana	33:13,39			81	01/07/08	2	Kyiv
31	MEZENTSEVA Tetyana	33:16,61			72	12/04/08	11	Istanbul (TUR)
32	YERMAKOVA Kseniya	33:17,15			60	19/07/87	19	Tallinn (EST)
33	AVERKOVA Anzhelika	33:17,15			69	21/09/99	2	Kyiv
34	VERNYHOR Tetyana	33:21,17			83	06/06/13	1	Yalta
35	RUBAN Yuliya	33:23,66			83	30/05/11	3	Yalta
36	KOVALENKO Lyudmila	33:24,80			89	30/05/11	4	Yalta
37	ANIKIYENKO Nina	33:25,09			58	21/06/91	4	Kyiv
38	STANKO-KLYMENKO Svitlana	33:26,60			76	30/05/11	5	Yalta
39	LEHONKOVA Nataliya	33:31,78			82	19/05/18	7r2	London (GBR)
40	KOTOVSKA Olha	33:33,00			83	30/05/11	6	Yalta
41	NOSENKO Anna	33:33,06			88	06/06/13	2	Yalta
42	KARMANENKO Kateryna	33:36,26			86	06/06/13	3	Yalta
43	BURKOVSKA Olena	33:36,47			81	27/05/12	4	Yalta
44	KHAPILINA Viktoriya	33:36,67			92	06/06/13	4	Yalta
45	DUBOVIK Rimma	33:36,98			64	04/07/93	3	Kyiv
46	IHNATOVA Yuliya	33:38,11			83	01/07/08	3	Kyiv
47	KOVALEVA Yuliya	33:41,8			68	16/09/90	1	Olenitsa
48	SHAFAR Oleksandra	33:41,83			88	19/07/18	5	Lutsk
49	NEMCHENKO Maryna	33:44,13			96	14/07/17	5	Bydgoszcz (POL)
50	HLADYR Tetyana	33:44,70			75	21/09/99	3	Kyiv
51	ZAHRIICHUK Tetyana	33:44,88			84	06/06/13	6	Yalta
52	YAREMCHUK Sofii	33:45,67			94	15/08/20	4	Lutsk
53	YAKYMOVYCH Nataliya	33:46,54			68	21/09/99	4	Kyiv
54	DUBOVIK Olesya	33:53,48			82	03/07/04	2	Yalta
55	SVIRSKAYA Lyubov	33:57,58			60	24/06/84	18	Kyiv
56	KAZNOVSKA Zoya	33:57,96			66	11/07/97	2	Kyiv
57	STEFANISHINA Olha	34:02,97			61	13/07/91	13	Kyiv
58	RAGULINA Vera	34:03,11			68	21/09/99	6	Kyiv
59	BELOVOL Tetyana	34:04,5			69	26/05/95	2	Kyiv
60	SOLTAN Nataliya	34:04,91			95	29/04/18	4r1	Vinnytsya

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33:10,86

16 MEXICO



1	GALVAN Laura Esther	31:04,08	91	04/03/23	6	San Juan Capistrano (USA)
2	FERNANDEZ Adriana	31:10,12	71	01/07/00	3	Brunswick (USA)
3	RODRIGUEZ Dulce María	31:25,33	72	01/05/05	4	Palo Alto (USA)
4	PÉREZ Madaí	31:30,23	80	04/05/08	6r1	Palo Alto (USA)
5	FLORES Brenda	31:45,16	91	02/05/15	10r1	Palo Alto (USA)
6	ROMERO Marisol	31:46,43	83	28/04/13	5r1	Palo Alto (USA)
7	GESABWA Risper	31:48,07	89	28/05/21	2	Portland (USA)
8	ROCHA Nora Leticia	31:56,61	67	29/04/07	5	Palo Alto (USA)
9	APPELL Olga	32:09,6	63	17/04/92	1	Walnut (USA)
10	HERNANDEZ Margarita	32:11,04	85	01/05/16	2r2	Palo Alto (USA)
11	RAMIREZ Andrea Soraya	32:15,67	92	17/04/21	1	Azusa (USA)
12	TAPIA Margarita	32:28,66	76	05/07/04	1	Burnaby (CAN)
13	SERVIN Maria Luisa	32:32,40	62	30/05/92	1	Burnaby (CAN)
14	VALENCIA María Elena	32:36,98	83	04/05/08	16r1	Stanford (USA)
15	JUAREZ Isabel	32:39,70	66	30/05/93	3	Coquitlam (CAN)
16	SANCHEZ Ursula Patricia	32:40,57	87	05/12/20	9f1	San Juan Capistrano (USA)
17	DIAZ Ma. del Carmen	32:42,6	70	20/04/91	2	Walnut (USA)
18	VELAZQUEZ Santa	32:46,9	66	22/04/89	2	Walnut (USA)
19	GOMEZ Zoila	32:47,31	79	19/04/02	4	Walnut (USA)
20	GARCIA Kathya	32:50,37	87	04/05/14	25	Stanford (USA)
21	CABRERA Paola	32:57,3	72	20/04/91	7	Walnut (USA)
22	MENDIOLA Lucia	33:02,78	68	14/04/95	6	Walnut (USA)
23	de la ROSA Vianey	33:03,73	86	19/04/18	4f1	Torrance (USA)
24	PÉREZ Benita	33:04,05	66	14/04/95	8	Walnut (USA)
25	MATEOS América	33:04,98	71	03/06/00	5	Vancouver (CAN)
26	LOPEZ Sandra	33:05,35	84	03/04/15	12	Stanford (USA)
27	del CARMEN Lucía	33:05,8	69	17/04/92	8	Walnut (USA)
28	BETANCOURT Sonia	33:06,8	68	17/04/92		Walnut (USA)
29	JIMENEZ Martha	33:11,8	65	23/04/88	7	Walnut (USA)
30	LOMA María Guadalupe	33:17,16		15/04/94		Walnut (USA)
31	NAVARRO Yuliana	33:18,06		02/05/15	22r2	Stanford (USA)
32	TORRES Daniela	33:18,55	94	06/03/22		Monterrey
33	DOMINGUEZ Genoveva	33:23,6	69	27/04/86	6	Walnut (USA)
34	MOSCOTE Citlali	33:25,80	95	06/02/22	10	Walnut (USA)
35	ESPINOZA Angelica	33:26,87	88	18/04/19	4f2	Torrance (USA)
36	PÉREZ Karina	33:30,84	82	15/04/10	1	Walnut (USA)
37	SANCHEZ Angelica	33:36,09	75	01/05/05	14	Stanford (USA)
38	RUIZ María de Jesús	33:36,16	99	18/04/19	9f2	Torrance (USA)
39	FERNANDEZ Fabiola	33:38,38	82	01/05/10	17	Stanford (USA)
40	ALANIS Fatima	33:39,14	99	26/05/22	3	Allendale (USA)
41	BACA Luisa Daniela	33:44,12	01	24/09/21	1	Monterrey
42	CEDILLO Sara	33:45,62	76	23/08/02	1	Xalapa
43	MEJIA Ana María	33:45,8		04/02/95	6	Monterrey
44	VAZQUEZ Isabel Guadalupe	33:45,80	90	05/02/23	1	Puerto Vallarta
45	CABRERA Emma	33:52,95	64	20/04/96	19	Walnut (USA)
46	REBOLLO Esmelralda	33:55,76	89	13/04/17	5	Torrance (USA)
47	JAIMÉ Blanca Silvia	33:57,5	65	23/04/88		Walnut (USA)
48	MARTINEZ Leticia	33:59,90		17/04/92		Walnut (USA)
49	RONQUILLO Ma. Luisa	34:02,6	56	25/04/87	13	Walnut (USA)
50	REYNA Ma. Elena	34:03,3	61	22/04/89		Walnut (USA)
51	DURAN Trinidad Galeana	34:08,65	64	16/04/93		Walnut (USA)
52	MEZA Cindy	34:12,48	92	08/05/22	1	Xalapa
53	CORONA Claudia	34:14,8	66	17/04/92		Walnut (USA)
54	ZUÑIGA Adriana	34:17,95	90	10/06/17	11	Portland (USA)
55	LOPEZ Susana	34:18,19		14/04/95		Walnut (USA)
56	GOMEZ Violeta Rene	34:18,42	84	19/04/12		Walnut (USA)
57	HONORARO Adela	34:21,06	04	21/07/23	1	Puebla
58	GARCIA Karina	34:21,19	87	05/03/16	2	Monterrey
59	VAZQUEZ Martha Iris	34:22,25	88	05/03/16	3	Monterrey
60	SANCHEZ Mayra	34:22,28	91	23/03/13	2	Acapulco



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33:16,82

17 POLAND



1	JARZYNSKA Karolina	31:43,51			81	27/06/13	9	Ostrava (CZE)
2	GRUCA Dorota	31:52,11			70	08/05/04	1	Police
3	PANFIL Wanda	31:53,83			59	06/07/91	2	Oslo (NOR)
4	JANOWSKA Wioletta	32:16,27			77	08/05/04	2	Police
5	RUTKOWSKA Katarzyna	32:31,40			94	19/05/18	4f1	London (GBR)
6	PYZIK Weronika	32:37,89			96	24/05/18	8h	Sacramento (USA)
7	PASZKIEWICZ Izabela	32:44,20			88	05/06/21	5f1	Birmingham (GBR)
8	KACZYNSKA Paulina	32:50,16			91	06/07/19	16f1	London (GBR)
9	RYBICKA Anna	32:51,83			63	18/08/90		Sopot
10	SYREK Grażyna	32:53,33			72	07/08/06	20	Göteborg (SWE)
11	PLIŚ Renata	32:54,13			85	06/07/19	18f1	London (GBR)
12	BERNARDELLI Iwona	32:55,06			85	20/05/17	8	London (GBR)
13	LISOWSKA Aleksandra	32:55,09			90	23/04/22	1f1	Miedzyrzecz
14	CHOJECKA Lidia	32:55,10			77	05/05/07	1	Warszawa
15	BAK Justyna	32:58,91			74	06/08/00	1	Kraków
16	MIERZEJEWSKA Agnieszka	33:00,44			85	11/06/16	5	Leiden (NED)
17	PYRR-KOKOWSKA Renata	33:00,60			58	31/07/87		Sopot
18	CZUTA Irena	33:02,38			66	04/08/91		Sopot
19	KOSMOWSKA Marta	33:03,08			72	29/08/93		Suwałki
20	KOWINA Grażyna	33:03,20			62	18/08/90		Sopot
21	ZATORSKA Izabela	33:10,65			62	04/08/91		Sopot
22	MACH Angelika	33:12,31			91	28/05/22	2f2	Pacé (FRA)
23	TOPKA Beata	33:12,93			99	23/04/22	2f1	Miedzyrzecz
24	LIZAKOWSKA Weronika	33:14,52			98	23/04/22	3f1	Miedzyrzecz
25	JAROSZ Elzbieta	33:14,81			71	28/06/98	2	Wrocław
26	GOSK Anna	33:15,16			90	28/04/19	3f2	Białogard
27	KROLIK Kinga	33:16,11			99	23/04/22	4f1	Miedzyrzecz
28	MICHALSKA Marzena	33:16,64			75	09/06/02	1	Szczecin
29	SOBANSKA Malgorzata	33:17,83			69	03/06/95		Piła
30	KRUPA Iwona	33:21,07			70	03/06/95		Piła
31	GRADUS Kamila	33:22,43			67	03/06/95		Piła
32	KOWALSKA Katarzyna	33:22,90			85	02/05/09	1	Kędzierzyn-Koźle
33	INDEKA Sylwia	33:24,16			97	24/04/21	1f1	Goleniow
34	BIRBACH-KOWALEWICZ Malgorzata	33:25,36			60	31/07/87		Sopot
35	NIKIEL Aniela	33:25,41			65	01/06/96	2	Białystok
36	SOBIESIAK-PARADOWSKA Renata	33:26,59			70	29/08/93		Suwałki
37	SZTEYN Kalina	33:29,31			82	09/06/02	2	Szczecin
38	BUSKO-ISKRA Anna	33:31,25			62	30/07/88		Sopot
39	MARCZYK Danuta	33:32,51			72	23/08/92		Suwałki
40	DRYBULSKA Monika	33:33,17			80	24/08/02	4	Kraków
41	LEWANDOWSKA Edyta	33:33,61			80	09/05/04	4	Police
42	DZIUBINSKA Bożena	33:35,33			65	18/08/90		Sopot
43	CHYLINSKA Krystyna	33:35,65			64	05/08/89		Stargard Szczeciński
44	ANDRZEJCZAK Monika	33:39,94			85	28/04/19	4f2	Białogard
45	JACKIEWICZ Monika	33:41,51			92	24/04/21	6f1	Goleniow
46	SABAJ Helena	33:42,88			60	30/07/88		Sopot
47	BRZEZINSKA Aleksandra	33:44,82			91	28/04/19	5	Białogard
48	MONICA-SZYJKA Beata	33:45,26			71	09/05/04		Police
49	PLUCIENNIK Danuta	33:45,46			64	05/08/89		Stargard
50	KORALEWSKA Julia	33:48,95			02	22/04/23	1	Olkusz
51	CAMBERG Lidia	33:48,97			62	05/08/89		Stargard
52	WOJTKUNSKA Marta	33:49,90			85	05/05/07		Warszawa
53	KAPALA Patrycja	33:49,96			97	23/04/22	5f1	Miedzyrzecz
54	PACIA-MENTLEWICZ Czesława	33:50,19			56	30/07/88		Sopot
55	KLIMCZAK Iwona	33:51,00			69	04/08/91		Sopot
56	NAPIERAJ Dominika	33:53,40			91	16/05/15	2	Wieliczka
57	GORZYNSKA Gabriela	33:53,99			56	30/07/88		Sopot
58	JAKUBCZAK Aleksandra	33:56,30			82	03/05/11	2	Lidzbark Warminski
59	PENTLINOWSKA Renata	33:56,53			50	31/07/87		Sopot
60	JARZABEK Sabina	33:58,00			93	23/04/22	8f1	Miedzyrzecz

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33:32,10

## 18 NETHERLANDS



1	HASSAN Sifan	29:06,82			93	06/06/21	1	Hengelo
2	KIPLAGAT Lornah	30:12,53			74	23/08/03	4	Paris Saint-Denis (FRA)
3	KIBET Hilda	30:51,92			81	14/06/09	6	Utrecht
4	van ES Diane	31:02,24			99	06/05/23	2	Walnut (USA)
5	KRUMINS Susan	31:05,40			86	28/09/19	7f1	Doha (QAT)
6	VASTENBURG Jip	31:35,48			94	02/05/15	3r1	Palo Alto (USA)
7	TOONSTRA Christien	31:43,55			66	25/04/92	4	Lommel (BEL)
8	CHERONO Elizeba	32:15,53			88	29/06/16	12	Hengelo
9	LAU Jasmijn	32:20,75			99	19/09/20	1	Leiden
10	HARMS Carlien	32:22,8	mx		68	08/06/90		Nijmegen
11	FRERIKS Marian	32:23,0	mx		61	11/08/90		Zwolle
12	JONKMAN Silke	32:25,14			97	14/05/22		London (GBR)
13	UMMELS Bo	32:25,41			93	19/09/20	2	Leiden
14	BEURSKENS Carla	32:28,28			52	27/07/85	5	Oslo (NOR)
15	van ONNA Wilma	32:33,61			65	25/06/91	4	Hengelo
16	POL Ilse	32:34,46			82	26/03/10	4	Stanford (USA)
17	KOENS Grete	32:37,51			67	04/04/98	7	Lisboa (POR)
18	BORST Selma	32:41,12			83	07/08/06	19	Göteborg (SWE)
19	HERZOG Marcella	32:47,94			93	11/06/22	1	Leiden
20	van HULST Elly	32:48,15			59	08/10/88		Tokyo (JPN)
21	HEEREN Irma	33:01,55			67	06/04/02	15	Camaiore (ITA)
22	v.d. REIJKEN Irene	33:32,60	mx		93	09/10/20	7r2	Rotterdam
23	LUIJTEN Anne	33:33,40			94	20/05/23	24	London
24	HOLTERMAN Jill	33:37,20			91	07/04/18	7f1	Braga (POR)
25	KLEYWEG Joke	33:38,18			62	25/06/91		Hengelo
26	GIUSTI-LOOPER Anita	33:38,29			75	25/05/06	2	Vught
27	RUYTERS Vivian	33:39,44			71	12/04/01		Veenendaal
28	VIJVERBERG Gabrielle	33:39,52			68	31/05/96		Den Haag
29	van LIESHOUT Irene	33:40,43			93	11/06/16	6	Leiden
30	van de LINDE Marianne	33:44,0			62	13/09/91		Santpoort-Noord
31	GRUPPEN Jacelyn	33:44,00			89	20/05/23	28	London (GBR)
32	HOMMINGA Jolanda	33:57,04			59	06/08/89		Dublin (IRL)
33	van de BILT Erika	34:03,56			71	08/04/99		Gorinchem
34	DILLEN Kim	34:03,57			83	21/06/13		Eindhoven
35	LOONEN Kristijna	34:08,02			70	25/05/06		Vught
36	PANHUYSEN Daphne	34:11,92			77	17/05/07		Utrecht
37	van SCHUPPEN Anne	34:16,01			60	14/07/95		Bergen-op-Zoom
38	VULLINGS Helle	34:18,15			66	23/07/93		Amsterdam
39	van LIESHOUT Jamie	34:18,73			91	01/05/16	21	Stanford (USA)
40	BOONSTRA Miranda	34:19,9			72	01/05/04		Gorinchem
41	GULIKERS Jennifer	34:24,06			94	11/06/22	1	Leiden
42	CLAESSEN Pauline	34:24,20			80	17/05/07		Utrecht
43	van der MEIJDEN Ruth	34:25,94			84	09/06/18	10	Leiden
44	KAMP Barbara	34:29,24			61	10/07/98	3	Groningen
45	GEVELAAR-MEULEMAN Lisanne	34:31,10	mx		89	17/09/20		Hengelo
46	van der WOLF Tirza	34:31,46			94	12/06/21	1	Leiden
47	HEUSINKVELD Isabel	34:31,71			67	27/08/89		Keulen
48	RUSTIDGE Jacqueline	34:32,50			68	10/07/98		Groningen
49	DEELSTRA Andrea	34:33,99			85	19/09/20	4	Leiden
50	van STIPTHOUT Annie	34:34,4			52	14/04/89		Beek
51	VIS Ineke	34:43,43			58	27/08/89		Keulen
52	van der SLUIJS Annelieke	34:44,71			66	25/04/03	1	Epe
53	KRAUSE Lotte	34:45,97			92	19/09/20		Leiden
54	van GELDER Maaïke	35:01,96			91	20/05/23	8r2	London (GBR)
55	de VRIES Vera	35:02,34			02	20/05/23	9r2	London (GBR)
56	HEINST Famke	35:19,46			99	25/03/21	20f2	Raleigh (USA)
57	BOUMA Stefanie	35:20,08			82	26/07/14	2	Amsterdam
58	WILKENS Lysanne	35:29,35			94	19/09/20	5	Leiden
59	DUIJVESTIJN Lisan	35:33,12			98	10/06/23	3	Leiden
60	SIJBESMA Renee	35:39,90			01	12/06/21	3	Leiden

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33:36,87

### 19 IRELAND



1	O'SULLIVAN Sonia	30:47,59			69	06/08/02	2	München (GER)
2	McKIERNAN Catherina	31:08,41			69	17/06/95	1	Villeneuve d'Ascq (FRA)
3	DAVENPORT Marie	31:28,78			75	30/04/04	2	Palo Alto (USA)
4	BRITTON Fionnuala	31:29,22			84	29/04/12	3r1	Palo Alto (USA)
5	WILLIS Breeda	32:11,30			70	01/04/00	8r1	Lisboa (POR)
6	KEENAN-BUCKLEY Anne	32:18,03			62	06/04/02	6r1	Camaione (ITA)
7	JOYCE Monica	32:21,16			58	22/04/89	1	Walnut (USA)
8	CULLEN Mary	32:21,42			82	29/04/07	10	Stanford (USA)
9	RYAN Rosemary	32:31,9			75	22/07/00	3	Watford (GBR)
10	JOYCE Regina	32:35,7			57	28/04/84	1	Walnut (USA)
11	VAUGHAN Valerie	32:37,08			66	19/04/97	3	Walnut (USA)
12	BRYNE Jolene	32:43,77			77	02/04/05	5	Barakaldo (ESP)
13	MITCHELL Emma	32:49,91			93	09/04/18	15	Gold Coast (AUS)
14	McGOVERN Valerie	32:50,3			66	20/04/91	4	Walnut (USA)
15	HENDRICKEN Geraldine	32:50,53			70	22/04/93	2	Philadelphia (USA)
16	MAY Carey	32:51,23			59	30/05/84	3	Eugene (USA)
17	JAMESON Tara	32:52,92			91	09/06/16	7	Eugene (USA)
18	RICHARDSON Aoibhe	32:56,52			96	02/04/21	2	San Juan Capistrano (USA)
19	LEE Lizzie	33:04,66			80	05/06/21	8f1	Birmingham (GBR)
20	KNIGHT Hollie	33:08,99			88	06/04/12	16	Palo Alto (USA)
21	McCAMBRIDGE Maria	33:12,28			75	16/05/15	4	London (GBR)
22	McGLYNN Ann Marie	33:16,73			80	20/05/17	14	London (GBR)
23	NIC DHOMHNAILL Sorcha	33:18,93			90	14/05/22		London (GBR)
24	HEASLIP Shona	33:22,65			94	15/07/23	1	Dublin
25	MOONEY Laura	33:23,95			02	28/04/22	2	Philadelphia (USA)
26	DHOMHNAILL Ide Nic	33:24,10			84	03/06/23	1r2	Pace (FRA)
27	DONOHUE Mary	33:25,32			62	13/06/93		Rotterdam (NED)
28	McCORMACK Sarah	33:28,20	mx		86	06/09/14	1	Stretford (GBR)
29	McCLUSKEY Teresa	33:33,7			69	03/06/97	1	Loughborough (GBR)
30	LAMBE Rose	33:34,90			59	26/06/94		Tullamore
31	COLLINS Sarah	33:36,36			94	10/05/14	1	Villanova (USA)
32	RYAN Aisling	33:37,40			69	23/04/88		Walnut (USA)
33	ROSS Fionnuala	33:49,92			90	19/05/18	9f2	London (GBR)
34	MORRISH Fionnuala	33:51,70			59	15/08/80	2	Sittard (NED)
35	THOMPSON Anika	33:51,70			03	17/03/23	4	Eugene (USA)
36	DIVER Sinead	33:55,96			77	08/12/12	5	Melbourne (AUS)
37	KILGALLON Aoife	34:03,01			90	14/05/22	24	London (GBR)
38	HUTCHINSON Ava	34:10,75			83	05/06/10	26	Marseille (FRA)
39	NOCTOR Ursula	34:16,40			65	1990		
40	O'REILLY Monica	34:23,97			62	1989		
41	GRIFFIN Patricia	34:28,00			55	1989		
42	MURPHY Sophie	34:28,06			98	21/04/23	1	Stanford (USA)
43	McALLISTER Sorcha	34:30,34			98	17/04/21	9	Charlottesville (USA)
44	O'CONNOR Orla	34:33,43			00	27/04/23	5	Philadelphia (USA)
45	TINKLER Lauren	34:36,61			99	11/05/23	1	Myrtle Beach (USA)
46	O'MAHONEY Orla	34:36,64			77	15/04/05	24	Walnut (USA)
47	MEADE Mary	34:38,40	mx			07/08/04	1	Antrim (GBR)
48	SHUM Cathy	34:38,59			61	01/07/95		Bedford (GBR)
49	RYAN Meghan	34:39,25			94	15/05/21	2	Cork
50	O'CUILL Aoife	34:41,36			01	15/05/21	3	Cork
51	MURPHY Cliona	34:42,09			96	15/07/23	2	Dublin
52	KELLY Sarah	34:43,46			00	15/05/21	4	Cork
53	FAGAN Claire	34:46,8	mx		98	22/07/20	18	Dublin
54	LYNCH Grace	34:49,70			93	15/05/21	5	Cork
55	GALLAGHER Michelle	34:56,40			85	27/03/09	4r2	Stanford (USA)
56	O'NEILL Gladys Ganiel	34:57,96			77	22/05/98	1	Fairfax (USA)
57	SMYTH Ailish	34:59,49			58	1989		
58	BRITTON Una	35:07,64			90	23/04/15	3	Des Moines (USA)
59	O'CONNOR Sinead	35:09,93			86	23/07/22	3	Tullamore
60	KENNEDY Christine	35:10,91			54	1986		

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33:44,29

## 20 NEW ZEALAND



1	SMITH Kimberley	30:35,54		81	04/05/08	2r1	Palo Alto (USA)
2	BUSCOMB Camille	31:13,21		90	28/09/19	12f1	Doha (QAT)
3	CARROLL Nyla	31:28,12		65	19/07/97	1	Hechtel (BEL)
4	AUDAIN Anne	31:53,31		55	28/07/86	2	Edinburgh (GBR)
5	MOORE Barbara	32:12,78		57	09/12/89	2	Wellington
6	McMIKEN Christine	32:17,10		63	19/04/86		Warrensburg (USA)
7	HANNAM Anne	32:18,53		61	09/12/89	3	Wellington
8	MORTON Lesley	32:20,5		63	26/06/91	1	Loughborough (GBR)
9	DAVIES Mary	32:31,32		82	11/06/16	7	Portland (USA)
10	HARE Anne	32:31,4		64	16/02/94	1	Wellington
11	MOROS Helen	32:32,24		67	07/03/93	1	Wellington
12	RUTHE Jessica	32:37,51		79	21/01/06	1	Inglewood
13	MOLLER Lorraine	32:40,17		55	02/07/88	1	Dedham (USA)
14	BAKER Erin	32:43,55		61	09/12/89	4	Wellington
15	RILLSTONE Nina	32:57,37		75	30/04/04	16	Palo Alto (USA)
16	QUICK Glenys	33:04,96		57	17/06/84		Los Angeles (USA)
17	CHRISTIE Sarah	33:06,66		73	21/01/02	1	Inglewood
18	ELSMORE Debbie	33:15,0		75	22/02/86	2	Auckland
19	RODGER Raewyn	33:16,01		61	06/03/94		Hamilton
20	McILROY Kate	33:17,78		81	01/12/05	1	Melbourne (AUS)
21	McCONNOCHIE Grace	33:17,86		94	24/05/18	16h	Sacramento (USA)
22	INGRAM-TREVIS Danielle	33:18,36	mx	91	08/01/11	1	Tauranga
23	O'CONNOR Mary	33:20,78		55	18/01/86		Hamilton
24	BUIST Marguerite	33:23,56		61	18/02/89	1	Hamilton
25	MILLER Hannah	33:23,89		97	29/03/19	1f1	Palo Alto (USA)
26	BUNCE Maree	33:30,97		65	06/12/99	7	Melbourne (AUS)
27	RODGER Diane	33:33,95		59	11/03/88		
28	GOODMAN Jackie	33:42,35		68	31/05/89		
29	NAGEL Laura	33:46,69		92	18/04/13	2	Walnut (USA)
30	MOON Melissa	33:46,91		69	10/03/01	1	Inglewood
31	HUNTER-GALVAN Liza	33:48,09		69	18/04/08	2r2	Walnut (USA)
32	CRUMPTON Shireen	33:50,57		70	10/03/01	2	Inglewood
33	GRGEC Georgie	33:59,40		93	14/05/22	1	London (GBR)
34	WARU Sita	34:08,22		79	19/04/02	1r2	Walnut (USA)
35	EDHOUSE Meagan	34:10,02		67	10/03/01	3	Inglewood
36	FILE Karen	34:10,73		68	21/01/02	3	Inglewood
37	O'DONNELL Lydia	34:10,88		90	16/02/19	1	Auckland
38	HASTIE Dana	34:14,53		85	18/04/08	8r2	Walnut (USA)
39	PETRINA Leonora	34:18,28		82	28/04/13	16r2	Stanford (USA)
40	CROSS Lisa	34:23,51	mx	83	10/11/18	1	Wellington
41	DURRY Leanne	34:25,3		66	22/03/97	1	Hastings
42	McPHILLIPS Leanne	34:25,67		64	06/02/99	1	Hastings
43	COPE Nicole	34:26,62			22/01/05	2	Inglewood
44	PESKETT Penny	34:30,57		77	16/02/19	2	Auckland
45	DROUGHT Sarah	34:36,41		88	19/11/22	2	Wellington
46	MACKIE Rebekah	34:38,94			20/04/01	8r2	Walnut (USA)
47	SMYTH Katherine	34:43,10			27/04/00	2r1	Philadelphia (USA)
48	GIBBS Sally	34:45,21		63	03/01/12	1	Tauranga
49	CAMP Katherine	34:46,03		92	18/11/23	1	Wellington
50	O'ROURKE Gabrielle	34:49,98		67	24/02/00	9	Sydney (AUS)
51	PALMER Kellie	34:57,96		83	09/12/10	4	Melbourne (AUS)
52	WIRNEY Olivia	35:00,41		91	19/11/22	3	Wellington
53	BISS Sarah	35:09,79		77	03/01/12	2	Tauranga
54	KINGSFORD Rachel	35:11,40		88	05/01/10	1	Tauranga
55	ARLIDGE Anneke	35:15,84		96	13/01/24	1	Dunedin
56	WIMMER Belinda	35:17,16		75	11/12/08		Melbourne (AUS)
57	van DALEN Holly	35:21,68		88	01/05/10	1	Durham (USA)
58	McFADZIEN Nicki	35:27,91		91	28/11/09	1	Christchurch
59	WILCOX Josie	35:31,59		91	19/04/12	15	Walnut (USA)
60	PALI Shauna	35:43,17		93	16/04/15	15f1	Walnut (USA)

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33:49,20

21 NORWAY



1	KRISTIANSEN Ingrid	30:13,74		56	05/07/86	1	Oslo
2	WIGENE Susanne	30:32,36		78	07/08/06	2	Göteborg (SWE)
3	GRØVDAL Karoline Bjerkeli	30:50,84		90	08/05/21	1	Oslo
4	JOHAUG Therese	31:32,88		88	08/05/21	2	Oslo
5	HAUGEN Gunhild	31:47,89		72	01/04/00	2r1	Lisboa (POR)
6	LARSEN Stine	32:28,16		75	01/04/00	10r1	Lisboa (POR)
7	SYNSTNES Brynhild	32:28,38		71	11/06/95	3	Basel (SUI)
8	OTTERBU Kirsten Melkevik	32:31,45		70	25/05/08	1	Roskilde (DEN)
9	KIRKEBERG Grete	32:37,99		64	05/07/86	2	Oslo
10	LANDØY Bente	32:47,47		72	06/08/02	21	München (GER)
11	GROTTENBERG Sissel	32:54,84		56	04/07/87	13	Oslo
12	MOE Bente	32:59,68		60	28/06/87	5	Göteborg (SWE)
13	NARBUVOLL Ida Meli	33:08,42		95	12/09/21	1	Kristiansand
14	HJALMARSEN Tone Ilstad	33:09,25		85	24/08/12	1	Kristiansand
15	ALFHEIM ESPIN Siri Merete	33:11,33		76	17/05/03	2	München (GER)
16	HOVDENAK Hilde	33:11,36		71	24/05/98	1	Karstula (FIN)
17	UGLEM Marit	33:14,07		61	05/07/86	17	Oslo
18	MARIDAL Hanne Mjøen	33:20,75		96	08/07/23	1	Jessheim
19	BAKKEN Ine	33:24,73		96	28/05/22	5f2	Pacé
20	DAHLE Vienna Sryland	33:28,39		92	20/09/20	1	Bergen
21	WÅGAN Maria Sagnes	33:31,90		92	20/09/20	2	Bergen
22	MJØEN MARIDAL Hanne	33:39,39		96	20/09/20	3	Bergen
23	STEIRA Kristin Størme	33:40,75		81	24/08/14	1	Jessheim
24	FALCH Runa Skrove	33:44,50		90	26/06/14	2	Sollentuna (SWE)
25	GJESDAL Ana	33:49,65		82	12/05/06	2	East Lansing (USA)
26	THIESEN Mathilde	33:50,18		93	12/09/21	2	Kristiansand
27	DVERGSDAL Eli Anne	34:03,01	mx	91	14/04/22	1	Fana
28	LANGELAND Brit-Helen	34:03,46		75	13/09/06	1	Bergen
29	EPLAND Pernilla Eugenie	34:04,98		90	19/08/18	1	Byrkjelo
30	HENRIKSEN Adele	34:05,36		02	12/09/21	5	Kristiansand
31	KLEPPE BONDE Mona	34:13,6		57	24/05/85	1	Lillehammer
32	ROE Mariann	34:13,77		97	14/07/17	9	Bydgoszcz (POL)
33	HOLTH Christina Bus	34:15,31		80	04/06/11	25	Oslo
34	EVERTSEN Anita Håkenstad	34:17,98		68	21/08/94	2	Jessheim
35	HELLE Kristine	34:19,83		94	26/06/14	5	Sollentuna (SWE)
36	ENGESSET Kristine Eikrem	34:20,25		88	20/09/20	4	Bergen
37	OPLAND Kristin Waaktaar	34:22,59		82	08/07/23	4	Jessheim
38	BERSAGEL Annie	34:25,57		83	26/06/22	3	Stjørdal
39	DANIELSEN Kjersti Karoline	34:28,02		79	20/08/10	2	Sandnes
40	FJØRTOFT Silje	34:33,10		87	02/08/15	1	Haugesund
41	SOLHEIMDAL Live	34:37,04		96	27/08/17	2	Sandnes
42	SØFTING Karianne C.Grefsrud	34:38,22		86	24/08/12	3	Kristiansand
43	DYBWAD Torhild	34:39,77		68	20/08/95	3	Lillehammer
44	RØD Kristine Meinert	34:41,38		01	26/06/22	4	Stjørdal
45	REIERSØLMOEN Frida	34:43,35		94	08/07/23	5	Jessheim
46	AASHEIM Hilde	34:44,80		84	19/05/12	3	København (DEN)
47	SANDE Hanne Mette	34:46,64		82	19/05/12	4	København (DEN)
48	RIVEDAL Lina	34:46,73		87	20/09/20	6-h1	Fana
49	SKATTEBOE Karoline	34:47,45		93	18/04/13	4	Walnut (USA)
50	BLOM Veronika	34:48,35		90	02/08/15	2	Haugesund
51	KOLLTVEIT Helle	34:49,99		62	07/07/94	11	St. Maur (FRAU)
52	BOSTAD HEGVOLD Anne	34:52,95		66	20/08/95	4	Lillehammer
53	PHARO Heidi	34:54,63		87	31/07/16	4	Ravnanger
54	CORNELIUSSEN Anne Edith	34:55,30		57	21/06/87	1	Kristiansand
55	CONRADI Eva	34:56,31		73	03/06/00	6	Sandefjord
56	HAUSKEN Kirsten	35:00,86		48	21/06/87	2	Kristiansand
57	REKKEDAL Jorunn	35:03,52		61	18/08/96	3	Kristiansand
58	SEKSE Tonje	35:07,42		74	20/05/01	4	Norråtlje (SWE)
59	LEIN Ingvild	35:08,94		52	04/09/83	12	Knarvik
60	VULLUM Fride	35:11,20		76	28/07/06	2	Oslo

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:51,25

22 **BELGIUM**



1	RENDERS Marleen	31:03,60			68	05/08/00	4	Heusden-Zolder
2	DE VOS Nathalie	31:22,80			82	17/05/07	3	Utrecht (NED)
3	COLLARD Veronique	31:42,53			63	25/04/92	1	Lommel
4	BELETE Almensch	31:43,05			89	04/05/14	6	Stanford (USA)
5	SLEGERS Lieve	31:43,36			65	25/04/92	3	Lommel
6	van LANDEGHEM Ria	32:29,73			57	05/07/86	4	Oslo (NOR)
7	STATKUVIENE Stefanija	32:31,35			62	09/09/94	1	Lebbeke
8	BAOUF Fatiha	32:36,23			70	15/04/06	5	Antalya (TUR)
9	HERBIET Chloé	32:38,80			98	06/05/23	6	Walnut (USA)
10	DANNEELS Annemarie	32:47,02			62	19/07/97	6	Hechtel
11	LAUWAERT Nina	32:52,29			88	06/07/19	1f2	London (GBR)
12	SMOLDERS Anja	33:04,06			73	15/04/06	12	Antalya (TUR)
13	de BRABANT Anja	33:08,42			67	25/04/92		Lommel
14	PARDAENS Agnes	33:09,12			56	28/07/89	3	Leuven
15	ILANDS Magda	33:10,62			50	30/08/86	22	Stuttgart (GER)
16	ROOMS Lisa	33:20,50			96	30/04/22	1	Malmedy
17	DE COCK Florence	33:25,86			92	29/08/21	2	Pacé (FRA)
18	LALLEMAND Catherine	33:27,36			79	14/07/99	3	Seraing
19	van GESTEL Maria	33:30,21			61	09/05/91		Merksem
20	VERBRUGGEN Hanne	33:30,67			93	06/07/19	1f3	London (GBR)
21	SCHENKEL Sandra	33:35,64			86	05/06/10	20	Marseille (FRA)
22	ABOULACHEN Mounia	33:42,98			72	03/04/04	16	Maribor (SLO)
23	PEETERS Francine	33:46,5			57	02/09/88		Bruxelles
24	MILO Linda	33:47,4			60	02/09/88		Bruxelles
25	van CAMPEN Anke	33:52,69			84	17/05/07	9	Utrecht (NED)
26	DECKERS Sonja	33:54,22			76	13/07/97	8	Turku (FIN)
27	DUMONT Myriam	33:56,66			63	28/07/89		Leuven
28	DELAGRANGE Ingrid	33:58,16			58	24/05/90		Leuven
29	van DAMME Patricia	34:00,50			62	20/09/96		Lebbeke
30	THOMAS Juliette	34:01,61			00	22/04/23		Pacé (FRA)
31	PATTEET Nancy	34:01,93			64	24/05/90		Leuven
32	GAMACHU Ferahiwat	34:04,10			81	03/09/15	1	Bergisch Gladbach (GER)
33	LUXEM Xenia	34:05,86			82	28/08/10	1	Merksem
34	TRUYERS Imana	34:07,98			93	02/06/18	5	Maia (POR)
35	COLLIER Isabelle	34:13,88			73	16/07/98		Jambes
36	van GIEL Ingrid	34:14,01			61	12/06/93		Bruxelles
37	van LENT Jana	34:15,00			01	29/04/23	1	Huizingen
38	PARMENTIER Ann	34:16,04			79	15/09/00		Diest
39	MERLIN Katja	34:17,24			66	17/09/99		Diest
40	GEENS Mieke	34:20,45			82	06/05/06	3	Tübingen (GER)
41	DEBAETS Corinne	34:22,50			63	25/09/98		Wespelaar
42	VERHAERT Denise	34:26,36				1984		
43	VANDEBUSSCHE Hanna	34:30,61			87	01/09/16	1	Bergisch Gladbach (GER)
44	GORISSEN Mieke	34:32,58			82	27/09/20	3	Braine-l'Alleud
45	AERTS Nelly	34:34,74			97	1989		
46	THIJS Rita	34:35,46				1991		
47	van den HAESEVELDE Sandra	34:36,24				2002		
48	ROGIERS Christel	34:39,45				1990		
49	CNOPS Vanja	34:44,42			87	13/06/09	1	Ninove
50	BOVY Melanie	34:46,52			99	2023		
51	JENNIS Christel	34:48,50				1984		
52	DIRKX Lisiane	34:48,5				1990		
53	de CROOCK Stéphanie	34:54,73			79	30/08/04	1	Zele
54	van PROEYEN Karen	34:57,27			84	05/06/21	10f2	Birmingham (GBR)
55	SCHREURS Anne	35:10,30			92	29/04/23	2	Huizingen
56	SAUSSEZ Amelie	35:12,80			88	04/05/19	3	Oudenaarde
57	DENYS Yewbdar	35:16,50			90	29/04/23	3	Huizingen
58	GEYPEN Kim	35:18,98			84	05/05/18	2	Liège
59	KRAMER Maureen	35:32,31			98	08/06/19		Leiden (NED)
60	GODDEN Elke	35:35,85			96	04/05/19	4	Oudenaarde

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33:53,41

23 SWEDEN



1	BAHTA Meraf	31:08,05			89	04/05/21	7	Stockholm
2	LAHTI Sarah	31:11,12			95	04/05/21	11	Stockholm
3	HAMRIN Marie-Louise	31:57,15			57	17/08/90	1	Helsinki (FIN)
4	WÄSTLUND Malin	32:08,32			64	02/07/88	5	Oslo (NOR)
5	WIKSTRÖM Carolina	32:31,62			93	20/05/23	15	London (GBR)
6	MENGSTEAB Samrawit	32:33,48			90	04/05/21	14	Stockholm
7	PALM Evy	32:34,05			42	04/09/88	1	Helsinki (FIN)
8	FOUGBERG Charlotta	32:34,47			85	01/09/18	1	Tampere (FIN)
9	ERNSTRÖM Eva	32:51,59			61	05/07/86	11	Oslo (NOR)
10	ROMÉ Sara	33:08,09			61	11/06/95		Turku (FIN)
11	LINDHOLM Hanna	33:09,98			79	19/06/21	1	Göteborg
12	ANDERSSON Isabellah	33:15,25			80	08/09/13	1	Stockholm
13	SÖDERSTRÖM-LUNDBERG Marie	33:25,60			60	28/08/98	2	Helsinki (FIN)
14	GRANBERG Marie	33:31,18			61	28/05/92		Jena (GER)
15	ÖHRN Malin	33:37,65			69	18/05/02	2	Leppävaara (FIN)
16	BRINGSLID Birgit	33:38,01			45	02/08/87		Gävle
17	BRAUER Isabelle	33:44,11			96	31/03/17	2r2	Stanford (USA)
18	CLAESON Andrea	33:44,22			98	21/04/23	2	Charlottesville (USA)
19	NILSSON Linn	33:48,25			90	01/09/18	3	Tampere (FIN)
20	WILLIX Heléne	33:49,84			74	28/08/98	5	Helsinki (FIN)
21	BARTHOLOMEW Hanna	33:50,80			83	26/06/14	3	Sollentuna
22	WALLNER Susanne	33:51,59			61	09/08/96	1	Karlskrona
23	NILSSON Ingmarie	33:52,96			66	09/08/96	2	Karlskrona
24	CHRISTIANSSEN Sara	33:54,55			97	01/09/18	4	Tampere (FIN)
25	LILJESTEDT Malin	33:56,95			80	03/09/16	4	Tampere (FIN)
26	NORDGREN-LING Jeanette	34:00,12			61	03/08/86		Karlskrona
27	LARSSON Madeleine	34:02,68			81	01/08/14	1	Umeå
28	GAVELIN Lena	34:04,34			74	01/08/03	1	Norrälja
29	LARSSON Johanna	34:04,68			93	28/07/23	1	Söderhamn
30	RING Lisa	34:07,49			93	20/05/17	4	Hvidovre (DEN)
31	BETTNER Ann	34:07,71			61	26/06/97	5	Stockholm
32	GRIMFORS Susanne	34:08,14	mx		77	10/08/10	1	Stockholm
33	JOHNSON Carolina	34:10,61			96	28/07/23	2	Söderhamn
34	LUNDEN Frida	34:10,93			84	01/08/14	2	Umeå
35	NILSSON Louise	34:12,73			86	30/08/14	3	Helsinki (FIN)
36	RAHM Anna	34:12,95			81	02/04/05	12	Barakaldo (ESP)
37	von SCHENCK Anna	34:15,14			73	27/08/10	2	Helsinki (FIN)
38	SIGNAHL Monica	34:15,78			61	02/08/87		Gävle
39	NORRBOM Cecilia	34:16,21			88	14/05/16	3	Allerød (DEN)
40	HJALMARSSON Liz	34:17,22			59	29/08/93		Stockholm
41	MUSTONEN Sanna	34:18,12			91	04/04/14	11r2	Stanford (USA)
42	BENJAMINSSON Camilla	34:20,58			66	27/09/96		Fana (NOR)
43	BLOMME Lisa	34:20,80			78	22/05/04	3	Tønsberg (NOR)
44	WIKER Louise	34:21,73			79	03/06/12	31	Bilbao (ESP)
45	JOHANNESSON Jenny	34:26,85			76	05/09/03	3	Helsinki (FIN)
46	MAGNUSSON Lilian	34:31,05			68	29/08/08	1	Helsinki (FIN)
47	SENNVALL Karin	34:34,82			80	24/05/09	1	Oslo (NOR)
48	JOHANSSON Susanne	34:37,53			62	02/09/00	3	Helsinki (FIN)
49	FRANSSON Anneli	34:37,89			78	10/08/07	2	Eskilstuna
50	KLEIST Cecilia	34:38,24			82	24/08/12	2	Stockholm
51	ANDERSSON Charlotte	34:40,91			85	27/08/21	3	Boras
52	JOHANSSON Christin	34:41,6			78	18/09/03		Göteborg
53	ERIKSSON Johanna	34:42,38			81	24/08/19	3	Stockholm
54	SMEDSTAD Hanna	34:42,93			76	31/03/01	21	Stanford (USA)
55	NYBERGER Annika	34:50,29			68	18/07/97	1	Sundsvall
56	SILTANEN Emilia	34:52,57			83	28/07/23	6	Lahti (FIN)
57	MODIG Lovisa	34:53,22			93	05/08/22	2	Norrköping
58	ÅKERBERG Jennie	34:54,82			73	28/08/98	6	Helsinki (FIN)
59	HOLMGREN Sara	34:57,13			90	14/05/16	4	Allerød (DEN)
60	SINCLAIR Charlotte	35:05,30			88	10/08/07		Eskilstuna

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34:04,90

24 BRAZIL



1	de OLIVEIRA Carmen	31:47,76		65	21/08/93	11	Stuttgart (GER)
2	da SILVA Simone #	31:59,11		84	02/06/11	1	Buenos Aires (ARG)
3	de CARVALHO Tatiele Roberta	32:09,14		89	11/06/16	2	Portland (USA)
4	da SILVA Cruz	32:15,72		74	27/06/12	1	São Paulo
5	MACHADO Roseli	32:35,79		68	01/06/96	2	Richmond (USA)
6	PERES Lucélia	33:04,72		81	14/07/06	1	Río de Janeiro
7	PINTO Luzia	33:06,10		76	04/06/09	2	Río de Janeiro
8	da SILVA Ednalva	33:06,67		76	29/05/04	2	Maia (POR)
9	PEREIRA Silvana	33:15,24		65	17/03/95		Mar del Plata (ARG)
10	da SILVA Tatiane Raquel	33:16,17		90	03/05/18	12	Palo Alto (USA)
11	da SILVA Adriana Aparecida	33:21,59		81	06/06/13	2	São Paulo
12	NARLOCH Márcia	33:22,15		69	17/04/99	1	Río de Janeiro
13	da SILVA Fabiana Cristine	33:26,33		78	04/04/08		Río de Janeiro
14	RODRIGUES Maria Zeferina	33:35,99		72	03/06/04	1	São Paulo
15	CORDEIRO Solange	33:38,83		69	05/07/97		Río de Janeiro
16	de PINHO Sirlene	33:41,18		76	27/07/05	1	Cubatão
17	PEREIRA Zueli	33:47,15		77	21/06/09	3	Lima (PER)
18	ZARRI Grazielle	33:49,83		98	24/06/22	1	Río de Janeiro
19	dos SANTOS Juliana Paula	33:50,20		83	11/03/17	1	São Bernardo do Campo
20	do NASCIMENTO Jennifer	33:51,12		91	24/06/22	2	Río de Janeiro
21	ANDERSON Viviany	33:52,17		69	05/07/97		Río de Janeiro
22	da SILVA Josiane	33:54,91		85	14/05/15	2	São Bernardo do Campo
23	de SIQUEIRA Nadir	33:57,32		70	03/06/99		Río de Janeiro
24	da SILVA Maria Lucineida	34:02,61		01	24/06/22	3	Río de Janeiro
25	CASSIA Rita	34:04,30		66	25/04/92		Cubatão
26	de ALMEIDA Angélica	34:04,76		65	28/05/88		Curitiba
27	SILVA Valdilene	34:07,09		91	08/04/16	1	São Bernardo do Campo
28	RODRIGUES Maria Cristina	34:07,48		71	12/06/03	2	São Paulo
29	dos SANTOS Marineide	34:08,1		63	27/04/91		Cubatão
30	CHILLEMI Dione	<b>34:11,7</b>		70	19/07/01		Río de Janeiro
31	KARWOWSKI Lidia	34:13,05		70	12/06/03	3	São Paulo
32	de DEUS Luciane	34:13,06		69	16/04/99	2	Río de Janeiro
33	das CHAGAS Michele	34:14,2		87	30/04/10	4	Piracicaba
34	FERRAZ Maria Aparecida	34:14,65		90	18/04/19	13f2	Torrance (USA)
35	de JESUS Luciene Antônia	34:14,89		71	26/09/02	3	Río de Janeiro
36	ARAUJO Tatiana	34:15,43		91	08/04/16	3	São Bernardo do Campo
37	dos REIS Selma	34:22,75		68	12/06/03	4	São Paulo
38	HESSEL Andreia	34:23,03		84	25/04/14	3	São Bernardo do Campo
39	dos SANTOS Camila Aparecida	34:29,33		90	18/08/18		São Bernardo do Campo
40	FARIA Rosângela Raimunda	34:34,71		75	28/08/05	1	São Paulo
41	MOURA Francine	34:38,05		89	09/06/17	4	São Bernardo do Campo
42	da LUZ Adriana Cristina	34:38,15		92	26/04/13		Piracicaba
43	dos SANTOS Jeniffer	34:39,75		82	07/04/06		São Paulo
44	de SOUZA Adriana	34:40,43		73	03/08/00	3	Río de Janeiro
45	da NOBREGA Marineide Silvestre	34:41,66		63	01/09/90		Río de Janeiro
46	JARDIM Kleidiane	34:46,46		88	29/02/20		São Bernardo do Campo
47	dos SANTOS Marizete	34:49,36		75	26/09/02		Río de Janeiro
48	da SILVA Leone Justino	34:53,48		72	05/07/97		Río de Janeiro
49	de OLIVEIRA Nubia	34:57,57		02	24/06/22	4	Río de Janeiro
50	SANTANA Maria Justina	34:57,79		00	05/07/97		Río de Janeiro
51	SILVA Pedrina	34:58,46		91	08/07/23	4	Cuiabá
52	de ALMEIDA Angelica	<b>34:59,2</b>		65	08/10/87		São Paulo
53	de OLIVEIRA Amanda Aparecida	34:59,33		97	24/06/22	5	Río de Janeiro
54	da SILVA Maria	35:00,04		66	05/07/97		Río de Janeiro
55	de OLIVEIRA Kely Imaculada	35:00,15		70	01/09/90		Río de Janeiro
56	WANDERLEY Rizoneide	35:02,90		66	19/05/95		Río de Janeiro
57	MORENO Carla Priscila	35:04,32		76	13/09/06		São Paulo
58	dos SANTOS Xavier	<b>35:04,8</b>		82	04/04/09		Brasília
59	SOARES Jessica Ladeira	35:06,54		94	24/04/21		Bragança Paulista
60	MORAES Maria Lucia	35:08,94		73	16/04/99		Río de Janeiro

## # Doping / Dopage

da SILVA Simone	31:16,56			84	03/08/11	1	São Paulo
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## National Lists Top 60, 40, 20 10\_Women 10000m 2023

31:27,51

CHINA (unclassified)



1	WANG Junxia	29:31,78		73	08/09/93	1	Beijing
2	SUN Yingjie	30:07,20		77	23/08/03	3	Paris Saint-Denis (FRA)
3	ZHONG Huandi	30:13,37		67	08/09/93	2	Beijing
4	XING Huina	30:24,36		84	27/08/04	1	Athína (GRE)
5	DONG Yanmei	30:38,09		77	19/10/97	1	Shanghai
6	LAN Lixin	30:39,41		79	19/10/97	2	Shanghai
7	YIN Lili	30:39,98		79	19/10/97	3	Shanghai
8	DONG Zhaoxia	30:47,22		74	19/10/97	4	Shanghai
9	WANG Dongmei	30:47,72		73	19/10/97	5	Shanghai
10	LIU Shixiang	30:55,83		71	19/10/97	6	Shanghai
11	LI Ji	31:06,94		79	30/09/00	7	Sydney (AUS)
12	ZHOU Chunxiu	31:09,03		78	17/10/05	2	Nanjing
13	ZHANG Lirong	31:09,25		73	08/09/93	3	Beijing
14	MA Liyan	31:10,46		68	08/09/93	4	Beijing
15	SONG Liqing	31:11,26		80	19/10/97	7	Shanghai
16	WANG Mingxia	31:12,58		71	19/10/97	8	Shanghai
17	REN Xiujuan	31:13,21		74	08/05/96	2	Nanjing
18	HE Wuga	31:14,94		98	06/05/23	3	Walnut (USA)
19	ZHANG Linli	31:16,28		73	08/09/93	5	Beijing
20	YANG Siju	31:16,39		73	19/10/97	9	Shanghai
21	ZHANG Yingning	31:17,30		90	02/11/07	1	Wuhan
22	BAI Xue	31:17,62		88	26/10/09	1	Jinan
23	XIE Fang	31:21,25		89	02/11/07	2	Wuhan
24	CHEN Huirong	31:23,07		88	02/11/07	3	Wuhan
25	LIU Jianying	31:23,92		70	08/09/93	6	Beijing
26	WANG Xiuting	31:27,00		65	29/11/87	1	Guangzhou
27	BAO Guiying	31:27,35		86	17/10/05	3	Nanjing
28	HOU Juhua	31:27,99		67	29/11/87	2	Guangzhou
29	WEI Li	31:28,83		72	08/09/93	7	Beijing
30	DONG Li	31:31,08		73	15/10/94	2	Hiroshima (JPN)
31	WANG Yongmei	31:31,54		68	08/09/93	8	Beijing
32	XI Qihong	31:31,64		84	17/10/05	5	Nanjing
33	DONG Xiaoqin	31:31,87		83	04/05/08	8r1	Palo Alto (USA)
34	FENG Wenhui	31:32,15		72	08/09/93	9	Beijing
35	WANG Yanfang	31:32,50		71	08/09/93	11	Beijing
36	WANG Jiali	31:38,15		86	08/09/11	1	Hefei
37	CHEN Rong	31:39,77		88	08/09/11	2	Hefei
38	SONG Xiaoxue	31:39,84		87	02/11/07	5	Wuhan
39	ZHU Yingying	31:44,28		88	26/10/09	2	Jinan
40	WANG Qinghuan	31:44,73		66	29/11/87	3	Guangzhou
41	JIA Chaofeng	31:45,67		88	26/10/09	3	Jinan
42	DING Changqin	31:53,09		91	27/09/14	2	Incheon (KOR)
43	LIU Min	31:53,78		83	19/11/01	3	Guangzhou (CHN)
44	ZHU Xiaolin	31:53,96		84	22/05/08	4	Beijing (CHN)
45	WEI Yanan	31:54,86		81	19/11/01	4	Guangzhou (CHN)
46	WANG Xueqin	31:55,31		91	08/09/11	3	Hefei (CHN)
47	CAO Mojie	31:55,66		92	11/09/13	1	Shenyang (CHN)
48	CHEN Qingmei	31:55,67		63	08/10/88	4	Tokyo (JPN)
49	ZHENG Guixia	31:56,47		73	29/09/01	3r2	Kanazawa (JPN)
50	LIU Ruihuan	31:56,80		92	11/09/13	2	Shenyang (CHN)
51	JIANG Xiaoli	31:58,34		89	11/09/13	3	Shenyang (CHN)
52	LIU Lijuan	32:00,05		88	02/11/07	6	Wuhan (CHN)
53	WANG Yanrong	32:06,02		76	29/09/01	9r2	Kanazawa (JPN)
54	WANG Xiaoxia	32:08,75		76	08/05/96	7	Nanjing (CHN)
55	MA Ningning	32:09,94		76	02/06/93	2	Jinan (CHN)
56	ZHANG Deshun	32:12,78		96	25/08/18	3	Djakarta (INA)
57	WANG Hongxia	32:12,88		75	22/04/01	7	Kobe (JPN)
58	YING Liang	32:14,02		77	10/05/98	1	Gifu (JPN)
59	LIMEI Ju	32:14,14		78	19/11/01	6	Guangzhou (CHN)
60	LI Li	32:15,43		72	08/09/93	14	Beijing (CHN)

Chinese performances in Sept.93 and Oct.97  
Performances chinoises de sep.93 et oct.97

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

/40

32:48,04

1 ROMANIA

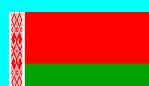


1	BOTEZAN Mihaela	31:11,24			76	27/08/04	11	Athina (GRE)
2	GHICAN Viorica	31:18,18			65	27/06/90	1	Helsinki (FIN)
3	OLTEANU Iulia	31:26,46			67	02/08/96	8	Atlanta (USA)
4	SIMON Lidia	31:32,64			73	19/08/98	3	Budapest (HUN)
5	MISAROS Cristina	31:41,03			69	13/08/94	5	Helsinki (FIN)
6	BOBOCEL Ancuța	31:43,12			87	19/05/18	2	London (GBR)
7	GHERASIM Alina	31:48,28			71	03/07/99	6	Paris Saint-Denis (FRA)
8	DITA Constantina	31:49,47			70	07/08/06	11	Göteborg (SWE)
9	CHELIMO Joan	31:50,52			90	07/05/23	1	Targu Jiu
10	PANA Florina	32:00,95			73	04/07/99	1	București
11	MURGOCI Elena	32:08,60			60	03/07/93	1	București
12	POMACU Cristina	32:15,02			73	20/07/97	2	București
13	CATUNA Anuta	32:18,40			68	11/06/93	4	Paris (FRA)
14	OLARU Nuta	32:23,07			70	08/05/93		Pitesti
15	TALPOS Luminita	32:30,48			72	06/08/02	16	München (GER)
16	BIRCA Roxana Elisabeta	32:30,97			88	19/05/18	1f2	London (GBR)
17	RUTTO Stella	32:34,28			96	07/05/23	2	Targu Jiu
18	CHIRITA Rodica	32:35,48			76	09/08/03	1	București
19	MARASESCU Natalia	32:43,2			52	22/01/78	1	Baile Felix
20	STATE Georgeta	32:46,64			65	29/07/91	3	București
21	FLOREA Monica Madalina	32:55,08			93	10/07/15	4	Tallinn (EST)
22	TODORAN Paula	33:12,08			85	13/07/07	4	Debrecen (HUN)
23	BULA Aura	33:19,76			70	25/06/92	3	București
24	BURCA Cristina	33:20,00			73	01/09/96	2	Niš (SRB)
25	NANU Ana	33:20,90			73	28/05/94		București
26	SIMION Cristina	33:20,97			91	19/05/18	5f2	London (GBR)
27	MUSTATA Adriana	33:21,1			61	24/06/89		Pitesti
28	SINGEORZAN Nadia	33:24,94			76	30/07/95	1	Nyíregyháza (HUN)
29	NEGURA Iulia	33:25,2			67	10/07/88		
30	PUICA Maricica	33:32,97			50	09/08/87		Pitesti
31	POP Doina	33:35,25			59	02/06/85		București
32	SIRBU Madalina Elena	33:35,27			03	07/05/23	3	Targu Jiu
33	STANESCU Mariana	33:36,5			64	17/09/89		București
34	DORCA Ileana	33:43,59			77	05/07/99		București
35	FODOR Simona	33:44,47			82	02/07/05	1	București
36	FIDATOV Elena	33:49,99			60	14/07/85		București
37	PISCU Andrea Alina	33:51,53			96	14/07/17	7	Bydgoszcz (POL)
38	MERINGOR Delvine Relin	33:52,02			92	30/04/22	1	Târgu Jiu
39	COLITA Claudia	33:52,52			76	28/05/05	1	București
40	PETRESCU Daniela	33:59,30			68	08/06/03	1	București

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:33,45

2 BELARUS



1	KHRAMENKOVA Yekaterina	31:42,02		56	02/08/88	4	Kyiv (UKR)
2	KRAUTSOVA Volha	31:58,52		81	05/07/07	1	Grodno
3	SMEKHNOVA Raisa	31:59,70		50	24/06/84	6	Kyiv (UKR)
4	MAZOVKA Yelena	32:04,96		67	22/06/96	1	Gomel
5	MAZURONAK Volha	32:13,73		89	10/06/17	2	Minsk
6	TSUKHLO Yelena	32:20,40		54	19/09/81	2	Moskva (RUS)
7	PLUZHNIKOVA Marina	32:31,00		63	08/06/86	9	Leningrad (RUS)
8	KUDZELICH Sviatlana	32:40,61		87	04/06/11	7	Oslo (NOR)
9	PETROVA Irina	32:42,32		62	01/07/93	3	Warstein (GER)
10	GALUSHKO Natalya	32:50,12		71	25/06/95	5	Villeneuve d'Ascq (FRA)
11	SAVINA Nina	32:52,66		93	06/07/19	2f2	London (GBR)
12	IVANOVA Nastassia	32:54,98		82	10/06/17	6	Minsk
13	MININA Volha	32:58,36		85	12/04/08	8	Istanbul (TUR)
14	DULIBA Aliaksandra	33:08,80		88	11/06/13	11	Moskva (RUS)
15	KOUHAN Sviatlana	33:12,89		80	03/06/12	16	Bilbao (ESP)
16	KARNATSEVICH Halina	33:17,30		69	02/07/05	1	Brest Litevsk
17	SOMAVA Iryna	33:22,19		90	06/07/19	6f2	London (GBR)
18	KARNEYENKA Katsiaryna	33:26,39		88	30/07/20	3	Minsk
19	LYAKHOVICH Lyudmila	33:32,14		89	11/05/17	2	Brest Litevsk
20	PADALINSKAYA Nastassia	33:32,55		82	14/06/07	2	Minsk
21	DAMANTSEVICH Maryna	33:32,66		84	30/07/20	4	Minsk
22	STSEFANENKA Tatsiana	33:38,38		91	11/05/17	5	Brest Litevsk
23	VYGOVSKAYA Gulnara	33:38,48		80	26/06/10	2	Grodno
24	ANANENKA Iryna	33:39,43		86	05/06/10	21	Marseille (FRA)
25	RADZEYUK Karyna	33:59,33		97	30/07/20	6	Minsk
26	KUNAKHAVETS Iryna	34:02,63		81	19/07/03	4	Bydgoszcz (POL)
27	TOLSTYGINA Elena	34:09,05		80	08/06/01		Brest Litevsk
28	DENISOVA Anastasia	34:15,13		93	27/08/21		Borås (SWE)
29	MAKOLOVA Jelena	34:18,8		68	13/05/93		Gomel
30	BELKINA Tatsiana	34:19,57		76	11/07/02	13	Cheboksary (RUS)
31	VINNIZKAYA Yelena	34:23,6		73	23/06/93		Gomel
32	DUBOVSUKAYA Volha	34:23,69		83	05/07/07	2	Grodno
33	VASILEVSKAYA Aksana	34:31,5		75	31/07/00	1	Brest Litevsk
34	PTASHUK Katsiaryna	34:34,33		91	25/07/15	3	Grodno
35	NEMAHAI Volha	34:40,84		89	28/07/23	1	Minsk
36	MALEVICH Olga	34:46,79		89	15/07/11	8	Ostrava (CZE)
37	BERASNIUVA Alena	34:50,10		85	07/07/11	4	Grodno
38	REZKAYA Volha	34:56,58		86	26/06/10	5	Grodno
39	VASILEVSKAYA Natalya	35:06,69		79	08/06/01		Brest Litevsk
40	NOVIK Maryna	35:08,98		81	27/08/17	6	Sandnes (NOR)

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:34,78

3 HUNGARY



1	KALOVICS Aniko	31:40,31			77	05/07/03	1	Watford (GBR)
2	PAPP Krisztina	31:46,47			82	26/03/10	2r1	Palo Alto (USA)
3	SZABO Karolina	31:55,93			61	30/08/86	8	Stuttgart (GER)
4	AGOSTON Zita	32:12,45			65	30/06/91	4	Frankfurt (GER)
5	VEREB Erika	32:14,50			63	02/07/88	7	Oslo (NOR)
6	SZENTGYÖRGYI Katalin	32:27,69			79	07/04/01	4	Barakaldo (ESP)
7	STAIKU Simona	32:36,88			71	13/05/01	1	Szombathely
8	ERDÉLYI Zsófia	32:47,96			87	27/06/13	13	Ostrava (CZE)
9	VINDICS-TOTH Lili Anna	32:48,54			98	25/03/23	6	Burjassot (ESP)
10	BAROCSI Helena	33:00,13			66	14/09/90	1	Debrecen
11	RAKONCZAI Beáta	33:04,41			77	20/07/02	2	Budapest
12	KACSER Zita	33:07,64			88	29/04/18	1	Budapest
13	DOCZI Eva	33:10,63			70	13/05/95	1	Veszprém
14	PATAKI Anna	33:11,30			97	02/04/21	7	Eugene (USA)
15	NAGY-FOLDING Judit	33:11,47			65	14/09/90	2	Debrecen
16	PASZTOR Kornelia	33:18,34			73	13/05/95		Veszprém
17	VISNYEI Marta	33:18,59			62	17/05/92		Budapest
18	CSIZI Reka	33:29,07			70	24/04/99	2	Budapest
19	CSOMOR Erika	33:30,28			73	13/05/01	3	Szombathely
20	JAVOS Anikó	33:31,04			71	24/04/99	3	Budapest
21	SIPKA Agnes	33:36,26			54	01/06/86		Budapest
22	SZABO Nóra	33:55,69			88	13/05/23	1	Budapest
23	JANKO Ilona	33:56,4			57	24/05/84		Budapest
24	JAKAB Agnes	33:56,49			73	24/04/99	4	Budapest
25	BÖHM Lilla	33:58,60			94	03/06/23	6r2	Pace (FRA)
26	SOMOGYI Anett	34:06,91			96	29/03/19	12f1	Palo Alto (USA)
27	SCHÄFFER Viola	34:08,13			74	19/05/02	5	Budapest
28	KOVACS Ida	34:12,39			75	19/05/02	6	Budapest
29	CZEBEI Reka	34:13,97			91	28/04/12	2	Budapest
30	TEVELI Petra	34:14,15			79	12/05/07	3	Pécs
31	BRAGMAYER Zsanett	34:16,74			94	17/04/21	1	Budapest
32	KOMJATY Agnes	34:20,9			50	24/05/84		
33	MOLNAR Léda	34:23,16			99	17/04/21	2	Budapest
34	TOTH Monika	34:28,02			73	16/06/00	6	Budapest
35	OLAH Katalin	34:29,37			68	24/04/99	6	Budapest
36	TEVELI Zsanett	34:38,15			78	20/04/01	6r2	Walnut (USA)
37	GYÜRKES Viktoria	34:55,82			92	03/05/15	2	Budapest
38	MATÉ Anna	34:57,36			99	12/07/19	14	Gävle (SWE)
39	KISS Agnes	34:58,70			73	10/07/98	5	Budapest
40	PETRIK Eva	35:00,3			62	1996		

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:38,04

4 KOREA (SOUTH)



1	AHN Seul-Ki	32:33,61			92	11/07/18	6f1	Fukagawa (JPN)
2	LEE Eun-Jeong	32:43,35			81	29/06/05	11	Fukagawa (JPN)
3	CHOI Kyung-Sun	32:46,20			92	09/07/19	1f1	Fukagawa (JPN)
4	CHUNG Yun-Hee	32:46,54			83	08/10/02	5	Busan
5	PARK Ho-Sun	32:52,96			86	17/06/06	7	Kushiro (JPN)
6	KIM Do-Yeon	32:57,26			93	22/10/13	1	Incheon
7	CHOI Kyung-Hee	33:15,38			81	19/10/06	1	Kimchun
8	CHUNG Bok-Eun	33:19,34			82	14/10/08	1	Yeosu
9	KANG Soon-Duk	33:19,45			74	14/10/08	2	Yeosu
10	KIM Sung-Eun	33:20,69			89	06/07/13	22	Kitami (JPN)
11	LIM Kyung-Hee	33:24,00			82	22/10/13	3	Incheon
12	BAE Hae-Jin	33:24,38			79	10/11/02	1	Seoul
13	JUNG Young-Im	33:24,78			75	28/10/94	1	Daeju
14	KWAK Hye-Soon	33:24,82			74	28/10/94	2	Daeju
15	JUNG Da-Eun	33:26,32			97	08/07/23	14	Abashiri (JPN)
16	LEE Mi-Kyong	33:26,43			75	18/06/94	1	Seoul
17	KIM Hee-Yeon	33:27,07			86	17/06/06	19	Kushiro (JPN)
18	KIM Mi-kyong	33:28,25			67	14/10/87	1	Kwangju
19	HWANG Keum-yeon	33:30,01			74	28/10/94	4	Daeju
20	KIM Eun-Yeong	33:31,02			93	08/05/17	1	Kimchun
21	KWON Eun-Ju	33:34,14			77	21/06/97	1	Seoul
22	LIM Ye-Jin	33:39,27			95	01/07/23	5	Shibetsu (JPN)
23	SEO Hyun-Jin	33:41,72			86	17/06/06	23	Kushiro (JPN)
24	OH Mi-Ja	33:42,38			70	11/10/01	1	Chunan
25	LEE Sun-Young	33:46,00			84	29/06/05	25	Fukagawa (JPN)
26	KIM Sun-Ae	33:46,60			78	11/10/01	2	Chunan
27	CHANG Jin-Sook	33:46,84			83	11/10/01	4	Chunan
28	YEUM Ko-Eun	33:48,15			94	20/10/15	1	Gangneung
29	CHUNG Mi-Ja	33:48,96			70	26/09/88	18h1	Seoul
30	NO Yoo-Yeon	34:06,02			87	11/10/11	3	Goyang
31	CHOI Jeong-Hyun	34:06,18			93	17/10/23	2	Mokpo
32	HYUN Suh-Yong	34:12,01			94	06/07/13	4r2	Kitami (JPN)
33	OH Jung-Hee	34:15,89			78	30/06/04	24	Fukagawa (JPN)
34	KIM Ok-Bin	34:18,83			81	13/10/00	3	Pusan
35	LEE Mi-Ok	34:18,90			68	10/06/90	1	Seoul
36	KIM Yu-jin	34:20,13			96	17/06/21	2	Iksan
37	YUN Sun-Sook	34:20,50			72	13/10/00	4	Pusan
38	PARK Hynn-Hee	34:24,96			77	26/09/98		Chejudo
39	PARK Ko-Eun	34:28,27			76	26/09/98		Chejudo
40	PARK Jung-Sook	34:33,97			80	01/05/07	2	Goyang

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:41,86

5 FINLAND

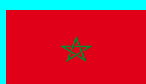


1	RICHARDSSON Camilla	31:12,78		93	20/05/23	9	London (GBR)
2	SANDELL Annemari	31:40,42		77	27/07/96	6h2	Atlanta (USA)
3	TIKKANEN Päivi	31:45,02		60	30/06/92	4	Helsinki
4	TOIVONEN Tuija	32:23,1		58	07/09/83	1	Vantaa
5	PEIPONEN Johanna	32:51,04		90	13/09/15	1	Stockholm (SWE)
6	RAUTA Kirsi	32:57,68		62	12/06/94	3	Valencia (ESP)
7	VAINIO Alisa	32:58,17		97	02/08/15	1	Pori
8	KESKITALO Sinnika	33:01,27		51	06/07/84		Kajaani
9	LEMETTINEN Ritva	33:06,89		60	27/08/94		Stockholm (SWE)
10	VALASTI Kirsi	33:16,07		69	03/07/92		Jyväskylä
11	HYRYLAINEN Anne-Mari	33:18,08		78	03/09/17	2	Stockholm (SWE)
12	LEHTINEN Johanna	33:18,73		79	08/09/13	2	Stockholm (SWE)
13	ISAKKILA Kristiina	33:21,15		65	01/07/83	2	Pori
14	CHYDENIUS Nina	33:23,17		90	28/07/23	3	Lahti
15	KUMPULAINEN Sikku	33:25,19		56	04/09/88		Helsinki
16	MARKOVAARA Laura	33:32,96		73	23/08/12	2	Lahti
17	SÖDERSTRÖM Maria	33:45,16		74	02/09/00	1	Helsinki
18	KAUPPINEN Päivi	33:48,76		73	28/08/98	3	Helsinki
19	LAITINEN Tuula	33:49,38		81	28/08/98	4	Helsinki
20	LEVELÄ Satu	33:52,43		67	02/09/90	1	Ilmajoki
21	LAMMINEN Minna	34:03,19		82	30/08/14	1	Helsinki
22	MÄKELÄ Janica	34:06,68		86	30/08/14	2	Helsinki
23	VARTIAINEN Marja	34:08,14		54	01/07/83	3	Pori
24	SKRÄDDAR Katarina	34:08,64		84	02/08/19	3	Lappeenranta
25	KONTTINEN Tuula	34:09,6		63	24/06/84	4	Helsinki
26	KYTÖLÄ Sirpa	34:09,79		54	16/08/87	3	Kuopio
27	ERIKSSON Sandra	34:12,20		89	02/09/12	1	Göteborg (SWE)
28	PUOTINIEMI Leena	34:15,72		76	09/09/11	3	Helsinki
29	ORAVAMÄKI Maija	34:21,64		74	21/07/06	1	Jyväskylä
30	TUIMALA Ulla	34:21,72		82	21/07/06	2	Jyväskylä
31	RUOTSALAINEN Pia	34:21,89		74	19/09/92	9	Seoul (KOR)
32	LINDGREN Elina	34:24,53		83	07/08/11	1	Turku
33	PULKKINEN Elina	34:28,4		50	04/06/87	1	Ähtäri
34	RUOTTINEN Sari	34:28,76		65	06/07/84	4	Kajaani
35	LEPPÄLAMPI Tiina-Maija	34:32,54		60	27/06/90	15	Helsinki
36	MALMSTEDT Pirko	34:32,66		56	14/07/85	1	Oulu
37	JANTUNEN Hanna	34:34,57		77	27/08/10	6	Helsinki
38	MIETTINEN Suvi	34:34,65		88	27/08/21	3	Tampere
39	RAUTIAINEN Merja	34:35,14		70	30/07/93	5	Mikkeli
40	TYNI Kaisa	34:36,61		90	01/09/18	5	Tampere

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:44,94

6 MOROCCO



1	LEGHZAOUI Asmae	31:16,94			76	12/09/01	1	Tunis (TUN)
2	CHAABI Bouchra	32:17,7			80	11/06/00	1	Rabat
3	GARDADI Fatima Ezzahra	32:20,73			92	02/02/22	1	Rabat
4	FARKOUSSI Kaoutar	32:35,85			96	26/06/22	1	Rabat
5	ATANANE Soukaina	32:37,42			94	06/07/23	2	Oran (ALG)
6	SAMMAH Khadija	32:38,42			83	13/09/13	2	Nice (FRA)
7	QALLOUJ Hanane	32:48,50			92	06/07/23	3	Oran
8	BOUAASAYRIYA Kaltoum	32:49,84			82	26/06/22	2	Rabat
9	EL KAMCH Zhouh	33:01,29			73	03/07/01	1	Beyrouth (LBA)
10	DARAMI Hassania	33:01,52			56	26/09/88	13h2	Seoul (KOR)
11	LAMACHI Meriyem	33:08,18			87	17/04/11	1	Rieti (ITA)
12	MAJDOUBI Fouzia	33:12,36			87	02/05/15	1	Fès
13	GADI Hafida	33:13,2			74	27/06/00	10	Strasbourg (FRA)
14	IZEM Hafida	33:16,96			79	01/05/11	1	Ferrara (ITA)
15	EL MEHDI Saida	33:27,70			81	22/06/14	2	Rabat
16	DRIA Souad	33:44,95			66	27/06/97		Reims (FRA)
17	MAAMA-YVELAIN Fatima	33:48,7			69	15/06/96		La Celle Saint-Cloud (FRA)
18	BAOUF Fatiha	33:49,42			70	14/07/99		Seraing (BEL)
19	BOUAGGAD Hanane	33:50,06			98	13/04/19	1	Pacé (FRA)
20	HASNAOUI Hajiba	33:55,85			88	07/04/19	2	Laâyoune
21	LABANI Soumiya	33:57,1			75	16/04/11	1	Acquaviva (ITA)
22	EJJAFINI Nadia	33:59,3			77	18/05/99		Rabat
23	AHSAHSSAH Malika	34:01,08			82	06/10/04	2	Alger (ALG)
24	TAHIRI Amina	34:01,98			92	20/05/17	7	Baku (AZE)
25	OUHRISSSE Fatima Zahra	34:03,18			91	10/07/11	1	Rabat
26	OUAZIZ Zahra	34:04,64			69	11/07/94		Bondoufle (FRA)
27	HENNOU Youssra	34:06,00				22/04/18	1j	Casablanca
28	ZAHY Hasnae	34:12,53			93	07/05/23	3	Taza
29	ES-SEQALLY Sabah	34:23,48				21/02/21	2	Rabat
30	BEN KHADIM Siham	34:28,08				22/04/18	1	Casablanca
31	BOUFARES Fatima	34:32,68			82	10/08/07	6	Bangkok (THA)
32	EL MANSOURI Sanae	34:34,87			95	22/06/14	5	Rabat
33	LAGHRISSI Maria	34:39,80			86	23/11/07	2	Cairo (EGY)
34	DARIF Aicha	34:40,62			92	21/02/21	3	Rabat
35	KAHMAZ Kaoutar	34:43,69			98	07/05/23	4	Taza
36	OUBOUKIR Douae	34:44,34			96	19/03/22	1	Gavá (ESP)
37	BELFAKIR Malika	34:53,62			86	21/06/09	2	Rabat
38	ALLABBAA Aicha	34:56,79				16/07/23	1	Rabat
39	QALLOUJE Hanane	34:59,06			80	19/06/21	2	Radès (TUN)
40	AYACHI Fatima	34:59,34			85	12/12/05	3	Niamey (NIG)

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:56,84

7 **TURKEY**



1	ABEYLEGESSE Elvan *	30:21,67		82	15/04/06	1	Antalya
2	CAN Yasemin	30:26,41		96	12/08/16	7	Río de Janeiro (BRA)
3	ERDOGAN Meryem	31:44,86		90	28/07/10	5	Barcelona (ESP)
4	AYDEMİR Esmâ	32:41,03		92	10/06/17	3	Minsk (BLR)
5	GÜNEN Yayla	32:43,29		97	03/06/23	6	Pacé (FRA)
6	KARASU Fatma	32:51,86		96	06/05/23		Mersin
7	ATALAY Bahar	32:52,74		98	06/05/23	2	Bursa
8	EYTEMİS Sevilay	32:54,66		93	06/07/19	3f2	London (GBR)
9	AKTAS Serap	32:59,76		71	13/08/94		Helsinki (FIN)
10	KIRAZ Ümmü	33:10,85		82	07/06/14	1r2	Skopje (MKD)
11	SUNA Fadime	33:11,92		86	16/08/11	1	Shenzhen (CHN)
12	KUNUR Derya	33:15,60		99	06/05/23	3	Bursa
13	DOĞAN Bahar	33:19,71		74	04/06/11	14	Oslo (NOR)
14	KOKU Buğra	33:24,74		96	08/04/17	1	Izmir
15	SATILMIS Nuran	33:29,90		97	25/05/19	2	Izmir
16	DESALEGN-DENGERSA Tezeta	33:32,05		80	02/07/00	1	Kavála (GRE)
17	TUNA Emine Hatun	33:43,41		95	02/05/15	1	Mersin
18	POLAT-KARAKAYA Dudu	33:50,32		85	03/05/14	2	Mersin
19	KAYA Özlem	33:51,32		90	03/06/12	27	Bilbao (ESP)
20	BÜYÜKBEZGIN Burcu	33:54,28		91	03/05/14	3	Mersin
21	SIZMAZ Mehtap	33:56,02		78	03/06/12	28	Bilbao (ESP)
22	AKDA Meryem	34:05,75		92	08/08/15	2	Mersin
23	SUBATAN Burcu	34:11,02		97	06/05/23	4	Bursa
24	USLU Binaz	34:34,79		85	15/04/06	22	Antalya
25	YENTÜRK Dudu	34:34,96		72	08/06/91		Izmir
26	ISIK Urkuş	34:42,22		02	06/05/23	1	Bursa
27	YILDIZ Seyma	34:45,86		87	02/05/21	3	Mersin
28	ÖZTÜRK Dilek	34:46,02		01	26/04/22	7	Mersin
29	KUTLUK Yonca	34:53,30		00	06/05/23	5	Bursa
30	DEMİRTAS Pinar	35:04,54		98	05/05/18	2	Mersin
31	ERDAL Tubay	35:04,87		95	14/07/17	14	Bydgoszcz (POL)
32	ÖZTÜRK Dilek	35:10,52		01	06/05/23	6	Bursa
33	ÖZTÜRK Lale	35:11,14		71	15/04/06	24	Antalya
34	COSKUN Rümeyza	35:15,41		01	06/05/23	2	Bursa
35	ÖZATA-ERİSMİS Türkan	35:17,11		84	12/04/08	17	Istanbul
36	ATAK Dilan	35:27,82		98	26/04/22	8	Mersin
37	AKBİNGÖL Emine	35:29,76		00	02/05/21	5	Mersin
38	KALKAN İnci	35:32,23		01	06/05/23	3	Bursa
39	GÜZELYURT Sabriye	35:34,41		00	06/05/23	7	Bursa
40	ERSUN Nilay	35:55,40		87	10/07/11	1	Izmir

\* disqualified for doping

	ABEYLEGESSE Elvan	29:56,34		82	15/08/08	2	Beijing
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## National Lists Top 60, 40, 20 10\_Women 10000m 2023

33:59,28

8 **SWITZERLAND**



1	NAUER Daria	31:35,96			66	13/08/94	3	Helsinki (FIN)
2	MOSER-ROCHAT Franziska	31:56,78			66	10/04/99	9r1	Barakaldo (ESP)
3	DÄLLENBACH Chantal	32:06,99			62	15/06/96	3	La Celle Saint-Cloud (FRA)
4	OPPLIGER Martine	32:07,49			57	04/09/87	11	Roma (ITA)
5	JEITZINER Ursula	32:08,76			72	16/05/96	2	Koblenz (GER)
6	SCHLUMPF Fabienne	32:16,37	mx		90	26/06/20	2	Uster
7	JENNI-MOSER Mirja	32:37,66			76	07/08/06	17	Göteborg (SWE)
8	NOTZ-UMBERG Vera	32:55,05			76	27/08/04	1	Thun
9	MORETTI Isabella	32:57,20			63	14/06/89	1	Koblenz (GER)
10	SCHERRER Chiara	33:02,63	mx		96	26/06/20	3	Uster
11	WEYERMANN Anita	33:06,89			77	06/04/02	16A	Camaiole (ITA)
12	STRÄHL Martina	33:11,21			87	01/05/10	3	Ohrdruf (GER)
13	EGGER Nicole	33:20,39			85	28/05/22	4f2	Pacé (FRA)
14	MORCELI-BÜHLER Patricia	33:20,51			74	05/05/12	3	Marburg (GER)
15	TRESCH Martina	33:38,30			89	19/05/17	1	Uster
16	SPIRIG Nicola	33:49,63			82	04/06/21	2	Uster
17	PIPOZ Jeanne-Marie	33:51,05			67	11/08/90	2	Langenthal
18	STALDER Claudia	33:53,39			72	06/04/02	9B	Camaiole (ITA)
19	MORGENTHALER Livia	33:58,86			87	03/05/14	4	Aichach (GER)
20	BÜTTEL Deborah	34:09,59			85	27/08/04	2	Thun
21	WIDMER Jasmin	34:15,87			88	03/05/14	6	Aichach (GER)
22	NEUENSCHWANDER Maja	34:18,47			80	19/05/01	7	Kandel (GER)
23	ISENEGGER Margrit	34:22,85			54	07/08/85	1	Landquart
24	EICHENMANN Geneveva	34:22,88			57	08/08/87	1	Bern
25	GLAUSER Nelly	34:25,12			66	27/05/95	2	Delle (FRA)
26	SAHLI Luzia	34:42,64			56	12/08/89	2	St. Gallen
27	KRIEG Elisabeth	34:43,68			61	02/06/93	1	Saint-Maur (FRA)
28	UMMEL Selina	34:49,74			97	14/05/22	3	London (GBR)
29	TROXLER Simone	34:52,77	mx		96	26/06/20	7	Uster
30	SÖNNING Alina	35:00,46			00	09/07/21	13f1	Tallinn (EST)
31	SCHWEICKHARDT Léanie	35:11,13			86	14/06/15	1	Langenthal
32	MEIER Andrea	35:12,24	mx		93	26/06/20	8	Uster
33	ALBRECHT Anna-Ursula	35:15,14			60	30/08/97	3	Bulle
34	VETSCH Lea	35:20,15			83	11/05/02		(SUI)
35	HAUERT Céline	35:20,38			89	15/07/11	9	Ostrava (CZE)
36	RUEDA-OPPLIGER Fabiola	35:21,97			63	22/08/98	1	Martigny
37	GANTNER Michèle	35:25,31			89	19/05/17	3	Uster
38	STUTZ Flavia	35:27,52			96	19/05/17	4	Uster
39	ALBISSER Lisbeth	35:29,04			64	15/08/92	4	Luzern
40	DIETSCHI Evelyne	35:29,24			96	14/07/17	17	Bydgoszcz (POL)

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:02,16

9 SOUTH AFRICA



1	MEYER Elana	30:52,51			66	10/09/94	1	London (GBR)
2	SCOTT Dominique	31:00,10			92	06/03/22	2	San Juan Capistrano (USA)
3	de REUCK Colleen	31:56,00			64	19/04/96	1	Cape Town
4	XABA Glenrose	32:31,49			94	23/04/22	1	Cape Town
5	van GRAAN Aynslee	32:48,52			95	15/12/22		Melbourne (AUS)
6	OLDKNOW Cian	33:16,58			96	23/04/22	2	Cape Town
7	du TOIT Theresa	33:18,92			72	05/03/99	2	Durban
8	DEKKERS Michelle	33:25,0			68	22/04/89		Indianapolis (USA)
9	OLIVIER Madeleine	33:37,3			70	05/10/89		Stellenbosch
10	BOTHMA Annie	33:37,91			95	25/05/17	1h1	East Lexington (USA)
11	van ROOYEN Karin	33:39,07			82	15/04/05	6	Walnut (USA)
12	BERGER Agnes	33:43,8			69	05/10/89		Stellenbosch
13	MLAMBO Poppy	33:46,23			80	15/04/05	1	Durban
14	SEMENYA Caster	33:48,55			91	10/03/23	2	Pretoria
15	MJOLI Nwabisa	33:56,16			92	17/03/23	1	Pietermaritzburg
16	SHARPLES Patsy	33:59,3			61	29/04/82		Walnut (USA)
17	SCHEEPERS Ronnell	34:00,1			63	05/10/89		Stellenbosch
18	de OLIVEIRA Grace	34:00,32			61	05/03/99	3	Durban
19	PHALULA Lebogang	34:01,97			83	27/05/10	4	Ostrava (CZE)
20	RADEMEYER Charné	34:10,43			75	03/03/00	2	Stellenbosch
21	CONRAD Nolene	34:12,53			85	01/07/17	1	Jämsä (FIN)
22	JOUBERT Cornelia	34:12,9			88	11/02/18	1	Germiston
23	van BLERK Irvette	34:19,54			87	17/04/04	2	Durban
24	SOSIBO Cacisile	34:19,85			87	23/04/22	3	Cape Town
25	NTHULANE Takalane	34:23,01			80	17/04/04	3	Durban
26	MABUZA Mpho	34:31,28			79	12/04/13	1	Stellenbosch
27	SAAYMAN Letitia	34:33,85			92	27/03/15	5	Raleigh (USA)
28	LEBALLO Louise	34:34,01			77	03/03/00	3	Stellenbosch
29	STRYDOM Ezbe	34:34,74			81	17/04/04	4	Durban
30	APRIL Thozana	34:35,27			85	21/03/10	2	Durban
31	PHALULA Dina Lebo	34:35,65			83	17/04/21	2	Pretoria
32	SIMS Cherise	34:45,05			93	09/06/18	12	Leiden (NED)
33	MOLOTSANE Kesa	34:49,16			92	27/04/18	1	Sasolburg
34	MPSHE Lesego	34:56,85			99	08/04/22	3	Cleveland (USA)
35	SESING Keneilwe	35:00,50			88	16/04/16	2	Stellenbosch
36	DLAMINI Janet	35:20,49			94	16/04/16	3	Stellenbosch
37	MAKHANYA Mapaseka	35:26,89			85	22/04/17	3	Potchefstroom
38	SKOSANA Catherine	35:29,51			80	14/03/09	3	Stellenbosch
39	GELDERBLOM Sherilene	35:33,55			96	30/03/18	26	Raleigh (USA)
40	SHAI Maria	35:41,62				22/04/17	4	Potchefstroom

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:12,37

10 INDIA



1	SREEDHARAN Preeja	31:50,47		82	21/11/10	1	Guangzhou (CHN)
2	RAUT Kavita	31:51,44		85	21/11/10	2	Guangzhou (CHN)
3	SURIYA Loganathan	32:23,56		90	09/04/18	13	Gold Coast (AUS)
4	JADHAV Sanjivani	32:44,96		96	23/04/19	3	Doha (QAT)
5	GADHWE Swati	32:53,73		90	30/04/16	1	New Delhi
6	JAISHA Orchatteri P.	33:03,91		83	17/09/15	1	Kolkata
7	SEEMA .	33:20,75		01	29/10/23	1	Bambolim
8	CHAUDHARY Parul	33:27,73		95	19/08/17	2	Tiruchirapalli
9	YADAV Kavita	33:35,57		98	11/10/23	2	Bangalore
10	SONUNE Poonam	33:54,72		00	13/03/23	1	Chennai
11	GODBOLA Prajakta Vilas	33:59,34		95	10/06/22	2	Chennai
12	PAL Savita	33:59,35		99	15/03/21	1	Patiala
13	SHINDE Prajakta	34:07,76		02	13/03/23	2	Chennai
14	NIRWAL Meenu	34:17,11		94	04/06/17	3	Patiala
15	DEVI WAISHRAM L. Aruna	34:20,2		77	29/07/00	1	Chennai
16	BHARTI .	34:20,82		97	03/10/22	2	Gujarat
17	DEVI Seema	34:28,94		93	03/03/20	1	Panchkula
18	LEELAMMA Lukose	34:33,50		69	07/11/95	1	Pune
19	TANEJA Poonam	34:33,93			03/10/91	1	New Delhi
20	RANI Sunita	34:38,72		79	28/09/99	1	Kathmandu (NEP)
21	ANKITA KM	34:39,59		02	21/02/22	2	Bhubaneshwar
22	KEVATE Reshma Dattu	34:40,01		98	23/05/23	3	Pune
23	DEVI Pushpa	34:40,7		76	29/07/00	2	Chennai
24	LKSHMI K.M	34:40,91		98	21/02/22	3	Bhubaneshwar
25	UJALA	34:41,56		98	20/12/22	1	Bhubaneshwar
26	RAUT Rohini	34:42,43		90	02/01/16	2	Patiala
27	SONIKA .	34:44,23		99	30/08/22	3	Raebareli
28	ATHARE Monika	34:44,38		92	03/07/13	8	Pune
29	PAL Phoolan	34:44,69		96	29/10/23	4	Bambolim
30	KUMARI Neetu	34:45,72		96	20/12/22	2	Bhubaneshwar
31	JYOTI .	34:45,87		97	15/03/21	4	Patiala
32	HARIJAN Pooja	34:48,58		94	19/10/22	2	Bengaluru
33	PATIL Arati	34:49,86		97	10/10/19	2	Ranchi
34	BADHO .	34:49,88		01	21/02/22	4	Bhubaneshwar
35	GURNULE Madhuri	34:50,89		79	24/11/01	1	Ludhiana
36	BHADDAURIYA Richa	34:53,63		97	19/10/22	3	Bengaluru
37	BABAR Lalita	34:54,37		89	07/08/10	3	Patiala
38	NAIK Sangeeta	34:54,93			28/09/17	3	Chennai
39	NAIGONKAR Charulata	34:57,3		65	06/02/89	1	Ahmednagar
40	KAUR Kiranjit	34:58,81		88	07/03/18	5	Patiala

Nandini Gupta	35:04,67		97	25/08/23	3	Raebareli
Amrita Patel	35:05,22		01	25/08/23	4	Raebareli
MONDAL Kalpana	35:08,76			18/08/95	1	Kolkata
Chatru Chatru	35:09,52		01	23/03/23	1	Lucknow
KACHHAP Supriti	35:15,20		03	21/02/22	5	Bhubaneshwar
KAUR Beant	35:17,1		84	01/06/02	1	Bangalore
PATEL Reema	35:17,89		99	21/02/22	6	Bhubaneshwar
Puja Mandal	35:26,91		96	23/03/23	3	Lucknow
Munni Devi	35:43,38		98	25/08/23	5	Raebareli
Basanti Kumari	35:51,40		02	01/08/23	10	Chengdu

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:17,25

11 DENMARK



1	OLAFSSON Loa	31:45,4	mx	58	06/04/78		
2	RASMUSSEN Dorte	32:02,89		60	04/09/83	3	Knarvik (NOR)
3	PETERSEN Laura Valgreen	32:19,65	mx	00	01/08/20	10	Odense
4	KARLSHÖJ Gitte	32:26,25		59	13/08/94	12	Helsinki (FIN)
5	VIBJERG Dorte	32:42,73		73	12/04/03	14	Athina (GRE)
6	JØRGENSEN Anja	33:06,79		67	05/04/97	11	Barakaldo (ESP)
7	SIG MØLLER Maria	33:18,40		83	06/06/09	10	Ribeira Brava (POR)
8	SASS LARSEN Charlotte	33:22,01			09/08/98	1	Randers
9	AAGÅRD Annemette	33:24,45		72	21/05/99	3	Århus
10	CHRISTIANSEN Nina	33:26,14		64	13/06/93		København
11	AHM Maria	33:43,82		98	25/03/21	3f2	Raleigh (USA)
12	JAKOBSEN Kersti	33:50,47		56	03/07/86		Århus
13	SLEJ Aino	33:52,11		63	16/07/87		Paris (FRA)
14	MILLENAAR Carolien	33:54,07		97	11/05/23	8	Raleigh (USA)
15	HOLM-BAUMEISTER Anna	33:56,55		87	23/05/15	2	Aarhus
16	GLAD Simone	33:58,76		90	04/05/13	1	Sandviken (SWE)
17	STROYBERG Lotte	34:03,37		66	08/08/87		
18	MÖLLER Anna Emilie	34:29,41		97	23/05/15	6	Aarhus
19	LORENTZEN Tove	34:33,37		60	12/08/89		Österbro
20	RISVIG Katrine	34:36,87		03	20/05/23	6rB	London (GBR)
21	BRYSTING Josephine	34:38,24		95	30/03/18	19f2	Palo Alto (USA)
22	PEDERSEN Jytte	34:51,11		64	21/05/99	6	Aarhus
23	SIG MÖLLER Sara	34:51,14		83	20/08/11	1	Bagsvaerd
24	SAUGSTRUP Annie	34:56,47		96	23/06/23	1	Aalborg
25	HOLM HANSEN Mette	34:57,72		62	31/05/86		Aalborg
26	BANG Mette	34:57,77		68	09/09/92		Århus
27	SVANE Helene	35:01,85		91	14/08/18	2	København
28	DYBDAL Lone	35:02,08		55	22/08/84		Århus
29	RASMUSSEN Sidsel H	35:04,97		77	25/05/06	7	Kópavogur (ISL)
30	SØRENSEN Nina T	35:08,42		81	19/07/03		Bydgoszcz (POL)
31	NIELSEN Mie Gam	35:08,67		01	13/04/23	5	Walnut (USA)
32	JENSEN Tina H	35:09,21		72	24/04/97		Philadelphia (USA)
33	DUUS Lene	35:15,53		76	23/06/06		Århus
34	NIELSEN Ulla	35:16,0		53	25/08/81		Århus
35	NIELSEN Inga	35:17,69		66	11/08/90		Århus
36	PALSHØJ Anita	35:18,10		59	13/06/92		Bruxelles (BEL)
37	BATTING Louise L	35:24,55		78	21/05/05	8	Göteborg (SWE)
38	NEDERGAARD Susanne	35:25,1		69	14/08/20	1	Fredensborg
39	SARTO Lene	35:25,77		67	31/05/97		Glostrup
40	EHRENREICH Karen	35:26,04		84	14/08/18	3	København

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:27,99

12 PERU



1	MELCHOR Inés	31:56,62			86	02/05/15	1r2	Palo Alto (USA)
2	TEJEDA Gladys	32:18,49			85	02/05/15	6r2	Palo Alto (USA)
3	VALDIVIA Thalia	32:42,22			96	08/09/23	1	Lima
4	de la CRUZ Jovana	32:46,10			92	06/05/22	14	San Juan Capistrano (USA)
5	ARIZAPANA Wilma	33:01,15			82	12/06/15	3	Lima
6	ROJAS Luz Mery	33:07,74			93	17/06/23	1	Lima
7	MACHACUAY Gladys Celia	33:22,79			89	15/05/19	1	Redlands (USA)
8	HUAMAN Aydee	33:26,28			94	08/09/23	3	Lima
9	LOAYZA Aydée	33:35,41			80	17/06/23	3	Lima
10	TORRE Soledad	33:38,63			92	08/04/22	1	Lima
11	SALAZAR Marilu	33:57,8			65	02/07/93		Lima
12	VILLASANA Karina	33:58,35			88	15/05/15	1	Lima
13	SULCA Nélica	34:03,00			87	24/05/19	5	Lima
14	MENESES Saida	34:04,25			97	01/05/21	1	Lima
15	RAMOS Zaida Dina	34:05,45			95	17/06/23	4	Lima
16	CANTARA Rocío Marisol	34:09,55			87	15/05/15	3	Lima
17	CANCHANYA Clara	34:12,38			81	20/04/18	2	Lima
18	RIVERA Julia	34:13,70			77	05/06/11	4	Buenos Aires (ARG)
19	MAMANI Sofia Isabel	34:15,09			02	08/04/22	4	Lima
20	PAUCAR Cinthya	34:27,28			90	05/03/16	4	Monterrey (MEX)
21	MISAYAMI Jimena	34:30,51			78	23/07/07	9	Río de Janeiro (BRA)
22	HUATORONGO Virginia	34:37,32			00	11/09/21	1	Lima
23	GUEVARA Ena	34:37,95				23/05/84		Cape Girardeau (USA)
24	DELGADO Eliona	34:39,42			91	23/04/17	1	Lima
25	VELASQUEZ Dina	34:42,23			92	12/11/21	2	Lima
26	HUAMAN Aydee	34:42,41			95	12/11/21	3	Lima
27	CONDORI Nicolasa	34:45,21			88	06/10/13	5	Lima
28	ROMERO Rosa Ang.	35:18,2			89	15/04/16	4	Lima
29	ARZAPALO Hortensia	35:26,10			82	05/06/11	7	Buenos Aires (ARG)
30	ACEITUNO Raquel	35:29,16			78	18/08/05	3	Armenia
31	TORIBIO Judith	35:38,7			82	15/04/16	5	Lima
32	NINAHUAMAN Yoni	35:43,0			90	31/10/10	1	Lima
33	HUAMAN Judith	35:43,23			97	01/10/17	6	Lima
34	COCCA Noemi	35:45,93			90	28/05/17	5	Lima
35	APARICIO Aleli	35:47,4			92	31/10/10	2	Lima
36	MAMANI Paulina	35:50,32			74	05/05/07	4	Lima
37	NUNEZ Margarita	35:55,35			93	20/12/20	1	Lima
38	CHALLCO Ruth	35:55,6			92	31/10/10	3	Lima
39	LOZANO Sunilda E.	36:04,26			96	26/08/16	2	Lima
40	EULOGIO Sheila	36:05,12			98	01/09/18	2	Lima

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:32,48

13 CZECH REPUBLIC



1	STEWARTOVA Moira	32:08,96			95	28/05/22	6f1	Pacé (FRA)
2	PETERKOVA Alena	32:27,68			60	15/07/00	1	Plzeň
3	HROCHOVA Tereza	33:00,00			96	05/06/21	1f2	Birmingham (GBR)
4	KUCERIKOVA Jana	33:09,3			64	26/08/88	1	Banská Bystrica (SVK)
5	STAROVSKA Maria	33:13,21			59	19/05/90	1	Ostrava
6	HAMHALTEROVA Monika	33:22,81			66	15/07/88	2	Praha
7	SEKANOVA Lucie	33:22,90			89	03/05/14	2	Jičín
8	KAMINKOVA Petra	33:38,68			73	15/07/00	2	Plzeň
9	KUNCOVA Barbora	33:47,70			82	25/03/05	12r1	Stanford (USA)
10	PREIBISCHOVA Monika	33:55,78			85	27/06/14	1	Uster (SUI)
11	KLIMESOVA Jana	34:00,0			70	02/09/95	1	Ostrava
12	SOURKOVA Desana	34:00,3			70	02/09/95	2	Ostrava
13	FIRSOVA Olga	34:07,27			83	26/01/21	7	Melbourne (AUS)
14	JURKOVA Iva	34:14,03			66	07/09/96	1	Praha
15	JOGLOVA Marcela	34:22,05			87	27/06/20	2	Slavkov u Brna
16	VOLNA Marie	34:22,43			80	30/06/01	1	Jablonec nad Nisou
17	PETRIKOVA Irena	34:23,61			83	02/07/05	3	Kladno
18	BELL Julia-Anna Lily	34:27,83			01	26/06/23	1	Ostrava
19	URBANOVA Jarmila	34:37,7			50	07/09/83		Praha
20	NOVAKOVA Lada	34:45,01			93	03/05/14	3	Jičín
21	PATKOVA Radka	34:51,23			71	06/06/92	1	Ostrava
22	PECKOVA Kveta	34:57,75			85	03/05/14	4	Jičín
23	ZIMOVJANOVA Tereza	35:05,82			95	23/04/22	4	Otrokovice
24	HORKA Vera	35:09,82			69	06/06/92	2	Ostrava
25	CIESLAROVA Jana	35:11,71			71	06/06/92	3	Ostrava
26	SEKYROVA Ivana	35:12,47			71	05/05/12	1	Hradec Kralové
27	STULIKOVA Katarina	35:15,25			61	10/08/85		Praha
28	SOUKUPOVA Valerie	35:15,96			89	30/04/16	1	Beroun
29	HEKRDLOVA Jitka	35:18,46			64	31/05/86	3	Banská Bystrica (SVK)
30	MÄKI Kristiina	35:19,37			91	04/05/13	2	Domažlice
31	KVITOVA Renata	35:19,80			75	05/07/97	3	Třinec
32	VANKATOVA Valja	35:21,8			62	06/08/83		Budapest (HUN)
33	VASINOVA Petra	35:24,23			90	03/05/14	6	Jičín
34	KOLACKOVA Adéla	35:25,21			01	27/04/19	2	Breclav
35	PAJANOVA Silvia	35:26,40			63	15/08/87	1	Třinec
36	LAMPOVA Barbora	35:27,00			95	29/04/23	2	Zilina
37	JISOVA Barbora	35:28,43			92	29/04/17	2	České Budějovice
38	BRTNICKOVA Michaela	35:33,47			03	07/10/23	1	Přerov
39	HANZOVA Maria	35:33,53			69	04/06/94	4	Jablonec nad Nisou
40	HAJNA Dana	35:34,10			64	05/07/97	4	Třinec

## National Lists Top 60, 40, 20 10\_Women 10000m 2023

34:48,74

14 GREECE



1	PAPPAS Alexi	31:36,16			90	12/08/16	17	Río de Janeiro (BRA)
2	IAKOVOU Hrisostomía	32:18,62			71	06/08/02	13	München (GER)
3	PROTOPAPA Maria	32:46,17			73	03/04/04	6	Maribor (SLO)
4	KEFALA Constantina	33:11,76			77	15/06/10	1	Athína
5	SOUMA Spyridoula	33:34,68			65	18/07/98	1	Athína
6	KARAKATSANI Anastasía	33:45,99			92	09/07/14	9	Yerino (RUS)
7	KASSOU Maria	33:53,72			03	22/04/23	1	Egio
8	ASIMAKOPOULOU Ekaterini	33:55,06			82	21/05/06	1	Megara
9	TEKTONIDOU Olga	33:57,14			63	25/08/95	2	Troisdorf (GER)
10	LAVASA Dafni-Eutychia-Tereza	33:59,33			01	13/04/23	11	Walnut (USA)
11	PAPASPYROU Dimitra	34:02,27			64	06/08/89	4	(IRL)
12	REBOULI Ouranía	34:06,80			89	21/05/16	1	Mégara
13	REGA Sofia	34:09,63			88	14/06/11	2	Megara
14	AMBATZIDOU Georgia	34:26,67			69	10/07/94	3	Tríkala
15	POLIZOU Maria	34:28,72			68	05/08/00	11	Heusden-Zolder (BEL)
16	DONTA Eleni	34:39,22			80	19/05/07	3	Megara
17	DANIIL Efthimia	34:47,07			76	01/06/03	2	Athína
18	ASTROPEKAKI Kalliopi	34:51,04			81	01/06/03	3	Athína
19	TSOUPAKI Eirini	34:55,01			94	22/04/23	2	Egio
20	ANAGNOSTOU Dimitra	34:56,98			68	13/08/89	6	Sérres
21	PETROULAKI Eleftheria	34:58,12			91	24/04/19	1	Megara
22	MIHALA Irini-Ria	35:04,60			97	14/07/17	13	Bydgoszcz (POL)
23	DIMAKI Deniz-Megara arina	35:09,82			77	20/05/06	3	Megara
24	PRIVILETZIO Gloria	35:11,94			88	15/07/20	1	Argos Orestiko
25	NIKOLAPOULOU Eleni	35:19,18			85	19/05/07	4	Megara
26	VITHOULKA María-Anthí	35:28,07			04	22/04/23		Egio
27	SINOUE Paraskevi	35:28,1			63	11/06/88		Thessaloníki
28	BINASI Anna	35:28,89			69	20/05/06	4	Megara
29	GASEA Megara agdalini	35:29,69			77	16/05/09	1	Athína
30	SKARPETI Kalliopi	35:43,22			00	12/06/21		Leiden (NED)
31	TSAFOU Georgia	35:50,70			71	30/06/10		Athína
32	PAPANASTASIOU Paraskevi	<b>35:53,01</b>			55	<b>01/01/85</b>		<b>Athína (i)</b>
33	NIKOLAKOPOULOU Panagiota	35:53,24			64	19/07/97	3	Athína
34	BALLA Denísa	35:56,70			99	16/12/23	1	Athína
35	LEONTIADOUE Stefania	36:05,65			83	06/05/18	5	Megara
36	NOULA Stamatia	36:08,12			98	16/12/23	2f6	Athína
37	VLAHAKI Panayiota	36:09,08			91	17/05/14	2	Megara
38	TSEKINI-BOUDOURI Sonia	36:14,36			76	27/05/17	1	Megara
39	PANAGIOTOPOULOU Ismini	36:17,08			99	07/05/22	2	Lamia
40	MANOUSOU Moscha-Evgenia	36:17,99			97	24/04/19	3	Megara

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35:14,67

15 AUSTRIA



1	PUMPER Susanne	32:12,33			70	07/05/05	1	Salzburg
2	MÜLLER Anni	32:55,57			56	27/08/89		Köln (GER)
3	MAYER Julia	33:16,76			93	21/05/22	1	Wien
4	MAYR Andrea	33:35,71			79	04/06/11	19	Oslo (NOR)
5	LILGE-LEUTNER Carina	33:38,85			60	19/07/90		Dortmund (GER)
6	BAIERL Anita	33:48,62			88	02/05/15	2	Ohrdruf (GER)
7	WENTH Jennifer	33:54,61	mx		91	01/05/15	1	Wien
8	LECHNER Verena	33:59,55			64	27/08/89		Köln (GER)
9	ILLES Sandrina	34:02,00			86	23/03/19	2	Regensburg (GER)
10	BAUMANN Sandra	34:02,21			71	04/10/02	1	Neuhofen
11	SCHENK Victoria	34:16,40			88	29/08/20	2	Wien
12	HOZANG Isabelle	34:41,05			63	13/09/87		Gelnhausen (GER)
13	HADERER Anna	34:48,13			65	21/04/96		Micheldorf
14	LASSACHER Cordula	34:57,60			03	22/04/23	1	Regensburg (GER)
15	GRADWOHL Eva-Maria	35:06,33			73	11/05/02		Wien
16	REDLINGER Lisa	35:06,72			02	14/04/23	4	Azusa (USA)
17	HIEBLINGER-SCHÜTZ Eva	35:29,37	mx		73	14/06/11		Wien
18	WINTER-BRUNEDER Martina *	35:30,86			75	28/09/12	1	Salzburg
19	RUST Elisabeth	35:32,61			58	22/05/93		Dornbirn
20	EIDENBERGER Helene	35:37,21			66	11/05/02		Wien
21	SINGER Elisabeth	35:39,15			62	22/05/93		Dornbirn
22	MOSER Cornelia	35:40,94			94	08/09/17	1	Salzburg
23	TOPOREK Viera	35:42,88			67	20/05/95		Vöcklabruck
24	EBERHART Tanja	35:46,32	mx		89	14/06/11		Wien
25	PUCHNER Ulrike	35:51,14			72	16/05/98		Gratkorn
26	BACHL-PICHLER Anita	35:54,27			60	01/10/04		Neuhofen
27	HOFER Elisabeth	35:55,55			62	22/05/93		Dornbirn
28	HEINZLE Cornelia	36:07,99			80	12/05/01	3	Dornbirn
29	FREITAG Karin	36:10,70			80	25/08/16	1	Innsbruck
30	KURATH Stefanie	36:11,43			99	21/05/22	3	Wien
31	FEIGL-REITER Marion	36:12,78			64	28/05/88		Feldkirchen
32	PÖLTNER-HOLKOVIĆ Elisabeth	36:15,29			72	08/05/10	5	Wien
33	ZIMMERMANN Jutta	36:16,80			58	20/05/95		Vöcklabruck
34	STELZMÜLLER Sabine	36:18,06			62	25/05/91		Hallein
35	WUTZ Lemuela	36:25,17			98	26/03/21	1	Mount Olive (USA)
36	PABINGER Anna	36:27,09			88	16/10/20		Neuhofen
37	OBERNDORFER Lisa	36:30,59			99	07/10/22	1	Steyr
38	OBERHOFER Anni	36:35,17			57	01/08/87		Innsbruck
39	LADURNER Sabine	36:36,49			60	26/05/90		Wien
40	KÄFER Karoline	36:36,65			54	16/05/98		Gratkorn



## National Lists Top 60, 40, 20 10\_Women 10000m 2023

35:50,39

16 SLOVAK REPUBLIC



1	MELICHEROVA Ludmila	32:47,24			64	30/08/86	17	Stuttgart (GER)
2	BERESOVA Katarína	33:11,66			87	03/05/14	1	Jičín (CZE)
3	MOCARIOVA Alena	33:15,84			64	21/07/89	2	Banská Bystrica
4	STAROVSKA Mária	33:22,19			59	15/07/88	1	Ostrava (CZE)
5	KUCERIKOVA Jana	33:43,01			64	31/05/86	2	Banská Bystrica
6	STASKOVA Petra	34:56,00			73	17/11/97		Mobile (USA)
7	FASUNGOVA Petra	35:04,23			90	03/05/14	5	Jičín (CZE)
8	SARIKOVA Zuzana	35:04,37			77	24/05/01	3	Edwardsville (USA)
9	JANECKOVA Dana	35:12,05			73	25/05/02	1	Košice
10	STULIKOVA Katarína	35:15,25			61	10/08/85	1	Praha (CZE)
11	BICANOVA Margaréta	35:23,25			01	10/10/20	1	Martin
12	PAJANOVA Silvia	35:26,40			63	15/08/87	1	Třinec (CZE)
13	VALOVA Silvia	35:41,89			91	27/06/20	1	Košice
14	VNENCAKOVA Sona	35:44,0			94	13/07/16		Brno (CZE)
15	PROTICOVA Kristína	35:49,5			79	03/04/04	1	Bellingham (USA)
16	NAGYOVA Csilla	35:50,09			64	14/09/85	4	Praha (CZE)
17	SLUKOVA Helena	35:52,54			65	02/06/01	2	Košice
18	STANCELOVA Lenka	35:53,04			59	12/06/93	4	Rotterdam (NED)
19	ZATLUKALOVA Janka	36:00,72			88	02/05/09	8	Kędzierzyn-Koźle (POL)
20	ZRASTAKOVA Veronika	36:01,11			96	27/04/19	1	Kysucké Nové Mesto
21	KURIACKOVA Ivana	36:03,61			94	23/04/22		Otrokovice
22	KOMARNANSKA Romana	36:04,75			90	27/06/20	2	Košice
23	MÔCIKOVA Ivana	36:10,25			65	15/08/87	2	Třinec (CZE)
24	BALOGHOVA Anna	36:13,0			73	12/06/94	4	Istanbul (TUR)
25	DURCOVA Zuzana	36:18,15			96	27/06/20	3	Košice
26	PAVELKOVA Hana	36:20,22			00	24/04/21	6	Skalica
27	MANIKOVA Lubomira	36:27,41			86	09/05/14	2	Ustí nad Orlicí (CZE)
28	HOMOLKOVA Hana	36:29,80			96	24/04/21	7	Skalica
29	KOTIANOVA Lenka	36:35,58			03	29/04/23	1f2	Zilina
30	HORKA Magdalena	36:40,04			84	24/04/21	8	Skalica
31	JANECKOVA Lucia	36:40,23			95	07/05/17	1	Kysucké Nové Mesto
32	MICHALICKOVA Zuzana	36:50,76			02	29/04/23	2f1	Zilina
33	KURIACKOVA Maria	36:54,69			64	03/07/04	1	Bratislava
34	KOVALANCIKOVA Lucia	36:57,92			93	07/05/17	4	Kysucké Nové Mesto
35	PELIKANOVA Lucia	36:58,42			93	24/04/21	9	Skalica
36	POLOHOVA Zuzana	37:04,90			82	29/04/23	3f1	Zilina
37	GAJDOSOVA Romana	37:07,05			94	24/04/21	10	Skalica
38	JANOSIKOVA Katarina	37:10,31			80	03/07/04	2	Bratislava
39	KOLACKOVA Adéla	37:14,00			01	24/04/21	11	Skalica
40	GEJDOSOVA Zuzana	37:40,07			94	29/04/23	4f1	Zilina

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36:32,47

17 SLOVENIA



1	JAVORNIK Helena	31:06,63			66	27/08/04	10	Athína (GRE)
2	VIVOD-ROZIC Silva	33:04,60			66	08/06/91	1	Cardiff (GBR)
3	SAJN Liza	33:22,53			02	15/04/23	1	Sentjur
4	ROMAN Sonja	34:35,12			79	15/04/17	1	Postojna
5	KRSINAR Neja	34:46,52			91	19/09/20	1	Maribor
6	KAMPUS Breda	34:50,49			66	01/08/87	2	Innsbruck (AUT)
7	SURBEK Ida	35:02,71			60	19/04/03	2	Ravne na Koroškem
8	GONZA Spela	35:07,46			01	15/04/23	2	Sentjur
9	MISMAS Maruša	35:10,26			94	19/04/14	1	Kranj
10	KOSOVELJ Mateja	35:17,74			88	25/03/06	1	Velenje
11	ZIVKO Anica	35:31,83			63	08/05/99	2	Nova Gorica
12	SMOLNIKAR Tatjana	35:47,3			63	16/10/85	1	Ljubljana
13	SIMIC Mateja	35:55,56			80	24/04/10	1	Domžale
14	ZUPANC Veronika	35:56,71			76	13/05/00	2	Slovenska Bistrica
15	KRKOC Lucija	36:19,72			88	24/04/10	2	Domžale
16	FINK Anja	36:20,47			97	18/04/21	1	Šentjur
17	GUZELJ BLATNIK Laura	36:21,22			97	15/04/17	2	Postojna
18	BAJIC Svetlana	36:39,77			82	08/05/99	1	Nova Gorica
19	GRANDOVEC Daneja	36:41,47			84	05/04/08	2	Domžale
20	ZELEZNIK Barbara	36:45,48			71	22/09/91	1	Maribor
21	BOHINC Veronika	36:51,59			56	19/08/90	4	Sarajevo (BIH)
22	OBIDIC Kaja	37:02,62			91	24/04/10	1	Domžale
23	ZERJAV Neža	37:07,47			99	19/09/20	1	Maribor
24	KOKALJ Darja	37:08,52			77	05/04/08	3	Domžale
25	VIDOVIC Marijana	37:24,68			62	19/08/90	5	Sarajevo (BIH)
26	SINK Petra	37:25,65			80	19/04/03	3	Ravne na Koroškem
27	GLUVIC Rada	37:28,09			79	11/04/98	1	Ljubljana
28	UDOVČ Mateja	37:31,74			71	23/04/93	2	Ljubljana
29	POZNIC Slavica	37:35,94			60	20/04/97	3	Koper
30	JAKLIC Sara	37:49,92			93	09/04/16	1	Postojna
31	LJUBI Klara	37:53,59			93	19/04/14	2	Kranj
32	RACE Petra	37:55,48			75	19/04/14	1	Kranj
33	MALI Nuša	37:58,84			01	19/09/20	1	Maribor
34	KRZAN Spela	38:16,81			74	24/04/04	4	Žalec
35	JEREB Zana	38:18,71			84	06/05/12	1	Postojna
36	PORI Nežka	38:29,83			87	23/04/05	2	Ravne na Koroškem
37	SKEDELJ Breda	38:33,32			93	13/04/19	3	Velenje
38	GRANDOVEC Mojca	38:34,66			80	06/05/12	2	Postojna
39	OBRONEK Kristina	38:36,13			79	20/04/96	3	Velenje
40	PECNIK Nina	38:51,76			05	23/04/22	1	Radovljica

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36:47,39

18 ESTONIA



1	EICHELMANN Sirje	32:47,86			55	02/08/88	14	Kyiv (UKR)
2	SALUMÄE Jane	33:20,37			68	12/06/94	1	Ljubljana (SLO)
3	PATJUK Jekaterina	33:29,10			83	05/06/21	5f2	Birmingham (GBR)
4	KUKK Ille	33:30,61			57	09/06/85		Moskva (RUS)
5	TAMBET Heleene	34:32,68			93	03/04/15	23r2	Palo Alto (USA)
6	LUIK Lily	35:11,44			85	14/07/17	1	Tallinn
7	MAASIK Laura	35:21,94			93	19/07/20	2	Tallinn
8	TALTS Evelin	35:28,40			77	19/05/12		København (DEN)
9	LAGODA Luna-Aleksandra	35:33,33	mx		04	15/08/18	1	Tartu
10	LUIK Leila	35:35,87			85	19/07/20		Tallinn
11	MÄLLO Inna	36:13,54			64	28/06/87		Tallinn
12	HINN Pille	36:16,71			91	13/05/23	1	Valka (LAT)
13	TIBAR Marian	36:26,57			81	19/07/20		Tallinn
14	RIHMA Annika	36:31,84			84	29/06/13		Tallinn
15	SÄREV Siiri	36:33,6			61	21/08/85		Sumgait (AZE)
16	ARDEL Johanna	36:47,16			96	24/08/22		Viljandi
17	KUKK Kaisa	36:50,66			84	21/08/21	2	Pärnu
18	LUIK Liina	36:52,82			85	30/06/11		Kohila
19	BERNAT Galina	36:55,0			58	09/06/91		Tallinn
20	ANDREJEVA Olga	36:56,0			85	24/08/16		Viljandi
21	PILLI Moonika	37:03,79			82	14/07/17		Tallinn
22	MÄTAS Egle	37:04,13			83	19/05/12	10	København (DEN)
23	PIRKSAAR Külli	37:26,16			73	24/05/09		Rakvere
24	LEPIK Kaia	37:26,60			88	13/07/18	1	Tallinn
25	TONNE Grete	37:29,62			90	29/06/13	5	Tallinn
26	DOLMATOVA Kristina	37:38,52			90	30/06/11	3	Kohila
27	ARRO Liis-Grete	37:40,13			92	13/05/23	2	Valka (LAT)
28	LAND Agneta	37:43,0			75	07/09/94		Viljandi
29	ERVIN Egle Heleene	37:49,46			94	30/07/16	3	Viljandi
30	BULINA Julia	37:55,56			88	29/06/13	6	Tallinn
31	KUSLAP Minna	38:00,17			90	25/07/19	3	Rakvere
32	BOIKOV Mari	38:08,11			88	14/07/17	8	Tallinn
33	KELVE Kadri	38:14,42			81	03/05/03		Kirksville (USA)
34	KUUSK Katrin	38:18,2			77	19/09/08	1	Kuressaare
35	PEVKUR Saimi	38:22,98			73	18/07/97		København (DEN)
36	MÄGI Merill	38:31,85			89	21/06/12	5	Tallinn
37	VESKLA Maria	38:33,03			87	25/07/19	5	Rakvere
38	BIZIAJEVA Irina	38:33,54			84	25/08/21		Viljandi
39	VEREVMÄGI Kristiina	38:59,0			85	31/05/17	2	Kohila
40	TORN Liliana	39:21,8			69	26/08/20	2	Kohila

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37:07,61

19 LATVIA



1	PROKOPČUKA Jeļena	30:38,78			76	07/08/06	6	Göteborg (SWE)
2	CAUNE Agate	31:55,79	mx		04	31/08/22	1	Valmiera
3	BRADU Elizabete	32:25,62			54	09/06/85	3	Moskva (RUS)
4	KLAPOTE Anita	32:49,50			67	23/06/92	8	Moskva (RUS)
5	POLUSKINA Inna	33:22,7			84	21/05/03	2	Riga
6	STRAUSA Agata	34:40,99			89	10/08/18	1	Hamburg (GER)
7	MASJUNAS Inna	34:43,30			75	13/07/97	9	Turku (FIN)
8	MARHELE Ilona	35:33,30			86	02/07/16	1	Valmiera
9	HELMANE-SOROČENKOVA Karīna	35:45,38			89	04/07/20	2	Piltene
10	STINA Jeļena	35:51,8			86	18/05/05	2	Riga
11	FETCERE Daniela	35:53,0			90	16/09/07	2	Riga
12	IVANOVA Svetlana	36:11,0			81	28/05/06	1	Riga
13	OSETROVA Jūlija	36:16,2			79	10/10/96	2	Riga
14	LINA Dace	36:24,09			81	07/07/12	3	Liepāja
15	LUSE Ināra	36:39,27			62	22/07/04		Aarhus (DEN)
16	MELNIKA Aļona	36:43,7			91	14/06/08	1	Ventspils
17	LIEPINA Anita	37:03,3			67	14/06/08	2	Ventspils
18	ROMANOVA Irina	37:17,0			64	03/09/85	1	Riga
19	ILLARIONOVA Svetlana	37:22,9			87	14/06/08	3	Ventspils
20	OSENIECE Gunita	37:29,9			83	14/06/08	4	Ventspils
21	ZARINA Laura	37:34,5			87	17/05/06	2	Riga
22	KAZEMAKA Anita	37:39,96			90	02/07/16	2	Valmiera
23	HEIDINGERE Gundega	37:46,33			83	22/04/17	1	Ogre
24	NEIMANDE Lelde	37:57,09			83	22/04/17	2	Ogre
25	VALTERE Kitija	38:25,69			91	04/07/20	3	Piltene
26	LIEPINA Jolanta	38:30,24			89	02/07/16	4	Valmiera
27	CUHNOVA Anita	38:33,9			85	01/06/07	1	Riga
28	SALAJEVSKA Aleksandra	38:39,9			86	04/06/04	3	Riga
29	PETRAKOVA Anna Marija	38:59,78			00	04/07/20	6	Piltene
30	LANGBERGA Linda	39:06,3			86	03/07/04		Ventspils
31	GAVRILOVA Inna	39:07,6			67	10/09/86	20	Riga
32	VASILJEVA Darja	39:16,0			81	13/04/96	1	Riga
33	ČAKLE Laura	39:17,44			86	02/07/16	5	Valmiera
34	<b>GERASEVA Anastasija</b>	<b>39:31,44</b>			<b>98</b>	<b>31/08/22</b>	<b>3</b>	<b>Valmiera</b>
35	ERMANSONE Zane	39:46,59			89	02/07/16	6	Valmiera
36	ČEIKĀ Laila	39:48,8			52	18/09/99	1	Riga
37	RIBAKOVA Tatjana	39:51,6			74	20/07/93	1	Riga
38	VARNA Agnese	39:57,8			70	20/05/93		Riga
39	KALNINA Lelde	39:58,33			86	02/07/16	7	Valmiera
40	FRELIHA Madara	40:07,5			77	02/07/16	8	Valmiera

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/20

32:48,43

1 **UGANDA**



1	CHESANG Stella	31:01,04			96	16/07/22	14	Eugene (USA)
2	CHELANGAT Sarah	31:06,46			01	10/10/20	3	Hengelo (NED)
3	CHELANGAT Mercylina	31:15,05			97	06/06/21	6	Hengelo (NED)
4	CHEKWEL Juliet	31:37,99			90	24/04/16	1	Rubiera (ITA)
5	CHEPTOYEK Joy	32:09,52			02	03/06/23	7	Hengelo (NED)
6	CHESANG Doreen	32:09,82			90	08/05/21	3	Maia (POR)
7	CHEBET Rachael Zena	32:17,66			96	11/06/22	2	St Pierre (MRI)
8	CHELANGAT Mercy	32:31,43			91	25/03/21	1f2	Raleigh (USA)
9	CHEBET Linet Toroitich	32:41,95			92	29/07/14	6	Glasgow (GBR)
10	CHEMUTAI Doreen	32:52,2			96	24/04/21	3	Kampala
11	CHEPTEGEI Rebecca	32:53,23			91	24/06/22	2	Kampala
12	NYAKISI Adero	33:02,1				24/07/09	1	Kampala
13	CHEMUTAI Vanis	33:11,98			86	29/07/14	8	Glasgow (GBR)
14	CHEMOS Viola	33:32,87			91	24/06/22	4	Kampala
15	CHEBET Emily	33:37,8			87	24/09/18	2	Kampala
16	CHEMUTAI Rachael	33:51,69				20/07/17	1	Kampala
17	CHALANGAT Annet	34:00,4			93	24/04/21	4	Kampala
18	AYIKORU Beatrice	34:03,41				22/07/91		Sheffield (GBR)
19	AKIROR Sarah	34:03,77				24/06/22	7	Kampala
20	JESSANG Janet	34:08,18			84	16/04/09	10	Walnut (USA)


33:55,02


2 **ERITREA**



1	DANIEL Rahel	30:12,15			01	16/07/22	5	Eugene (USA)
2	KELATI FREZGHI Weini	31:10,08			96	05/12/20	2f2	San Juan Capistrano (USA)
3	TESFU Dolshi	31:12,86			99	08/06/21	8	Hengelo (NED)
4	AMANUEL Natsnet	31:50,79			93	06/06/22	18	Hengelo (NED)
5	WOLDU Mekdes	32:44,42			92	06/06/21	11	Hengelo (NED)
6	WELDU Nazret	32:58,28			90	29/06/16	13	Hengelo (NED)
7	GEBREAMLAK Furtuna	33:24,87			90	21/07/07	6	Alger (ALG)
8	SULTAN Simret	34:00,47			84	09/08/02	7	Radès (TUN)
9	TEWELDEBRHAN Lemlem	34:22,1			98	01/04/22	3	Asmara
10	HAILEMARIAM Letekidan	34:27,09			94	14/04/13	1	Asmara
11	ABRAHAM KAHSAY Yodit	34:35,17			01	29/08/19	9	Rabat (MAR)
12	ZEGERGISH Furtuna	34:37,49			89	12/08/06	6	Bambous (MRI)
13	ALEM Fanus	34:48,09			99	04/08/18	8	Asaba
14	SOLOMON Kokob Tesfagaber	35:04,55			94	21/03/21	1	Asmara
15	KIBREAB Ruth	35:06,30			92	28/03/21	2	Asmara
16	DEBESAY Hibret	35:09,29			97	21/03/21	2	Asmara
17	TESFALEM Eden	35:20,02			85	14/09/11		Maputo (MOZ)
18	AMANUEL Natsnet	35:27,92				21/02/20	1	Asmara
19	MERHAWI TEWELDE Simret	35:32,18			93	21/02/20	3	Asmara
20	NEGUSE Nitsha	36:16,27				21/02/20	5	Asmara


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33:55,42		3		<b>KOREA DPR</b>									
	1	HONG Myong-Hui	32:02,0			78	20/06/97	1	Pyongyang				
	2	KIM Ryon Sun	32:25,87			68	27/09/90	4	Beijing (CHN)				
	3	HAM Bong-Sil	32:57,8			74	10/10/91	1	Pyongjang				
	4	JO Pun Hui	33:20,55			79	10/08/07	3	Bangkok (THA)				
	5	MUN Gyong Ae	33:23,91			69	17/11/89	2	New Delhi (IND)				
	6	KIM Hye Gyong	33:26,02			93	01/04/16		Pyongyang				
	7	OH Mi Ja	33:42,38			70	11/10/01		Chunan (KOR)				
	8	KIM Ji Hyang	33:53,3			95	19/04/18	1	Pyongyang				
	9	KIM Jong Hyang	33:55,86			88	10/08/07	4	Bangkok (THA)				
	10	LIM Kyung Hee	33:56,88			67	11/10/10		Jinju (KOR)				
	11	BAEK Do-Jong	34:00,38				17/11/89	3	New Delhi (IND)				
	12	AN Kum Ryong	34:06,4				19/04/18	2	Pyongyang				
	13	YU Song-Hui	34:09,01			68	24/11/87	1	Pyongyang				
	14	KIM Chun Mi	34:17,29			92	08/10/13	3	Tianjin (CHN)				
	15	GYONG Choe Il	34:30,4			01	19/04/18	4	Pyongyang				
	16	RI Jong-sim	34:36,4				19/04/18	5	Pyongyang				
	17	JONG Ran	34:46,5			67	19/04/18	6	Pyongyang				
	18	PAEK Hyang Ok	34:53,06			86	01/11/05	3	Macau (MAC)				
	19	RO Un Ok	34:59,05			89	01/11/05	5	Macau (MAC)				
	20	CHOE Hyon Ju	35:05,3			97	10/04/19	1	Pyongyang				


34:04,72		4		<b>ARGENTINA</b>									
	1	BORELLI Florencia	31:33,07			92	16/03/24	15	San Juan Capistrano (USA)				
	2	OCAMPO Daiana	32:33,99			91	14/05/22	1	Buenos Aires				
	3	GODOY Rosa Liliana	32:51,10			82	05/06/11	2	Buenos Aires				
	4	GONZALEZ Griselda	33:17,9			65	01/06/93	2	Pontevedra (ESP)				
	5	TESURI María Luz	33:29,51			93	20/05/23	4	Maia (POR)				
	6	RODRIGUEZ Nadia	33:41,20			84	30/03/13	1	Mar del Plata				
	7	PERALTA María	33:57,44			77	26/01/14	2	Buenos Aires				
	8	CORDOBA Sandra Karina	34:10,39			82	06/04/13	10	Mataró (ESP)				
	9	GOMES Marcela Cristina	34:13,22			84	29/05/01	5	Guayaquil (ECU)				
	10	CAMARGO Claudia Mariela	34:19,5			71	19/06/99	1	Buenos Aires				
	11	OVEJERO Maria Angelica	34:22,61			78	02/03/19	3	Mar del Plata				
	12	COBANEA Elisa Noemí	34:24,7			66	08/10/94	1	Córdoba				
	13	LANDERS Agustina	34:27,14			96	03/09/22	1	Mar del Plata				
	14	RODRIGUEZ Valeria Lorena	34:40,25			76	05/05/07	1	Buenos Aires				
	15	MAINETTI Chiara Milena	34:49,89			88	09/04/21	2	Concepción del Uruguay				
	16	PREUSSLER Roxana	34:50,13			79	25/04/09	1	Buenos Aires				
	17	GOMEZ María	34:53,49			81	07/10/07	1	Buenos Aires				
	18	CACCAVIELLO Olga	34:56,9				31/05/87		Santa Fé				
	19	PAILOS Vilma Leticia	34:56,92			62	17/03/95	10	Mar del Plata				
	20	AMARILLO Sandra	35:05,13			84	27/03/15	4	Buenos Aires				


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34:15,05	5	BULGARIA							
	1	MIRCHEVA Militsa	32:30,07		94	29/03/19	15	Palo Alto (USA)	
	2	YORDANOVA Daniela	32:40,23		76	28/05/06	1	Sofia	
	3	MIKHAILOVA Milka	32:55,73		72	13/08/94	16	Helsinki (FIN)	
	4	NAPLATAMOVA Radka	33:10,82		57	22/05/88	1	Plovdiv	
	5	GORANOVA Galina	33:24,52		63	06/05/95	1	Stara Zagora	
	6	PETROVA Yasna	33:25,21		02	31/03/23	9r2	Stanford (USA)	
	7	SHTEREVA Nikolina	33:25,7		55	27/04/86	1	Petarch	
	8	STOYANOVA Vanya	33:27,93		58	22/05/88	2	Plovdiv	
	9	BOCHEVA Nedka	33:35,90		60	22/05/88	3	Plovdiv	
	10	SHALAMANOVA Dobrinka	33:41,03		83	15/04/06	18	Antalya (TUR)	
	11	DANEKOVA Silvia	34:00,77		83	08/06/13	10	Pravets	
	12	RUSEVA-PANOVSKA Romyana	34:36,48		66	15/05/93	1	Sofia	
	13	VOYNOVA Gerhana	34:44,17		69	09/07/94	4	Trikala	
	14	AVRAMOVA Devora	34:59,74		00	03/06/23	10r2	Pace (FRA)	
	15	STOYANOVA KOLEVA Vanya	35:20,44		82	24/05/03	3A	Sofia	
	16	NINEVA Marinela	35:35,18		93	08/05/21	1	Ruse	
	17	PEHLIVANOVA-YAYTSAROVA Rositsa	35:46,6		55	27/04/86	3	Petrich	
	18	CHAVDAROVA Romyana	35:50,52		50	05/06/83	1	Sofia	
	19	TRENDAFILOVA-KRUSTEVA Katya	35:54,65		62	18/08/85	8	Moscow	
	20	GANDUROVA Stayka	35:55,22		63	22/05/88	4	Plovdiv	

34:17,60	6	COLOMBIA						
	1	TABARES Carolina	32:19,59		86	02/05/19	14	Palo Alto (USA)
	2	CASTRO Stella	33:05,97		62	28/07/99	2	Winnipeg (CAN)
	3	CONEO Muriel	33:09,02		87	13/04/23	4	Walnut (USA)
	4	AGUDELO Palmenia Raquel	33:15,43		92	20/05/23	3	Maia (POR)
	5	ORJUELA Angie	33:27,22		89	18/04/19	5f2	Torrance (USA)
	6	SANCHEZ Bertha	33:56,17		78	08/08/03	3	Santo Domingo (DOM)
	7	RIVERO Johana Alejandra	34:13,37		85	22/04/10	1	Philadelphia (USA)
	8	FERNANDEZ Yolanda	34:17,69		81	05/06/11	5	Buenos Aires (ARG)
	9	CABALLERO Yolanda	34:20,69		82	05/10/13	1	Medellín
	10	FIGUEROA Angela María	34:22,45		84	05/06/11	6	Buenos Aires (ARG)
	11	ABRIL Erika	34:23,54		78	16/11/15	1	Cali
	12	ARIAS Kellys Yesenia	34:39,32		89	07/07/18	1	Barranquilla
	13	MONTOYA Maria Fernanda	34:44,15		98	29/05/21	8	Guayaquil (ECU)
	14	ARIAS Lina María	34:48,57		84	05/05/07	1	Medellín
	15	PANTOJA Lina Maritza	34:51,41		96	20/11/23	1	Armenia
	16	ROMERO Leydy Yolanda	34:57,31		93	20/11/23	2	Armenia
	17	LOZANO Leidy Maritza	34:59,87		96	20/11/23	4	Armenia
	18	ROJAS Aura María	35:09,74		89	05/03/11	1	Ponce (PUR)
	19	TOBON Leidy Johana	35:22,48		87	13/11/12	3	Santander de Quilichao
	20	ESPINOSA Laura Manuela	35:27,94		99	20/11/23	7	Armenia


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34:24,46		7 LITHUANIA						
	1	BALCIUNAITE Zivile	32:30,48		79	14/06/05	10	Tula (RUS)
	2	STATKUVIENE Stefanija	32:31,35		62	09/09/94	1	Lebbeke (BEL)
	3	CISTIAKOVA Regina	32:41,41		61	01/07/89	8	Oslo (NOR)
	4	JUODESKIENE Inga	32:58,56		71	06/08/02	22	München (GER)
	5	DRAZDAUSKAITĖ Rasa	33:16,06	mx	81	09/07/10		Kaunas
	6	LOBACEVSKE Diana	33:22,02		80	08/06/13		Pravets (BUL)
	7	JUODESKAITE Monika	33:23,93		91	01/05/16	15r2	Stanford (USA)
	8	KARINAUSKAITE Greta	33:27,59		01	10/03/23	1	Fullerton (USA)
	9	ZENKEVICIUTĖ Gintarė	33:58,25		93	24/05/18	28h	Sacramento (USA)
	10	BYTAUTIENE Monika	34:02,44		89	06/07/19	19f2	London (GBR)
	11	ZUSINAITE Vaida	34:40,86	mx	88	07/08/20	1	Palanga
	12	BIRBALAITE Vilija	34:43,70		66	06/07/89		Donetsk (UKR)
	13	KERGYTE Remalda	34:52,01		85	13/07/07		Debrecen (HUN)
	14	NORGILIENE Gyte	34:56,13		72	13/07/11		Marijampole
	15	KIRILIUK Lina	35:30,22		96	03/06/23	13r2	Pace (FRA)
	16	KAZLAUSKAITE Inga	35:50,45		77	20/08/10		Falun (SWE)
	17	KANCYTĖ Loreta	35:59,09	mx	94	07/08/20		Palanga
	18	VILCINSKAITE Milda	36:12,94		89	04/07/13		Marijampolė
	19	VAIDZIULYTĖ Kamilė	36:29,57	mx	98	26/07/19		Palanga
	20	JASUTYTE Justina	36:42,08		88	29/07/07		Kaunas

34:46,70		8 ISRAEL						
	1	SALPETER Lonah Chemtai	30:46,37		88	15/08/22	3	München (GER)
	2	TEFERI Selamawit	31:19,50		94	05/06/21	1f1	Birmingham (GBR)
	3	GOLDRING Katia	33:02,78		90	11/06/16	11	Portland (USA)
	4	AVRAMSKI Nili	33:19,85		70	03/07/02	1	Seraing (BEL)
	5	TYURI Maor	33:43,16		90	26/04/18	4	Tel Aviv
	6	HALABI Karawan	33:45,87		95	28/05/22	10f2	Pacé (FRA)
	7	SHMUELI Zehava	34:44,87		55	11/04/89	2	Tel Aviv
	8	KRIMUS Ella	34:52,05		71	17/05/98	1	Tel Aviv
	9	DEUTSCH Beatie	35:15,30		89	24/04/19	4	Tel Aviv
	10	DOLININ Yelena	35:21,94		78	21/04/16	3	Tel Aviv
	11	OPHIR-FORER Hadar	35:29,63		97	13/04/23	1	Rishon Letzion
	12	AZULAY Lital	35:39,3		83	15/05/04	2	Wingate (USA)
	13	BLAU Orna	35:43,47		65	17/05/98	2	Tel Aviv
	14	BAKHMAND Svetlana	35:50,66		76	27/04/08	1	Tel Aviv
	15	KONOVALOV Irina	35:52,18		89	26/04/22	3	Tel Aviv
	16	BIRTUKAN Tesera	36:01,26		01	20/05/23	17	London (GBR)
	17	KORZUNINA Sofia	36:04,39		92	13/04/23	2	Tel Aviv
	18	EINER Eti	36:09,40		67	17/05/98	3	Tel Aviv
	19	SHALOM Mazal	36:13,68		59	11/04/89	3	Tel Aviv
	20	KREMER Lior	36:18,37		99	14/04/23	5f2	Azusa (USA)





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34:46,74		9		CUBA							
	1	OCHOA Anisleidis	33:29,9			00	16/09/23	1	La Habana		
	2	CASTILLO Yanisleidis	33:45,76			84	23/07/15	11	Toronto (CAN)		
	3	GONZALEZ Mariela	33:48,33			74	08/03/02	2	La Habana		
	4	MARTINEZ Yudelkis	33:55,12			79	08/08/03	2	Santo Domingo (DOM)		
	5	TORRES Yaremis	34:11,2			79	26/06/99	1	Santa Clara		
	6	RODRIGUEZ Milagro	34:14,84			65	09/02/93	1	La Habana		
	7	GARCIA Yailen	34:15,6			80	30/07/02	3	Matanzas		
	8	BELMONTE Dailin	34:16,6			85	16/05/08	2	Santa Clara		
	9	FUENTES Yurislaidis	34:20,41			88	08/09/11	1	La Habana		
	10	MARTINEZ Mayelin	34:32,6			77	30/07/02	4	Matanzas		
	11	CENTENO Yesenia	34:48,5			71	12/05/93		La Habana		
	12	WILSON Emperatriz	34:49,08			66	08/03/02	2	La Habana		
	13	SAEZ Nurian	34:59,7			77	26/06/99	3	Santa Clara		
	14	MESTRE Yumileydis	35:09,21			96	18/06/22	1	La Habana		
	15	LAMOTH Aracelis	35:24,00			81	22/03/12	4	La Habana		
	16	THAUREAUX Arletis	35:26,5			97	15/07/22	1	La Habana		
	17	DURRUTY Maribel	35:27,7				27/07/89	2	San Juan (PUR)		
	18	ALVAREZ Yuleima	35:48,5			80	10/04/03	4	Santa Clara		
	19	GOMEZ Lizandra	36:17,84			96	20/03/20	2	La Habana		
	20	MOYA Regla	36:33,49			69	08/03/02	7	La Habana		


34:53,79		10		ALGERIA							
	1	AIT SALEM Souad	32:13,15			79	23/07/04	1	Mataró (ESP)		
	2	DAHMANI Kenza	32:20,58			80	08/06/13	1	Béjaïa		
	3	AZAIDJ Nesria	33:04,44			71	05/08/00	10	Heusden-Zolder (BEL)		
	4	BARKAHOUM Drici	33:15,55			89	08/06/13	2	Béjaïa		
	5	SENANI Riham	33:44,18			93	28/05/21	1	Alger		
	6	DARBAL Malika Ben	33:56,02			83	18/04/23	1	Alger		
	7	BENDAHMANE Leila	34:11,9			59	29/03/96		Alger		
	8	SOUADIA Hadda	34:26,43			92	18/06/14	2	Tlemcen		
	9	SOUKHAL Hadjer	34:41,20			95	12/06/18	2	Alger		
	10	ZOUTAT Fouzia	34:41,48			80	06/10/04	3	Alger		
	11	SANCHEZ Fatiha	34:43,29			83	13/04/19	5	Pace (FRA)		
	12	BOUADJAIB Saadiya	35:16,34			96	12/06/18	3	Alger		
	13	TAHI Dalila	35:39,64			76	09/08/02	9	Radès (TUN)		
	14	BELMEDIOUNI Kheira	35:40,27			87	18/06/14	4	Tlemcen		
	15	CHAABANE Amina	36:10,10			66	09/05/97		Alger		
	16	HANIKA Fatiha	36:23,2	h		69	24/05/96		Alger		
	17	AOUCHE Nouria	36:34,78				29/07/02		Annaba		
	18	CHIBA Nawel	36:35,37			02	30/04/22	3	Alger		
	19	ISSANI Wassila	37:05,46				29/07/02		Annaba		
	20	BETICHE Amina	37:12,50			87	23/04/16	7	Dubai (UAE)		


## National Lists Top 60, 40, 20 10\_Women 10000m 2023

35:06,21		11 ECUADOR							
  /19	1	TENORIO Marta	32:42,25			66	31/05/92	4	Vancouver (CAN)
	2	PASTUNA Maria Balvina	32:51,33			89	12/06/15	2	Lima (PER)
	3	TISALEMA Katherine Ruth	33:50,37			96	25/03/23	11	Burjassot (ESP)
	4	ORTIZ Silvia	34:06,61			92	29/05/21	2	Guayaquil
	5	BONILLA Andrea Paola	34:12,65			86	29/05/21	4	Guayaquil
	6	CALLE Maria Elena	34:18,15			75	31/03/00	2	Raleigh (USA)
	7	LANDI Diana	34:19,34			86	13/03/14	6	Santiago de Chile (CHI)
	8	QUIMBITA Yolanda	34:36,54				18/07/92		Sevilla (ESP)
	9	TOAQUINZA Carmen Amelia	34:43,53			95	23/04/17	3	Lima (PER)
	10	RUALES Sandra	34:50,90			74	23/06/89		Santa Fé (ARG)
	11	CHACHA Rosalba	34:51,14			82	21/06/09	4	Lima (PER)
	12	PAREDES Maria	34:57,88			79	12/06/15		Lima (PER)
	13	PAGUAY Jessica Margot	35:07,78			94	12/06/15	8	Lima (PER)
	14	PAREDES Sylvia	36:15,68			83	01/07/22	6	Valledupar
	15	CRUZ Pamela	36:24,75			90	14/04/11	7	Walnut (USA)
	16	CUASPUD Cristina D.	36:31,1			93	24/03/18	1	Cuenca
	17	CAJAMARCA Monica	36:58,17			84	17/04/21	7	Guayaquil
	18	IZA Leisy Priscila	37:25,77			97	25/08/17	2	Cuenca
	19	SALAZAR Ximena A.	37:54,00			85	30/04/11	1	Esmeraldas
20									


35:07,48		12 SERBIA							
  /19	1	JEVTIC Olivera	31:29,65			77	30/09/00	11	Sydney (AUS)
	2	STOLIC Sonja	32:00,55			80	06/08/02	9	München (GER)
	3	CIRIC Suzana	32:26,68			69	15/07/93	2	Buffalo (USA)
	4	SIMOVIC Teodora	33:41,32			93	17/05/15	2	Užice
	5	EMINOVIC Azra	33:47,19			88	17/07/09	3	Kaunas (LTU)
	6	CVIJANOVIC Biljana	34:02,96			88	05/06/16	5	Mersin (TUR)
	7	JOVICIC Jelena	34:55,85			64	19/08/90	2	Sarajevo (BIH)
	8	LUKIC Marijana	35:04,9			79	17/04/05	1	Bar (MNE)
	9	GLISOVIC Mirjana	35:17,80			79	14/06/98	2	Beograd
	10	SUBOTIC Ana	35:47,30			83	06/08/11	1	Kragujevac
	11	PRERADOVIC Mira	35:48,5			87	27/07/01	1	Niš
	12	MIMIC Bogdana	35:49,97			89	06/08/11	2	Kragujevac
	13	JOVANOVIC Nela	35:55,2			62	12/10/85	1	Beograd
	14	ULRICH Veronika	35:56,76			68	05/05/07	5	Zeulenroda (GER)
	15	MUNCAN Marina	36:10,86			82	29/06/97	3	Athína (GRE)
	16	RACIC Radislavka	36:19,2			58	30/07/89	2	Varaždin (CRO)
	17	STEVANOVIC Vesna	36:42,7			76	27/07/01	2	Niš
	18	SALIJEVIC Enisa	36:51,94			77	16/06/96	2	Niš
	19	JOVANOVIC Ljiljana	37:00,3			60	31/07/94	1	Beograd
	20	GLAVONJIC Brankica	37:20,05			66	16/06/96	3	Niš

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35:28,85		13 CROATIA							
	1	BJELJAC Bojana	32:28,67			89	20/05/23	13	London (GBR)
	2	NEMEC Lisa Christina	33:17,91			84	05/04/14	1	Sinj
	3	HENDEL Kristina	33:35,36			96	08/06/19		Leiden (NED)
	4	KRSEK Tijana	33:46,9			64	11/07/90		Zagreb
	5	MATOSEVIC Matea	34:28,94			89	15/07/11		Ostrava (CZE)
	6	STEFULJ Ana	34:29,30			87	18/04/21		Zagreb
	7	PARLOV KOSTRO Matea	34:35,10			92	04/07/20		Čakovec
	8	BELUSIC Barbara	35:04,03			81	05/04/14		Sinj
	9	VUKANCIC Katarina	35:45,1			99	30/03/19		Zagreb
	10	STEPAN Nikolina	36:01,2			88	09/04/16		Zagreb
	11	VRGA Jannette	36:06,30			78	27/08/04		Thun (SUI)
	12	SRUT Sandra	36:12,6			99	22/04/23	1	Zagreb
	13	FABER Tea	36:14,50			89	18/04/21		Zagreb
	14	BRCIC Slavica	36:23,7			62	11/07/90		Zagreb
	15	CULIBRK Ljiljana	36:39,60			82	09/08/07		Bangkok (THA)
	16	BARTAKOVIC Lorena	36:47,1			04	18/04/21		Zagreb
	17	VILIC Sara	36:50,21			92	06/04/13		Sinj
	18	HRELEC Nikolina	36:54,47			94	05/04/14		Sinj
	19	PAZMAN Elena	36:57,5			00	09/04/16		Zagreb
	20	MALOVIC Hana	36:58,6			02	22/04/23	2	Zagreb

35:54,05		14 CHINESE TAIPEI							
	1	HSIEH Chien-Ho	33:39,90			87	09/03/21	1	Taipei City
	2	TSAO Chun-Yu	33:54,81			91	04/12/20	1	Taipei City
	3	HSU Yu-Fang	34:16,09			74	25/10/09		Taichung
	4	YU Ya-Chun	35:09,11			90	15/03/17	2	Taipei City
	5	LAI Ting-Hsuan	35:29,81			98	09/05/22	1	Taichung
	6	CHEN Shu-Hua	35:40,15			84	23/10/11		Changhua
	7	WU Hsiao-Chiu	35:52,74			81	12/04/00		Miaoli
	8	WU Wan-Ling	36:01,68			82	16/10/05		Yunlin
	9	HUANG Ying-Ping	36:04,01			78	28/08/00		Jakarta (INA)
	10	FU Shu-Ping	36:07,30			78	03/03/18		Taipei City
	11	CHEN Yu-Hsuan	36:15,10			93	20/10/13	1	Taipei
	12	LIAO Pei-Ling	36:21,29			81	20/10/13	2	Taipei
	13	LIN Nien-T.	36:21,36			85	2004		
	14	RIES Lisa	36:22,27			90	16/02/23	3	New Taipei City
	15	LI Wei-Cheng	36:28,98			95	20/10/13	4	Taipei
	16	SU Feng-Ting	36:30,74			90	04/12/20	2	Taipei
	17	WU Min	36:32,73			91	21/10/07	2	Tainan
	18	TANG Le-Yu	36:37,18			99	08/03/22	2	New Taipei City
	19	CHANG Yu-Chen	37:06,49			01	04/12/20	3	Taipei
	20	CHANG Chia-Hung	37:09,31				04/02/21	3	Taipei

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37:02,25	15	TUNISIA							
	1	BOUGUERRA Soulef	33:12,98			77	09/08/03	2	București (ROU)
	2	GHRIBI Habiba	35:03,83			84	17/09/05	2	Radès
	3	AGOUN-HAMED Sonia	35:07,95			67	12/07/00		
	4	BOUSSAID Soumaya	35:08,90			80	15/04/18	3	Pacé (FRA)
	5	BEN AMOR Amira	35:51,21			85	20/07/11	7	Río de Janeiro (BRA)
	6	BOUBAKER Mahbouba	36:16,89				21/05/16	1	Radès
	7	DHAHRI Soumaya	36:19,08			95	21/05/16	1	Radès
	8	SLIMANE Ourida	36:49,4			79	06/07/02		Radès
	9	CHAOUACH Hana	37:01,87			81	30/06/00		
	10	METHNANI Imen	37:03,5			87	15/07/09	1	Ain Draham
	11	BOUBAKER Sonia	37:07,83			82	27/07/01		
	12	BOURGUIBA AKKARI Leila	37:47,8			73	09/06/99		
	13	SAGHRAOUI Amira	37:52,7			91	15/06/13	1	Radès
	14	BELGACEM Mahbouba	38:04,9			86	15/06/13	2	Radès
	15	BEN TOUMI Souad	38:05,7			64	01/05/91		
	16	SLIMANE Zohra	38:18,4			81	10/07/04		
	17	EL TARCHOUN Haifa	38:31,9			89	23/06/12	1	Radès
	18	FEHRI Soumaya	38:47,2			95	21/06/14	2	Radès
	19	BADRI Rabah	39:06,1			83	17/06/01		
	20	SLIMANE Emna	39:06,9			83	17/06/01		

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**31:37,77**

### 1 **BAHRAIN**



GEZAHEGNE Kalkidan	29:50,77		91	08/05/21	2	Maia (POR)
ESHETE Shitaye	30:47,25		90	03/08/12	6	London (GBR)
MOKONIN Desi J.	31:19,00		97	10/06/17	7	Hengelo (NED)
CHELIMO Rose	31:37,81		89	20/05/17	2	Baku (AZE)
REBITU Bontu Edao	31:40,02		97	06/07/23	1	Oran (ALG)
JEPCHUMBA Violah	31:43,73		90	29/09/23	1	Hangzhou (CHN)
CHUMBA Eunice	32:11,12		93	25/08/18	2	Jakarta (INA)
SALEH Jassem Karima	32:17,14		88	08/12/06	2	Doha (QAT)
DABA Tejitu	32:21,29		91	21/11/10	7	Guangzhou (CHN)
EJJAFINI Nadia	32:29,53		80	23/11/07	1	Cairo (EGY)

**32:59,82**

### 2 **KAZAKHSTAN**



KIPKIRUI Caroline Chepkoech	30:17,64		94	16/07/22	7	Eugene (USA)
SOROKIVSKAYA Natalya	31:46,43		62	02/08/88	5	Kyiv (UKR)
IVANOVA Zoya	32:19,50		52	02/07/88	8	Oslo (NOR)
GRIDNYEVA Tatyana	32:29,39		60	25/07/86	2	Kyiv (UKR)
GUMEROVA Nadezhda	32:50,04		49	24/06/84	10	Kyiv (UKR)
GORBULYA Yelena	33:20,66		65	08/06/86	19	Leningrad (RUS)
BAYZHANOVA Garifa	33:34,0		59	18/06/90	1	Bryansk (RUS)
ZHANATBEK Gulzhanat	34:02,61		91	14/06/15	1	Almaty
NEROZNAK Tatyana	34:35,84		92	09/06/22	1	Almaty
KOTOVA Olga	34:42,10			12/06/05		

**33:07,43**

### 3 **RWANDA**



NYIRARUKUNDO Salomé	31:45,82		97	25/06/16	4	Durban (RSA)
MUKAMURENZI Marcianne	32:27,90		59	03/07/91	3	Reims (FRA)
MUKANDANGA Clementine	32:44,19		95	22/04/17	2	Marina di Carrara (ITA)
IRANZI Celine	32:48,60		94	03/08/22	11	Birmingham (GBR)
UWAJENEZA Florance	32:49,06			13/04/23	6	Azusa (USA)
YANKURIJE Marthe	33:17,87		94	29/08/19	8	Rabat (MAR)
MUKASAKINDI Claudette	33:20,87		80	13/09/13	3	Nice (FRA)
NYIRANSABIMANA Angeline	33:51,27		85	21/07/07	7	Alger (ALG)
NSINAWABERA Appolinarie	34:00,79		62			
NYIRABATEMBEREZI J.	34:07,9		68	15/06/05		





**33:10,96**

### 4 **TANZANIA**







KEMI-JOSEPH Restituta	31:32,02		71	13/06/99	2	Villeneuve d'Ascq (FRA)
MATANGA Failuna Abdi	31:47,37		92	10/06/17	9	Hengelo (NED)
MRISHO-MOHAMED Zakia	32:20,47		84	26/06/10	2	Zhukovskiy (RUS)
JUMA-NGAA Taussi	32:51,14		83	16/10/04	5	Kobe (JPN)
SHAURI Magdalena	33:06,17		96	24/06/22	8	Nairobi (KEN)
MPIGACHAI Regina	33:40,33		01	31/03/23	32	Stanford (USA)
MRASHANI Banwella	33:41,6		77	27/06/09		Dar-es-Salaam
LANGE Catherine	34:00,2		86	12/07/14		Dar-es-Salaam
MAJAH Sarah	34:10,3		81	13/06/03		Moshi
MWANJALA-SOTE Mwinga	34:40,0		60	28/05/84		Los Angeles (USA)





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<b>33:51,83</b>	<b>5</b>	<b>BURUNDI</b>							
		NIYONSABA Francine	30:41,93		93	07/07/21	5	Tokyo (JPN)	
		NUKURI Diane	31:28,69		84	12/08/16	13	Rio de Janeiro (BRA)	
		NIYOMUKUNZI Francine	31:27,47		99	20/05/23	11	London (GBR)	
		NIMBONA Elvanie	32:55,35		98	11/06/22	8	St Pierre (MRI)	
		NAHIMANA Cavaline	34:17,58		97	21/04/18		Marina di Carrara (ITA)	
		NIYONIZIGIYE Francine	34:25,78		88	21/07/07	8	Alger (ALG)	
		MIBURO Marie H.	35:06,91			27/06/93		Durban (RSA)	
		NDAYIKUNDA Daphrose	35:16,16		86	20/07/01	5	Ottawa (CAN)	
		NAHIMANA Justine	35:58,51		79	27/07/96	18h2	Atlanta (USA)	
		KUBUWIMANA P.	36:59,88			1981			
	<b>34:16,49</b>	<b>6</b>	<b>CHILE</b>						
		OLIVERA Erika Alejandra	33:23,12		76	30/11/96		Concepción	
		REGONESSI Monica Patricia	33:35,99		61	1992			
		ALVAREZ Giselle Constanza	33:46,46		92	08/09/23	4	Lima	
		SILVA Luz Eliana	34:01,4		76	04/05/03		Concepción	
		PIZARRO Elsa Marlene	34:05,77			1990			
		FLORES Marlene	34:32,12		66	1995			
		GONZALEZ Jennifer	34:38,87		90	05/03/22	1	Temuco	
		CARO Genoveva	34:44,76						
		CESPEDES Leontina	34:47,37			1996			
		REBOLLEDO Susana	35:09,03		77	2004			
<b>34:38,08</b>	<b>7</b>	<b>VENEZUELA</b>							
		BREA Edymar	32:29,73		97	25/03/23	4	Burjassot (ESP)	
		BREA Joselyn Daniely	34:10,63		94	09/04/16	15	Maia (POR)	
		MONTILLA Maria Isabel	34:28,92		78	24/05/08	1	Maracaibo	
		AMAYA Zuleima	34:33,42		85	18/12/07	1	Barinas	
		LUGO Norelys	34:43,95		77	18/12/07	3	Barinas	
		FERNANDEZ Carmen	34:44,40			19/05/90		Santa Monica (USA)	
		PINEDA Yolimar	35:08,85		85	06/08/05	2	Barquisimeto	
		GONCALVEZ Milena	35:15,21		93	16/04/15	6r1	Walnut (USA)	
		ALFONSO Gabriela Beatriz	35:20,04		95	08/05/15	2	Mobile (USA)	
		OBERLI-SCHUH Elisabeth	35:25,6			29/03/84		Koblenz (GER)	
	<b>34:44,58</b>	<b>8</b>	<b>MOLDAVA</b>						
		GUSCOVA Svetlana	31:42,43		57	20/08/85		Stuttgart (GER)	
		CERCHES-NIJELSCAIA Natalia	32:14,36		76	08/07/04		Minsk (BLR)	
		ZUEVA Tatiana	32:54,06		60	21/07/89		Gorkiy (RUS)	
		MARCOVA Svetlana	33:37,10		59	09/06/85		Moskva (RUS)	
		DELION Valentina	34:24,29		73	21/06/98		București (ROU)	
		ȘEPELEVA-TCACI Svetlana	34:54,8		69	05/99		Chișinău	
		ENACHI Valentina	36:28,0		66	12/09/93		Chișinău	
		GRECU Tatiana	36:35,9		87	31/05/08	2	Chișinău	
		LISNIC Iulia	36:59,83		66	12/06/94		Ljubljana (SLO)	
		TIMCENCO Natalia	37:35,0		54	29/03/81		Shelkovo (RUS)	

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<b>34:46,51</b>	<b>9</b>	<b>NIGERIA</b>								
		AKUSO Rose	33:16,11			92	25/06/19	1	Abuja	
		OLOWORA Amina	33:33,33			94	05/04/19	1	Wichita (USA)	
		AUGUSTINE Christiana	34:05,04			82	18/07/03	1	Abuja	
		MUTGAP Naomi	34:15,5			74	16/12/98	1	Owerri	
		NWOKOCHA Hulda	34:58,43				08/07/99	5	Palma de Mallorca (ESP)	
		NEMPINWA Alex	35:02,00			90	08/07/05		Abuja	
		PAM Deborah	35:23,52			90	29/10/14		Kaduna	
		JOSEPH Mary	35:28,1			84	16/12/98		Owerri	
		ADEDIGBA Tawa	35:40,83				05/06/99		Owerri	
		MATHEW Nancy	36:02,27			88	09/07/04		Abuja	
<b>34:52,69</b>	<b>10</b>	<b>VIETNAM</b>								
		NGUYEN Oanh	33:13,23			95	17/12/23	1	Hanoi	
		PHAM Thi Hong Le	33:58,20			98	17/12/23	2	Hanoi	
		LE Thi Tuyet	34:03,17			04	17/12/23	3	Hanoi	
		LO Thi Thanh	34:15,03			97	17/12/23	4	Hanoi	
		DOAN Nu Truc Van	34:48,28			82	08/12/03		Hanoi	
		PHAM Thi Hue	35:02,70			96	11/06/15		Singapore (SGP)	
		HOANG Thi Thanh	35:44,22			94	11/06/15		Singapore (SGP)	
		DOAN Thu Hang	35:49,69			01	13/12/21	3	Hanoi	
		PHAM Thi Binh	35:50,71			89	11/07/12		Ho Chi Minh	
		NGUYEN Thi Hoa	36:01,68			84	08/12/03		Hanoi	
<b>34:56,19</b>	<b>11</b>	<b>BOLIVIA</b>								
		CAMARGO Jhoselyn Jessica	34:09,54			96	29/05/21	3	Guayaquil (ECU)	
		CHAVEZ-MOSER Tania	34:32,58	mx		90	11/07/20	1r2	Regensburg (GER)	
		GOMEZ Luizaga	34:44,92			99	29/05/21	9	Guayaquil (ECU)	
		CORTEZ Sandra	34:47,44				18/07/92		Sevilla (ESP)	
		QUISPE Rosemary	35:00,17			83	26/04/15	2	Lima (PER)	
		MENDOZA Salome	35:00,87			88	01/10/17	4	Lima (PER)	
		VELAZQUEZ	35:08,7				1986			
		MAMANI Edith	35:14,16			95	29/02/20		Mar del Plata (ARG)	
		MANCILLA Niusha	35:17,3			71	26/03/05	1	Burjassot (ESP)	
		CORNEJO Claudia	35:26,23			89	23/04/17	6	Lima (PER)	
<b>34:57,65</b>	<b>12</b>	<b>SRI LANKA</b>								
		WIJAYARATNE Hiruni	33:55,06			90	09/06/18	12	Portland (USA)	
		JAYASENA Sujeewa Nilmini	33:57,96			72	26/07/03	1	Colombo	
		HERATH Madushani	34:41,34			99	20/03/23	1	Diyagama	
		HEMAMALI Chaturika	34:46,37			89	12/08/14		Colombo	
		RAJASEKARA B.K.G.N.G.	34:50,39			82	24/07/15	1	Diyagama	
		ARYIADASA Nilanthi Lanka	35:01,28			92	08/04/22	1	Diyagama	
		CHANDRAWATHI Makasinghe	35:29,29			81	26/07/02		Colombo	
		ANURADHI Lakmini	35:32,66			81	10/09/11		Diyagama	
		INOKA Dalugoda	35:40,50			74	27/08/05		Matale	
		JAYASEKARA Tharanga Shyamade	35:41,60			79	17/07/05		Colombo	

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<b>35:04,66</b>	<b>13</b>	<b>INDONESIA</b>						
		TRIYANINGSIH	32:49,47		87	17/12/09	1	Vientiane (LAO)
		SUTONO Supriyati	32:52,45		72	14/12/98	5	Bangkok (THA)
		NAIBAHO Odekta Elvina	34:59,19		91	13/07/23	5	Bangkok (THA)
		SURYATI Kuala Marija	35:09,57		70	27/09/90		Beijing (CHN)
		RUWIYATI	35:21,3		77	20/08/95		Penang (MAS)
		SUDRAGNI Rumini	35:21,43		80	11/12/95		Chiangmai (THA)
		HANDAYANI Tri Asih	35:45,07		79	21/09/95		Jakarta
		SUBNAFEU Ferry Marince Vera	35:53,24		81	06/09/07		Jakarta
		SARMIYATI	36:13,09			16/09/87		Jakarta
		BANFATIN Derni	36:21,83			21/07/05		Jakarta
<b>35:33,55</b>	<b>14</b>	<b>LUXEMBOURG</b>						
		KABER Daniele	32:16,97		60	30/08/86	12	Stuttgart (GER)
		MELLINA Martine	34:48,53		90	29/08/21	7	Pacé (FRA)
		GLODEN Jenny	35:07,53		93	26/09/21	1	Luxembourg
		KROMBACH Rita	35:41,15			1986		
		MAY Elisabeth	35:45,21		83	22/04/07	1	Diekirch
		DAGUENET Saskia	36:08,79		80	17/09/21	1	Trier (GER)
		METZ Christine	36:14,94			1989		
		SCHMOETTEN Pascale	36:16,12		68	2004		
		WOLTER Anny	36:27,90		93	09/09/22	2	Trier (GER)
		MODERT Monique	36:48,40			1988		
<b>35:43,40</b>	<b>15</b>	<b>PUERTO RICO</b>						
		RAMOS Beverly	32:36,03		87	05/05/17	19	Stanford (USA)
		MARCHAND Rachael	35:05,87		85	12/06/08		Des Moines (USA)
		RAMOS Paola	35:24,30		97	27/04/23	2	Des Moines (USA)
		CRUZ Lourdes	35:54,55		64	17/04/03		Walnut (USA)
		VARGAS Jorelis	36:06,75		01	27/04/23	2	Mayagüez
		FIGUEROA Angelin	36:15,45		94	20/04/17	1	Mayagüez
		LAUREANO Ashley Nicole	36:17,17		94	20/04/17	2	Mayagüez
		SERRANO Carmen	36:19,66			24/11/93		Ponce
		MALDONADO Zenaida	36:35,04		78	15/04/10		Walnut (USA)
		MENDEZ Erika	36:39,21		84	20/04/07		Ponce
<b>35:58,12</b>	<b>16</b>	<b>ICELAND</b>						
		ERNSTSDOTTIR Martha	32:47,40		64	11/06/94	4	Dublin (IRL)
		OLAFSDOTTIR Ragnheidur	33:35,41		63	27/03/88		Alabama (USA)
		KOLBEINSDOTTIR Andrea	35:25,58		99	25/06/19	1	Reykjavík
		SKULADOTTIR Iris Anna	36:00,19		89	30/05/23	3	Marsa (MLT)
		THORDARDOTTIR Frida Run	36:23,79		70	05/06/07		Monaco (MON)
		SNORRADOTTIR Iris Dora	36:33,36		91	01/05/23	3	Hafnarfjörður
		JEEVES Anna	36:50,9		54	29/06/97		Blackpool (GBR)
		HAFTHORSDDOTTIR Arndis	36:59,69		88	01/06/17		San Marino (SMR)
		SIGURÐARDOTTIR Elín Edda	37:26,83		89	31/05/19		Bar (MNE)
		KRISTJANSDDOTTIR Sigphora B.	37:38,06		90	25/07/21		Kópavogur



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**36:26,27**
**17 CYPRUS**


AVRAAM Andri	32:59,30			63	26/09/88	12h2	Seoul (KOR)
CHARALAMBOUS Thalia	35:09,0			89	16:04/23	1	Limassol
HANDZLIK Dagmara	35:49,54			86	31/05/19	2	Bar (MNE)
PRATSI Katerina	36:10,20			64	19/06/88		București (ROU)
LAGONIDOU Rodama	36:37,14			95	27/05/17		Megara (GRE)
SOFOCLEOUS Marilena	36:57,26			86	19/04/13		Lefcosia
PAPANASTASIOU Maria	37:16,50			94	15/04/22	1	Limassol
CHRISTODOULIDOU Elpida	37:22,65			86	17/05/08		Athina (GRE)
IOANNOU Eleni	37:34,54			84	19/04/23	2	Limassol
ANDREOU Panagiota	38:26,58			89	19/04/13		Nicosia

**36:57,93**
**18 THAILAND**


VONGVORACHOTI Jane	34:46,61			84	25/04/13		Philadelphia (USA)
PIAWONG-BUNJAENG Saiphon	36:16,99			79	19/09/07		Nakhon Sri Thammarat
THANARONNAWAT Nattaya	36:34,58			79	24/04/11		Bangkok
CHAITONGSRI Pacharee	36:43,13			84	19/09/07		Nakhon Sri Thammarat
PECHPONGPRAI Sunisa	36:52,65			76	05/10/07		Bangkok
SAIWAEW Sonthiya	37:23,34			86	26/04/06		Bangkok
KROHDEE Dollaya	37:31,88				11/12/12		Chiangmai
NUANSRI Woraphan	37:44,56			91	13/12/10		Chonburi
SENAPHAN Khetmanee	37:47,24			86	28/04/04		Bangkok
BUTJEEN Siraphat	37:58,27				11/12/12		Chiangmai